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LOCAL HISTORY

THE
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Legend '94

student life
mastering the
TECHNIQUE
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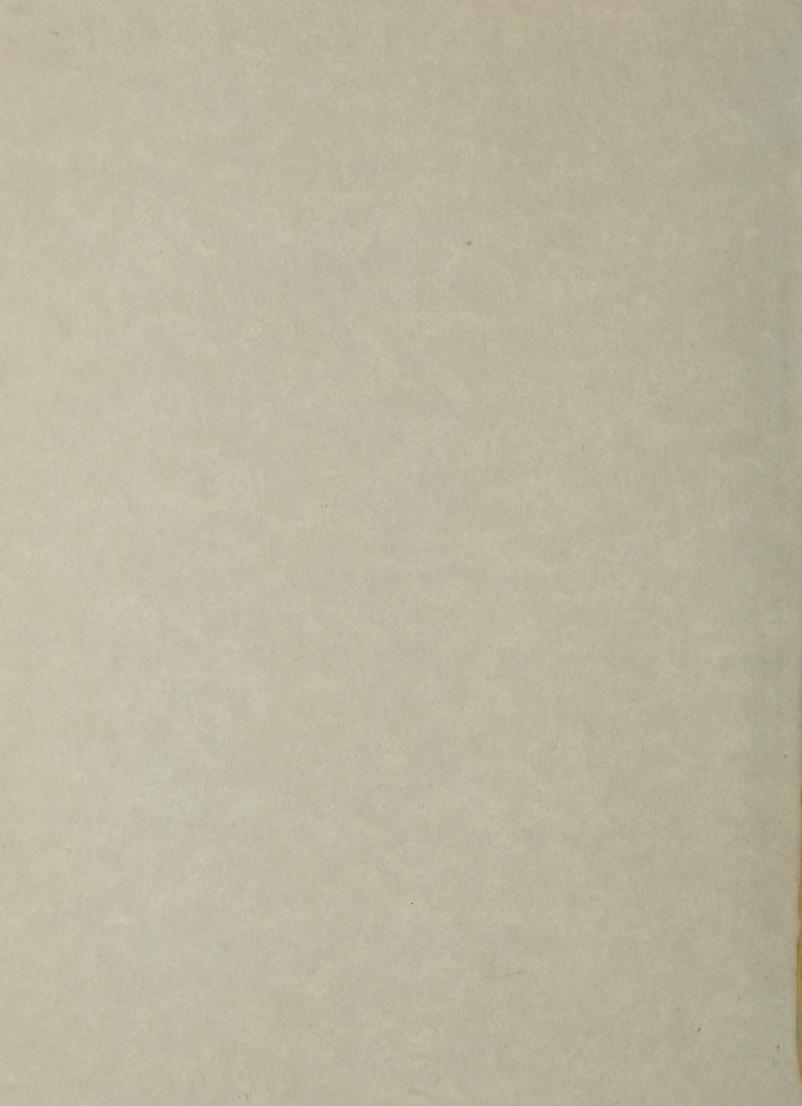
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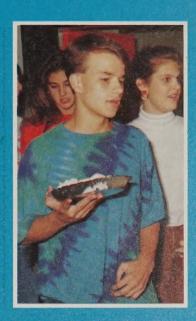
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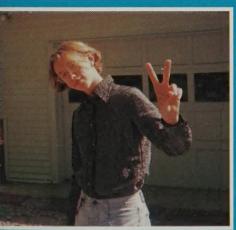




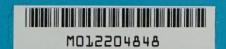








Monacan High School 11501 Smoketree Drive Richmond, Virginia 23236 1994 Legend, Volume 15



The Technique

The graphic artist, M. C. Escher, once said, "...it is the contrast we are after. We human beings are always after contrast....among everything that's visually observable we can only refer to relationships and contrasts..."

As students encountered the contrasting personalities within the student body, each day provided new experiences. Each person had unique qualities and chose to express them in a variety of ways.

Students displayed their distinguishing qualities through their tastes in music. As they drove into the parking lot each morning, car radios blared favorites ranging from Mary Chapin-Carpenter to Soul Asylum to Mary J. Blige. Other students roamed the halls sporting tee shirts that advertized groups like Toad the Wet Sprocket.

Others chose to express opinions on issues like the environment. "Recycle" stickers decorated the bumpers of cars and the backs of clipboards. Environmentally-conscious attire encouraged everyone to do his part to help "save the earth." Students also reverted to carrying their earth happy lunch bags rather than wasting paper bags.

They displayed original looks, expressed in the ways they dressed or wore their hair. Although limited by the dress code, styles covered a broad range from grungy to preppy. Hair styles varied from short to long, curly to straight, and blonde to blue.

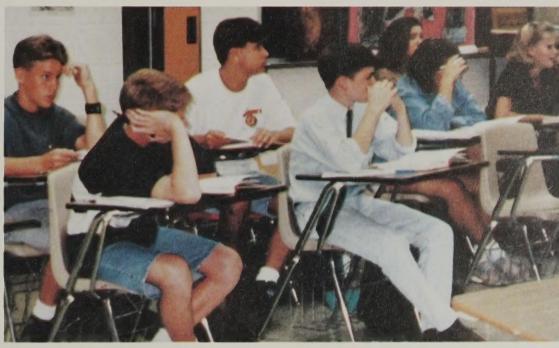
Students congregated in diverse social groups. People appreciated the atypical characteristics that gave each person his own distinct identity. Daring to be different, students made use of many opportunities to express their **TECHNIQUE OF BEING YOU-NIQUE**.

By Susan Givens





Of Being YOU-nique





LATIN LIVESI — Freshman Devin Saylor, Justin Harris, Jarod Davis, and Doug Bachman, awaiting the ringing of the bell in sixth period Latin class. Waiting for the end of the day to arrive, students always watched the ticking clock. Amanda Anderson Photo

A NARTIST AT WORK — Senior Angeline Robertson works during study hall on an art project that she is making for a friend. Several art students devoted time after school, during lunch, and during study hall to finish their artwork. Shannon Belcher Photo

TIME OUT — Jennifer Butler and Kristy Kostyniuk spend time socializing on the way to their next class. Students used the six minutes in between classes to socialize and catch up on the latest gossip. *Hung Ho Photo*

Expressions

The structured classes and school rules did not stop the student body from letting individual personalities shine. Students set themselves apart from others by showing off their talents and expressing their attitudes through cultural activities.

Art and music expanded students' horizons and were alternative routes to academic studies. Students took art classes, while others sang and danced in chorus classes or created masterpieces in band. Forensics and theater classes belted out speeches and scenes that expressed their rebellion against stage fright.

Students expressed their views on controversial political and social issues that affected them directly. The humanitarian effort in Somalia and President Clinton's new health care plan became hot topics for discussion in government classes. Also, students discussed opposing viewpoints on themes in literature and theories in scientific endeavors.

A number of social groups arose from students' attitudes and concerns. Sanctuary struggled to protect the rights of animals, and Minority Perspective informed students of different cultures and backgrounds. Other students devoted themselves to ecological causes.

Last year's student parking protest resulted in the decrease of parking fees from \$50 to \$25, enabling more students to escape the big cheese wagon. Because of lack of funds, the school used money from private donations and donations from the Telecommunication program for supplies and other needed items.

Individuality broke through the barriers of conformity, as students went against the usual patterns of high school educations and developed the **TECHNIQUE OF BEING YOU-NIQUE.**

By Amanda Anderson





Of YOU-nique Minds





DID YOU HEAR WHAT SHE SAID? — Sophomores Kara Evarts, Sarah Modrak, and Anita Cheng catch up on the latest gossip after class. Students used this time to chat about the latest newsflash. Amanda Anderson Photo

LOOK AT THE PRETTY RAIN-BOW — Senior Carey Thompson works through fifth period to finish his artwork for an upcoming art show. Thompson bled watercolors together and shaded other areas in black ink to create abstract art. Amanda Anderson Photo

HELLO, ANYBOBY HOME? — Sophomore Daniel Mee stares off into space while relaxing in the upperclass courtyard during lunch. Students ate their lunches out in the two courtyards on nice days in hopes of catching a few rays of sunshine. Caroline Gates Photo



SHHHI, I'M TRYING TO WORK — The key to success for many students is the ability to balance time evenly between schoolwork and play. Senior Carrie Fore made every minute of her time count-down to the last second. Fore worked to complete her biology homework during fifth period study hall. Shannon Belcher Photo.

Technique

A day in the life of a typical student generally started at 6:00 a.m. Bright and early, even before the sun rose, students rushed to beat the 7:25 tardy bell. For six and a half hours a day, five days a week, they endured daily pressures created by school, work, peers, and teachers. A large number of students pursued challenging courses, extracurricular activities, and part-time jobs. As the world became more and more competitive, students knew they had to work harder to build a better future For some this year for themselves. marked the beginning of high school; for others it marked the end. Nevertheless, all students shared the same worries. Fears of failure and the unknown caused students to do the only thing they did best take it one day at a time. The weekends provided two days of the week when they could forget their inhibitions and pursue hobbies and pastimes that made them unique.

With individuality on their minds, students strove to stand out in the crowd—from the way they dressed to the way they acted to the ways they played. In essence, they lived by the belief that different is good.

By Hung Ho

S

tudents Give Summers

Mission Trips, Work Camps Call

Going to places like Florida or New Jersey for a week sounded like a great summer getaway, but some students realized a week's trip could turn into a helpful learning experience. While summer for many students consisted of lazy days in the sun and bumming around Richmond doing 'the same old thing,' other students took trips to aid communities in need.

After Hurricane Andrew destroyed and Homestead, Florida, Sarah Cribbs, Amy Smith, Angela Goodpasture, Susan Givens, Ryland Dennis, Dave Freeman, and Brandon Hamlett, members of Bon Air United Methodist Church youth group, spent a week at a church in Coral Gables, Florida, teaching Bible school to elementary age Spanish and Haitian kids. Freeman said, "While we were there, we each had our own little kid we bonded with. We became their best friend."

The group also cleaned out a mini mall, which consisted of scraping tiles off the floor and stripping boards off walls. Dennis said, "All the work we did was hard, but it was worth it knowing that we were helping people who needed it."

Behind the mini mall was a large trailer park of people who had lost their homes to the hurricane. Freeman said, "We saw

SAY CHEESEI — All smiles for the camera, sophomore Matt Clark visits with a new found friend, John, from The Duvall Home. John, along with other higher functioning residents, lived at the self-maintaning group home while not at work. Ginger Hudson Photo

how the hurricane brought people closer together rather than tearing them apart."

Cindy Kerr and Susan Givens went to the Eastern Shore for a week to take part in Society of Saint Andrew's Harvest of Hope. From 5 a.m. until noon they gleaned potatoes that went to food banks. They also participated in a health fair for the migrant children.

A separate group from Bon Air Presbyterian Church including Ali Vaughan, Matt Clark, Catherine Barksdale, and Ginger Hudson also went to Florida. These students traveled to DeLand for a week to work with mentally and physically handicapped residents of The Duvall Home.

They worked four days from nine until four, taking residents on walks, playing puzzles, or writing letters and stories dictated to them. Other favorite activities involved making crafts, working with computers, or

helping residents float or walk in the pool. After spending many hours in the nursery where the more severely handicapped residents live, Barksdale said she learned how "to get closer to the handicapped people and understand their feelings."

Dan Palese and Drew Caldwell participated in the Southwest Summer Service Project in Appalchia, Virginia. During the week, they helped less fortunate families by painting a house, cool sealing a roof, fixing porch fencing, and making a gate to a fence. Palese said, "This trip changed my attitude and the way I look at things."

Many people were thankful for the time and help that students devoted to them, while students were left with experiences that will last a lifetime.

By Ginger Hudson







REACH OUT AND TOUCH SOMEONE — Sharing their time with Penny Lynch, a Duvall Home resident, Catherine Barksdale and Ginger Hudson examine her shirt made in crafts class. Lynch and the others made visitors feel welcome and loved. Kit Vaughan Photo





SWEATING IT OUT — In 100-degree heat, sophomore Brandon Hamlett labors to clear the walls of a mini-mall destroyed by Hurricane Andrew. Students also removed tiling from the floor and took down the sprinkler system from the ceiling in the shopping center. Amy Smith Photo

WHAT A WORKOUTI — Carrying a 50-pound bag of potatoes that she has gleaned, junior Cindy Kerr hikes across the field to load them on the waiting truck. Kerr enjoyed participating in Harvest of Hope and plans to return for a second year. Susan Givens Photo

CHILLIN' IN THE CAFETERIA
— Dave Hall sits at lunch contemplating the music and lyrics to a new song forming in his head. Hall went solo and created his own unique technique, rhythm, and style in the music he performed. Melissa Mottesheard Photo





WARMING UP — Before practice, Caroline Gates and Rachel Sawan adjust the setting on the keyboard to capture the right sound. Sawan used different settings to create different moods for songs Dark Scarlet performed. Melissa Mottesheard Photo

SHOWING OFF — Delusion members Steve Chesley plays the guitar, and Chris Pharr plays bass while Chris Bergeron keeps time on his drums. The practices took place on Tuesdays and Thursdays in the basement of Chesley's house. Melissa Mottesheard Photo







elf Expression Flows

Rock, Alternative Music Soar

Are you ready out there?!" screamed the lead singer of the band, getting ready to perform. The screaming crowd went wild and rushed toward the stage. Music lovers from all over the state and maybe the country, came to hear them play. One band's dream came true.

Senior, Steve Chesley, guitarist; senior Chris Pharr, bassist and singer; and junior Chris Bergeron, drummer, formed *Delusion*. "It's a lot of fun," Pharr said. They wrote popular rock and roll music and played for the senior picinic and for the bonfire.

Starting the band was not easy, but the benefits proved worth while. "We learn to work together, get to know each other and we get along better," said Bergeron. Chesley had another benefit in mind. "It's a great way to meet women," he stated.

Senior April Viar played a different part in the band

scene. She booked underground bands such as Hose Got Cable, Jolly Mortals, Head Stone Circus and Whirlybird for shows at the Metro. "I've always been around music, I was brought up on it. I've always talked or promoted shows - ask anyone who knows me, it's always, 'Come see this show — Come see that show.' Most of the bands I book are college bands, but some are high school too. Sometimes I even book bands touring the East Coast," Vior commented.

Another band, Dark Scarlet, formed by junior Caroline Gates, vocalist; sophomore Rachel Sawan, percussions and keyboards; and junior Vickie Willis, acoustic guitar, played a different type of music. "Our music is not electric sounding, it's natural and bare. We either write zany stuff or depressed and morbid stuff," Gates said.

They Might be Giants,

Camper van Beethoven and R.E.M. inspired this group's alternative music. The members of Dark Scarlet decided to keep their name when the bassist for They Might Be Glants said their name sounded "really cool and kinda scary."

"It was like let's have a band type of thing," Willis said about how *Dark Scarlet* came together, "Everyone was involved."

Others, like senior Dave Hall wanted something different and maybe even solo. "I've been asked to be in a couple of bands, but I turned them down because I don't really want to join something already there; I want to make something of my own," Hall said.

Sawan, from Dark Scarlet, summed it up when she said, "Like the Quaker Oat man says, 'it's just the right thing to do'."

Expressing themselves through their music showed just one more way students continued to prove to everyone their individuality and to show they were unique.

By Melissa Mottesheard
PLAYING AROUND — Vickie
Willis strums out a tune on her
guitar at band practice in the
bands usual meeting place,
Caroline Gates house. Dark Scarlet
practices were held at two and
three in the morning, in the sound
proofed basement so they did not
wake the neighbors or the family.
Melissa Mottesheard Photo





ndividuals Trends

Students Create Their Own Styles

You must first be who you are, then do what you really need to do, in order to have what you want," said author Margaret Young.

Learning who they were was among the hardest things to do as teenagers, but once students found their key, they began expressing themselves. Fashion provided students with another way to show their individuality.

Senior Angeline Robertson said, "There are no titles for Monacan as a whole. Most of the well-known labels apply to very few students here and some students who do label others do so incorrectly. Sometimes there are no labels, people are just being who they are and that's where I fit."

Robertson said that regardless of how people wanted to be, clothes have given and will always give people a general opinion of who they are. The most important part of an outfit was

the jewelry and the shoes at because I like to wear them and they complete your look. I love the exotic."

Carey Thompson admitted he rarely even noticed what other people wore. "I judge people on how they are inside. Clothes can be deceiving if you go by them alone. People can change their style but can't change who they are inside."

Thompson said he spent no time deciding what to wear. "I just wear what I like and don't worry what anyone interprets from it. I wake up and grab what's closest to me on the floor. I worry about how clean something is rather than its color, style, or label."

Shannon Shaw focused more fashion and cited her place of employment, Gap, as her favorite place to shop. Shaw said about Gap, "I like the clothes there the best because they are unique and have that European look to them."

Shaw said her dress re-

flected her and considered herself, "casual, in between preppy and sloppy, totally into comfort." She also said she got an impression from how other people dressed. "The shirt is the most important part of an outfit because it compliments a person's hair and eyes. It's the first thing I notice."

Carrie Fore also dressed to reflect herself and admitted she took the time to look nice. Fore said, "Not dynamic — that's me. I don't like to be the center of attention. My style is laid back and reserved."

Fore enjoyed wearing jeans with a nice shirt or sweater. "I try to wear things that make me feel good about myself," said Fore.

As a whole students used fashion as another outlet to express themselves. And though clothes set people apart, students took each other for more than just face value.

By Shannon Belcher

PATRIOTIC SPIRIT — Spurred by the bell and ready for the weekend, Molly Pohlig heads out the door on a Friday. Pohlig's shorts showed her American spirit while her purple sweater kept her warm as the summer changed to fall. Will Larmore Photo

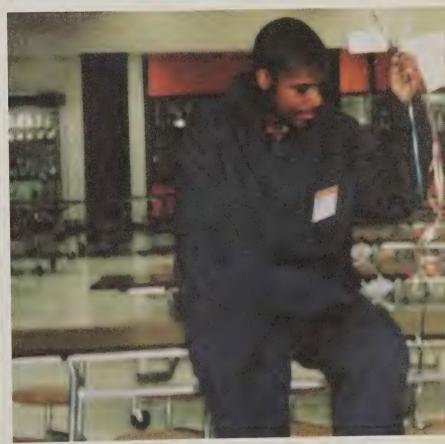






CHECK YA LATER — Brooke McDonald waves good-bye to a friend. Dressed in a Renaissance blouse with ruffles and her favorite jeans, McDonald demonstrated her own personal style. Shannon Belcher Photo





UNCH BREAK — Kelly Watkins, displaying the grunge look mixed with a style all her own, talks with her friend Jennifer Butler during fourth lunch. After high school, Watkins will be working with a top modeling agency in Milan. Shannon Belcher Photo

PURPLE POWER — Diallo Camara delivers ballons to students for The Trading Post, which is managed by the marketing students. Camara always dressed in the latest trends and styles reflecting his commitment to fashion. Ginger Hudson Photo

WHAT IS SHE THROWING? — Topaz Wise grunts as she launches a shot-put 39 feet across the field. During the summer, Wise trained in the events of shot-put and discus to travel to competitions at different colleges all over the East Coast. Rocky Wise Photo





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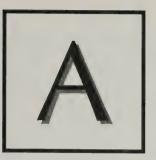
— Becky Miller glides across
the pool during an early morning
practice. Miller attended morning
practices during weekdays and on
some weekends at 5:00 a.m. to
improve her time for competitions
in events such as the freestyle.

Jim Miller Photo

COMING YOUR WAY — Mary Rose Emig prepares to manipulate the ball into enemy territory. For three days a week, Emig practiced with her association team in order to prepare for opponents' strategies. Nancy Emig Photo







bove and Beyond

Students Sweat It Out

o Poseidon! Go Smoketree! Go Chalkey! Go Del Five! Believe it or not these cheers were for Monacan students, but why didn't you hear "Go Chiefs"?

Many students who enjoyed sports not offered at school joined association teams. Whether by diving off a platform or dancing to a hip-hop beat, students represented Monacan throughout the community.

Since the seventh grade, sophomore Daniel Mee has swum for the Poseidon team. Imagine waking up for a two-hour practice beginning at 5:00 a.m., attending school and then returning to pool side at 4:00 p.m. for another two-hour practice. Mee commented, "I had to learn to adjust to a schedule like this, and I know it sounds difficult, but I couldn't stop swimming even if I wanted to... I'm addicted."

Another water lover, Rebecca Keithley enjoyed diving for the Smoketree team, with practice in both the morning and afternoon. Because of the level of difficulty of this sport, Keithley also took lessons at the Olympiad to learn different routines. "I practice often because I had to overcome a great deal of fear, whether it was fear of hitting the board, belly-flopping, or just making a complete fool of myself," said Keithley.

Not every talented dancer tried out for the Monacettes. For example, Adri Herron, who danced for the Richmond Ballet, choreographed the Chalkey Cheerleader Competition team for three years. Five times a week from 6:00 p.m.- 8:00 p.m., Herron taught 20 eleven-year-olds a variety of moves. After months of preparation, the team traveled throughout Virginia for competition. Herron commented, "If there's one thing I've gained from this, it's patience. Try to teach dance

steps to 20 hyperactive eleven-year-old children, and you'll understand what I'm saying."

Some students who played sports for the school also participated for association teams. For example, Topaz Wise not only ran indoor and outdoor track for the school, but also participated in summer track for the Del Five team. From June to August, Wise trained in shot put and discus for competitions in Virginia, North Carolina, and Louisiana. Wise said, "Through summer track I get to keep training during the off season so when college scouts look at me during the regular season, my throws will be better."

Whether for fun or for the true spirit of competition, students stretched themselves to the limit to participate in sports outside school.

By Reneta Haynes



WHEW I'M FINISHED — Daniel Mee takes a long, deep breath after finishing the vigorous 200 meter backstroke. At Rutgers University, Mee competed in various events, such as the freestyle and the backstroke, with the hopes of becoming an Olympic athlete in 1996. Erin Mee Photo



ork Day Begins At 1:45

Students Put in Hours After School

Work. The very sound of the word was enough to send chills down the spines of many. Every student who ever entered a classroom coulld identify with the concept of work, but for some, however, work meant more than six classes a day, plus homework. Work meant time spent after school and on weekends, at jobs ranging from department store salespersons to fast food cooks to grocery store cashiers.

Why did some students want this extra responsibility? One reason immediately came to mind: money. Jobs gave students the chance to earn more legal tender than they could have expected from allowances or doing odd jobs. Junior Thomas Sobieski cited this as his main reason for seeking employment. "I needed the money, and I really just wanted a job," said Sobieski, who worked at the Genito movie theaters.

Reasons for choosing to work outside of school varied for students. Jennifer Tropea, who found a job working at the Midlothian Branch Library, commented, "They (the library) were taking applications, and it seemed like a good way to get experience for the future." While added income was the only material gain jobs provided, many considered the other less tan-

OFFEE, ANYONE? — Dyer Vest prepares a customer's order while working at Gloria Jean's Coffee Bean. Gloria Jean's and other shops at Chesterfield mall were popular work places for students. Will Larmore Photo

gible products of employment valuable as well.

Jobs provided experience for those applying to colleges as well as those seeking future employment. Those who joined the work force through entry level positions at an earlier age had greater chances of being promoted and advancing in a certain occupation.

Balancing a job, school-work and homework and still finding time to relax proved difficult for some students. Time for relaxation was generally the first casualty of an overly tight schedule. While many agreed that the rewards of having a job made employment worth the effort, a few employees said that their jobs took up too much free time.

According to senior Jimmy Brandon, "It (my job) takes up a lot of time, but it's worth it." This echoed the sentiments of other students who thought money made jobs worth the work. With growing amounts of homework and projects, the addition of a job could practically ellminate all traces of an employee's personal free time.

Other students said that aside from the additional income, their jobs hadn't affected their lives at all. This was the case with Thomas Sobieski, who felt that due to the flexibility of his hours, his job only slightly impacted on his life.

Members of the afterschool work force held a wide varity of jobs throughout the course of the year. Some students worked seven days a week and some not at all. One thing all agreed on, however, was that the diversity of the students' jobs illustrated yet another aspect of the student body's uniqueness.

By Will Larmore







ALL WORK AND NO PLAY—
Amid a store filled with a variety of candy and trinkets, Dan Evans totals a customer's purchase on the Candy Express's cash register. Students like Evans usually spent several afternoons a week working at area businesses. Will Larmore Photo





HARD AT WORK — While working at the Stonehenge Golf and Country Club, Chris Jordan rinses off golf carts. Jordan and other employees spent much of their time maintaining the golf course and driving range and servicing the club's golf carts and other equipment. Will Larmore Photo

PAPER OR PLASTIC? — Amid the confusion of a crowded supermarket, Ukrops' employees Chris Dudley and Angie O'Connor hurry to bag a customer's groceries. Monacan students worked as baggers and cashiers at Ukrops and several other local grocery stores. Will Larmore Photo

THE FIGHTING CHIEFS — Gray Guy and John Mathers ride the winning Technology Students Association float around the stadium. Clubs enjoyed participating in the float competition during the Homecoming game. Sandra Beverage Photo



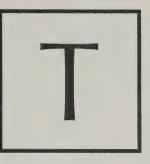


STEPPING OUT — The new Monacan Steppers perform for the school at a pep rally to encourage spirit for the Homecoming game. The Steppers were a new branch of Minority Perspective. Sandra Beverage Photo

SEEING DOUBLE? — Matt Wheeler and Charlie Jung show their spirit by dressing alike on twin day. Several friends took the day as a chance to show both their friendship and spirit. Reneta Haynes Photo







hat's the Spirit!

Whip the Warriors

Strange sights filled the halls the first week in November as school spirit reached its peak. Students dressed as the opposite sex, and friends became carbon copies of each other while brown and orange dominated as colors of the week.

Yes, spirit week presented itself once again. Each day brought a new and unusual style to school. Students dressed up for boxer day, gender switch day, twin day and spirit day. Students from freshman to seniors found creative ways to show their school spirit.

On Wednesday, genderswitch day, the sexes changed places in a powder-puff football game. Junior and senior girls played against each other while male cheerleaders rallied excitement. Sophomore Summer Stephens said, "The role switch was a great idea, and it should happen more often." Sophomore Bethany Rickel said, "When it comes to sports, girls can easily show up the guys by showing their macho side."

Thursday, the traditional senior bonfire brought many spectators to watch the blaze. Wind made starting the fire difficult, but it soon blazed fiercely. The bonfire drew an excited crowd eager for the Homecoming game the next

niaht.

Shortened classes on Friday allowed time for a pep rally for the Homecoming game. Dressed in spirited attire, students cheered for their respective classes. The cheerleaders, Monacettes and football players roused spirit from the crowd. Then the new Monacan Steppers performed for an enthusiastic student body. Freshman Dana Pierce said, "The Steppers and Monacettes were really good.

Club and activity floats along with the Homecoming court paraded down Smoketree Drive prior to the 7:30 game. Afterwards the floats turned into the stadium and took a lap around the track. Club members riding on floats

threw candy to the enthusiastic spectators.

For the second year in a row, rain dampened the 1,084 people who attended the game against Henrico to support the Chiefs. As the football players tromped through the mud, the anticipation mounted. Halftime activities highlighted the night, when the Homecoming court rode around the stadium once again. Standing with their fathers, the princesses applauded as Pamela Robinson, last year's queen, crowned the new Homecoming queen, Myesha Car-

The Technology Students Association took first prize in the float competition along with the junior class float and S.A.D.D. float, which took second and third respectively.

Spirits soared the week before Homecoming as students prepared floats, participated in spirit week and attended a special pep rally.

By Kelly Schmidt



Moyer and Troy Jones pump each other up for Matt's field goal kick at the Homecoming game. The team worked together to give the game their best effort. Sandra Beverage Photo



agic Moments

Memories to Last a Lifetime

Instead of attending the usual party or seeing their normal friends, students prepared for a much more enchanting evening on Saturday, November 6, at the Homecoming Dance.

The dance, held from 8:30 p.m. to 12:30 a.m., attracted a crowd of over 800 students. The S.C.A. sold tickets during all four lunches for \$7.50 each and at the door for \$10.00 each.

Students spent the days before the dance shopping with the intent to find the perfect last-minute outfit or the best accessories. Certain couples worried about matching each other; however, senior Emily Barbie and her date did not have this problem. "We matched each other perfectly. We were both wearing black and white and had red flowers."

For most couples, the night began with dinner at a local restaurant such as Darryl's, Crab Louie's, Julian's South or Sunday's

Restaurant. The popular spots took reservations for as many as seven couples in a group, while other couples dined alone.

The decorations provided by the S.C.A. carried out the theme of *This Magic Moment* by transforming the upper class commons into a forest of blue and green balloons. A fountain bubbled in front of the theatre, setting a romantic mood with a classy style.

A disc jockey from East Coast Entertainment played music for everyone, ranging from Garth Brooks to Janet Jackson to the Grateful Dead. Chaperone Annee Hawkins expressed her opinion of the deejay saying, "In the beginning, he was playing Frank Sinatra, which is my kind of music." Coming from a different perspective, freshman Jonathan Colvin thought that "there was a good selection, but they could have played more country muStudents whose dates came from different schools had the opportunity to attend more than one Homecoming Dance. Junior Amy Peko, who also went to Midlothian's Homecoming, said, "Ours was a lot better than Midlothian's. The music was a lot better and there were more people. I would rather go to ours again."

After the dance, certain couples went to friends' houses, various parties or just out to have fun. When asked what he and his date did after the dance ended, sophomore Mike Armstrong answered, "I was tired. I went home." Others, exhausted from hours of excitement, went home afterwards also.

The students' spirit showed itself once more on the dance floor as everyone gathered and danced the night away.

By Lindsey Smith

TWO, PLEASE — Junior Charlie Bickel gives his tickets to a chaperone in order to enter the annual Homecoming Dance. Students could purchase tickets at all four lunches to reduce cost and have everything ready in advance. Sandra Beverage Photo







UNDER THE SEA — Freshman Kelly Logan and her date stop to take a break in front of the fountain. The S.C.A. supplied the fountain as a decoration for students to enjoy at the Homecoming Dance. Sandra Beverage Photo





INTO THE GROOVE — Home-coming Queen Myesha Carter sways to the beat of the music with Andre Thornton among a sea of spectators. The crowded dance floor made for close quarters and an air of romance. Sandra Beverage Photo

WHAT'S YOUR PLEASURE? — A D.J. from East Coast Entertainment takes requests from Meg Stevens and her date. Throughout the dance, students dedicated songs to others to make the evening a special one. Sandra Beverage Photo

MAGIC POTION — Senior Heather Sherron mixes the chemicals necessary to develop her film. Photography students learned the techniques for taking pictures and developing film. Susan Givens Photo





Don't GET THAT IN MY EYES

Ashley Clark receives an addition to her costume as Adam Pritham sprays her hair. Both Clark and Pritham played in this fall's production of Seven Brides for Seven Brothers. Amy Guss Photo

YOU BANG-I'LL SUPERVISE — Sophomore Eric Norris watches over the shoulder of his senior partner Erik Roberts. The Theatre Production class constructed sets for the play. Amanda Anderson Photo





F

uture Starts Now

Career Classes Prepare Students

While numerous students planned and dreamed about their futures, others had already begun their careers through hobbies that would carry them into the work force. Career-oriented classes in which students received hands-on training became a must. Such classes ranged from technical drawing, for the architecturial types, to accounting, for number crunchers.

Students in photography, auto mechanics, and wood and metal technology worked daily with the problems and equipment involved in their future careers. Senior Leslie Condrey commented, "I would like a career in landscaping, and if there was more money in it, I would pursue it as a profession, using my skills from photography." Photography students discovered the importance of proper lighting and appropriate film which might prove useful in their future careers. Outside of school, junior Chris Rockefeller, spent time, "... aiding those who can't help themselves," by volunteering for Forest View Rescue Squad. Rockefeller planned to become a paramedic after graduation.

Other students had promising futures in sports drama, band, orchestra, and chorus. To accommodate a wide range of personalities, specialized classes, clubs and organizations were offered. Junior Sara Rudd stated, "It's an inspiration, a rush of overwhelming feelings when you get on stage in front of millions of people and become a completely different person." Rudd held various roles in plays, including Little Abner, Annie, Fame and Seven Brides for Seven Brothers. In the future, Rudd planned to become a

Additionally, students had the opportunity to gain experience that might aid in

future careers. Freshman Michelle Carver wrote morals in children's stories for a publishing agency. Carver commented, "Writing helps in dealing with different problems. These stories express to children ways of dealing with life's challenges, which is what I want to do." Carver hoped to use her talent to further her career as a psychologist. Students also had the chance to take business classes including accounting, keyboarding and computer concepts. These classes offered an environment for students to become computer literate and to understand innovative technolo-

These students took their talents and started a career with them. Some simply graduated and proceeded into their ready-made careers, while others entered college in order to finish polishing their skills.

By Amy Songhurst



OH FIDDLE DEE DEE — Senior Jen Douthat portrays the part of Miss Scarlett O'Hara, while junior Kenya Hoover plays Mammy. Communications provided an opportunity for students to express themselves in various fashions, Amanda Anderson Photo

B

reaking the Silence

Stop The Insanity!

The bell rang, transforming the tranquil halls into a frenzied, swirling mass of faces, backpacks, books and noise. What could explain this sudden metamorphosis of the hallways? For the majority of students, the six minutes between classes proved inadequate, causing them to rush about to avoid tardies. Others used additional excuses to join the chaos, but students generally found the break far too short to carry out any elaborate plans.

Because of the brief time allotment, students had to keep their between-class activities to a minimum. Junior Katie Schwieder said, "I just go straight to my classes or to my locker. I don't have time to socialize because the halls, especially the English hall, are too crowded and all my teachers count tardies." Other students found it difficult to find anything to consume their time between classes. Senior David Huguet observed, "There aren't many interesting things to do in that short time period, especially considering the environment. School is a kinda dull

BROTHER CAN YOU SPARE A DIME? — Using her break to chat with a friend, Jenny David risks tardiness all in the name of socializing. The phones provided an escape for students wanting to hear a friendly voice. Amanda Anderson Photo

place."

Despite the daily frenzy created in the halls, some individuals devised more inventive ways to pass the six minutes of leisure, sometimes to the distaste of others. Senior Meg Stevens commented, "Some people hang all over each other, but I don't think that's interesting; I think that's repulsive!" Other students relieved the tension produced by classes with some more playful antics. Junior Christy Takagi said, "I chase my friends down the hall. It's fun!'

If given more time, students would have chosen to use the break in creative ways. Senior Joel Lee said that, if given the chance, "I'd go plant trees, catch a movie, or something." Junior Bonnie Self professed that her time consumption method of choice would be to "dance a jitterbug or blow bubbles." Junior Amanda Martin said that she'd use the time in a

more constructive way by practicing her skills as a social butterfly. "I would definitely go find someone to talk to." Despite the ideas expressed by other students as to what they would choose to do with their break, Junior Brian Hamrick represented the sentiments of quite a few students: "I would go home."

Regardless of the wishful thinking expressed by students as to what they would ultimately like to do with their between-class time, the brevity of the breaks and the confusion of the halls prevented many of these dreams from being realized. But with the inevitable ring of the tardy bell, the 50 minutes of class time that followed gave students a chance to at least daydream about how they planned to spend the next six minutes of chaos.

By Caroline Gates







Haste Makes Waste — Rachel Cooke rushes to put away a notebook and grab another before class. Students often found it difficult to get everything before the tardy bell rang. Ginger Hudson Photo





RUNNING OFF AT THE MOUTH
— Chris Dudley and Jamie Smith pause to exchange banter in front of the Latin room. The time between classes gave students an opportunity to talk or maybe swipe some of that gum Chris was holding. Susan Givens Photo

Rachel Chabalewski and Jeff Showalter look over an interim while Jeff enjoys a plastic snack. Students had a chance to discuss grades or assignments in the six minutes before class. Amanda Anderson Photo

SHANDS HANDS HANDS





PEP IT UP — The Steppers, the Monacettes and the cheer-leaders entertain students at the Homecoming pep rally November 5. The seniors showed their spirit by painting their faces, wearing school colors and attending the pep rally where they received kazoos from the senior class officers. Sandra Beverage Photo

Techniques

Two tests, 26 math problems, one inclass essay, one malfunctioning bunsen burner, two laps around the building and 18 bells later, 1728 teenagers abandoned their classrooms for the day. The final bell unleashed a diverse display of personalities. Dyed hair, unusual clothes and surprising personalities blended to form the student body.

At the end of the day, everyone fled their classes and entered their own worlds. Performers headed straight to practice for anything from **Seven Brides for Seven Brothers** to Steppers, while sleep-deprived students headed straight for bed. Players ready for afternoon performances jammed locker rooms.

Students in club meetings focused on everything from service projects to debate tournaments, while other students gathered in the commons to chat. Students pushing to finish papers due in English the next day invaded the library. Meanwhile, a select few regretfully plodded to detention.

After one club meeting, two hours of practice, two rushed conversations with friends and a candy bar, the students departed for home.

By Heather McIver

Every Friday at 1:40, seniors hurried to their lockers and talked about their weekend plans: the big party at Brian's on Saturday, the football game and work. Several seniors already had prior commitments — they volunteered.

A candy striper at Johnston-Willis Hospital, Sarah Wikstrom delivered menus the summer and at least eight hours a week during the school year because she wanted the satisfaction of helping people. Wikstrom said, "Everyone gets something out of doing it. When I help someone, they are glad and appreciative; then I feel self-gratification."

Another volunteer, Laith

not selfish when it comes to work; I am giving to art."

Sterling Harrell volunteered every six days for a minimum of four hours at the Rescue Squad. Harrell helped with first aid and vital signs. He said he must stick to priorities and studies sometimes came first, but he considered volunteer work his responsibil-













Seniors Who Volunteer

and magazines, kept patients company and made them as comfortable as possible. Wikstrom commented, "The people really appreciate it when I come to help them." She volunteered every week during

Komthirath ushered people to their seats before concerts at the Carpenter Center. She volunteered there because she felt it benefitted her. "I am able to meet different people, relax and see live performances of art, ballet and music," Komthirath explained. Because she worked at a paying job, she volunteered only twice a month. She summed it up by saying, "Although my job is not saving lives, I am giving of my time unselfishly. I am

ity. Harrell commented, "The volunteers are really friendly and willing to teach you something. It is pretty disciplined, but it is a good learning experience."

Whether they administered first aid, encouraged a patient or escorted people to their seats, seniors gave their free time to help others. Their efforts helped to make this world a better place.

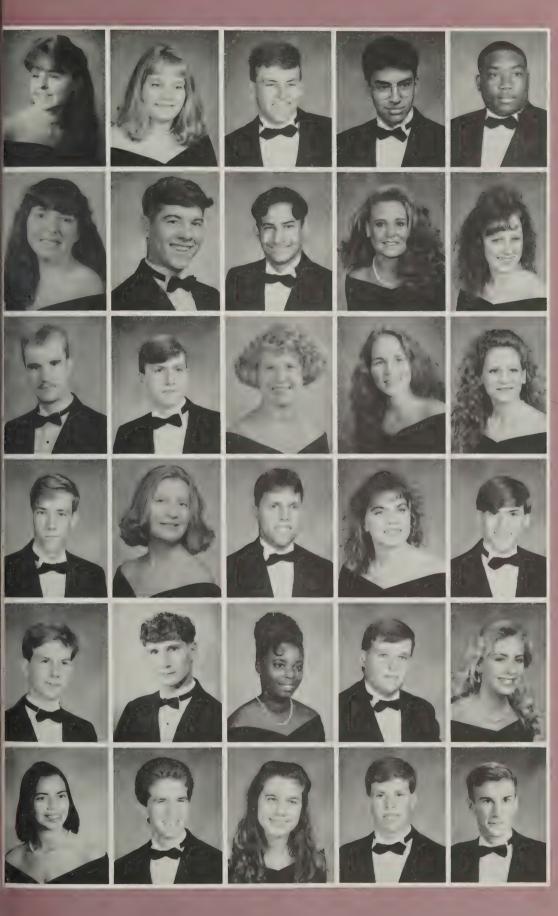
By Mallory Smith



HELPI CALL EMSI — Senior Sterling Harrell prepares equipment in the back of the ambulance while the squad awaits their next call. Harrell volunteered on the Forest View Rescue Squad for over four months. Sterling Harrell Photo

MAYITAKE YOUR ORDER? — Senior Sarah Wikstrom completes a menu for one of the patients she visits. Wikstrom volunteered weekly as a candy striper at Johnston-Willis Hospital. Sarah Wikstrom Photo





Angela Michelle Abell Joy Renee Absher Jennifer Jean Acree Jaime Brent Adams Haroon Ahmad Ali Ernest B. Allen III

Amanda Lee Anderson Melanie Annette Armstrong Scott Allen Armstrong Richard Arriaga, Jr. Angela Sue Arrington Lisa Lee Averette

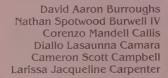
Lori Ann Averette James Brandon Baird Daniel Elige Balenger Emily Louise Barbie Meghan Kathleen Bauer Rebekah Lea Beard

Roland Price Beazley III Jeffrey Peter Becker Shannon Lynne Belcher David Franklin Bell Manda Lea Bell Justin Tyler Bennett

Sarah Ann Berger Charles Edwin Bing James Michael Biringer III Katrina Lynette Bledsoe Corey Aaron Boggs Melanie Kay Boggs

Tiffany Racquel Bower Farrah Anitra Bowers Stanley Aaron Boyd Amy Renee Brailey James Fletcher Brandon IV Andrew Thomas Brown

Colleen Denise Brown
David Arthur Brown
Todd Warren Brown
Anthony Morgan Bryant
Michael Robert Buccafusco
James Taylor Burnette

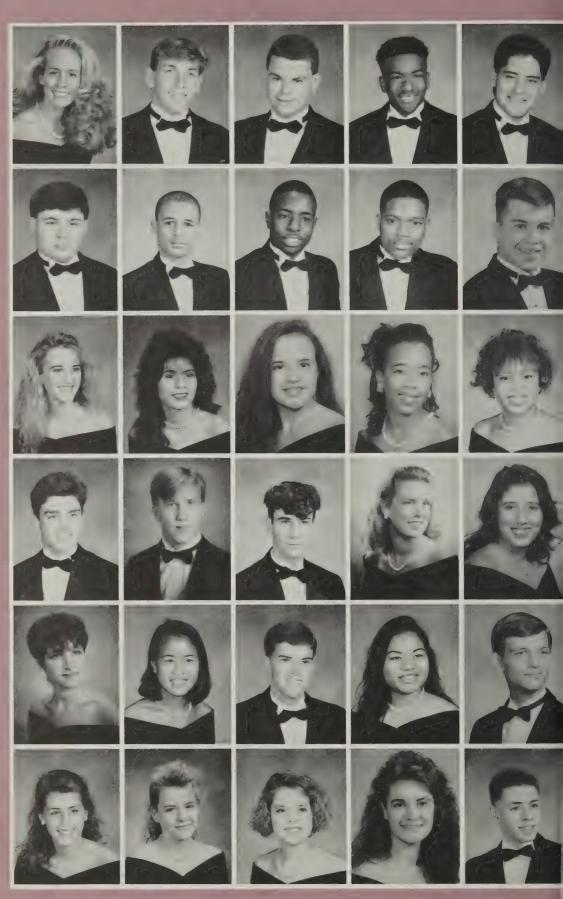


Tiffany Jean Carson Amanda Leigh Carter Christie Virginia Carter Myesha Rikkell Carter Omni Krsna Carter Rhonda Nicole Carter

Sean Beauregard Casey Philip Scott Cathell Robert Samuel Cervarich, Jr Rachel Agnes Chabalewski Barnini Chakraborty Lindsay Diane Chapman

Stacey Leigh Chelborg Katherine Shih-Chuan Chen Stephen Everett Chesley Savong Chhayrath Matthew Allen Chidley Raymond Earl Clarke IV

Katherine Leigh Condrey Leslie Beth Condrey Daniella Nicole Conley Stephanie Michelle Conley Albert Lewis Conner III Michael Charles Coppola















The bonfire, senior ordering night and blood drive everyone enjoyed participating, but did anyone know who organized and prepared for these school events? Senior class officers Todd Edwards, Karrie Mensing, Vince Ettare, Lindsey Chapman, Erin Mee and Jaime Adams spent a lot of time trying to make these

Hard work and extra time went into coordinating the events. The officers alone could not possibly do all the work themselves, so then the SAC, Student Advisory Council, came into play. Every officer covered an event and took responsibility for making sure that everything came together as planned. In addition, de-

would like to do a time capsule so everyone could come back to school and look back on that year." Class president Todd Edwards had a different perspective. "I would like to see everyone get involved with the senior class so no one feels left out," said Edwards.

Whether with small

At The Head of The Class

events more memorable than those in preceding years.

In regular meetings, usually held in room 103, officers covered a broad range of topics. "Usually in meetings we plan for the next activity. Most of the time we talk about big events," said Jaime Adams. From events as minor as a powder puff football game to events as large as the senior class cookout, the officers tried to make these events the best they could.

pending upon the importance of the event, SAC members also volunteered to lend a helping hand.

The success of certain events depended to a great extent on the number of seniors who turned in their class dues. Class dues of 25 dollars went towards ordering caps and gowns and sponsoring events. Dues eliminated the need for fund raisers.

The officers set goals for the future. Class treasurer, Erin Mee said, "I personally thanks or great appreciation, the senior class showed that they valued all the officers' hard work and effort.

By Jamie Chenault



GIVE ME AN MI — Brian Deal, Eugene Stephens, Chris Hale, Joey Ferrel, Daniel Felts and James Burgess participate as male chearleaders in the powder-puff football game. The game was organized by the senior class. Missi Mottesheard Photo

HOW MUCH WAS THAT AGAIN? — Senior class treasurer Jaime Adams helps collect class dues from Shannon Mulgrew. Senior class dues of 25 dollars were collected at the beginning of the school year. Susan Givens Photo



We've worked hard for so long and deserve something to show for it," said Jason Ferguson about the long-awaited journey for senior status and privileges. Seniors considered these privileges a necessity because they had all survived the grueling three years of hard work.

To obtain certain privi-

made up of a select group of teachers later voted on the final list. When asked what privileges they felt should have been included in the list, Emily Gathright commented, "I like the idea of coming in five minutes late Monday morning." Lesley Howson agreed saying, "Getting out everyday early and having more than five

Stiebeling and Sara Eells expressed different opinions. "I like going early to lunch because I don't have to wait in long lines and only have a few minutes to eat and talk with my friends," said Stiebeling. Eells added that she enjoyed going to lunch early because, "I get my food a whole lot faster." However,











Respect Your Elders

leges, senior class officers, Todd Edwards, Vince Ettare, Jaime Adams, Lindsay Chapman and Erin Mee first examined previous years' privileges and then recommended others. The Principal's Advisory Council absences during the year would be more of an advantage."

Senior privileges included leaving class three minutes early for lunch and exiting the gym first after pep rallies. Seniors also enjoyed having their own parking areas, using the courtyard on Wednesdays and Fridays and getting out of class five minutes early on Fridays.

While some seniors ranked Friday's early release highest, Kristie others like Scott Haynes, said, "The best is an unwritten privilege, and that's the feeling of authority over freshman, sophomores and juniors." Other seniors agreed and claimed that this feeling was well worth the wait.

While opinions differed when it came to privileges, most seniors felt satisfied. However, one fact remains the same: seniors will always hold a special position in the school.

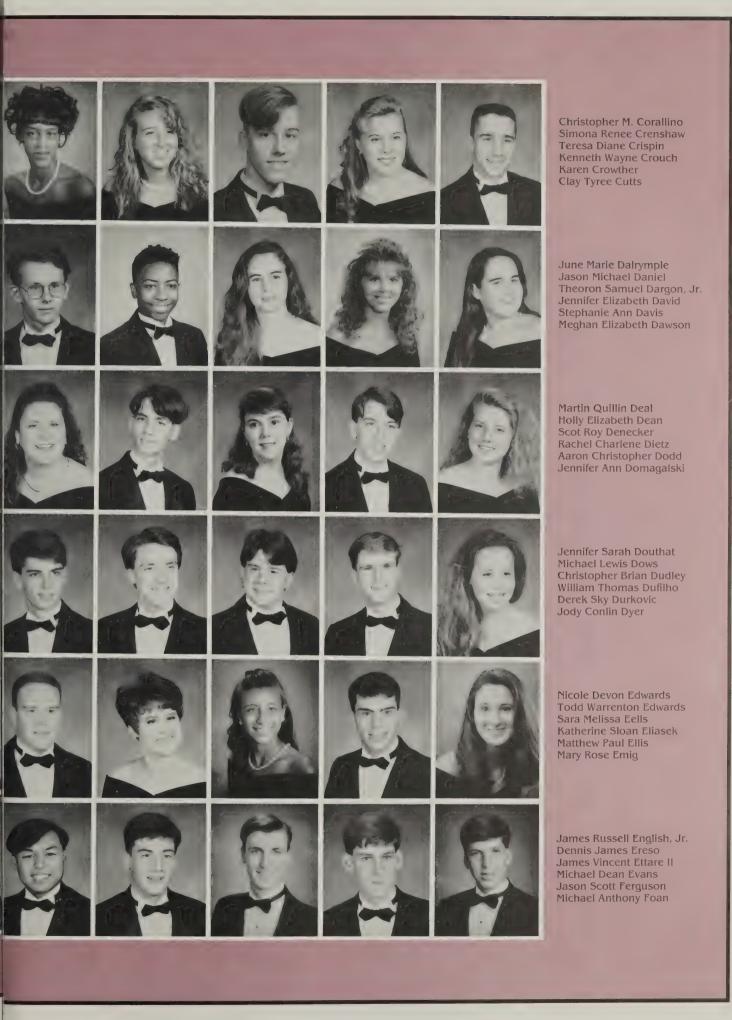
By Kathy Neer



JUST STANDING AROUND— Utilizing their five minute early release on Friday, Manda Bell and Jennifer Acree chat about weekend plans. Seniors often took the five minutes to catch up with friends before heading home. Shannon Belcher Photo

WHAT'S IN THAT BAG? — Scrounging through her lunch bag for the last morsels, Maura Williams shares the courtyard with other seniors. Exclusive use of the courtyard on Wednesdays and Fridays enabled seniors to relax without underclassmen. Lindsey Smith Photo





Carrie Spencer Fore Meghan Anne Foster Nathan Andrew Foster Amanda Claire Franklin Timothy Edward Fraser April Marie Frondorf

Jennifer Marie Frydrychowski Erin Blair Fulgham Christopher Shane Fuller Samatha Lynn Fuqua Cassandra Jon Garnett Emily Dawn Gathright

Stephaine Michelle Gibson Erin Paige Gilbert Jeffrey Adams Gillette Susannah Miller Givens Eugene Thomas Glover Melody Ann Golden

Peter Blair Gonzalez Elizabeth Anne Gorey Jamil Dekel Graham Critesha Carole Green Richard Brian Green Armand Charles Grez Ill

David Habib Guirguis Christopher Lawrence Gunther Amy Elizabeth Guss Elizabeth Regina Haines Angela Elaine Halderman James Clifton Hall

> Nikki Michelle Hall Brian James Hanks Amy Michelle Harbison James Fredrick Hardin II James Westley Harding Heather Jane Hardwicke













Stress: a physical, chemical or emotional factor that causes bodily or mental tension and may be a factor in disease causation.

— Webster's Seventh New Collegiate Dictionary

Seniors were all too familiar with stress. C.C. Allen said, "I get really stressed between football, school

my life; what will come will come. If I try to give my best effort, then that's all I can ask of myself and all anyone can demand."

However, Gunther said sometimes he can't help but get stressed. "When the strain is too much, I just sit down, turn on the radio, and meditate for a few min-

sures, social ones also led to additional pressure. Nathan Foster said, "I get stressed over the opposite sex and lack thereof. I handle it by griping and complaining to my best friend. Friends are definitely the best part of being in high school."

Regardless of the cause

Anxiety Attacks Seniors

work, and working. There is a lot of pressure, and most of us are aiming for college, which adds applications to the list of things to do." Allen said though stress affected him, he relaxed on the weekends while hanging out with friends.

Involved in SCA, Spanish Honor Society and the Ecology Club, Chris Gunther quickly agreed to the high level of stress on seniors. On handling stress Gunther said, "I have forced myself not to worry as much about

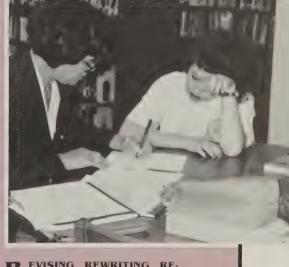
utes. I force myself to focus on what is really important and take a few deep breathes. I also use karate as an outlet for my stress. Often if I just go through the motions of karate, I relax."

Elisabeth Hodges dealt with her stress differently. "I eat or I cry, usually out of frustration. And when I eat, I try to get out the excess stress by exercising so I don't cause myself more stress by worrying about my weight."

Aside from school pres-

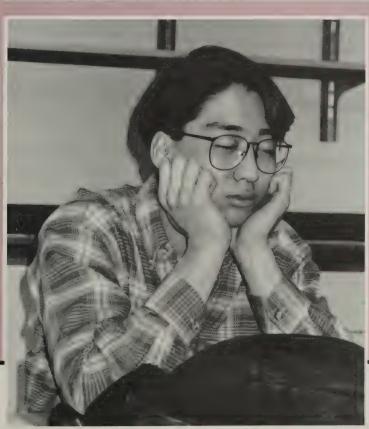
of their stress, seniors made the most of their last year by relying on friends and using exercise as an outlet.

By Shannon Belcher



R EVISING, REWRITING, RE-VISING, REWRITING — Erin Gilbert receives help from Ms. Crane on her personal statement during her study. Ms. Crane taught senior English classes as a longterm sub for Ms. Pendergraft. Amanda Anderson Photo

S LEEP DEPRAVATION — Charlie Jung dozes off in Mr. Goehle's AP Physics class. As a senior Jung tried to rest any time he could and often stayed up late to finish projects and papers. Amanda Anderson Photo



ne minute to curtain!" The message passes excitedly throughout the cast. At last, everyone takes their places, the lights come up and the show begins. Ah, the actor's life for me!

To a select group of seniors, theatre became almost a way of life. In-class projects and after-school rehaving family in the theatre is kind of in the blood."

Casey, a Theatre IV student, planned an exciting year for the Act I Company. He developed the first-ever Act I Company tee shirt for members. During the so-called "dead time" between shows, Casey arranged for the company to perform at retirement

her new character.

"I love getting up on stage and performing for people," Schechter, a member of Center Stage, said. Senior Joel Lee played the part of brother Caleb in Seven Brides and learned to play the harmonica for the show. Senior Vince Ettare shone on stage as the male lead in Seven Brides,

Seniors In The Spotlight

hearsals took up much of the students' time. Why did they devote their time and energy to the art? Senior Sean Casey, president of the Act I Company, said, "I always looked at actors as my heroes as a kid, and homes or children's hospitals. Overall, Casey described group members as a "talented, fun group."

Senior Whitney Schechter took theatre class for the first time this year. She received a lead role in <u>Seven Brides for Seven Brothers</u>, as bride Sarah Kines. Unfortunately, she injured her ankle while practicing the choreography and lost her original part. Schechter took over the role of Mrs. Perkins, the restaurant owner's wife, and enjoyed

and Lindsay Chapman danced into Phillip Beard's heart as bride Dorcas Bixby

William Shakespeare once wrote, "All the World's a Stage." Theatre students had the opportunity to see the world through someone else's eyes. They took on a character's personality and entertained the audience. Who knows? Maybe in a few years you'll hear a familiar name during the Academy Awards!

By Amy Guss



PUCKER UP — Seniors Joel Lee and Vince Ettare, who played brothers in the fall production, discuss some aspect of the show before rehearsal. Teamwork was necessary for a great show on opening night. Amy Guss Photo

HERE COMES THE BRIDE —
Sara Eells erases all stray
marks from her <u>Seven Brides for</u>
<u>Seven Brothers</u> script. Eells portrayed bride Liza, who married
brother Daniel (Phillip Lawson) in
the Finale. *Amy Guss Photo*





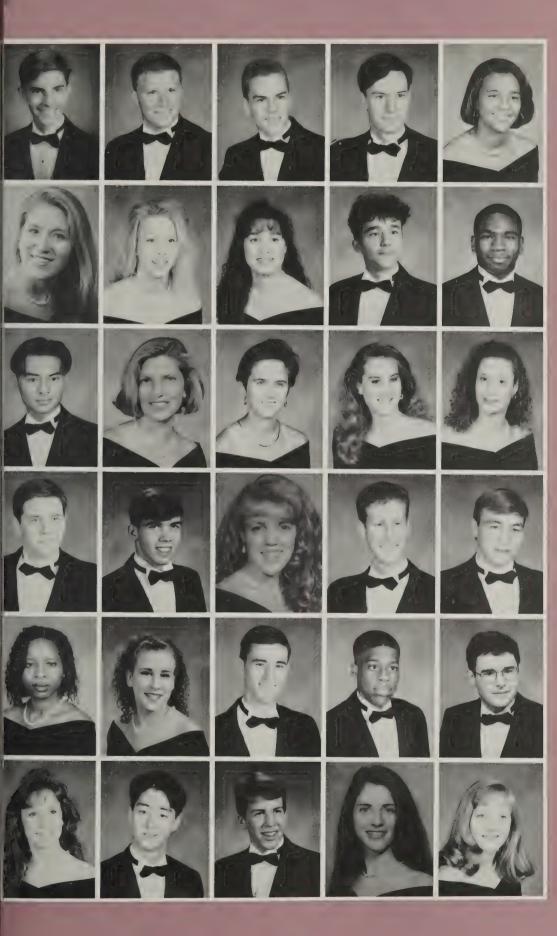












Summer Joy Harkins Sterling Riddick Harrell Gary Brent Harvel Bradford William Harvey Robert Ogden Hassell Reneta Lynette Haynes

Scott Benjamin Haynes Anne Michelle Hendershot Shannon Marie Henderson Carrie Frances Herndon Eddie Mauricio Hidalgo Armel Dion Hill

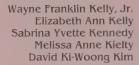
Darren Keith Hines Hung Phuoc Ho Elizabeth Anne Hobbs Elisabeth Lynn Hodges Elizabeth Ann Hodges Rebecca Michelle Hodges

Stacey Lea Holloman Michael Ray Holt William Alan Homan Lesley Elizabeth Howson David Richard Huguet II Forrest Revercomb Hulette

Tran Van Hung Kean Yonette Inniss Christine Mary Jimenez Aaron Chadwick Johnson Marcus Lawrence Johnson Peter Jamison Johnston

Brian Edward Jones Laura Mae Jones Charlie Jung John Frederick Jurgens IV Aimee Chappell Kaempf Mary Randolph Kain

Fergus John Kaiser Christopher Paul Kalafatis Ross Richardson Keefer Donald Lee Keifer Rebecca Lynn Keithley

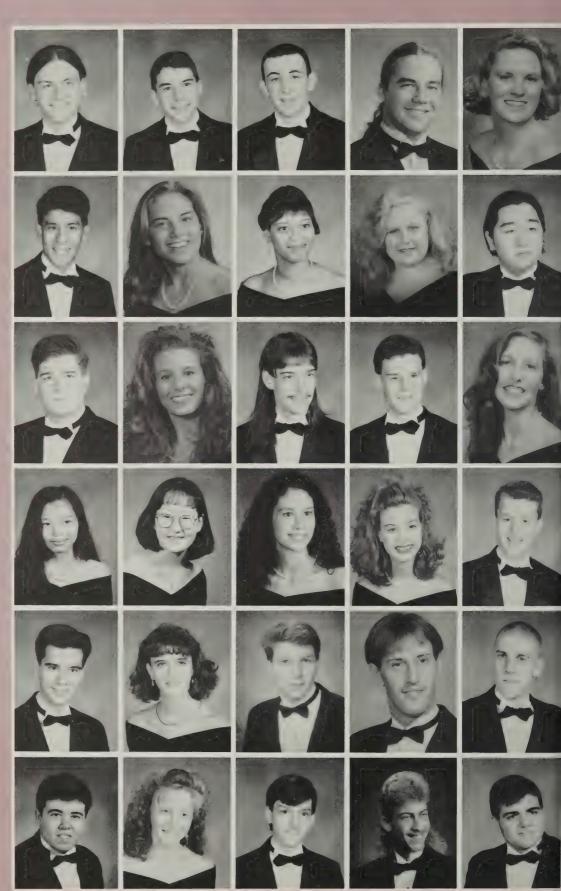


Ronald Anderson King Laura Gray Kittinger Christopher Scott Kittrell Micheal Patric Klein Elizabeth Jordan Knight

Laith Komthirath Elena Namkoong Kwon Heather Marie Landrum Angelique Ladonna Lane Mark Giles Laramore

Simon Andrew Latcovich Maureen Elizabeth Lauper Joel Guyton Lee John Scott Leigh Daniel Ryan Leonard

Philip Salvatore Leone, Jr. Zandra Caroline Lewerentz Nicholas Charles Ligatti Fredrick Lee Logan Christopher Peter Lombardi



Unique Expressions

How do you feel about finishing high school as a member of the class of 1994?

'I'm excited. High school has been un so far, but I'm looking forward to college. I'm ready to expand to new horizons, and I want to become a part of the real world.''

— Karrie Mensing

'Great. Graduating will be the best hing I've ever done and something I can be proud of for the rest of my life."

— Dan Leonard

"I will be relieved to graduate. If I had to spend one more year in this school, I think I would kill myself."

— Elizabeth Knight

If you could change any one thing about the world, what would you change, and why would you change it?

"If I could change one thing about the world, I would make it so that people could live less stressful lives, because

I think stress causes the majority of life's problems."

— Matt Chidley

"I would change the people. I think everyone needs to be themselves and not try to impress everyone else because you are the most important person to worry about."

— Stephanie Conley

If you could meet anyone in the world, who would it be? What would you ask that person?

"I would like to meet Christian Slater. I would ask him how he started acting. I'd also say, 'Hey baby, what's your sign?"

— Rae Shrewsbury

What is your purpose in life?

"I believe that my entire purpose in life is to answer as many yearbook questionnaires as I possibly can while I'm at Monacan."

- Robby Rudin

"My purpose in life is simply to succeed."

- Kim Rainbow

"I just want to be really cool."

— Fergus Kaiser

Whom do you admire the most, and why?

"I admire Richard Dean Anderson, alias MacGyver, the most. I mean, he can make absolutely anything he needs out of a piece of chewing gum and the wrapper. Who else do you know that can do that?"

— Cory Mansfield

By Will Larmore



SENIOR PRIDE — At a pep rally preceding the Monacan vs. Midlothian football game, Catherine Twigg shows her school spirit through orange and white face paint. Before several football games, students painted their faces to express their enthusiasm. Sandra Beverage Photo

PRACTICE MAKES PERFECT — Elena Kwon reviews for the SAT test in her fifth period class by using a computer program designed to enhance math and verbal skills. Often, students lacked the time to review and prepare for these standardized tests. Susan Givens Photo



Siblings. What can you say about them? They're there when you need them and there when you don't? Are they? How about, you can't live with them, you can't live without them? Or can you?

When people thought of two siblings, fights and disagreements often came to Of course, no sibling relationship was absolutely faultless. Simon Latcovich commented on his relationship with his younger sister Catherine Latcovich by saying, "We get along well, but most of the time we're fighting over something." April Frondorf said that she and her younger sister Laurie somewhere after school."
However, Showalter said,
"We do some of the same
things so Tim just comes
along with me."

Seniors and their siblings got along well with each other's friends. The Showalters mostly shared 'neutral friends.'' Erin Mee commented, ''Sometimes

It's A Family Thing!

mind. But did they really dislike spending time with each other? Jeff Showalter said about his sophomore brother Tim Showalter, "We get along great. He's actually my best friend."

Frondorf "get along most of the time," but since starting high school they have grown apart.

Other seniors found the responsibility of hauling around their siblings a great disadvantage. When asked whether or not he had to provide transportation for his younger sister, Latcovich replied, "Yeah, unfortunately. It's a little restricting when I have to make sure she has a ride home whenever I want to go

Daniel gets along with my friends better than I do."

All in all, the seniors concluded that they got along with their younger brothers and sisters and that being older made it easier to put up with one another. Regardless of the stereotypes of siblings, they formed strong friendships.

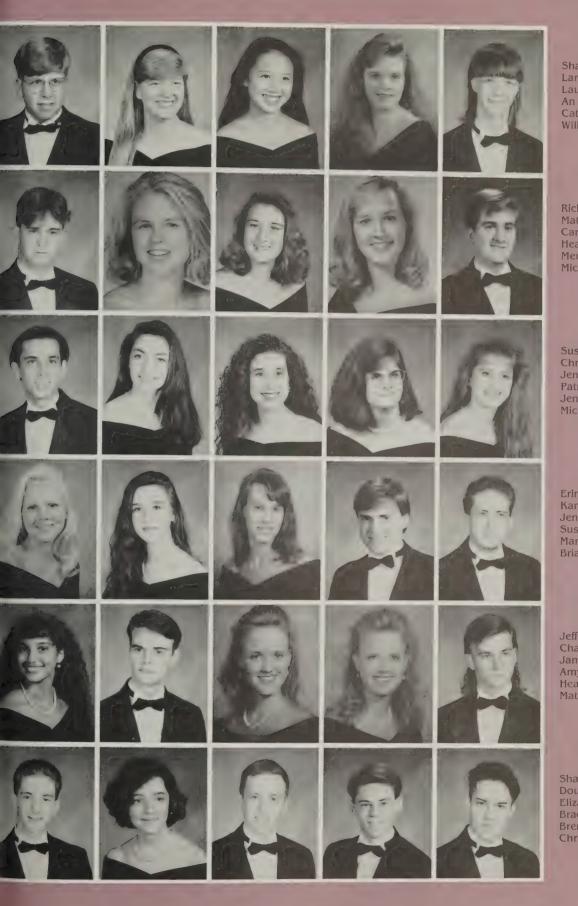
By Heather Sahli



TAKE IT TO GUIDANCE — Younger sister Cori Singletary pursues college information with senior Amy Singletary in the guidance office after school. As sisters the Singletary's were close and Amy often drove Cori around. Kathy Neer Photo

ROAMING THE HALLS — After a busy day of participating in both in-school and extracurricular activities, Chris Gunther and Justin Gunther head to the car for a much-needed rest. As brothers they enjoyed doing activities together. Susan Givens Photo





Shannon Atkinson Love Larry James Loving, Jr. Laura Glenn Ludeke An Gia Luong Catherine Elizabeth Lynch William Eugene Mallory

Richard Cory Mansfield Matthew Douglas Martell Caroline Victoria Martin Heather Jeanne Martin Meredith Ann Martin Michael Scott May

Susan Dawn Mayo Christopher Allen McClish Jennifer Brooke McDonald Patricia Ann McFarland Jennifer Anne McGrath Michelle Marcella McMoon

Erin Jennifer Mee Karrie Elizabeth Mensing Jenette Mergen Susan Marie Milhausen Mark Christian Miller Brian William Mitchell

Jeffrey Alan Mora Chandi Kalisha Morgan James Halton Morris III Amy Marie Mountcastle Heather Ann Mountcastle Matthew James Moyer

Shannon Anne Mulgrew Douglas Woodfin Murphey II Elizabeth Ann Neider Bradford Ryan Nelson Brent Andrew Nelson Christopher Darrell Nelson

Vincent Dwayne Newcomb Jennifer Rebecca Newman Terreil Maurice Nicholson Craig Michael Norton Stephen Howard O'Connell Angela Michelle O'Connor

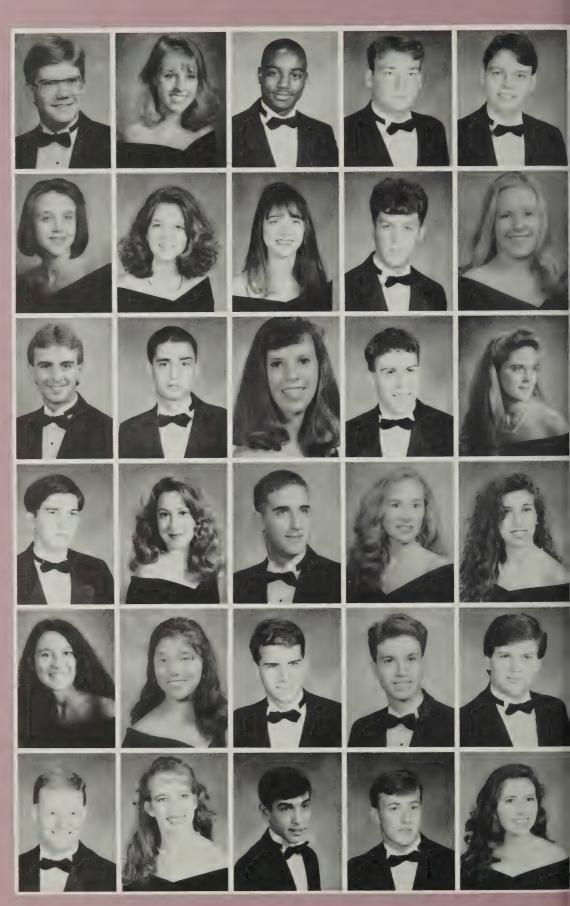
Heather Aileen O'Donohue Melanie Lee O'Neill Carter Renee Oliver Jace Madison Padden Angela Marie Pasternak Craig Richard Peterson

Christopher D. Pharr Jesse Clayton Pilla Emily Elizabeth Pleasants Timothy Scott Pohlig Robin Kimberly Porter Melissa Sue Powell

Jonathan Paul Pridgen Jessica Elaine Putnam Vincent Clarke Radford, Jr. Kimberly Ann Rainbow Amanda Bessie Ramos Lindsey Eve Reynolds

Nina Shireen Reza Rosa Lim Rho Eldon Brewster Richardson III Christopher A Rightmyer Brent Fielding Ritter Jeffrey Dwayne Roach

Christopher George Roarty
Beth Allison Roberts
Erick Charles Roberts
James Thomas Roberts, Jr.
Angeline Erin Robertson
Donald Edward Robinson















Do certain things touch your nerves? Or is it just one little sound or action that drives you crazy? Seniors had a number of pet peeves, ranging from squeaky chalk to chewed up pens and pencils. What caused you total irritation?

Some seniors turned their noses up to annoying

highly upon customers that treated employees like personal slaves or those that ripped to shreds the neatly folded rows of merchandise. These seniors feared the loss of their jobs if they expressed anger toward the customers.

Parents also crossed over to the mindless side of the

Frazzled by frequent disturbances, Chris Dudley could not tolerate losing his concentration. He said, "I hate it when I'm singing along to a song and someone comes in and interrupts me." Also, talking during movies disturbed certain seniors who tried to pay attention.

Irritating Moments

habits. Bad habits included such things as biting fingernails, cracking knuckles and bouncing feet. Amy Singletary said that she cringes when her sister cracks her joints because she thinks "it's disgusting."

Ignorant people irritated several seniors. Clay Cutts said, "I hate it when people have 11 or more items in a 10 item or less line because the rules are there for a reason and they're defeating the purpose." Also, seniors on the job did not look

fence. Meghan Bauer professed her irritation with her mother. "My mom throws everything away before she looks at it and it drives me nuts. It must be an impulse for her or something."

Incompetent drivers harassed seniors on the roadways. Blinding headlights and unused turn signals bothered seniors to no end. Katherine Eliasek said, "I can't stand it when people forget to turn off their highbeams because it really gets on my nerves."

Pet peeves destroyed the lives of seniors because they caused distractions but proved to be difficult to avoid in a world full of irritations.

By Amanda Anderson



MMMM, TASTES GOOD — Pete Gonzalez gnaws on his pen while reading a short story from his literature book. Students listed pen chewing as one of their annoying pet peeves. Amanda Anderson Photo

BLOWIN' IN THE WIND — Angie O'Connor struggles to eat her lunch while fighting to keep her hair from flying into her mouth. Senior girls often found their long strands getting in their way. Amanda Anderson Photo



John has long hair and is enrolled in a fashion class, while Jane enjoys kicking a soccer ball around with the guys and attending auto shop class each day. What is unusual about this picture? The role reversal, of course!

Society has set stereotypes for females and males and given each of them cer"female sport?" "No one really does in high school," said Wheeler, "but people did back in middle school. It never really bothered me, though. It always made me feel kind of original."

During the week before Homecoming, Spirit Week, seniors had two opportunities to reverse roles. They participated in the Powder Thompson grew his hair, he said that his friends began to call him a "hippie," but no one commented that about it being typical of a female.

Other students recognized that males and females were also switching roles in places other than school, such as in the working world. Rebecca Keithley













Trading Places

tain roles. However, students like Jane and John began to break through the gender barriers.

Matt Wheeler has been a serious gymnast for several years. Did people ever comment that gymnastics was a Puff football game and Gender Switch Day. Powder Puff player Debbie Sweet commented, "After the game when we lost, I realized how and why the guys get so emotional about the game...but while I was playing, it really didn't seem like a guy thing."

In the past, girls have worn long hair and guys usually had shorter styles. However, Carey Thompson chose to lengthen his locks because 'it's a pain in the neck to get it cut." When

expressed her opinion on the role of women in the career world when she said, "It's stupid to assign jobs because of gender...men and women both should take care of the house."

Males and females exchanged roles to express their individual qualities. Role reversal was just another way of practicing the TECHNIQUE OF BEING YOU-NIQUE.

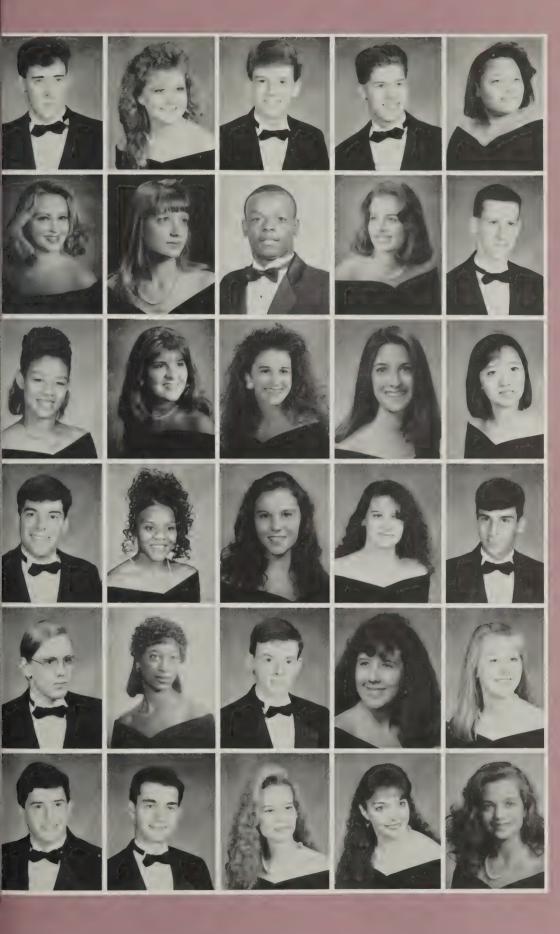
By Susan Givens



LENGTHENED LOCKS — fergus Kaiser, displaying his long hair, works in the library during sixth period. Guys who wore their hair long often tied it back in ponytails as they exhibited the practice of role reversal. Ginger Hudson Photo

GETTING HER KICKS — Monacette Debbie Sweet sports the male football jersey while performing during a Friday pep rally. Monacettes displayed another example of role reversal by wearing the jerseys on game days. Lifetouch Photo





Kevin Thomas Robinson John Edward Ronston Lisa Ann Rowsey Robert John Rudin Michael Todd Salyer Sherise Bonita Sanderson

David James Schardt Whitney Morgan Schechter Regina Michelle Schwartz David Robert Seabrook, Jr. Shana Cornell Seeley Jonathan Lapthorn Seeman

Patricia Mercedes Segovia Kisha Noirre Sharpe Shannon Leigh Shaw Elizabeth Jarrett Shepherd Heather Lee Sherron Christine Hyun Sook Shin

Paula Michelle Shires
Jeffrey Anderson Showalter
Kimberly Michelle Sims
Amy Christine Singletary
Karen Michelle Skeens
Anthony Jason Sleime

Adam Nicholas C. Smith Ernest Anthony Smith Lisa Sylvanne Smith Shawn Lajuan Smith Laura Anne Snead Lindsey Shay Snider

Sarah Johnston Spain David Matthew Spurr William Robert St. John II Andrea Leigh Stafford Susan Danette Stancil Leslie Michelle Starke

Mary Margaret Stevens Kristina Ann Stiebeling Tricia Carol Strong Stacie Lynn Strosnider Sara Renee Strout Lee Jacob Stryker

Stephen Christopher Suggs William Turner Suggs II Nicola Charmaine Sullivan Debra Lynn Sweet Raashann Chastine Sydnor Shawmika Wakina Talley

Carrie Ann Taylor Kimberley Renee Taylor Tera Nikki Thomas Carey Paul Thompson Andre Whitman Thornton Brandy Gayle Tipton

> Allison Lisa Titus Karl Matthew Topee Gale Renee Townes Catherine Anne Twigg Hani Ibrahim Uwaydah Shannon Leigh Vaden

Stacy Ann Vanderhider Rochelle Melinda Vankallen William Bradley Van Lear Melinda Anne Valsechi Katherine Kent Veach April Renee Viar

> Christina Marie Voights Karl Robert Volk III Shawn Marie Walker David Keith Wall Greyson Beveret Ware Duron O'Neal Warren















Memories, the good, the bad, the ugly and the embarrassing. Seniors remembered them all. They established memories over the past four years that would last a lifetime and friendships that lasted even longer.

Even though it seemed sad to leave the comfort of childhood and go out into

coming dance; it was the best dance I've been to since my freshman year." While Megan Bauer said "First times, cars and Matt. Also I'll always remember the football games and how everyone grouped together in their own cliques and talked. No one really watched the game."

Classes played a big part

school, seeing my dad, who lives in Texas, for the first time in six years and getting my car and license. My worst memory happened in my senior year, I lost a best friend."

Some memories had nothing to do with academics but involved summer break and half days. Everyone's memories varied, but

Memories: Last A Lifetime

the "real" world, seniors remembered their friends. "I've gained a lot of friends. They'll always be with me no matter where I go or what I do and they're always there for me." Stephanie Davis said.

Different people remembered different events and happenings from their last four years. Derek Durkovic remembered ''homework, relationships, the friends that I've made and just everything. I especially remember my senior home-

in most seniors' stroll down memory lane. April Fondorf stated, "The combination of meeting really good friends that will last and being in Mr. Carloni's class, which was an awesome class because we could goof off and not get into too much trouble."

Memories, good and bad, were shared by all. Lisa Rowsey commented, "My best memories are going from being a sophomore to being a senior through summer school and night

every senior took a special memory with him when he left the comfort of high school and went out into the world.

By Melissa Mottesheard



BENT OVER BACKWARDS— Emily Gathright attempts to make it under the limbo bar while students look on. SADD activities included a limbo contest to convey their "Don't Drink And Drive" message. Nancy Hodder Photo

ON'T BLOW UP THE LAB
— Vashon Bowers and Richard Arriaga perform an experiment in Chemistry class. Science classes gave students the chance to take control. Amanda Anderson Photo



Kelly Elizabeth Watkins Angela Dawn Webster Nicole Renee Weddle Robert James Welch Carrie Patricia Weldon Michael Joseph Weldon Alison Rene Wenleder Jennifer Lynn Wesner David Michael Westmoreland Courtney Leigh Wheawill Matthew Leigh Wheeler David Allen Whitby Sarah Bardon Wikstrom Christopher George Williams Heather Dawn Williams Maura Lee Williams Toi Danielle Williams Amy Alexander Wilson James Randolph Wirt William Edward Wirt: Alison Marie Wolfe Michael Timothy Wolfgang Alden Shoawah Woo Malthew Steven Wooldridge Bradley Joseph Wootten Mathew David Wright David Sang Yi Jennifer Hee Jung Yoon Kristin Leigh Young Andrew David Zima, Jr.

Unique Expressions

hat issue would you confront if given e chance to address Congress?

I would ask them why don't we have onstitutional rights within school! m a human being, and I should have ne right to express myself and my pinions. No government or principal, or that matter, should be able to take nat away from me. We are being treated like robots and sponges. We can nink for ourselves if we are given the hance!'

— Alison Wenleder

I would ask them about gun control nd why it is so easy for young people obtain handguns. Too many of our ation's young people are killed beause a child got his hands on a firerm."

- Steve O'Connell

I would ask why the age for smoking 18. I personally do not smoke, but or someone who smokes, if he wants take the chance of getting cancer nd dying, then that's his problem. An 8 year old or a 12 year old both will

smoke if they want to, and an age limit won't stop them."

— Will Mallory

"I would ask why private schools are given tax dollars that could be going into the public schools where the money is really needed."

— Michael May

"I would ask them if they could do something about the differences between county and city schools. Whether or not there could be an equal distribution of money to the schools so the differences would not be so vast."

— Nikki Thomas

"I would ask Congress to stop concentrating on foreign affairs and to focus on the problems in our own country like crime, poverty, education, etc."

— Aimee Kaempf

"I would ask Congress to concentrate on the education of our children because they are our hope for the future in making this world a better place to live."

— Katherine Chen

"I would ask Congress to put the money they use for the military to help education, crime, poverty, etc."

— Carter Oliver

"I would tell Congress that education in America is one of the things we need to work on. We need to make education more interesting for the younger children. Also we need to make education available to anyone who wishes to continue."

— Kisha Sharpe

By Reneta Haynes



They ALL LOOK SO GOOD — Casey Garnett and Karrie Mensing decide which of their pictures they would like to include in the yearbook. In the beginning of the year, seniors stayed after school to choose which formal pose they wanted to display. Hung Ho Photo

Go CHIEFS, GO — Nathan Foster expresses his school spirit by performing a "chief chant to hype the crowd up during the first pep rally of the year. The Chief stayed in the public's eye by performing his personalized dances and cheers at pep rallies and games. *Lifetouch Photo*



GET OFF THAT PHONE, MISTERI — Stuart Hollins neglects his mind in favor of some less than stimulating conversation. Students used talking on the phone as one of innumerable excuses for not picking up a book and making a librarian happy. Caroline Gates Photo



It's a dull night, completely devoid of any excitement whatsoever; the idiot box continually spouts off the same old mindless dribble. What's a person to do? Why not read? Sure, every fleeting moment of our lives seems accounted for, so does anyone actually read? Yes. A large group of juniors expanded their horizons with books, to the dismay of television networks, but school often posed problems to those short on time.

While English teachers relied on the classics like *The Scarlet Letter* and *The Great Gatsby* to "culturally enlighten" students, juniors chose to further

claimed, "The best book I've ever read in my entire life is Atlas Shrugged!"

Instead of reading the usual adult writers, students like Tessa Doyle decided to stick with a classic — Dr. Seuss. Doyle explained, "Dr. Seuss is my favorite author because of his childish simplicity. I don't want to read about a microcosm of society, I want to read "Hop. Hop on Pop" or Marvin K. Mooney Will You Please Go Home?"

Although homework made it difficult for students to read, certain juniors made time to expand their minds.

Feed Your Mind!



their enlightenment with the likes of Kurt Vonnegut, Jr., and John Grisham. Emily Hostetler explained her undying love for John Irving. "His books are different from the usual brain candy that's on the market today." Michael Genovese said, "I'd have to say my favorite author is Douglas Adams because he shows the world the way it really is and makes it funnier." Vickie Willis ex-

ALL THE WORLD'S A STAGE — Juniors Tessa Doyle and Julie Norman, along with sophomore Valeria Butler, demonstrate their acting abilities in fifth period Communications class. Doyle plays the part of Elizabeth Procter, a character from Arthur Miller's play, The Crucible. Amy Guss Photo

"I never have the time to read because I have so much schoolwork, but' I do anyway." said Hostetler. Vickie Willis replied, "I read regardless of whether I have time or not. I check out about fifteen books at a time. I have probably the largest collection of fines in the library."

There was the inevitable group of students lurking about that didn't share the love of reading. Brian Hamrick stated, "I don't like reading at all. I read really slow, and I forget most of what I read. It's a waste of my time." However, reading will always be an unavoidable part of basic schooling that no one can escape.

By Caroline Gates

Neal Adams Trevor Adams Jeff Allen Tanaka Allen Tommy Anderson Jay Austin















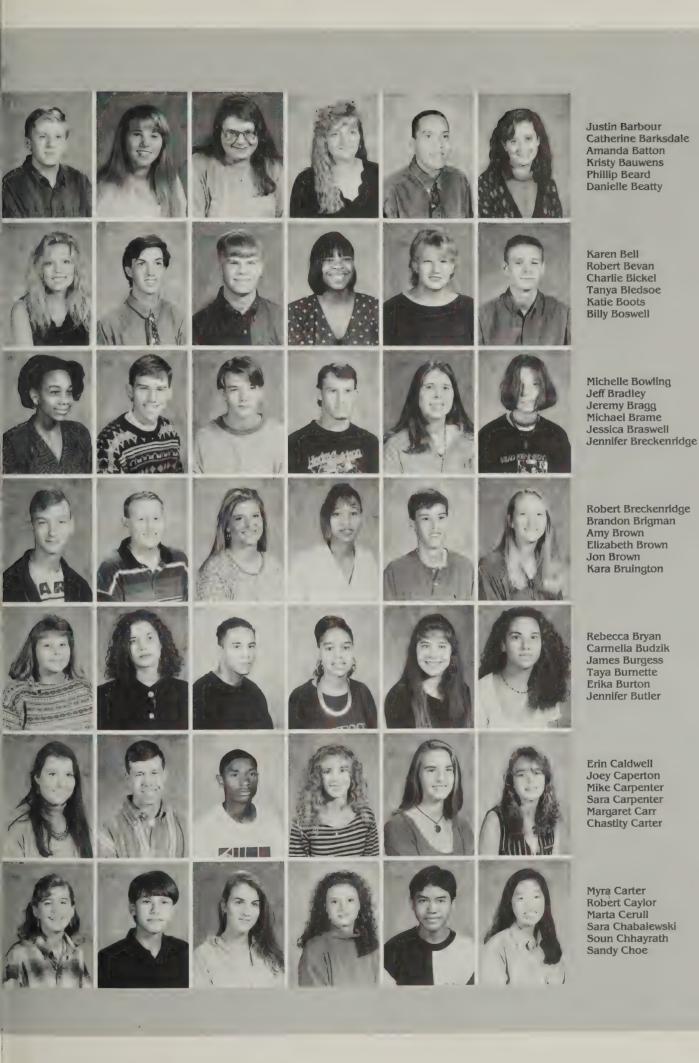












Tara Clair Nadia Clarke **Brad Clayton** Cord Clelland Amy Cluberton David Cockerham Jason Coker Jaime Congable Brian Conklin Julian Cook Rachel Cook Chris Corrada Ann Corrin Reagan Craggs Philip Crawley Sarah Cribbs Jay Crosby Lynne Czekala Michelle Damerel Amanda Daniel Kevin Danner Danah Dargon Kevin Daughtrey **Emily Daughtry** Anne Davies Kristen Davis Jackie Davoud Bryan Deal Stephanie DeMary Derek Demmler Ryland Dennis Jennifer Derosa Kirsten Dexter Alex Dimitriou Cung Dinh Jessica Dodd Tessa Doyle Ryan Dunlap Triet Duong Jamie Durkovic Jeff Duval Renee Edwards

Saturday mornings at school became a common occurrence as a najority of upperclass students took SAT or PSAT tests to apply for scholarships or to enrich their college applications.

Juniors Erika Burton, Lynette Johnson, Dawn Jordan and Vickie Willis ook the PSAT test for the first time in October. While Burton and Willis considered the verbal section simpler and he math section more difficult, Jordan and Johnson found the math shorter and easier. When asked about the new SAT test, Jordan said, "From

solved more than the arithmetic."

Although both Jordan and Burton took the practice test to prepare and Willis took the course offered, they felt they might have done better under different conditions. Burton said, "If the test weren't timed, I wouldn't feel so rushed. When I am rushed, I make careless mistakes." Willis added, "Having the test untimed keeps the pressure off you." Johnson disagreed and said, "I get it done in plenty of time anyway, so having the test timed or not doesn't matter."

When asked about the new SAT

ANOTHER TESTII — Concentrating hard, Junior Briordy Meyers fills out the registration form for SAT's. Students were required to mail this information prior to the test date in order to participate. Mallory Smith Photo





Not Just Another Test

what I've heard, the new test is a lot easier than the old one."

The new SAT, administered first in March, 1994, allowed students to use calculators, added more time for the verbal section, included a completion section for math and eliminated the antonym questions and Test of Standard Written English. Jordan, Burton and Willis agreed that calculators gave the students a big advantage. Burton said, "I think it's a great idea because it will help improve your math score. Now there is less of a chance to make careless mistakes.' Jordan added, "Calculators make problem solving go much faster and lets you concentrate on what's being

test, Willis said, "I like this format better." While Jordan and Burton got nervous before the test, Johnson didn't and Willis commented, "I don't get nervous. Either you know it or you don't"

The students welcomed the changes of the new SAT test and hoped their scores would improve.

By Mallory Smith

Don't Forget to register! — During lunch, Junior Brad Jaggard and Sophomore Sarah Modrak register for the PSAT test October 16. Cliff Wyman collected the 12 dollar fee and handed the students booklets containing practice tests so they could prepare. Amanda Anderson Photo























Suzanne Eicher Allison Ellis Jonathan Eubank Daniel Evans Adam Faris Stacey Farone

Daniel Felts Helen Ferguson Joey Ferrel Chris Fields Justin Fischer Robin Fleming GET OUTTA HERE — After a busy week, Sandy Choe prepares to go home and greet the weekend. Juniors found that cars made weekends more enjoyable because they had the freedom to go out with friends to movies, parties or just cruise without adult supervision. Ginger Hudson Photo





Driving...this topic often dominated the conversations of juniors. Students' stories varied with experiences.

Students often relied on using their parents' cars for transportation. Mike Smith said, "I get it anytime I need to go somewhere as long as I keep it clean." Wendy Guyton's parents loaned her the car to get to work.

Juniors newfound sense of driving also gave them a knowledge of accidents. Joey Ferrel had one when backing out of Alex Dimitriou's driveway. Ferrel said, "I ran right into the

about wrecks yet. They still awaited the day they could drive without a parent.

Duanne Gannaway took driver's ed. for a second time his junior year, while Jamie Durkovic had passed the class and behind-the-wheel, she still could not drive. Durkovic said, "I can't get my license until I pass my dad's so-called driving test."

Grades kept others from driving. Rex Lampe said, "My dad said that I have to get honor roll before I can get my license." Bad grades might have resulted in parents revoking licenses.

Driving Adventures

garage."

One student who wished to remain anonymous said, "The morning after I got my license, I knocked down my friend's mailbox!" Phil Crawley said, "I went to pick up a \$30 pay check, and it cost me \$450 because of an accident." He hit Suzanne Paster's car, making a small chip in it; all \$450 went toward fixing it.

Some students could not think

Take IT EASY — Not having football practice Friday afternoon gives Robbie Jamison and his girlfriend, Jana Greenberg, the chance to ride home from school together. Spending \$25 on parking passes was worthwhile for juniors who drove home after practices and meetings. Ginger Hudson Photo

Lending cars to friends caused problems, too. John Mathers lent W.D. Lawrence his car, "Bessie," to leave school when he became ill. Instead of going home, Lawrence drove to Coalfield Road Soccer Complex and went rooting. Lawrence got "Bessie" stuck "because no one can handle Bessie except for me; she's an animal," Mathers said. Once "Bessie" was free, Mathers made Lawrence wash, wax and buff every square inch of her.

Driving often dominated juniors' conversations. It proved more interesting than lectures heard in driver's

By Ginger Hudson

Ken Fletcher Katie Flynn Shannon Flynn Stephanie Foan David Fortin Dave Freeman

















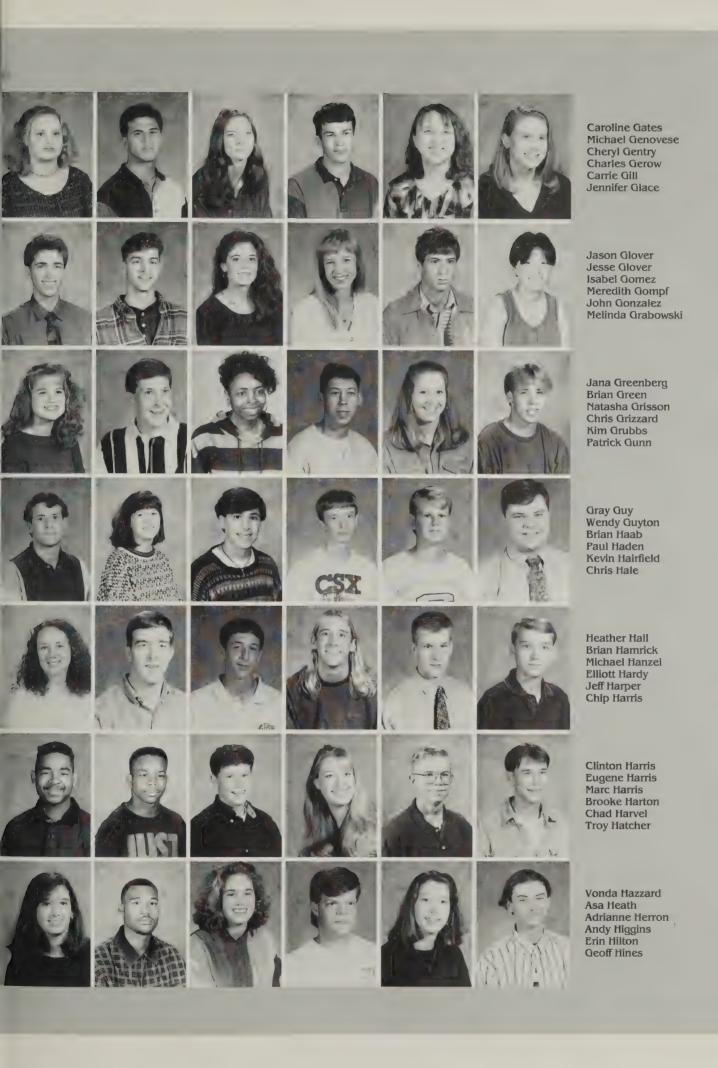












Christine Hlava Thien Ho Tommy Hodges Jennifer Holderfield **Stuart Hollins** Antawan Holmes Tina Holt Kenya Hoover Emily Hostetler Jessica Howard Shawn Howell Allen Hudson Ginger Hudson Beth Hulette Tiffani Hunter Billy Irvin Chantil Irving Brad Jaggard Robbie Jamison Lynette Johnson Melissa Johnson Caron Jones Celena Jones Mandy Jones Tinsley Jones Troy Jones Chris Jordan Dawn Jordan Anna Kelly Randy Kenney Lee Kern Cindy Kerr Sharon Key Kelly Kimmick Kevin Kincaid Heather King Maggie Kitt Christie Klouse Molly Kluender Laurie Knowles Cristy Kostyniuk Jenny Kubicek

Unique Expressions

ils school, what would it be, and why ould you change it?

More combatibility with the stuents. The students need to work toether with the teachers, not work gainst them."

-Michelle Bowling

The racism. There is a lot of sepration, and it makes it feel like the chool is split in half. It's like a bunch f color cliques."

-Ali Vaughan

I think we need seven periods beause it's hard to find the time to take Il the required classes and still find oom for an elective.

-Namita Kukreja

I would like to change the school's urriculum so that every one would be 1 Black history so that every one ould know that Blacks are also powrful people."

-Danah Dargon

The tardy system. Being limited to wo tardies without being penalized is idiculous."

-Damian Thomas

I would like to change the general

you could change one thing about attitude people have towards each other. The constant cut downs and disregard for feelings gradually pulls down our morals and the way we feel about each other. We have to start depending on each other."

-Jason Seiden

"The parking fee should not exist. Providing our own transportation does not mean we should have to pay \$25.00."

-Katie Flynn

"The smoking policy. I think they should have a designated area for people 18 and older.'

-Jesse Burkitt

"The amount of electives from which one could choose because I think it's important to learn more about the fine arts."

-Cheryl Gentry

By Reneta Haynes and Will Larmore

HOWING DOWN - Amidst a crowded table, Alex Dinn and Phil Crawley take time to enjoy lunch. As juniors, students were finally allowed the privilege of eating in the upper class commons. Reneta Haynes Photo

TEST PHYSICS IS FUN — Laurie Knowles enjoys a break during fourth period physics. Juniors and seniors took this rigorous course that covered everything from forces to the sonic spectrum. Caroline Gates Photo





























Namita Kukreja Jenny Kwitchen Ann Lambert James Lambert Tysha Lambkin Rex Lampe

Will Larmore David Lawrence Phil Lawson Melvin Lee Elizabeth Lemieux Scott Lemieux

W ISH ME LUCK — Concentrating on her assignment, Carey Gill crosses her fingers for good luck. This long-standing superstition was one of the most practiced among the junior class. Heather McIver Photo



You are domestically inclined and will be happily married. Horoscopes like this one could be found in *The Richmond Times Dispatch* and on radio stations like Power 93 and Q94. Students began their daily routines with a quick look at their predictions. One student who wished to remain anonymous said, "I read my horoscope everyday because then I know what's going happen to me."

These readings often predicted the futures of their readers in love, money, friendship, careers and more. Monthly teen magazines gave horo-

hopeful predictions. The effect of the forecast was dependent on the prediction. Junior Carey Gill said, "It's really strange when predictions from horoscopes come true."

Students read horoscopes for different reasons: for fun or insight into their future. Redd said, "I don't believe in them, but I do superstitious things just to be safe." Reading horoscopes was not the only superstitious activity students practiced. Another supersitituous activity, saying "bless you," originated to keep evil spirits away from people when they

What's Your Sign?



scopes and numerology which forecasted lucky and unlucky days. These often had an unconscious effect on people who read them. Junior Amani Redd said, "My day was usually bad when my horoscope told me to stay in bed."

Whether the students faithfully read their horoscopes or just looked at them for fun, they often encountered

S TAY IN BED — While relaxing in the library, Amanda Taylor reads her horoscope. Magazines like *Teen* and *YM* produced special editions devoted to horoscopes and numerology in addition to the monthly articles. *Heather Mcluer Photo*

sneezed. Even if they did not realize it, students practiced certain superstitions set by society.

Black cats and mirrors also had superstitious connotations for students. Superstitious people believed black cats who crossed their paths brought them bad luck. Broken mirrors meant seven years of bad luck. That meant high school students could still be facing the wrath of a broken mirror from when they were nine or ten years old.

Though superstitions were fun for many juniors, the majority lived their lives without the guidance of horoscopes.

By Heather McIver

Christine LePrell Tonya Link Jarron Lippin Jason Lippin Eddie Liu Mandalyn Lofgren















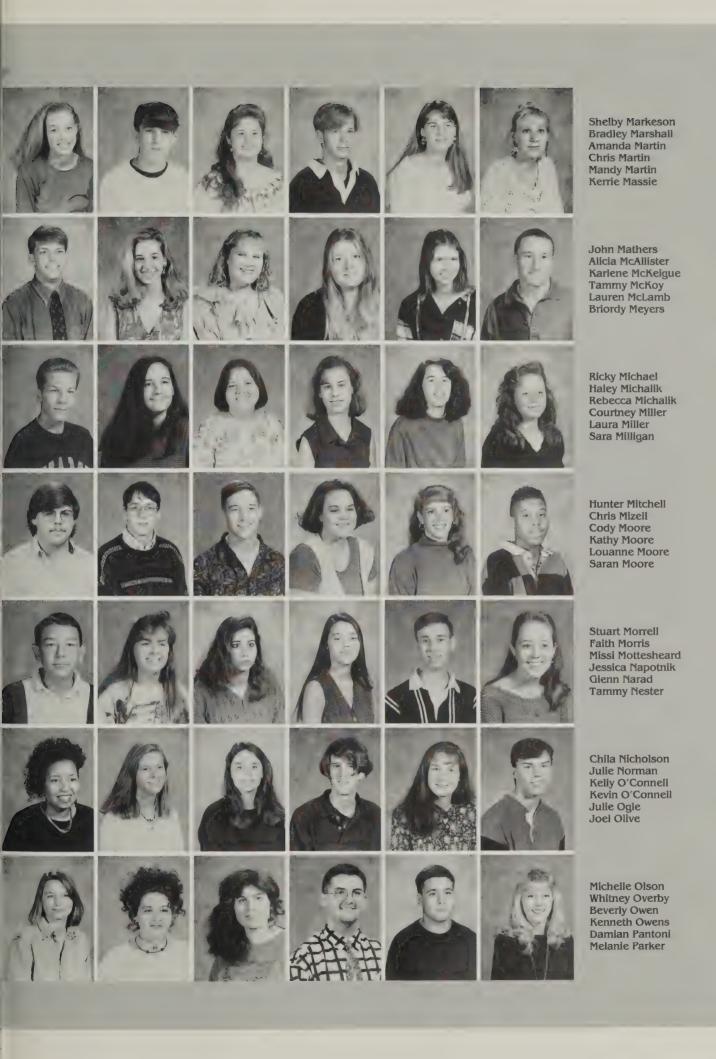












Suzanne Paster Jamie Patenaude Amy Peko Kathryn Pendergraft Brian Pendleton **Eric Pennington** Rey Perez Dana Perkins Tiffany Peterson Melissa Pherson Lisa Phillips Sopheap Phong Michelle Police Alice Poole Shelly Porter Jamie Pula Sarah Ragland Kevin Raj Scott Ramsey Amani Redd David Reid Liz Rezba Ned Richards Kevin Richardson **Tamara Ricketts** Stacey Ricks Steve Roach Cheri Robbins Spencer Robinson Chris Rockefeller David Rogers Amanda Roop Erik Rowekamp Sara Rudd Todd Rudzinski Brian Ryther Kristen Safewright Rebecca Salyer Jessica Sanchez Christina Sauer Meredith Saul Andrea Savedge

Pressure....Stress....Hunger pains! These words represented just a few of the sentiments felt by students taking seven classes. Students chose this option as a way to get ahead and orepare for college.

One student chose this option in order to take two electives. "I wanted to take Theatre III, and I was interested in Production I," commented Christy Klouse. However, other students, like Stuart Hollins took seven classes for different reasons. "I used to get bored in study hall and lunch," said Hollins; "this way I can take the

time management skills.

Apart from their own feelings, these students had advice for others looking into a seven-period school day. Hollins explained that he did not think seven classes proved a good idea for everyone because, "it gets stressful at times and very exhausting."

To top it all off, students then had to deal with the trouble of those everpresent hunger pains. Hollins remarked,"I eat in between classes and snack all day," whereas Klouse usually waited to eat at home.

While they admitted seven classes

Sweet dreams — After staying up late to work on homework, Natasha Onque catches up on those needed z's. While other students found time to take a quick break during the school day, those with seven classes often had to wait until they hit the comfort of home to sleep. Kathy Neer Photo



All Work, No Play

classes I want to now."

The option to take seven classes, however, was not without its red tape. Students first had to obtain a special recommendation from their guidance counselors. In addition, each student had to then discuss the schedule with his or her fifth period teacher in order to work things out. This helped to prevent conflicts in students' schedules.

When students took on seven classes, they also had to take on a mature attitude. Students with seven classes often felt more pressure and stress to keep up with their work. "I'm pretty responsible so I keep my work done," said Klouse. Hollins agreed, saying that he had gained responsibility and

might not be a good idea for everyone, Klouse and Hollins felt satisfied in their choices. So, despite the missed lunches and study halls and the extra homework, students taking more than the traditional six classes believed that the end result paid off for all their hard work and effort.

By Kathy Neer

W HAT'S THAT ASSIGNMENT? — Packing books into her bookbag, junior Adrianne Herron thinks about the homework she must complete. Upon entering their junior year, students found that schoolwork began to affect more of their time than it had in years past. Shannon Belcher photo

























Jeanette Schneider Rhonda Schwartz Katie Schweider Matt Schweider Shonna Scott Trevor Scott

Jason Seiden Bonnie Self Andrew Shin Raven Sickal Chris Simpson Amanda Sims J AILHOUSE ROCK — Haley Michalik and Kelley Kimmick look over pamphlets distributed in the library by law enforcement officials. Students had an opportunity to learn about and possibly consider a career in the law enforcement field when the representitives visited. Amy Guss Photo



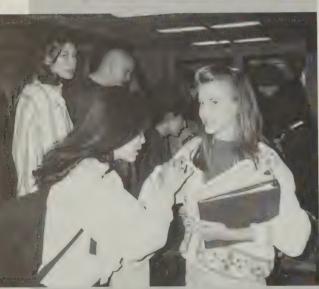
What do juniors and Thursdays have in common? Both experience being almost to the end but not quite. Typically the junior year is one marked with fun and adolescent milestones, but PSATs, SATs, and anxieties about college often get in the way. Enter the mental sea of stress that inevitably comes with the junior experience.

The ambitious chose to gear their activities towards future use in college. Tommy Sobieski took "as many science classes as I can" to fufill his dream of becoming a doctor. Said

sometimes became a source of discontent. Kelly complained, "I think the whole courtyard thing is really unfair. I think everyone has the right to a little fresh air during the day." Knowles stated, "A lot of times when you have senior friends, senior privileges, such as the courtyard, separate you from your friends."

Juniors quickly noticed quite a bit of difference from their underclassmen days. Jessica Sanchez observed, "You're more involved in your school; you're more included. When you're a freshman or sophomore, you're just

Almost There



Laurie Kay Knowles, "I'm taking AP courses so I can receive credits before I go to college so I can get out and work or get my degree quicker." Anna Kelly stated, "I've really concentrated on Forensics because I know that can help me get a scholarship."

Unlike seniors, juniors did not receive extra privileges, despite their status as upperclassmen, and this

T URN, TURN, TURN — Kristen Davis experiences a classic rite of upperclassman initiation: receiving a class ring. While Davis basks in the glory of being a junior, Sandy Choe helps her fufill 95 turns of her ring, symbolizing her graduation year. Mallory Smith Photo.

there." Knowles commented, "It was a really big deal when I became a freshman that everyone know I was in high school. Now that I'm a junior, attending high school is not an aspect I want everyone to know." Erin Caldwell saw the biggest change as "definitely stress because we're told that our junior year is the most definitive of any other year, and juniors are put in a position of competition with their peers in terms of GPA, etc."

Regardless of the added responsibility and stress that came with the eleventh grade year, juniors still had to deal with the fact that they remained only almost there.

By Caroline Gates

Brian Singleton Daniel Smith Emily Smith Kelly Smith Lindsey Smith Mallory Smith















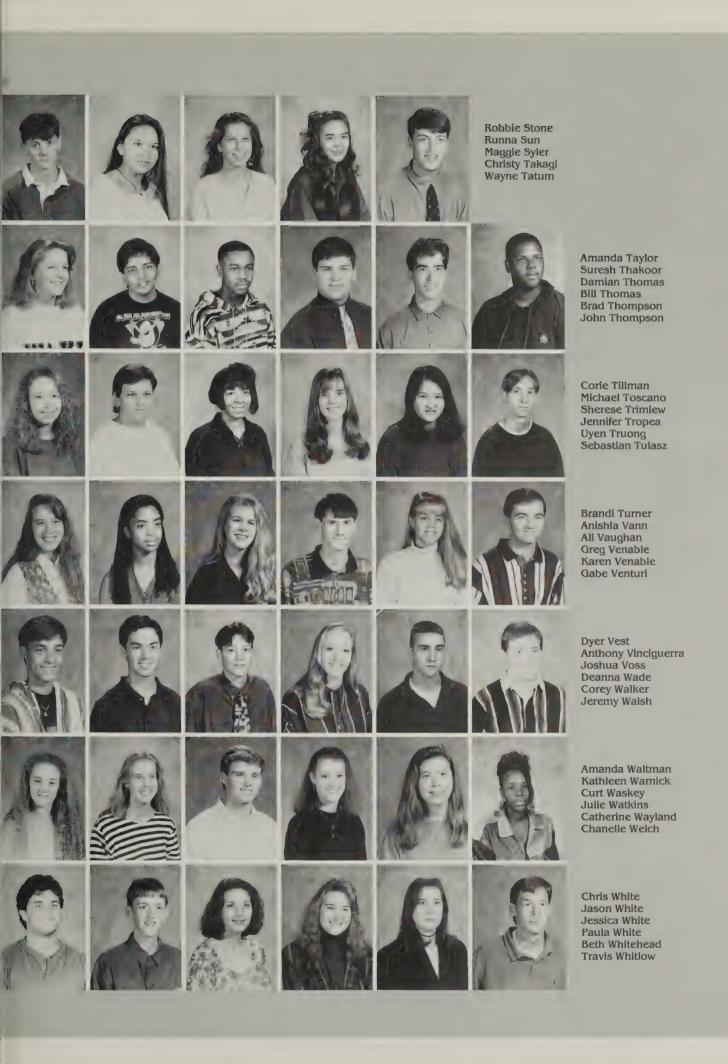












Natalie Wigginton Lewis Wilkerson Christina Williams Dominique Williams Rebecca Williams Shelly Williams































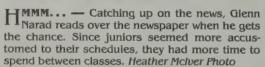












CLICK, CLICK — Busily working, Philip Crawley hurries to finish his assignment for typing. Many juniors took keyboarding as an elective in order to finish their school reports more quickly. *Ginger Hudson Photo*



I m not a freshman!" The thought rang through every sophomore's mind on the first day of school. They had survived the first year of high school and looked forward to becoming seniors, but until then they just had to face the facts — they remained stuck in the middle.

Sophomores faced that lasting problem of going through the year as the "middle" class. They had passed the freshman stage, yet they still could not consider themselves upper-classmen. Molli Dahogne said, "It's like being a middle child. You're not

treat you like you're still a little kid."
Javone labichello put it simply by saying, "I feel more mature being a sophomore."

For sophomores, reaching the driving age held both benefits and drawbacks. Even though most got their licenses their sophomore year, they could not purchase a parking permit. Catherine Latcovich commented, "A lot of people turn sixteen before their junior year, but they're still not allowed to drive to school." Sophomores just had to stick to either bumming a ride or stepping aboard the

DECEPTION — Denying their sophomore status, Paul Kelly and Daniel Mee masquerade as upperclassmen in the upperclass courtyard. Wednesdays and Fridays, the courtyard was for seniors only. Caroline Gates Photo



The Comfort Zone

the oldest, but at the same time, you're not the youngest."

On the positive side, being a sophomore had numerous advantages. Sophomores could get more involved in extracurricular activities than they could the year before as freshmen. During their freshmen year, they had to spend time learning how to balance out their schedules. As sophomores they drew from their freshmen experiences and learned to prioritize in order to fit everything in and maintain their responsibilities.

According to sophomore Greg Moody, "You know your way around school now, and you're used to the work. However, some of the teachers

dreaded bus.

With all the disadvantages and advantages, the comfort zone of the sophomore class did not seem all that comfortable. Of course, if students could consider themselves upperclassmen, that would be even better; but until then, they just had to wait and enjoy their sophomore year as much as they could.

By Heather Sahli

C UT IT OUT — Kara Evarts and Sarah Alonso help children make flags at the Children's Festival with other members of Key Club. Involvement in Key Club was just one of the many activities that sophomores fit into their busy schedules. Heather McIver Photo

















Brian Adlich Saif Ahmed Tameka Alexander Roya Ali Peter Allen Sarah Alonso



P LAYING AROUND — To ensure the authenticity of her costume, Anne Armstrong braids Bonnie Estes's hair. Members of the cast for Seven Brides For Seven Brothers often helped each other with preparations for rehearsals, dress rehearsal, and the performances. Amy Guss Photo





Unique Expressions

If you could change anything about social issues in the world, what would you change?

"I would change the violence, help the homeless, and make more jobs available for underprivileged people." -Kristy Cordle

"I would stop racial fights and tell people to stop being so ignorant and get along with each other." -Andy Brooks

"I would like to change the government so that the little people could have more of a say in what goes on in the states instead of it seeming that we do."

-Luke Wasson

"I would try to change the world's constant need to place blame on someone or something instead of facing the truth of the matter."

-Anthony Guest

"I would change the world's opinion

O TEAM, GOI — Tyler Clements and Elliott Brown rustle up team spirit for the junior varsity homecoming float Friday, November 5. Dressing up as cheerleaders became a regular occurrence for many of the sophomore guys that played J.V. football. Sandra Beverage Photo

of curse words because I truly don't see the problem with them. All they are is extremely descriptive adjectives, adverbs, verbs and nouns."

-Percy Jones

"I would try to change people's attitudes towards each other because it's uncool to be walking, driving or whatever down the street and end up in a confrontation with someone because you looked at them wrong."

-Mark Kaiser

If you could ask anything of a school principal or the school board, what would you say?

"I would ask them to try to make race relations better between students so there wouldn't be as many problems, and it would make the school a safer place for us to go."

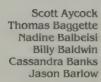
-Brandon Hamlett

"I would ask them if year round school or block scheduling would ever be put into effect before our class graduates, and I would want to know how it would affect us."

-Alison Tilley

By Melissa Mottesheard

Heather Arizmendi Ann Armstrong Michael Armstrong Michael Arrington Blaine Ashworth Jodle Auvil

















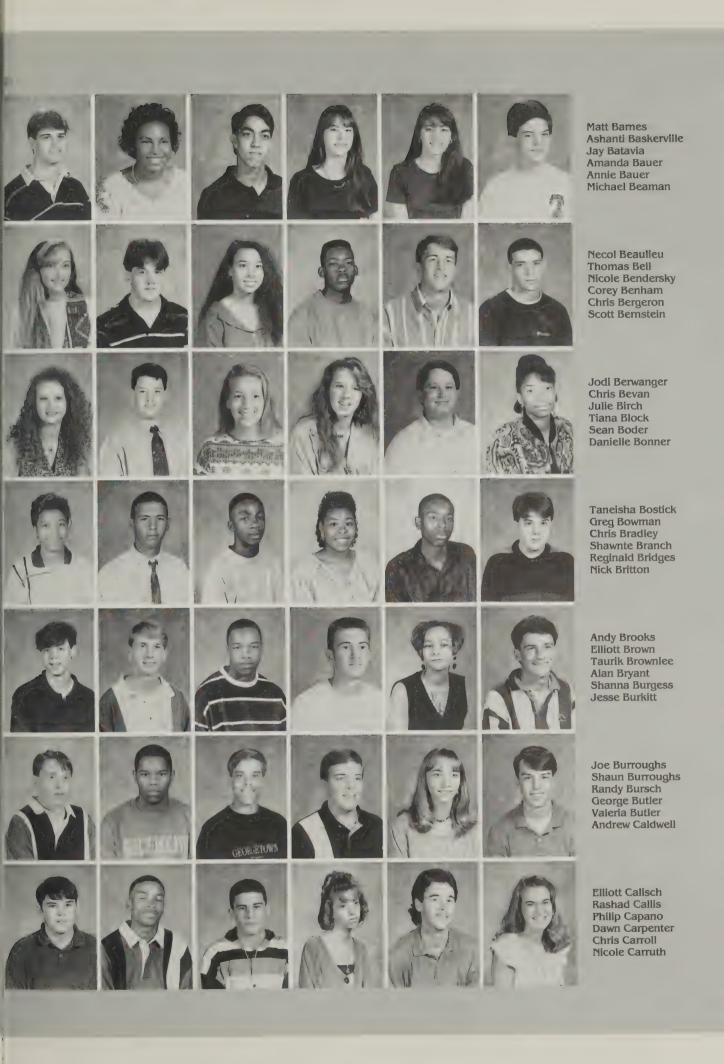












Angela Carter Ann Carter Chris Castillo Sam Chabalewski Matthew Chafin Michele Chalfant Mike Chang Greg Chapman Vincent Charity Jamie Chenault Anita Cheng Jennifer Chidley Jason Clanton **Ashley Clark** James Clark Matt Clark Rachel Clark Robert Clark Lee Clay Tonya Clements Tyler Clements **Emily Clinger** Shanna Comstock John Congable **Eric Conners** Lori Cook Vanessa Cordero Kristy Cordle Joey Cothran Rand Cournow **David Cousins** Patrick Covert **Veston Cox** Daniel Crawford Joel Crawford Jeannette Crispin Kenneth Crowther Jamila Curtis Lauren Czyzewski Shields Dalrymple Jessica Daniel Joe Darmstedter

Mhat's with you 180 days a year, 5 days a week, 6 hours a day, and olds all your basics? What is the last ning you grab before you go out the oor and the first thing you drop when ou get home? Your backpack!

Noelle Ogilvie said of her navy blue ackpack, 'I find it very useful and I ake it everywhere with me. It's a Janport so it's really durable. I use it as a uitcase on trips as well as every day t school'

While some had positive experinces with their backpacks, others and negative ones. Bryan Wesley said, look out for me."

Students expressed themselves in styles that ranged from red to blue to green to black to plaid. Angela Walters said, "My backpack is blue because it's my favorite color. It goes everywhere with me. I took it to Paris with me, and it still has a spot on it where a pigeon pooped on it because I can't do without it long enough to wash it."

The way to wear backpacks also varied. Matt Hathaway said, "The way I wear mine depends on my mood. If my back hurts, I wear it on both shoul-

HERE'S MY PEN — Tim Ritter searches his bookbag for a pen to finish some last minute homework during lunch. Ritter, along with other students, admitted to taking his bookbag with him everywhere, even during lunch when it was not always needed. Kathy Neer Photo





Everything I Own

I hate backpacks. They dig into your shoulders because they have so many books in them, and I have to wear nine on one shoulder because my shoulder strap is broken. I've been hrough two of them since freshman rear, which is horrible because they are so expensive. Hopefully the one 'm about to buy will last me the rest of high school.'

Some students recycled backpacks by using an older sibling's. Kristy Cordle said, "My backpack is green because it was given to me so I wasn't exactly picky. My older sister graduated and gave me her backpack because it lasted her through high school. It's another way for her to

ders, but the majority of time I wear it on one shoulder because it's easier." Walters disagreed saying, "I like mine on both shoulders because it's much more comfortable than slinging it over one shoulder."

Something no student could live without, sophomores recognized the necessity of backpacks and took advantage of their benefits.

Shannon Belcher

ME AND MY BEST FRIEND — Justin Gunther displays his hiking bookbag in the student parking lot. Gunther bought the biggest backpack possible so he could carry all his books and decorated it with yellow ribbon to make the zippers more accessible. Shannon Belcher Photo























Brian Davis Jessica Davis Kevin Davis Sara Davis Steven Davis Angela Day

Brandon Deal Lauren DeEcheandia Jill Delvillar Sarah Diersen Elizabeth Diggs Crystal Dillworth STOP, GO, YIELD, MERGE, CRASH—Sophomore Valeria Butler takes a break from copying notes in the lecture room during Driver's Education class. Most students confessed that they enjoyed Behind the Wheel more than the actual Driver's Education class. Susan Givens Photo



After a semester of Driver's Education class, students had yet one more test to pass: Behind the Wheel. For many sophomores, driving symbolized another rite of passage. From that day forward, they had the freedom to roam the roads and go where they needed and wanted to go without the hassle of begging parents or friends for a ride.

Behind the Wheel consisted of 12 hours in the car with a partner and a driving instructor to exhibit driving abilities and complete skills' tests. Students showed their ability to

Sophomores confessed that they enjoyed Behind the Wheel more than the actual Driver's Education class. Jenny Nochisaki ranked Behind the Wheel over Driver's Education because "you don't have to sit in class all day." Anita Cheng preferred Behind the Wheel because "you actually get to drive around, go places and do things."

Some students took Behind the Wheel after school while others had to wake up several hours before school or on the weekends. Jeff Neal said, "I didn't like the hours; getting up at

Taking the Wheel



"identify, predict, decide and execute," more commonly known among sophomores as the IPDE process.

Several sophomores expressed their fears about taking Behind the Wheel. In addition to the fear of failing, students feared that they might crash, while others feared such things as parallel parking, running off the road or flattening the orange cones.

C AN I PLEASE HAVE A RIDE? — Brandon Hamlett finds a ride with an older friend who, unlike himself, drives. Sophomores who were not yet old enough to take Behind the Wheel often resorted to bumming rides from friends or parents or riding the bus. Susan Givens Photo

4:30 a.m. to get ready for school was pretty rough." Mark Gibson disliked "having to get up at 5:30 a.m. on Saturday morning."

Sophomores also agreed that they learned more in Behind the Wheel because it was more "hands on." Neal commented that the most important thing he learned in Behind the Wheel was "about having control of the car."

Although students dreaded the early morning hours of this timeconsuming requirement, Behind the Wheel taught the basics of driving that would prove beneficial to them in the future.

By Susan Givens

Molli Dohogne Greg Dorazio Jaime Dowdy Mikie Dudley Andrew Duffee Jason Dufilho

















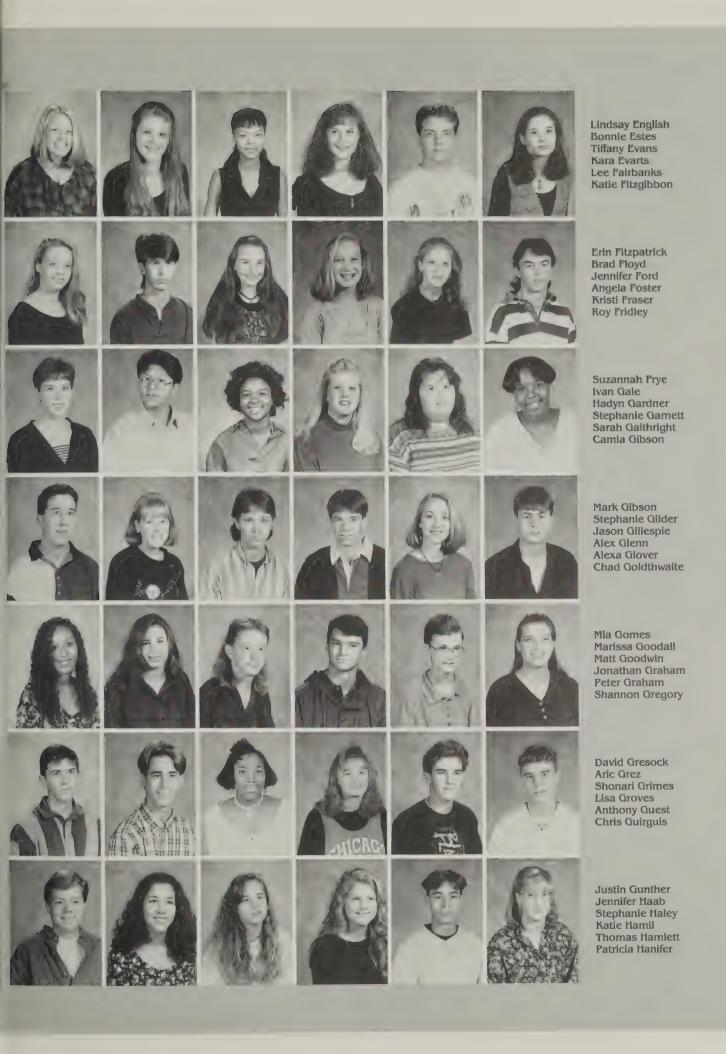












Roy Harding Tiffany Hargrove Josh Harrell **Brad Harrington** Delmar Harris Shirelle Harris Kristine Harsen Eric Hatcher Matt Hathaway Stephen Hawkins Emi Hayashi Carolyn Hayes Daphne Heaston Amber Hencye Matt Hendershot Chris Hicks Jill Hicks Lourdes Hidalgo Katrina Hill Matthew Hill Theresa Hodges Anthony Holmes Paul Holthausen Samantha Houston 100 Tonya Hudson **Taylor Hughes** Nate Hull Tamar Hundley Jennifer Hunter Javone labichello John Ingle Dolorita Jackson Dwayne Jackson Issa Jackson Russell Jackson Ruben Jefferson Paul Jeffrey Lance Jennings Marshall Jennings Damacia Johnson **David Johnson** Harvie Johnson

efore and after school, on weekends, late at night or at any time, idents grabbed a snack at their farite restaurants or fast food places, stead of eating cafeteria food, vendmachine snacks or three-day-old ftovers, sophomores headed for eir favorite spots.

Sophomore Debbie Logue, who ent to her favorite restaurant, Darl's, whenever company visited, comented, "I like the atmosphere and e food. The people are friendly that ork there, and it is neat looking inde, with antiques everywhere." best nachos. Graham said they served Southwestern Tex-Mex food and that it was a nice place to take a date because it was romantic and affordable.

All three said they went in groups and sometimes with their parents, usually once or twice a month. They agreed that the attire was casual, and Logue stated, "I usually wear a skirt and blouse, but it is really relaxed."

Approximately 52 sophomores named their favorite restaurant and fast food places. They chose the Olive Garden, known for its Italian food and C HEESE PLEASE! — Sophomore Heather McIver concentrates on eating her pizza at Sbarro located on Midlothian Turnpike. Students chose to eat at restaurants on half days to escape siblings, take a break from hectic schedules and enjoy time with their friends. Mallory Smith Photo



What's Cookin'?

hen asked about the costs of meals Darryl's, Logue said it "depended what you ordered, but usually it asn't too expensive." She ordered a amburger almost every time but said ey also offered other foods such as alads, steaks and ribs.

Sophomore David Hawkins said, Long John Silver's has great seaod. I can go there, eat good food and have fun with my friends without orrying about anything." He said he ent with his friends after school or henever he felt hungry. He always redered the shrimp and said the resurrant had reasonable prices.

Sophomore Peter Graham said his worite restaurant, Chili's, had the

delicious bread, as the most popular restaurant. Applebee's, Chi-Chi's and Peking tied for second place. Surprisingly, students chose Arby's as the most popular fast food place, closely followed by Taco Bell.

Whether to escape kitchen duty or just eat a decent meal with their friends, going to a restaurant became a special treat for sophomores.

By Mallory Smith

W HAT'S FOR LUNCH? — Stopping at the mall for a quick lunch, sophomore Michelle Northey enjoys her meal on a half day. She often stopped at the mall on weekends and early release days with her friends for lunch instead of eating at home. Heather Melyer Photo.

























Jared Johnson Lindsey Johnson Chris Jones Michael Jones Susan Jones Lauren Jordan



O H MY GOSH, TELL ME MOREI — Sophomore, Valeria Butler enjoys lunch in the upperclass commons as she catches up on the latest gossip. Sophomore tagalongs often used older friends as an excuse to escape the embarrassment of the lowerclassmen commons. Rachel Sawan Photo





Hey guys wait up for me!" "Can I bum a ride home?" "Can I go too?" Surely these words have left the lips of every tagalong, and sophomores somtimes tended to fit this description.

Why do younger people have the desire to hang out with older peers? Everyone had different reasons for tagging along. Mike Chang said, "My older friends are more fun to hang around with and more mature than the rest of my friends." Nicole Carruth agreed saying, "None of my good friends have the same classes as I do

ple tag along unless they are going to pay gas money. I think it's very rude just to expect someone to supply you with a ride everywhere."

A feeling of awkwardness often arose among certain sophomore tagalongs. Hanging out with their older friends did not bother them, but hanging out with people they did not know had its ups and downs. Brian Adlich said, "I used to feel left out around people my friends knew and I didn't, but now I know everyone too so we have a good time." Even though other sophmores fit in, others

Follow the Leader

this year so I just hang out with people I know, and most of them are older."

Most juniors and seniors did not mind sophomores tagging along. Amanda Owens said, "My friends don't mind because they consider me a regular friend and they don't care about age." Senior Bobby Welch responded with a different answer. "I usually don't like having peo-

H URRY UP, WILL YAI — Tanner Martin waits after school for his ride to take him home. Sophomores chose to become tagalongs to upperclass friends so they could stay after and be involved in additional clubs as well as avoid another year riding the bus. Kathy Neer Photo

did not have such luck in doing so.

Going to parties, the mall, a friend's house or the movies or just hanging out ranked as a popular activity for older students and tagalongs. All this sometimes changed once the sophmores got their licenses and did not need a ride. Whom they hung out with did not change, but the mode of transportation did.

The fact that most seniors went off to college did not matter. Students said they still kept in touch and always kept them in mind. Those actions showed the strong relationships between upperclassmen and underclassmen, regardless of age.

By Jamie Chenauli

Ben Keefer Melany Kellerhalls Paul Kelly Jamie Ketchum Karen Kettells Dennis Kim













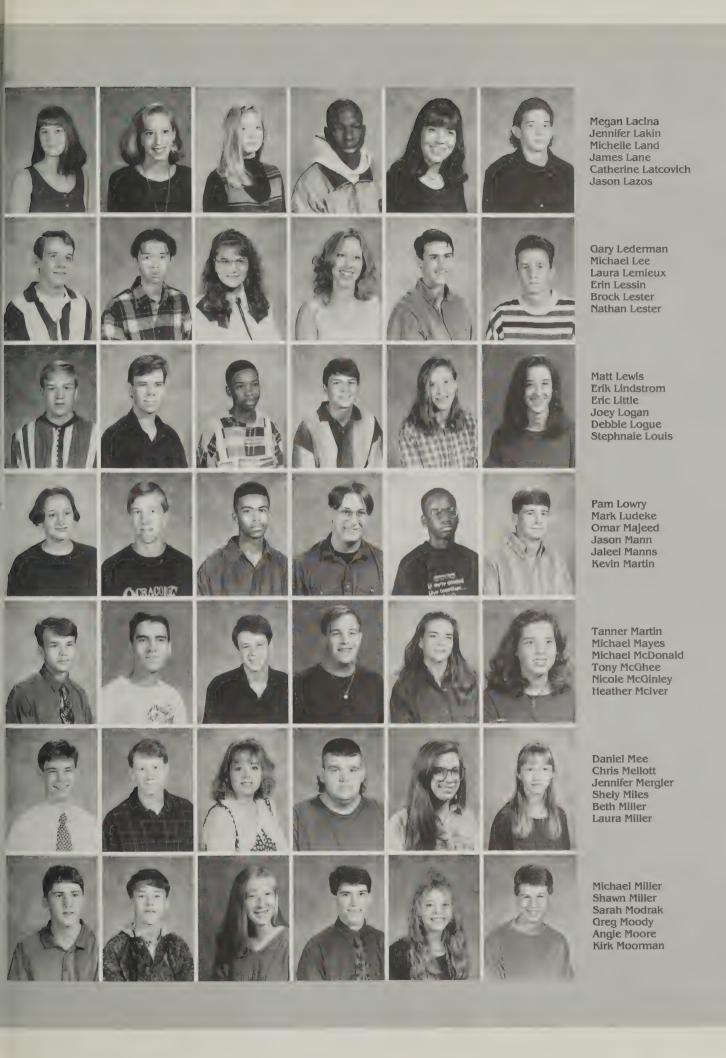












Crystal Morgan Carrie Morris Catherine Morris Elizabeth Morris **Heather Morris Matthew Morris** Joseph Morton Melanie Moyer Craig Mozingo Tim Mullins Jonathan Nace Angela Naggles Joe Naudziunas Jeff Neal Lisa Neal Kathy Neer Ben Nemceff Louis Nguyen Keith Nicholas Nick Nicholas Steve Nielsen Justin Noble Jennifer Nochisaki Eric Norris Michelle Northey Brendan O'Donnell Mike O'Neil Chris Olive Wells Oliver Manda Owens Whitney Padden Jeremy Page Kip Painter Dan Palese Martin Parece Nicole Paschke Vishal Patel Joy Patrick Ken Paul Kathryn Payne Mary Ellen Payne Chris Pega

Fun!" This simple yet meaningful word helped Ashley Clark describe her two days of freedom more commonly known as the weekend. Clark spent her weekends kicking back with friends or just plain kicking. The sophomore, who earned her brown belt in karate, took kickboxing lessons on Saturdays. Watch out, fellas!

After five days with the pressures of homework and the problem of little sleep, sophomores had, as Kristen Tuttle put it, "the chance to sleep in, see friends and relax for a little while." The majority of students shared their

described himself as the "business executive type," spent his weekend time maintaining his six aquariums. The largest, a fifty-five gallon saltwater abode for a Snowflake Moray Eel, a Four Banded Damsel, and an abundance of soft coral, required extensive supervision. Ashworth also actively participated at church. He worked the sound board for services on Sundays and performed on a worship team, which traveled around the state to lead devotions through drama, song and dance. Somehow, Ashworth still managed to take the time out of his

PARTY TIME — Sophomores Gary Lederman and Mary Richerson, along with Phillip Beard, help Whitney Schechter celebrate her seventeenth birthday in December. Parties added fun and excitement to weekends that seemed to never end. Whitney Schechter Photo





Two Days of Freedom

weekends with friends, seeing the latest movie or simply hanging out at the mall. Anything other than school came as a welcome change of pace.

"On the weekends, I spend a lot of time with my friends and grandparents. When I'm not doing something academic, I'm playing basketball or dancing," said Bonnie Estes, who studied dance for nine years. Other sophomores chose to elaborate on the "relaxation" concept. Besides spending "quality time" with friends, Adam Pritham commented, "I spend most of my weekends recuperating from a week of exhausting, but fun, wrestling."

Sophomore Blaine Ashworth, who

hectic schedule to see his friends.

The weekends presented sophomores with the opportunity to relax and, as Pritham said, "hang out and spend time with each other." Perhaps the two-day breaks kept some students from going crazy during the 180-day school year!

By Amy Guss

S MILES AND CHEER — Sophomore cheerleaders Megan Thomas and Alicia Tressler discuss Friday night's game. Students had the chance to socialize with friends on weekends if they attended athletic events such as football games, basketball games and baseball games. Ginger Hudson Photo



















Lizzie Perrin Yacenda Perry Ray Peterson Sara Phenix Somer Pittman Molly Pohlig

Bryon Poindexter Atrea Poteet Melanie Pridgen Adam Pritham Adam Purks Osiris Pula U P TO THE MINUTE — Peter Kain works before class to complete unfinished homework from the night before. Sophomores took advantage of the extra minutes prior to the commencing of class to tie up loose ends on assignments. Heather Sahli Photo



One little word could make some students cringe and others fill with dread. Homework took valuable time away from a student's sports, clubs, activities or just free time and proved to be a sore subject for the majority.

When other activities pressed for time in their busy schedules, sophomores talked about the specific gripes they had with teachers who gave assignments. Tonya Clements said, "Budgeting time and organization are the keys to success."

Students learned to balance their

Many students complained about fitting schoolwork into their busy schedules. Lauren Jordan commented, "Managing your time while participating in extracurricular activities is hard to do." The unpredictable amount of work for one night bothered some sophomores. Stephanie Upshaw said, "Teachers are so unpredictable! Sometimes I have a lot of homework, and other times I have nothing to do so I try to manage my time accordingly."

Time to do the assignments properly had to be crammed into the stu-

Running Out of Time

time by taking advantage of every moment in a 24-hour day to complete everything they needed to do. David Todd said, "I like study hall so I can do my homework." Students who took the time to finish assignments usually benefitted in the long run even if it was a pain. Todd also said, "I believe homework is vital to a student's career."

Do You Understand? — Marie Kaminer receives extra help on her homework from her teacher, Larunatta Lewis, after class. Students who required more assistance with classroom assignments sought the guidance of their teachers before school, after school and during study hall. Heather Sahli

dent's life, which caused stress for several. Sophomores sometimes realized they needed to spend time at home doing homework. As Anthony Guest said, "I come to school tired every day because I stay up all night doing my homework." Sleep deprivation plagued sophomores who spent their time involved in one or more activities. Guest also said, "I think it's terrible that you'd have to compromise your health for homework."

Whether a student agreed homework played an important role in his education or not, teachers forced students to face the homework crunch.

By Kelly Schmidt

Patrick Purser Chris Putnam David Ragland Jon Ragland Aimee Rakestraw Aleemah Rashid

















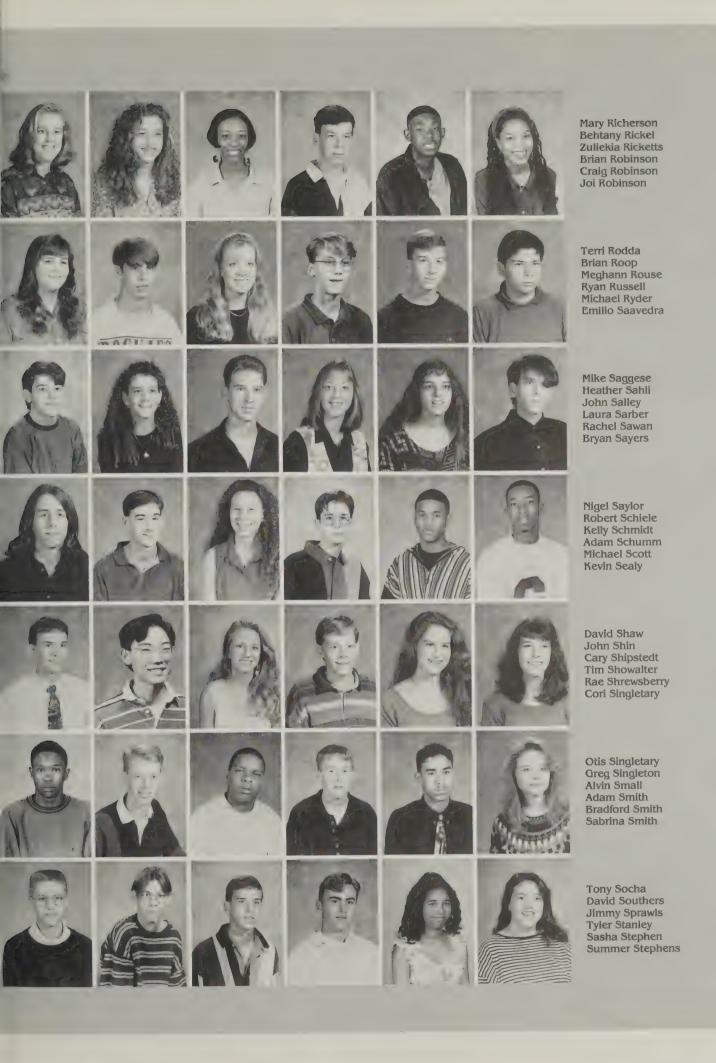












Brandon Stewart Andrew Storino **Curtis Stowers** Jason Strickland Jenny Sullivan Erin Sumner Sarah Thamm Megan Thomas Erica Thornton Alison Tilley **Nicol Tipton** Summer Titone David Todd Ashton Toler Kris Tomlin Jared Tracy Alicia Tressler Patryck Tulasz Benjamin Turner Nikki Turner Kristen Tuttle Tricia Twedt Stephanie Upshaw Vanessa Valerio Trevor Walden Angela Walters Luke Wasson Marie Wassum Laura Watts Brandon Weidman James Welch Bryan Wesley Matt Wesner Matt West Colin Wheeler Amanda Whitley Shawn Whitlock Jessica Wikstrom Marcus Wilder Brooke Wilkins Allison Williams

Unique Expressions

low have you changed since making he transition from freshman to sophmore?

I've obtained that feeling that I'm no onger at the bottom and have senority over at least one class."

- Michele Chalfant

I am not the youngest, but at the ame time I'm still far from the oldest."

— Cori Singletary

'I learned that I have to take my classs more seriously. I like the freedom ind some responsibilities I have.

— Crystal Dilworth

What holiday would you add to the chool calendar?

Earth day should be more important o the school. It's upsetting seeing nillions of aluminum cans dumped

heartlessly into trash receptacles dai-

- Sara Davis

"Veterans Day because of the people that fought for us to give us freedom. We should have a day off to give thanks to those people.

– Shannon Gregory

Do you feel that sophomores have certain advantages? If so, which ones and why?

"As a sophomore we don't get ridiculed as much, plus we get a little more respect and a little more freedom."

— Justin Noble

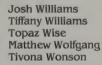
"Now that I'm a sophomore I'm no longer the youngest in this school. I don't pick on the freshman because I was one just a year ago."

- Meghann Rouse

By Kathy Neer

MM, MMM GOOD - Munching on her lunch, sophomore Julie Birch studies for an upcoming test. Students found time throughout the school day to look over and review notes and other materials to prepare for tests and quizzes. Reneta Haynes Photo























Ezreaonne Yates **Andrew Yonce** Sara Zacek Phillip Zblewski

Stanley Woo Ellen Woodcock Chelsa Woody Gina Wooldridge Brian Worthington DLE CHATTER — Freshmen Katherine Harrell and Jarod Davis utilize a bit of time from their busy schedules by discussing upcoming plans for the weekend. Freshmen often used extra time during school to make plans for dates and other weekend excursions. Susan Givens Photo



h, John! How could you go to the mall with that other girl? You know that's our special place!" What's this? Why, it's just another episode in the continuing saga of freshmen dating.

Lack of drivers' licenses, or cars for that matter, forced freshmen to devise other ways to transport that special someone. Jason Huffman explained how he goes about getting his dates, "I get my parents to pick her up and make sure they don't say anything because I don't have an older brother or sister to drive us." However,

people around." Reza commented, "I always go with a big group of friends because some people can't go on a date alone."

Others didn't notice any real difference between freshman dating and that of other grades. Jay Ligatti said, "The date itself can be the same as anyone else's. Also, most freshmen have to be back about the same time as some of the other classes."

Typically, freshmen had 10:00 or 11:00 curfews, but luckier freshmen found that set curfews didn't always mean and end to all merriment.

Meet You at the Mall



Sabeen Reza complained, "I don't like having to depend on my parents to drive me everywhere, but that's the way it's going to be until next year."

Not surprisingly, freshmen relied on the old standbys of going to the mall or the movies, sometimes opting to go in groups. Valerie Masten explained, "I like going in groups because it is easier to talk with more

A www...How romantici — Corky Jordan enjoys a romantic candlelit dinner with his date before attending the Homecoming dance at Meadowbrook High School. His date, a long-time friend, arranged for her mother to pose as a waitress and serve the couple their dinner in his date's room. Freshmen sometimes attended dances at other schools with friends left over from middle school. Corky Jordan Photo

Huffman replied, "My parents don't care what time (I get home) as long as it is a weekend."

However, not all freshmen participated in the burgeoning dating scene. Tim Ritter explained his reasons, "I don't date mainly because I won't sell my soul and become a huge prep phony just to date some cheerleader, sorority, Daddy's girl, gossipping mall queen."

Despite the special problems posed to freshmen who wanted to date, a sizable chunk chose to laugh in the face of adversity, overcome their bar riers and expand their social horizons.

By Caroline Gates and Reneta Hayne:

Samuel Acosta Nicole Adams Angela Aery Stephen Allen Berkley Almeida Rebecca Amold















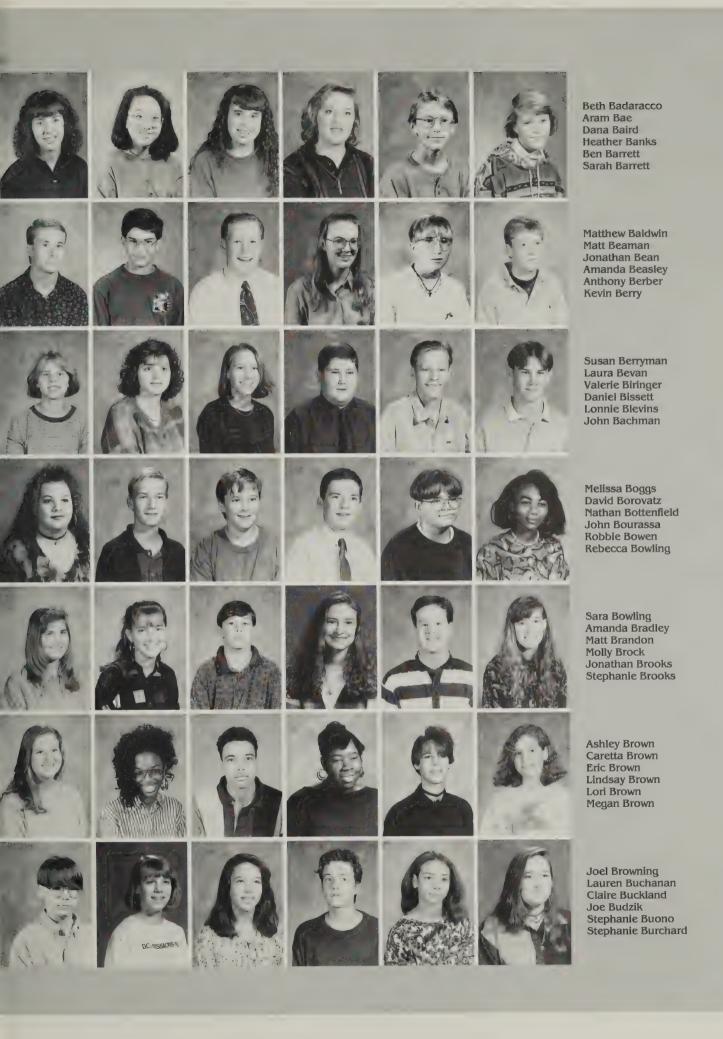












Theresa Burns James Buttrey Patrick Bynum Thomas Calder Tamarah Caleb **Timothy Caleb** Evie Carchman Coley Carr Michelle Carver Shaunte Cary Julia Cassata Jonathan Cave Cara Cerull Peter Charles Shauna Chavis Anne Cheatham Andrew Chervenak **Debby Chilcoat** John Chiu Keisha Christian Alex Churchill Mike Clayton Nicholas Clinkinbeard **Nathan Cobb** Summer Cole Jonathan Colvin Jason Condrey William Condrey Darren Couch Alex Cox Charles Craddock Heather Crawford Jonathan Crawley Jeff Creed Kenny Crenshaw Melissa Crespos **Aaron Cripe** Michael Crisp **Brad Crosby** Derek Crouch Christina Crump Stephanie Cunningham

After settling into a new environment, freshmen had one final chalenge... EXAMSI The anticipation nounted as decisions about how to tudy and what to expect concerning xams arose. Those who took exams ast year in middle school already new what to look forward to, but hose who did not were frightened by heir expectations.

The group approach to studying seemed to lessen the impact of cramning an entire semester into one inense evening. Others felt that they bould handle the burden alone. Fresh-

only counted 20% of the semester grade, in some cases that little amount made the difference between passing and failing.

The hassle of what to wear ended during the three exam days. Students avoided uncomfortable, restrictive attire and donned loose-fitting sweat shirts and their favorite jeans or baggy pants. Long hair either found a place in a pony tail or in a bun. Those who wore make-up and hairspray found great disapproval among their peers, considering the laid-back atmosphere.

c ALM, COOL, AND COLLECTED — Ready to face the world, freshman Nicole Ramos speaks to a friend before a test. Ramos' outfit provided comfort with style and allowed freedom of movement so she could focus on her test without the additional stress of uncomfortable clothes, *Ginger Hudson Photo*





Under Pressure

nan Linnea Self had few fears because she took a Spanish 1 exam last rear. Other freshmen like Ginny Slaughter felt scared because exam preparation was long and tedious work. Slaughter planned to study the week before exams with her best friend.

Freshmen opinions ranged from severe anxiety to complete confidence. Michael Crisp commented, "I'm not good in school, and I'm scared if I don't do well, I'll fail my classes." Others like John Bourassa, felt at ease because, "I usually do well in school, and I won't study because it's boring." Most of the stress came from the fear of failing. Although exams usually

Although the pressure of school increased during exam week, freshmen adjusted to it the same way their predecessors did. They studied, lost sleep, ate massive amounts of junk food and somehow managed to survive. They looked forward to their senior year with open eyes, hoping to someday be lucky enough to be exempt.

By Amy Songhurst

This Going to be on it? — Freshman Scott Lucas quickly reviews his notes and crams before a test. Students often spent the beginning of class going over what they studied the night before in hopes that a last-minute review would benefit their grade. Suzanne Kelly Photo



Blair Damerel Jessica D'Angelo Dennis Damell Mary Davis Jarod Davis Derek Dawkins

Heather Dennis Will Dillman Nathan Dolan Rebecca Dorsey Dexter Dortch Alison Dumire S HOW YOUR SPIRIT — Dressing up as twins for Spirit Week, Julie Raj and Keisha Christian leave sixth period and prepare for the next day's fun. Homecoming week became a highlight of freshmen year. Reneta Haynes Photo





Unique Expressions

What are your views on transferring to James River High School next year?

"I don't want to go. I'd rather stay at Monacan. I talked my mom into moving into the Monacan district so I can stay here next year."

-Heather Dennis

"I don't want to go because it's going to be the crowd from middle school, whom I don't really miss."

-Holly Lester

"I think it's going to be a cool school, but none of the people I've met here are going. I think they should pull students from a larger variety of schools rather than just Robious Middle School."

-Lisa Fretwell

"I want to finish my four years here. I think they should get the upcoming freshmen to go to James River and let everyone else finish high school at the

L UNCH BREAK — Catching up on the latest news with her friends, Tarrin O'Connell relaxes while eating at her lunch table during third lunch. The lowerclassmen dining hall served as the scene for a freshmen social hour with sophomores for all four lunches. Ginger Hudson Photo

school they started at."

-Mary Scott

How does high school compare to middle school?

"It's a lot better! It's just so much more freedom, it's easier to learn here, and people are not caught up in social cliques."

-Anna Rucinski

"There's a lot more to do in high school, more to learn, more people."

-Debbie Gonzalez

"They've got an art program, track and snack machines!"

-Jerry Jimenez

"The year goes by faster. I'm in coalition, and we have two hours of two classes and there's two days to do homework."

-Shannan Woodson

"It's much better because there are more things you can do. The teachers are nicer and there's a lot more programs."

-Jonathan Colvin

By Ginger Hudson

Megan Dunlap Tara Easter Kristen Eberle Mike Edwards Tamara Edwards Carrie Estes













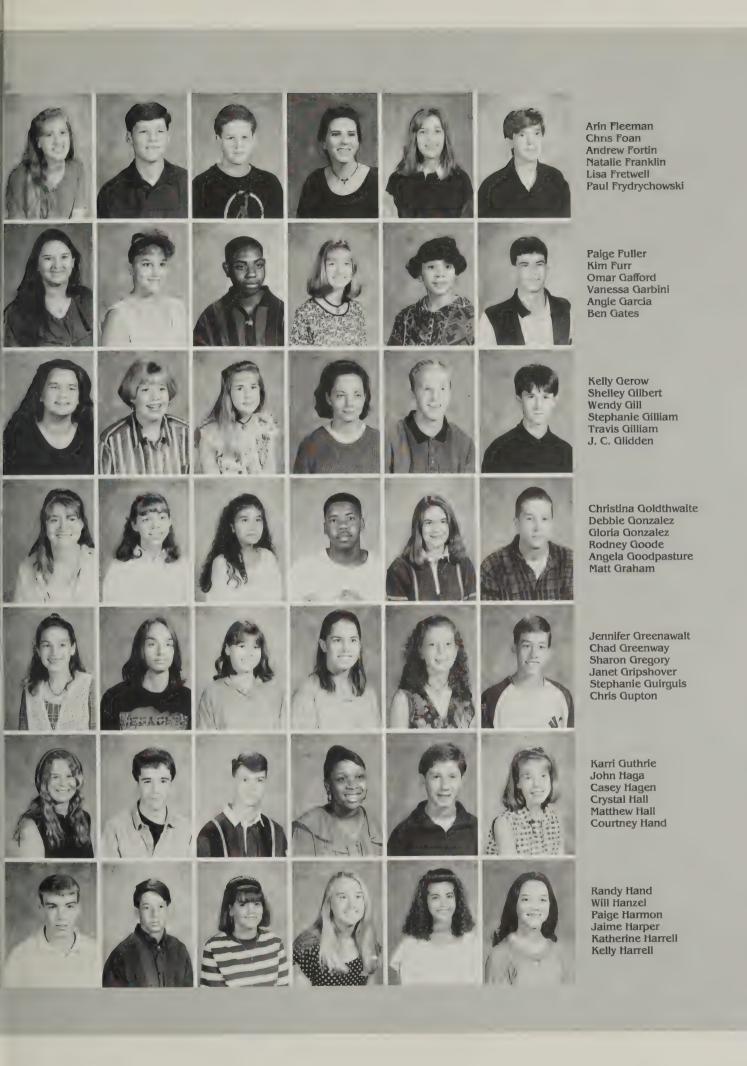












Justin Harris Kenneth Harris **Quincy Harvey Grant Hayes** Mitch Hayes Jessica Heame Anna Heller Jason Henthorn Patrick Heretick Brooke Herold Becton Herring Tameka Hicks Stephen Hill Hang Ho Michael Holderfield John Holloway Ben Holmberg Jillian Holthausen Jason Holtz David Hope Joey Hopke Wendell Howlett Jason Huffman Abby Huppmann Hasna Huq Kerry Hutcherson Rashad Irby Harrambee Jackson Kevin Jackson **Audrey Jacob** WARNING Michael James Elton Jefferson B.J. Jenkins Jon Jennings Danette Jimenez Jeremiah Jimenez WAS & COMOS Cloyd Johnson Heather Johnson
Jaime Johnson **Taylor Johnson Bobby Jones** Crickett Jones

Jid you ever want to change anything about yourself to be like meone else? Freshmen admired cople that they viewed as perfect, id these role models changed the tures of freshmen by instilling pernality traits and physical attributes to developing minds.

Role models upheld the qualities at freshmen admired and also shed they could possess. Anne pmbardi commented, "I admire oco Chanel because she tried someing new in Paris, had the courage to different, and she became a leg-

id." Individuality flourished as a de-

is able to be perfect."

Freshmen also looked towards older peers as a source of inspiration. Commenting on older peers, Becky Dorsey said, "I like senior Jeff Mora because I like his clothes and I think he's funny." Attributes of people's personalities and appearances stuck in freshmen minds and changed their views of others.

Older brothers and sisters sometimes remained as role models to freshmen, even though most had grown out of the "I want to be like my older brother/sister" stage. Freshmen may have been tagalongs in past

I 'M IMPERSONATING LINUS — Cuddling up with his blanket, Dell Howlett sings along with the other six brothers from the cast of Seven Brides For Seven Brothers. Freshmen admired those that had the courage to stand up in front of an audience and defeat stage fright. Tha Robertson Photo



Realistic Superheroes

rable quality because certain people d not fear expressing their true elves.

Talent and strength also stood out appealing attributes. Freshmen und talented people motivational. atherine Harrell said, "I admire Kerinrugg because she is a good gymast, and I would like to go to the lympics like she did." Other freshmen revered such talents as musical, tistic and athletic ablities that they and unique.

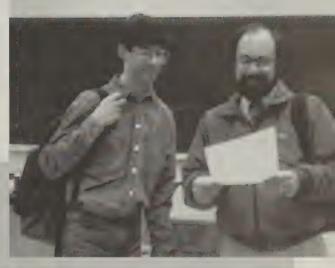
Most people could not be described a flawless. Several freshmen, unable find perfection in or out of school, toked toward religious aspects. Kid efferson explained, "I admire God ecause he is perfect. No one on earth

years, but as they grew older, they began to mold their own personalities.

Freshmen admired people because of their personalities, their clothes and their talents; however, they were unwilling to change themselves to be like their role models.

By Amanda Anderson

D ID I DO SOMETHING WRONG? — Mark Weinert patiently awaits for Ken Butta's opinion on his assignment. Freshmen often looked up to their teachers as role models because they felt some teachers influenced their interests and agreed with them on certain issues. Heather Sahll Photo

























Mike Jones Corky Jordan Charles Justice John Justice Brian Kagey Stavros Kalfoglou

Tara Kanter Philip Kedy Erin Kelly Jacob Kelly Erin Keltonic Christina Kennedy W HERE WE BELONG — Sitting at his table in the lowerclassmen commons, freshman Nathan Bottenfield expresses his artistic abilities through the use of ketchup. Freshmen didn't feel disgraced when eating in the lowerclass commons since sophomores, along with older students, joined them frequently. Ginger Hudson Photo



Endless horror stories flashed through the heads of rising freshmen. Worries about experiencing physical mutilation and verbal abuse made skeptics out of the already wary students entering high school. A number of students had only one major problem to think about — would they succeed in climbing up the social ladder to earn the respect of upperclassmen and their fellow students?

Freshmen starting high school ultimately entered as stereotypical ninth graders. Certain individuals recognized the average stereotype re-

Throughout several different aspects of their lives at school, freshmen felt the negative effect of their low rank. Angie Aery commented, "Everybody pushes you around if they know you're a freshman. The pep rallies really get to us." Other students also found that upperclassmen, along with sophomores, made fun of them too often during pep rallies. However, concerning others' reactions to ninth graders, Nathan Cobb expressed a different point of view. He said, "Nobody really says anything to me, so I don't worry about it."

Getting No Respect



garding their image and expected older students to look down on them. When asked if she thought that the majority of upperclassmen judged ninth grade newcomers, Becky Miller had one simple answer, "Absolutely." Other students, such as Anne Lombardi, agreed that too many older students saw freshmen as the scum of the earth.

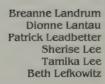
I N THE MIDDLE OF NOWHERE — After school, freshman Erin Kelly puts unnecessary school books in her locker, which is located in the math hall. Ninth graders frequently had the burden of getting "stuck" with leftover lockers not taken by students in higher grades, emphasizing their lower position on the totem pole. Ginger Hudson Photo

Certain freshmen thought that upperclassmen rejected them frequently, sometimes because of their grade level. Sabeen Reza said, "You'll be talking to someone and they'll be friendly. But then they ask what grade you're in, and if you say you're a freshman, it's like, 'never mind.'' The judging of freshmen could have affected the blossoming of new friend ships, but not all students experienced this trauma.

Though freshmen confessed that they had to uphold their own individual images, only a small number actually went through the hassle or receiving no respect.

By Lindsey Smith

Jarred Kennedy Katie Kennedy Sarah Kenner Kristina Kessler John Kitt Moneesha Lambkin

















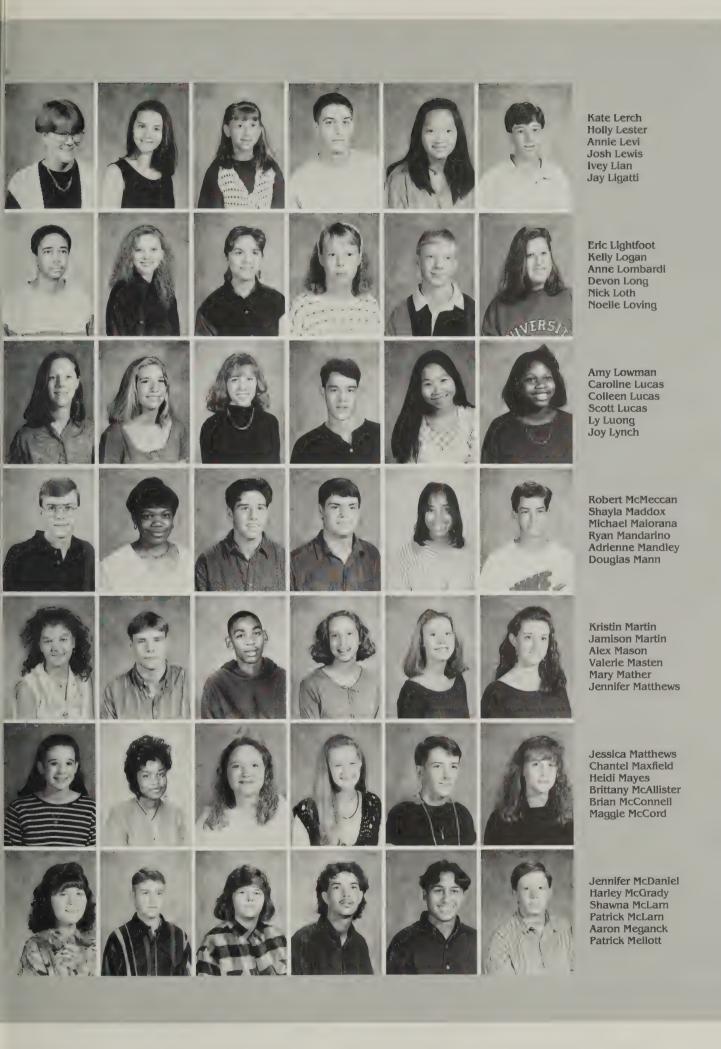












Valerie Merwick Lisa Messina Daryl Miles Anthony Miller Rebecca Miller Elizabeth Monk James Moody Victor Moon Alan Moore James Moore Katherine Moore Pete Moore Jessica Moritz Katie Moss Susan Mottesheard Gargi Mukherjee Mike Murphey Rick Muth Ben Neth Torian Neville Robert Newman Brian Noel Roger Norris Dan Norwood Haniyyah Nu'man Sabir Nu'man Katherine Nunnally Chris Nutter Tarrin O'Connell Robert O'Connor Kerry O'Donohue Noelle Ogilvie Jennifer Oley Melissa O'Neil Becky Orr Elliott Owen Jeremy Owens Crystal Pace Rachelle Padgett Saerghe Parker Catherine Pavell Scott Payne

Six freshmen differed from other freshmen, yet they shared the same birthdays and the same parents. They were the fraternal freshmen twins!

Twins having classes together caused conflicts. Caroline Lucas and Colleen Lucas had the same classes all through elementary school except for kindergarten. "We'd fight a lot, but it was easier with the homework." Caroline said. Shavon Sivels said. "Shanna and I always got in trouble when we had the same class. We'd talk or send notes across the room.'

it'd be the same even if we weren't twins. I don't feel we're any closer; she's just my sister."

Similarities between the twins did not overrule their individualism. The Lucases had the same friends and played junior varsity field hockey. Caroline said, "The way I dress is more conservative. Colleen's more outspoken. She takes more risks: I need a plan." The Barretts loved animals, their twin black cats and the outdoors. Ben said, "Sarah's more outgoing. I'm not into big social things like she is." The Sivels twins ran track

O AHEAD, SIS — Opening the door for her twin, Shanna Sivels lets her sister, younger by five minutes, take the first step outside after a long day of school. The Sivels twins usually had track practice everyday after school except for when they had meets. Ginger Hudson Photo



Similar Siblings

When Sarah and Ben Barrett had homeroom together in the eighth grade, they sat on opposite sides of the classroom.

Views on twin relationships varied. Colleen said, "Caroline and I probably wouldn't be as close if we weren't twins." Sarah said, "If Ben was my little brother, we'd get along better because I know what little kids like."

"I like being a twin because there's not that many. Someone's always there for you, and we can relate to each other since we're the same age," Caroline said. Ben did not think having a twin made his relationship with his sister any different from the norm. He said, "It's not what people think;

and shared the same taste in music and television shows. Shanna said, "Shavon messes up stuff in our room and I'm real neat. We dress differently and have different friends."

Having a twin, a relationship only six freshmen had, did not lessen individuality.

By Ginger Hudson

S ITTING PRETTY — Lounging in the guidance office after school, twins Ben and Sarah Barrett discuss how their day has gone. This was unusual according to Sarah because as far as conversing went at school, "We say 'hi' in the hall sometimes, but that's about it. Ginger Hudson Photo

























Dana Peirce Misty Pembroke William Phenix Rebecca Phillips Andrew Pino John Pleasants

Angela Poindexter Richie Portigiani Heather Powell David Price **Britt Radford** Ashlie Ragland

N OBODY'S HOME — Standing in line to buy movie tickets, Drew Vaughan waits for the return of an absent sales person. Local theaters provided a source of weekend entertainment for many freshmen. Will Larmore





Where but the movies could one witness gunfights, romance, amazing futuristic inventions, rollingon-the-floor comedy and more all in under two hours? From action thrillers like Demolition Man to animated features like Tim Burton's The Nightmare Before Christmas, movies served as a popular source of entertainment for freshmen.

On weekend afternoons, freshmen could be found at the United Artists Movie Theaters in Chesterfield Towne Center. Because of their inability to drive legally, freshmen relied on parprefer adventure movies, because they're more fun to watch and less boring," commented freshman Kenny Crenshaw.

The ratings system stood between many freshmen and their favorite types of movies. Popular movies often had an R rating, which limited audiences to those 17 and over. Some freshmen were frustrated by the ratings, which they felt were unfair. "I don't think it's right that old men are inventing the ratings and telling us what movies we can and can't watch," said Matt Brandon.

On the Big Screen

ents, older siblings and friends for transportation to and from the movies.

Inevitably, freshmen maintained many varied opinions about which movies they did or did not enjoy. Favorites ranged from classic comedies like Monty Python's The Holy Grail to more recent box office hits like In the Line of Fire or Aladdin. "I

W HAT SHOULD I GET? — At a local video rental store, freshman Douglas Mann searches through an assortment of videos to find the right movie. Video stores became popular because of the low prices at which movies could be rented. Will Larmore Photo

The growing popularity of video stores and movie channels added a new perspective to movie watching, Some freshmen said they preferred the form of "home entertainment" of fered by VCRs and movie channels like HBO or Cinemax to actually going to the theater. With lower prices and larger selections than traditional mov ie theaters, video rental stores attract ed the attention of a large number o high school students.

While individual tastes in movie may have differed, and some student may not have enjoyed movies at all there seemed to be no shortage c "film fanatics" in the freshmen class

By Will Larmor

Christina Ramos





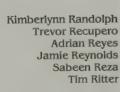














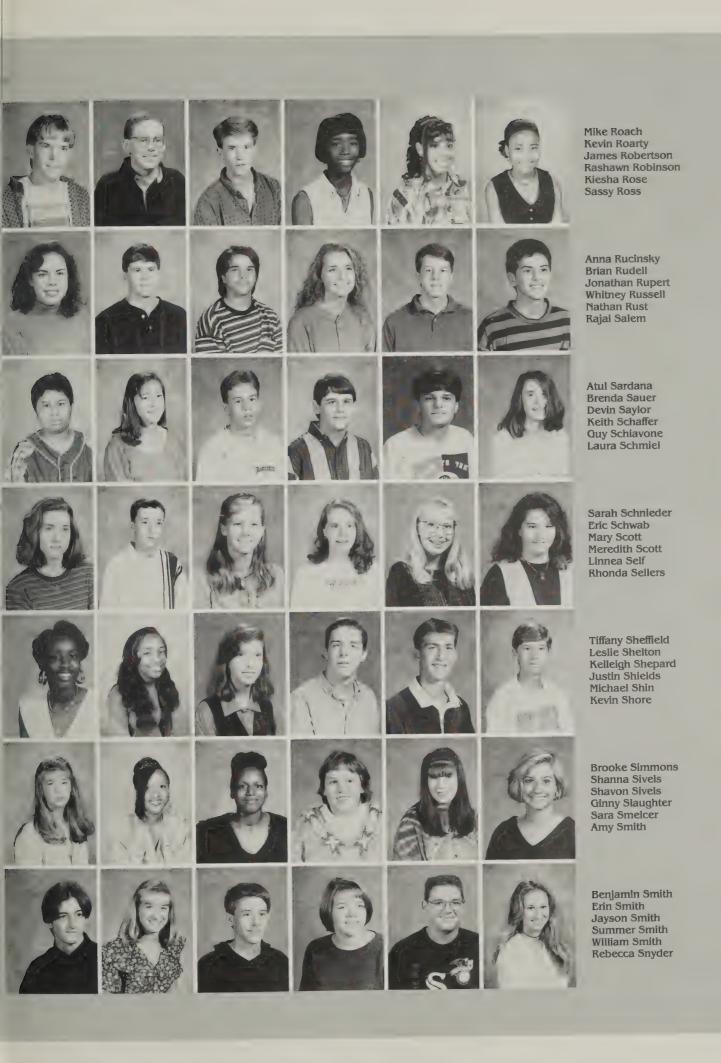












Lisa Sobieski Janice Spellman Kristin Stephenson **Bryan Steverson** Jermar Stith Katherine Stone Kelly Street Jeanle Stultz Pete Sullivan Vicheth Sun Kevin Swann Jill Swim Kwame Tafirenyika Kevin Tate Charles Thompson Katherine Thompson Kathy Tiller Jimmy Todd Randy Toler Brad Tracy Megan Tracy Heather Trainham Crystal Tucker Tara Tuller Sean Turner Julia Tyler Amy Usher Drew Vaughan Amy Vellines Phuong Vo Scott Voelker Cara Waddell Tim Waid Wendy Walden Tracie Walker Karen Wallace Jonathan Wallen Christy Walsh Shannon Ware **Mark Weinert** Christopher Welch Curtis Wendell

reshmen often worried about becoming involved in extracurricular
tivities that would benefit them and
at they would also find enjoyable.
rtain students, however, already
rticipated in the ultimate afterhool experience. When asked to
ggest an activity, they offered an
tion that not all students would
ve thought of — becoming a memr of a local Boy Scout or Girl Scout
hoop.

Active members of certain scout opps frequently had the responsility of recruiting students who

she wouldn't normally have known. She even found educational merit in a trip to the beach, where her troop learned about how certain boats operate. For scouts, trips normally taken for pure enjoyment provided hidden lessons.

Scouting trips and other outings triggered enthusiastic feelings for certain scouts. When asked what he enjoyed the most about his activities as a Boy Scout, John Pleasants said, "I like the outdoor trips. I guess I've always been that type of person." Scouting made it possible for stu-

T AKING A HIKE — The Boy Scouts of America all join together in an annual trek in which every scout participates. The National Boy Scout Jamboree took place last summer from August 4 to 10 at Fort A.P. Hill, Virginia. The festivities attracted a crowd of over 20,000 dedicated scouts. *John Pleasants Photo*



Scouting Around

shed to become involved with the ogram. Freshman Paige Harmon and about Girl Scouts through a end of hers, Becky Worrell, in the venth grade. "Becky told me how uch she liked it and how much fun it as, and she said I should go to a eeting with her. I went and ended up ining the troop."

Troop members not only enjoyed outing because of the entertainent, but also because of the benefit their education. Freshman Bryan everson felt that scouting "teaches ou a lot about life and other stuff you sed to know, like first aid." Harmon ommented that the trips taken wither troop also taught her facts that

dents to enjoy themselves while communing with nature, the main attraction for prospective scouts.

Freshmen who actively participated in the Scouts of America realized that their education did not end with the school day but continued in their Scout troop, where they learned about life, nature and all things important to them.

By Lindsey Smith

C OME TOGETHER — The Boy Scouts of America gather by the hundreds in order to watch an Alabama concert in the ampitheatre at A.P. Hill. Coordinators of the Jamboree provided different forms of entertainment for the week, such as concerts and shows done by a number of various performers. John Pleasants Photo

















Brett Wesley Shane West Amanda Westmoreland Shelley Wharam Buddy Whitaker Michael Whitman

Nicole Wigginton Allison Williams Gavin Williams Rasauh Williams Tiffany Witherspoon Shannan Woodson C ONCENTRATEI — Kevin Berry studies the contents of a test before making it up after school for Suzanne Kelly. Because of the frequent outbreaks of flu and other sicknesses, students found it necessary to stay after school to catch up on missed work. Ginger Hudson Photo





Unique Expressions

As a freshman, what activities do you participate in outside of school and why?

"I am a member of the new found Monacan Steppers and a member of Minority Perspective. I am in these groups because they didn't have them in middle school. I also wanted to meet people and join groups that could help me in the future."

— Haniyyah Nu Man

"I participate in the Spanish Club because I am Spanish, and I think that it's great that this school has a Spanish Club and tries to involve students in other cultures."

— Danette Jimenez

In what way has high school changed you?

"I came from a private school, so there were many different things to adapt to. So far the transition has been made easy by both the students and staff. Overall, Monacan has

W HEN YOU'RE SMILIN' — Aram Bae puts on a happy face in her English class while her classmates work at other things. Spare time in classes gave freshmen a chance to chat or dicsuss such pressing topics as weekend plans and friends, among other things. Suzanne Kelly Photo

helped me to gain a better understanding of people."

- Chris Nutter

"High school lets you be an individual; you can be yourself more than in previous years."

- Molly Brock

If you had one wish, what would it be?

"To be successful in a rock band."

- Rick Muth

"I wish I was completely finished with school because it's boring."

- Anne Cheatham

What emotion do you have the most difficulty controlling?

"Laughter, because when you sit by a goof-off in English, it's easy."

— Brett Wesley

What are your predictions for the rest of your high school career?

"I think school will be harder, but you know you're getting closer and closer to getting out of school."

— Corky Jordan

By Caroline Gates and Kathy Neer

Becky Worrell Lindsey Wright Jackie Wyant Michell Wynkoop Jeff Yohman Sean Young

























FACULTY

Unique Expressions

Who is your favorite writer and why?

"Lewis Thomas. I like him because he's not only extremely literate and he writes about science stuff, but he makes it interesting and he writes extremely well."

-Martin Goehle

"One of my favorite American writers is F. Scott Fitzgerald because I like his writing style."

-Alexandria McGrath

"My favorite writer is Isaac Bashevis Singer. I'm not very good at saying why, it's just his characters are so full, and I like novels that are historical fiction and full of ethnicities."

-Joan Menkes

What were you like in high school?

"In high school, I was very involved in

theater and very politically involved."
-Bettina Sanchez

"I was a goody-goody. I was very concerned with what my parents thought, but I was not a very good student academically."

-Jody Dunlap

"I would have been considered a nerd by your standards because I didn't do anything wrong and I made good grades."

-Kitty L. Catina

"I guess I was popular, but I wasn't really in a clique. I knew everyone in my class."

-Clare Tilton

"I was very quiet and studious."

-Susan Raynes

By Caroline Gates



Nancy Allen, Office Carolyn Baughan, Practical Holly Berry, Foreign Language Dave Boardway, Fine Arts Cincy Bomboske, English Marie Bowen, Cafeteria

Carol Bradley, Library Betty Brinser, Fine Arts Adelaide Brown, Practical Arts Nancy Camden, Instructional Aide Pat Cannedy, Assistant Principal William Carloni, Mathematics

Kitty L. Catina, Foreign Language Sharon Chancey, **Mathematics** Georgia Cobbs, School Nurse Julie Coleman, Science Charles Conrad, Science Mike Cowan, Guidance

Robbie Crisp, Mathematics Keith Daniels, Physical Education Karen Darmstedter, Cafeteria Bryn Davis, Special Education Jane Davis, Guidance Karen Decicco, English

Linda DeQaetani, Speech Therapy Sandra Delp, Practical Arts Anne Driscoll, Foreign Language Jody Dunlap, English Linda Dusenbury, Guidance Hilda Edwards, Clerical Aide

Brad Faltermier, Special Education Frances Farmer, Physical Education Jodie Felice, Social Studies Joe Ferrel, Social Studies Donna Gainous, Practical Katie Garrison, Social Worker



Barbara Goehle, Science Martin Goehle, Science Dwight Graham, Fine Arts Buddy Gregory, Social Studies

Taking a Break

The middle of June signified the beginning of summer. Students excitedly left for trips to the beach and orgot all about tests for two and a half nonths, but what about the teachers? What did they have planned for their well-deserved summer vacation?

When asked what she did during the summer, Spanish teacher Martha Meintzer said, "I take classes, travel, visit family and catch up on different things." She enjoyed traveling to various places throughout the world and said that she learned beneficial information which she transferred to her classroom teaching. Sally Haas said, "Most summers I have gone to UVA on government grants to study literature." She was then able to apply her knowledge to her teaching.

Math teacher Susan Raynes said she traveled to the Outer Banks of North Carolina and spent lots of time with her family. Having taught for only one year, Julie Coleman planned to spend the summer with her husband fixing up their new house. They both agreed that spending time with their families held high priority.

Although Meintzer and Raynes had both taught for over twenty years, they said that each year still challenged them. Raynes said,

"Everything changes each year," referring to the new students and classes. Meintzer added, "It depends on the students, what I am teaching and whether I have new books or not as to how difficult the year will be." Unlike students, who waited until the last minute to get ready for school, these teachers sacrificed part of their summer to prepare for the new year.

When asked their opinion of year-round school, Coleman and Meintzer agreed that it depended on how smoothly it went and said they could adapt. Raynes disagreed and said it was unnecessary. Haas commented, "My cousins in California are involved in year-round school. It is not an academic solution but a business/ monetary solution. I wouldn't really mind teaching it."

Although the teachers enjoyed their summer breaks, they all said it would be nice to have a few more breaks during the year. Coleman said, "It would be nice to have a break between the beginning of school year and Thanksgiving." Haas commented, "It would be better if there were longer breaks between the semesters." She thought that would give the students and teachers a break after exams.

Like students, teachers treasured their summer vacation. They felt that it gave them the well-needed rest. Also, they said that they got together with other teachers, went on 'road trips' and shopped.

By Mallory Smith



C LANCE AT THE PAST — Linda Wagstaff attends a National Latin Convention at Miami University in Ohio during the summer. Dressed in an ancient Roman stola, she participated in various Latin activities such as "A Day in Ancient Rome." Over 1300 students attended the convention from around the nation. Amy Brailey Photo

OOK AT THE VIEW! — Joe Ferrel poses for a shot in front of the Coliseum in Rome. Every year, along with several students and parents, he traveled to a place such as Costa Rica or Paris. He enjoyed spending time with the students, learning about different cultures and sight-seeing in the various places he traveled. *Joe Ferrel Photo*



The Method Behind the Madness

Socrates taught that in order to understand something, one must throughly question it. Once Clare Tilton, Tracy Robertson and Bill Carloni decided to be teachers, they were faced with what age group and subject to teach.

Tilton decided to become a Eu-

M ULTIPLY BY THE CONJUGATE — Randy Kaker works with freshman Amy Smith after school on Algebra; Smith stayed after to clarify information with the assistance of Kaker. Teachers put their students first and gave of themselves beyond regular school hours to ensure their students understanding of the material. Reneta Haynes Photo

S CHOOLWIDE SOCIAL — The Foreign Language department hosts a social for all departments in the spirit of the holiday season. Mary Woodhouse, Nancy Thompson, and Susan Droste made the most of the food provided and enjoyed the pleasant end to their day, in addition to conversing with other teachers about their students, techniques and families. Reneta Haunes Photo

ropean and U.S. and Virginia History teacher because she had always liked school, enjoyed the fascinating stories and loved people. She chose to teach seniors because, "I like students who are more mature and have a better education to carry on discussions in class. And they have already been taught the basics so I can get right to the curriculum."

Robertson, a sophomore English teacher, also had a specific reason for choosing to teach a certain grade level. "I teach sophomores because it's my favorite age and I like the curriculum better. I have more freedom to teach because I'm not limited to any particular country or time period."

So how did these teachers keep their students motivated? Robertson said, "I believe that the two qualities you have to have to be a teacher are a sense of humor and compassion. Teaching is the most important profession in the world. Everyone has been to school, and you make a difference in the lives of students. I try to know each kid for who they are, that's one reason I continue to do journals. I make what I teach relevant and show that it means something. I keep a relaxed atmosphere and have a good

time because as a student, I hated going to stressful classes. That's why I hated math classes."

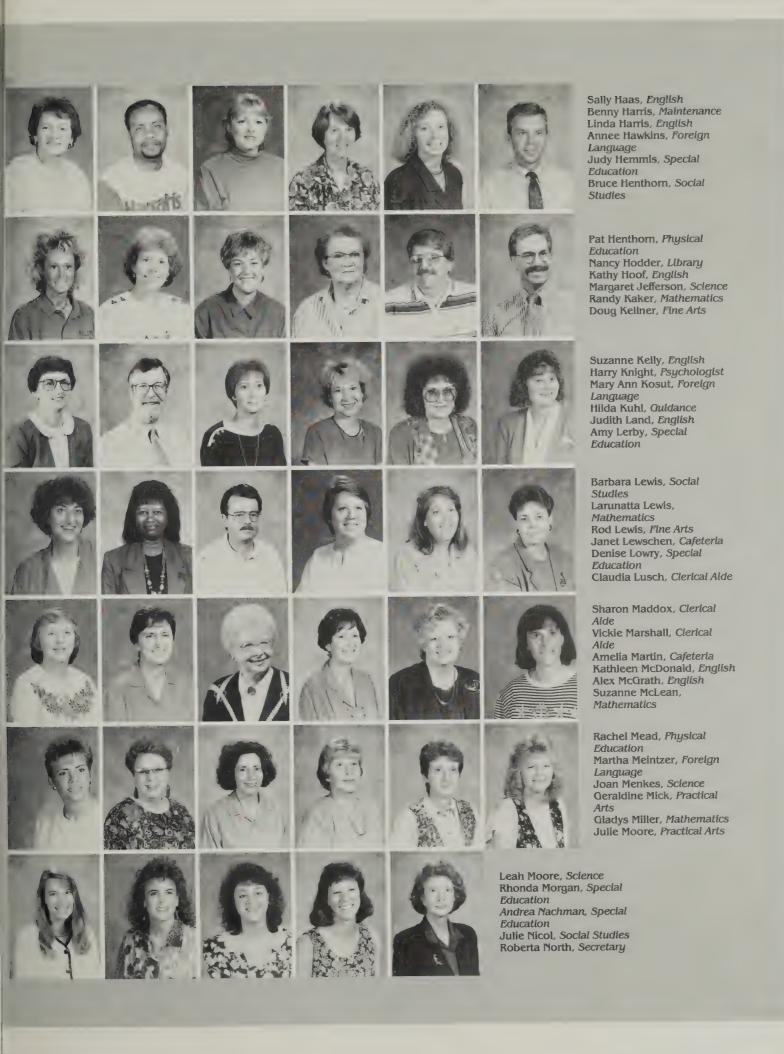
Unlike Robertson, Carolni enjoyed being a math teacher because he loved math. Teaching several classes of math offered in the curriculum, Carloni also led a math team which competed with neighboring high schools. Carloni said, "You try and make the topic interesting and understandable."

However, as much as they loved teaching, there was always room for improvement. Tilton said," I would like to do independant research and have the students lecture more. I would like not to lecture as much but because of the time limit of the AP exam, lecturing is the most effecient way to teach." Carloni's idea also required extended time. "I would like to make the math curriculum more discovery oriented where students are using a lab-computer type approach with more thinking and less memorization."

Regardless of their dreams for the system, teachers chose to teach their favorite subjects because they wanted to make positive contributions to the futures of their students.

By Shannon Belchei





Martha Parker, Science
Danny Parsons, Physical
Education
Lucy Peters, Mathematics
Cary Pfister, English
Angie Pickels, English
Shirley Pittman, Guidance
Secretary

Carol Pritchard, Foreign

Carol Pritchard, Foreign
Language
Jill Quinley, Science
Louise Ragsdale,
Mathematics
Rhonda Rainey, Clerical
Aide
Gisela Ramsdell, Science
Susan Raynes, Mathematics

Carol Richardson,
Bookkeeper
Dave Riley, Science
Tina Robertson, Fine Arts
Tracy Robertson, English
Ellen Robins, Special
Education
Joan Robinson,
Instructional Aide

Mary Robinson, Assistant
Principal
Bea Sabo, Mathematics
Bettina Sanchez, English
Vickie Scaggs, English
Ruby Slayton, Practical Arts
Nancy Thompson, Foreign
Language

Clare Tilton, Social Studies
John Titus, Principal
Pearl Todd, Cafeteria
Christine Turner,
Maintenance
J.B. Tuttle, English
Joe Tylus, Assistant
Principal

Jack Vasko, Guldance
Linda Vess, Science
Linda Wagstaff, Foreign
Language
Jim Walker, Science
Rosalie Wallace, Physical
Education
James Ward, Security

Sallie Wendt, In-School
Detention
Nancy Wilkinson, Secretary
Matt Williams, Mathematics
Robbie Williams, English
Patti Winship, Special
Education









































The Misunderstood Profession

When asked "What do you want to be when you grow up?" of course, the usual answers surfaced: a doctor, a fireman and even a teacher. Year after year, students have aspired to becoming teachers. Why do people want to enter a profession that has proven to represent the vast majority of the overworked and extremely underpaid population? Why do teachers teach?

Rachael Mead, a tenth grade PE teacher, always wanted to teach. Mead commented, "Since I was a little girl, I wanted to teach physical education because I had wonderful PE teachers in elementary school and I admired them."

Likewise, K.B. Lewis admired her teachers and wanted to affect students' lives the way they affected hers. Lewis said, "When I was young, I knew that I either wanted to be a nurse or a teacher; then I realized that I wanted to be a teacher so I could give back some of what I gained."

Not every teacher had their future planned out as a child. Rosalie Wallace, a ninth grade PE teacher, said, "At first I was leaning towards physical therapy; then my mother wanted me to be a pharmicist to follow in her

footsteps, but due to my love of sports, I decided to teach physical education."

Because of the low salaries that teachers received, they have often envisioned themselves practicing different careers. Barbara Lewis, a history and government teacher said, "I think it would be fun to be a lobbyist; a new car every year, free lunches and dinners at the White House, I could definitely go for that." Because of her low paying job, Lewis discoverd that as a single mother with two sons in college, one job did not provide enough funds.

If people became teachers because of the salaries, the number of people in the profession would decline. "I also wanted to teach," K.B. Lewis added, "because my teachers not only taught me about school, they taught me about life, and I figured everyone could use another role model."

Students should consider themselves blessed that at least someone wanted the opportunity to return what they had received during the learning process.

By Reneta Haynes



FIND THE SECOND DERIVATIVE OF WHAT? — Calculus and Algebra teacher, Louise Ragsdale helps her advanced calculus student Peter Gonzalez. Teachers devoted their time during and after school to make sure their students understood the various concepts. Reneta Haynes Photo











Lynn Wirt, Foreign
Language
Mary Woodhouse,
Mathematics
Donna Worley, English
Cliff Wyman, Guidance
Libba Wynne, Mathematics

ORGANIZATIONS

ROSSING CULTURES — Erik Rowekamp, Amanda Roop and Erin Kelly, dressed in clothing of several nationalities,

participate in the Homecoming Parade on the Interact Club float. This service club and other organizations built floats of

various themes in correlation with Homecoming. Sandra Bev-

erage Photo

Techniques Sharing ECHNIQUES

Frisbee games, 25 cent Cokes, Otis Spunkmeyer cookies, <u>Seven Brides For Seven Brothers</u>, Latin Convention, chorus concerts, community service, Homecoming floats, academic competitions, ... What did these things have in common? They were activities sponsored by various clubs and organizations.

Students engaged themselves in extracurricular activities of all types. Students chose to relax by enjoying a game of Ultimate Frisbee or bridge. Others chose to sacrifice time through community service activities such as helping at Berkeley Plantation for Key Club or providing Christmas gifts for a needy family. Groups like Debate. Tribe Scribe and Minority Perspective served as outlets for self expression. Several students challenged those from other schools through competitions in math, science and Battle of the Brains. Talented students shone on stage through dancing, singing and acting, while artists and writers poured out their talent on paper.

Students involved themselves in a variety of clubs and organizations, each with its own unique aspects. Through these groups, students had opportunities to share techniques, whether techniques for expression, service or relaxation or any other unique techniques.

By Susan Givens

Experiencing Culture Shock

Students Practice the Art of Communication

WHERE DID THEY GO? — Searching in her backpack, Jennifer Ford looks for her annual dues. Each foreign language club collected dues from its members with prices ranging from two to



Counds of students speaking, eating or singing can be heard while passing the foreign language rooms on every other Wednesday of the month. These sounds come from the people involved in either the French, German, Latin or Spanish Club in which students enjoy enhancing their knowledge of a foreign language.

Reasons for joining language clubs ranged from enhancing college applications to pursuing the love for a certain language. To increase interest in the foreign language clubs throughout the year, the groups sponsored activities such as banquets and competitions.

Language clubs joined together to motivate their members and to serve the community. The Spanish Club, Latin Club and French Club took part in the Christmas Mother program, while the German Club sponsored a family during the holiday season. Each club participated in the Homecoming parade. Also, a common goal of all the language clubs was to learn more about the culture of a foreign country, so the clubs invited guest speakers whenever possible. As Michelle Northey said, "We learn more about French and French culture."

Clubs sponsored activities to increase membership and the level of participation. The German Club ventured to Busch Gardens and the clubs held holiday parties. During the French and German meetings, members sang songs in their favorite language.

Reasons for actively paricipating in a foreign lanquage club differed for each individual. Crystal Pace said, "One good thing about being in Spanish Club was making the Homecoming float and being in the parade." Jennifer Ford said, "I joined to meet new friends, to learn more about Spanish culture and their people and because I enjoy Spanish class."

The participants of these

clubs usually enjoyed their regular language class. Working for the benefit of the students, French club sponsor Carol Pritchard said, "The students are very enthusiastic, and I enjoy seeing the beginning and advanced students cooperating together."

Foreign language clubs also used their skills to compete against other schools academically. In December, the Latin Club took part in Latin Convention, which expanded the students' knowledge of Latin and ancient culture. The students took tests in history, mythology, vocabulary and other areas as well as competing in Latin and English oratories, costume contests and dramatic interpretations. They competed in arts and crafts competitions as well.

Whatever language, each foreign language club worked to improve language skills, help the community and have fun.

By Kelly Schmidt



Art Honor Society
Front row: Meredith Gompf, Robin Fleming, Heather Hall, Aaron Dodd, Mary Rose Emig, Megan Malarkey. 2nd row: Carey Thompson-P, Angeline Robertson-VP, April Frondorf-S, Heather Sherron-T, Rosa Rho-H, Melanie O'Nelli-H. Back row: Larissa Carpenter, Caroline Martin, Stuart Hollins, Sarah Wikstrom, Heather Landrum, Alison Wolfe, Teresa Crispin, Ketheviri Fleetic, Cario Hondon, Corld Tillman. Katherine Eliasek, Carrie Herndon, Corie Tillman



Act I

Act I

Front row: Jennie Anderson, Taryn Rice, Oary Lederman-H, Amy Guss-VP, Sean Casey-P, Rebecca Williams-S, Adam Pritham-T, Sara Eells, Whitney Schechter, Danah Dargon. 2nd row: Kristen Harrell, Christina Williams, Molly Pohlig, Bonnie Estes, Kathy Neer, Laura Lemieux, Heather King, Joel Crawford, Sara Rudd, Lindsay Chapman, Lesley Howson, Nicol Beaulieu, Jennifer Hunter, Famela Lowry. 3rd row: Dan Bissett, Nikki Thomas, Karen Bell, Crystal Hall, Ashley Clark, Mia Gomes, Tamara Ricketts, Pete Kain, Amanda Waltman, Jol Bell, Elizabeth Lemieux, Mary Richerson, Namita Kukreja. 4th row: Stuart Hollins, Christie Klouse, Erin Lessin, Paul Holthausen, Tina Reynolds, Jessica Howard, Margaret Carr, Dan Palese, Billy Irvin, Noelle Oglivie, Jason Glover, Damlan Thomas, Derek Durkovic, Emily Qathright, Shannon Love, Erika Burton. Back row: Eugene Harris, Dell Howlett, Katle Flynn, Rae Shrewsberry, Elizabeth Hobbs, Taylor Burnette, Jason Ferguson, Jason Seiden, Lee Clay, Scott Haynes, Phillip Beard, Joel Lee, Phil Lawson, Vince Ettare, Blaine Ashworth.



GO MONACAN GOI — Elena Kwon and Sandy Choe cheer on their fellow Latin Club members at Latin Convention. The convention, held at The Richmond Center in December, was attened by Latin students from across the state. Susan Givens Photo

S MILE AND WAVE AT THE CROWD — The German Club waves to the spectators during the Homecoming parade before the big game. All of the foreign language clubs participated in the parade down Smoketree Drive. Sandra Beverage Photo

S O HOW DID YOU LIKE THE FRENCH MEETING? — After a French Club meeting Patricia Hanifer and Kristine Harsen discuss plans for upcoming events in the club. On occasion, members stayed after school to socialize with other members. Heather Sahli Photo







Battle of the Brains
Front row: Erin Caldwell, Amy Brailey-C, Christine Shin. Back row: Vishal Patel, Jeff Showalter, Robby Rudin, Clay Cutts.



Bridge and Chess
Front row: Bill Thomas, Brian Singleton, Brian Greene, Billy Irvin. Back row: Randall Kaker-A, Andy Higgins, Thomas Sobieski, Jonathan Seeman, Matt Noyes.

P LANNING SESSION — Angie Pickels,

Friends of Ronald McDonald club adviser, discusses future club activities with Jennie Frydrychowski. Planning projects proved to be an important part of the club's activities. Heather McIver Photo

HARD AT WORK — Molly Dohogne and Marie Kaminer work a booth at the Children's Festival as part of their service work for the Key Club. Club members often helped with this and other activities to better the community. Heather McIver Photo

S WORD FIGHT — Key Club members Alden Woo and Chris Gunther goof around with balloon swords after a club meeting as Stanely Woo observes. Club members met weekly and enjoyed the social aspect as well as the service activities of the club. Amanda Anderson Photo









Chamber Ensemble

Front row: Katelin Fitzgibbon, Dell Howlett, Pamela Lowry. 2nd row: Rhonda Schwartz, Jessie Davis, Tonya Clements, Kristie Stiebelling, Buddy Whitaker, Angela Foster. Back row: Brent Ritter-P, Myra Carter, Rick Muth, Lindsey Johnson, Harambee Jackson, Matt Clark.



Concert Choir

Concert Choir

Front row: Meredith Scott, Heather Crawford, Shanna Comstock, Glinny Slaughter, Jamie Reynolds, Angela Goodpasture, Gargi Mukherjee, Angelique Garci, Catherine Flelding, Palge Fuller, 2nd row: Blair Damerel, Jennifer McDaniel, Sherawn Johnson, Palge Harmon, Rachelle Padgett, Sara Smelcer, Kelly Harrell, Keisha Christian, Kelly Logan, Shelley Wharam, Catherine Pavell, Jeanie Stultz. 3rd row: Kelly O'Connell, Courtney Hand, Christina Goldthwalte, Shauna Chavis, Erin Smith, Tamika Lee, Sara Bowling, Lisa Sobieski, Erin Keltonic, Janice Spellman, Sherise Lee, Tarrin O'Connell, Allison Williams. Back row: Heather Trainham, Kristin-Leigh Stephenson, Becky Orr, Christina Kennedy, Heidf Mayes, Whitney Russell, Moneesha Lambkin, Summer Smith, Sarah Austin, Haniyyah Nu'Man, Tara Kantner, Brenda Sauer, Crystal Tucker, Christy Zacharias.

Changing Community Beliefs

Club Members Help Out in the Community

What do the clubs SADD, Interact, Key Club, and Friends of the Ronald McDonald House have in common? Each serves the community by helping people. Many students benefitted themselves as well as the community by joining a service club.

SADD, advised by Mr. Thomas Gurecki, participated in such activities as decorating the homecoming float, discussing fund raising ideas and involving the student body in the plight against drinking and driving. "We work to influence students not to drink and drive," said Tiffany Peters. SADD members also tied red ribbons around the car antennas in the parking lot to signify the fight against drinking and driv-

Interact, with the help of adviser Jody Dunlap, took time to participate in community projects which members felt fulfilled their need to change society. Projects included working

at the Midlothian Food Fest, taking five different children's names off the angel tree, going to the St. Francis Retirement Home, visiting the Children's Hospital and helping out at the Daily Planet and the Freedom House.

Kelly Watkins, Interact president, commented, "My Dad has been in Rotary for eight or nine years, and I'd always heard about Interact being a part of the Rotary Club for the high school student so I wanted to participate. I heard about all the neat service projects they did and wanted to start one at school since we didn't have one. Interact helps change social beliefs because it shows that high school students really do care.'

Key Club, advised by Dave Riley, participated in community service projects also. Members visited a nursing home for people with Alzheimer's, helped with the Berkley Plantation Thanksgiving festival and sponsored a family for

Christmas.

Meg Stevens, when asked how she felt about being a Key Club member, said, "It makes me feel good to know that I can help someone else, and maybe when I need help, someone will help me." Anna Kelly said, "It gives me a chance to help others."

Another club, Friends of the Ronald McDonald House, helped out in the community in a different way from the other service clubs. Advised by Angela Pickels, club members learned the quality of sharing themselves with others. "We went to the Children's Hospital and made puppets with the kids. It's fun helping people, being there for them and giving them company," said Jason Yoon.

By sharing themselves with the community, students who actively participated in service clubs learned how to work well with all people and how to improve their communities at the same time.

By Melissa Mottesheard

T ALKING STRATEGY — Adviser Jody Dunlap talks with Interact members Kelly Watkins, Caroline Martin and Sarah Diersen. Discussions concerning future activities occurred often among advisers and members before club meetings. Mellssa Mottesheard Photo





DECA

Front row: Jill Delvillar, Caretta Brown, Jessica Roth, Dana Hines, Leslie Condrey, Katrina Bledsoe. 2nd row: Kathleen Wamick, Kathryn Moore, Rashawn Robinson, Dolorita Jackson, Kim Randolph, Jennifer Mergler, Marie Wassum. 3rd row: Donna Gainous-A, Tim Waid, Suresh Thakoor, Wayne Kelley, O. J. Cox, Rex Lampe, Dave French. 4th row: Justin Gilman, Michelle Hodges, Sabrina Kennedy, Katie Boots, Kathryn Pendergraft, Lord Averette. Back row: Ruben Jefferson, Matt Stowers, Paul Bender, Laurie Kay Knowles, Jamie Baker.



DECA

Front row: Stephanie Conley-P, Sarah Fleeman-VP, Mark Miller-VP, Melody Golden-S, Scott Lemieux-R, Diallo Camara-R. 2nd row: Robert Bagley, Jessica Dodd, Rebekah Beard, Michell Wynkoop, Angel Lane, Kim Sims, Jessica Putnam, Julie Moore-A. 3rd row: Dana Perkins, Chris Lombardi, David Seabrook, Bryon Poindexter, Jim Blanchard, Roger Gutlerrez, Melanie Boggs, Molly Kluender. 4th row: Billy Boswell, Christina Sauer, David Yi, Jared Johnson, Michel Chang, Cam Arthur, Bobby Welch, Taylor Hughes. Back row: Josh Williams, James Clark, Michael Evans, David Whitby, Brad Smith, John Thompson, Matthew West.

Competitions of the Mind

Academic Teams Test Students' Knowledge

KNOWI - During a Battle of the Brains practice, team member Jeff Showalter jumps from his seat to answer a question. The team practiced every Monday after school in order to prepare for their televised competitions. Will Larmore Photo



ours upon hours of practice, rigorous training, intense competition . . . this might seem characteristic of a sporting event. However, people associated these terms with academic competition. Battle of the Brains, Science Bowl and Math Team made up the academic competition

Battle of the Brains tournament matches took place throughout the greater Richmond area. Competitions between public high schools aired on television once a week on PBS. The tournament began in November and concluded in February. "We do team rounds, toss-up questions and use the buzzer system at our practices," explained team member Robby Rudin. "I feel that Battle of the Brains competition improves the students' knowledge, as well as their confidence. Confidence is needed in order to answer the questions on the television program," said sponsor Clare Tilton.

The Science Bowl team practiced every Wednesday by reviewing a multitude of science related trivia questions. In February the team put their knowledge to the test when they competed in a regional tournament in Washington, D.C.

The Math Team consisted of a larger group of students than Science Bowl or Battle of the Brains. Students from Math Analysis and Calculus classes competed once a month against other schools in the area. Unlike other competitors, Math Team members chose not to hold any formal practices before their competitions. "You can't really prepare for the competition. It is more of a reflection of what you already know," said team member Laurie Frondorf.

Students chose to participate in academic competitions for different reasons. Some had heard favorable comments about the teams from students who had taken part in the past, which prompted them to participate in the competitions. Frondorf commented, "I knew people that had gone to the competitions in previous years and they all liked it."

Academic team agreed that participation benefitted them. According to Battle of the Brains competitor Vishal Patel, "I joined the team because my brother was on the show. I like academic trivia, and it looks good on my high school record." He then added, "The team competition has helped reiterate prior learning and keeps me from forgetting things. It has been a good maturing experience, and I think it has helped my reaction time."

All of the teams worked to achieve both personal and group goals throughout the seasons. Although they may not have received the publicity of sporting events, the Science Bowl team, Battle of the Brains, and Math Team never lacked in competitive spirit.

By Will Larmore



Disciples

Front row: Brent Ritter-P, Emi Hayashi-VP, Bethany Rickel-S, Thomas Bell-T, Stephanie Gilliam. Back row: Taryn Rice, Andrew Pino, Jason Barlow, David Huguet, Shannon Gregory,



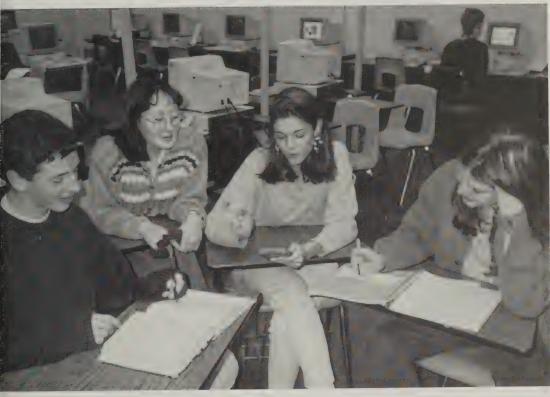
Front row: Amani Redd, Jamie Ketchum, Ben Nemceff, Aram Bae. 2nd row: Rachael Dietz-LDP, Maura Williams-DFP, Christine Shin-DFP, Jeff Showalter-DFP, Peter Graham-DVP, Greg Dorazio-LDVP, John Shin-DVP, Mrs. Cindy Bomboske-A. Back row: Sarah Wikstrom, Jonathan Graham, Vishal Patel, Jason Strickland, Jennifer Lakin, Cate Austin, Allison Ellis,



T HAT'S THE ANSWER - In order to prepare for Science Bowl competition, team members Jeff Showalter and Amy Brailey spend time studying physics. Science Bowl competitions focused on science-related questions that team members reviewed after school during weekly practices. Will Larmore Photo

TUDY SESSIONS — Math Team members Michael Hanzel, Elena Kwon, April Frondorf and Cheri Robbins review their math work after school. During Math Team competitions, participants were required to solve as many problems as they could as a team. Will Larmore Photo

P RACTICE MAKES PERFECT - Clay Cutts reviews for an upcoming Battle of the Brains competition. Practicing with Trivial Pursuit questions, the team members sharpened their reaction time and increased their knowledge throughout the season. Will Larmore Photo







Front row: Jessica Wikstrom, Kristin Martin, Sarah Wikstrom, Angeline Robertson-P, Jamie Smith-VP, Amani Redd-S, Christopher Gunther-S, Jill Quinley-A, Chris Roarty, Eric Penington. 2nd row: Aliza Rahman, Laura Miller, Amanda Martin, Emily Clinger, Kevin Roarty, Jamie Durkovic, Courtney Miller, Mary Mather, Caroline Lucas, Meg Stevens, Kelly Harrell, Kristen Davis, Jenny Kwitchen, Sandy Choe, Hasna Huq. 3rd row: Kelly Gerow, Allison Ellis, Megan Brown, Lauren McLamb, Amanda Batton, Kristy Bauwens, Uyen Truong, Karen Bell, Elena Kwon, Justin Qunther, John Shin, Stanley Woo, Jason Yoon. 4th row: Vanessa Qarbini, Carrie Zirkie, Chris Pharr, Dave Bell, Emily Smith, Alden Woo, Michelle Bowling, Jessica Howard, Julie Birch, Robin Fleming, April Frondorf, Laurie Frondorf, Cheri Robbins, Paul Haden. Back row: Jodie Auvil, Jason Seiden, Matt Barns, Jenny Wesner, Matt Schwieder, Mark Laramore, Chris Bergeron, Michael May, Brian Singleton, Michael Genovese, Matt Wright, Steve Chestey, Mike Coppola.



Front row: Chris Balassone, Lori Brown. 2nd row: Georgia Cobbs-A, Christopher Rock-efeller-TC, Heather Martin-TC, Katie Schwieder-TC, Amy Singletary-TC, Rachel Mead-A. Back row: Melinda Grabowski, Shanna Comstock, Kelly O'Connell, Atul Sardana, Brent Harvel, Christie Klouse, Tara Clair, Runna Sun.

ET'S GET DOWN TO SCI-ENCE — Discussing important matters, Science Club members Tim Showalter and Elena Kwon get together after a meeting to talk about their interest in science. Students involved in the Science Club worked on perfecting their knowledge of the subject. Heather Sahli Photo

A LUMINUM CANS ONLY — Carrying out her duty as an Ecology Club member, Amani Redd recycles her aluminum can. The receptacles provided by the Ecology Club enabled students to deposit their aluminum products throughout the school. Heather McIver Photo

P EACE AT LAST — Enjoying the quiet solitude of the upperclassmen courtyard, Jennifer McGrath and Eddie Bing take their lunch outside. The Ecology Club performed the task of beautifying the courtyard along with many other activities to help people enjoy the world around them. Amy Guss









Forensics

Front row: Jessie Sanchez, Erin Mee, Stuart Hollins, Rachael Sawan, Valeria Butler, Rachel Dietz. 2nd row: Maura Williams-P, Christine Shin-P, Jeff Showalter-P, Billy Irvin-VP, Anna Kelly-VP, Tessa Doyle-S, Amy Quss, Barbara Vlasidis, Cindy Bomboske-A. Back row: Jonathan Graham, Tim Showalter, Nick Ligatti, Robey Clark, Stephanie Davis, Mandy Franklin, Lindsey Reynolds.



Forensics

Front row: Allison Ellis, Roya Ali, Jessica Wikstrom, Julie Norman. 2nd row: Lee Stryker, David Rogers, Sara Milligan, Christopher Rockefeller, Kenneth Crouch, Heather King, Kenya Hoover. Back row: Stephanie Brooks, Tim Mullins, Jennifer Lakin Jason Strickland, Derek Demmler, Katherine Thompson, Lisa Fretwell, Samantha Wilhelm-A.

Changing the Future

Students Cry Out and Push For Change

Save the rain forest! Help the animals! Reduce, Reuse, Recycle! Science, science, science! Students used their knowledge and interest in science, animals and the environment to help out in the community.

The Ecology Club focused on saving and preserving the environment. Every Monday members of the Ecology Club did their part by handling the messy job of collecting the soda cans and taking them to the recycling center. In addition to this job, the savers of the earth sold environmental shirts during lunches in order to help with the clubs' funds and to benefit environmental organizations.

During winter they decorated the trees outside the school with an assortment of food for the birds to eat. The job included stringing cranberries and filling pinecones with peanut butter so that the animals could enjoy the holidays.

Ecology Club sponsor Jill Quinley commented, "I like

working with students who are concerned about their environment and who are willing to work to make it better." The members of the club had the same goal: to help preserve and cherish the environment in whatever ways they could.

While the Ecology Club worked to save the environment, the members of Sanctuary, an animal rights organization, worked to ensure that animals received their natural rights. Uyen Truong said, "I joined the club for animal rights because I wanted to help in some way to give the animals the rights they deserve." Sanctuary members spent their time writing letters to businesses and visiting local pet stores to ensure that they did not harm the animals in any

Another group of students worked towards a totally different goal. Members of the Science Club worked to expand their knowledge of the vast world

of science. Every Friday sponsor Martin Goehle gathered the science lovers together and informed students of lectures occurring around the community.

Also in the beginning of the year, they performed science experiments. Treasurer Tim Showalter said, "I enjoy Science Club because this group promotes a greater knowledge and overall understanding of the world around us.' Other students wanted to pursue jobs in science. Aric Grez said that he joined the club because he had ``entertained the idea of pursuing science as a career."

All three clubs dealt with science and sparked the interest of an assorted number of students. These afterschool activities increased the students' awareness of science in the world around them and served as a way for students to involve themselves in the community.

By Heather Sahli

C LEAN UP YOUR ACT — Editing a letter, Ashton Toler adds the finishing touches before sending it to a local pet store. This, among other activities for Sanctuary, informed pet stores of the special requirements they had to meet in order to provide safety for their pets. *Kelly Schmidt Photo*





French Club

Front row: Almee Kaempf-P, Mandi Kain-VP, Suzanne Paster-S, Jonathan Seeman-T, Chris Pharr-T, Carol Pritchard-A, Katherine Chen, Uyen Truong. 2nd row: Melanie Moyer, Mary Mather, Nina Reza, Courtney Miller, Patricia Hamifer, Karen Venable, Jennifer Glace, Kim Rainbow, Corie Tillman, Anne Lombardi. 3rd row: Timedulino Yung, Robin Fleming, Jason Yoon, Nadine Balbeisi, Megan Thomas, Tara Clair, Jackie Srock, Brandy Tipton, Amanda Martin, Amanda Daniel, Jessica D'Angelo, Katherine Harrell. 4th row: Mike Carpenter, Allison Titus, Alicia Tressler, Michelle Northey, Emily Smith, Anne Davies, Dawn Mayo, Lindsey Smith, Noelle Ogilvie, Laura Lemieux, Wendy Gill, Back row: Stacie Strosnider, Jodie Auvil, Robin Banks, Jenny Wesner, Michael May, Andrew Shin, David Schardt, Charlie Jung, Jason Coker, Stacey Ricks, Gray Guy, Meredith Saul, Eddle Bing.



FBLA

Front row: Runna Sun-P, John Mathers-VP, Brian Haab-VP, Justin Barbour-S, Ashton Toler-T, Amy Peko-T. 2nd row: Jason Yoon, Melanie Parker, Savong Chhayrath, Shawmika Talley. 3rd row: Eddie Liu, Ellen Woodcock, Meghan Dawson, Julie Watkins, Toi Williams, June Daltymple, 4th row: Meredith Saul, Steve Chesley, Brooke McDonald, Jason Barlow, Chandi Morgan, Sarah Fleeman. Back row: Jodie Auvil, Aaron Burroughs, Kevin Daughtrey, Paul Bender. Don Keifer. Kimberly Taylor.

Lending a Helping Hand

Students Aid One Another With Problems

L AUGHING RELEASES TENSION — Sophomore Bonnie Estes releases stress from the daily grind of school work. Allowing time for a sense of humor helped ease the students' anxiety, making it easier for everyone to get along and eliminating the need for intervention by such organizations as STOP. Ginger Hudson Photo



Thanks to caring and cooperative students and faculty, specialized groups aided students with their individual problems. These organized groups led students to resolve conflicts, aided in decision making and helped students in medical crises.

Students Talk Out Problems provided an outlet for people who had personal conflicts with other students or faculty members. STOP mediated sessions where specially-trained students helped peers resolve disagreements by compromising. Senior Rob Volk said, "We help by isolating the problem and then working on fair solutions that at least partially satisfy each party." K.B. Lewis and Dave Riley sponsored the organization, which was composed of members as diverse as the problems they tried to resolve. Senior Manda Bell said, "STOP builds communication skills because you have to listen carefully to be able to

The Emergency Response Team, headed by the school nurse, Georgia Cobbs, and health and P.E. teacher, Rachel Mead, helped students who needed immediate medical attention. Cobbs comment-'Members contacted when emergencies arise and perform the necessary actions to help the student." Participants in ERT gained experience with local fire departments and rescue squads within the community where some became Emergency Medical Technician.

Junior Chris Balassone commented, "We met to certify members and to work on problems to make our patient care more effective." During emergencies they quickly rushed to the aid of those who needed them, regardless of the classes they missed.

Teacher Julie Nicol and guidance counselors Jack Vasko and Bryan Carr taught selected students to peer facilitate. The students were chosen by their fellow classmates for being de pendable, caring and sen sitive. Brandy Tipton re marked, "Peer facilitating taught me not to judge peo ple on appearances be cause they often have per sonal reasons for the way they are."

Peer Facilitators also traveled to Gordon Elemen tary School to help younge children adjust to problems due to divorce, poverty o the death of a family mem ber. For a service project the Peer Facilitators raised money in order to purchase presents for the Christman Mother, who gave less for tunate children toys, games and clothing for Christmas Jack Vasko commented "One of the purposes o peer facilitating is to share and by helping out in the community, we are sharing what we have.'

When conflicts and problems arose, Pees Facilitators, STOP and ER' came to the rescue of thei fellow students.

By Amy Songhurs



Freshmen Council

Front row: Britt Radford, Megan Brown, Lindsey Wright, Kelly Gerow, Kim Randolph. 2nd row: Valerie Biringer, Megan Dunlap, Valerie Masten, Katherine Harrell, Hasna Huq, Leslie Shelton, Kristin Martin. Back row: Julie Coleman-A, Rebecca Phillips, Susan Mottesheard, Amy Smith, Erin Kelly, Angela Aery, Heather Powell.



French Honor Society

Front row: Amanda Martin, Karen Venable, David Huguet, Jonathan Seeman, Corle Tillman, Danielle Beatty. Back row: Melanie Armstrong, Katherine Chen, Courtney Miller, Charlie Jung, Michael May, Courtney Wheawill, Tara Clair, Aimee Kaempf, Kim Rainbow.



WELL, WHAT DO YOU THINK? - Talking out problems became the theme of the STOP program. Seniors Maura Williams and Lindsey Reynolds used communication skills to solve their dilemmas. Students faced problems daily, and how they learned to solve them became an important part of their education. Amy Guss Photo

ET'S WORK ON THIS TO-**GETHER** — Problem solving became a major goal of both STOP and Peer Facilitating. Juniors Jennie Foan and Stephanie Butler worked in a cooperative group to solve a problem. These two used both logic and sensitivity to figure out a solution. Ginger Hudson Pho-

H OI HOI HOI — Senior Cameron Campbell and sophomore Jaime Dowdy raise money for a service project by dressing like Santa and his helper. This creative approach gave students the opportuninty to get their picture taken with Santa and to donate money to a worthy cause. Reneta Haynes Photo







German Club

Front row: Sarah Thamm, Sarah Gathright, Becky Miller, Beth Lefkowitz, Emily Clinger, Holly Berry-A. 2nd row: Gloria Gonzalez, Laura Schmiel, Heather McIver, Aric Grez, Nicole Bendersky, Julie Kadlubowski, Kristen Eberle, Jeanie Stultz. 3rd row: James Ketchum, Amy Smith, Paul Kelly, Mike Holderfield, Kate Lerch, Katie Kennedy, Chelsa Woody, Michael Shepard. 4th row: Rodney Gonzalez, Jason Lazos, Alex Glenn, Mark Welnert, Randy Hand, Jennifer Nochisaki, Amanda Whitley, Jenny Sullivan. Back row: Matt Barns, Brian Robinson, Dave Shaw, Daniel Mee, Matt Wesner, Luke Wasson, Kelth Klammer, Joseph Naudziunas.



German Club

Front row: Erin Mee-P, Emily Hostetler-VP, Tom Wojciaczyk-S, Laura Ludeke-T, Brian Greene-H, Holly Berry-A. 2nd row: Pamela Lowry, Hunter Mitchell, Alison Wenleder, Jeannette Schneider, Karina Lewelt, Jeremy Bragg. 3rd row: Brian Ryther, Tim Pohlig, Sarah Wikstrom, Brad Thompson, Glenn Narad, Thomas Sobieski, Armand Grez. 4th row: Will Mallory, Dave Preeman, Jason Daniel, Chris Jordan, Brent Ritter, Alex Buchholz.

N EXT PLEASE — Business Editor for the Legend Shannon Belcher helps a representative from Lifetouch Studios with underclassmen pictures. Yearbook staff members took turns helping the representatives during various class periods throughout the day. Jamie Chenault Photo

H OW DO YOU WORK THIS AGAIN? — Editor-in-Chief of Tribe Scribe Suzanne Paster receives help from a fellow staff member as she types up her story for the newspaper. Students assisted each other with the multitude of computer skills necessary for publication. Amy Songhurst Photo

A NY IDEAS? — Literary Magazine sponsor Jodi Dunlap discusses ideas with Angie O'Connor and David Schardt during an editors' meeting. Editors met regularly to plan ahead for the Literary Magazine and exchange ideas about the publication. Jamie Chenault Photo









German Honor Society

Front row: Tim Pohilg, Thomas Sobieski, Brian Greene. Back row: Holly Berry-A, Emily Hostetler, Tom Wojciaczyk, Erin Mee.



Front row: Mary Robinson-A, Erin Mee, Caroline Lucas, Carrie Estes. Back row: Tim Showalter, Matt Schwieder, Randy Wirt.

Hot Off the Presses

Writers Pour Time and Energy into Publications

Dutting together a yearbook, a literary magaine or a school newspaper ounded like fun and easy vork for members, but when the time came to neet deadlines, these nembers realized the mount of work needed to nake publications a suc-

Although each of the pubications was allotted a full lass period, students, sacificing time and energy, stayed after school almost on a daily basis. Suzanne aster, Editor-in-Chief of he school newspaper, said, 'You can't add up all the ime we stay after to finish ıp."

Students and sponsors and different reasons for wanting to participate in a school publication. Editorn-chief of the Legend Susan Givens said, "I enjoy taking pictures, writing stories and neeting new people through interviews. Workng on the yearbook allows students to incorporate aristic and journalistic skills into one activity."

Making or breaking deadlines also rode on the shoulders of many of these aspiring journalists. Failure to meet a deadline often involved extra time and extra money, in which case a fund raiser came in handy. Editor-in-chief of Introspect Angie O'Connor stated, "We have a snack machine in the lower classmen commons, and that helps a lot when we are after school for long hours working on a deadline."

Editors and staff members agreed that completion of work gave them feelings of satisfaction. Andrea Savedge, the layout designer for the newspaper, stated, "We put in a lot of hard work, and you get a feeling of satisfaction knowing you finally finished".

Even though these staff members were satisfied after accomplishing much work, feelings of frustration also arose at times. "When I get mad, I just leave the room and take a break and always try to keep a positive attitude," said Shelly Porter, Editor of Tribe Scribe.

When staff members made their deadlines on time and everything turned out well, the sponsors often rewarded staff members with a little something, such as a pizza party or maybe even a little rest period if time allowed. Jody Dunlap, sponsor of Introspect, said, "Occasionally we'll order a pizza or a little something to snack on while we're working.

Between the stress of deadlines and late afternoons after school, the pressure of homework seemed to double. Kelly Schmidt, a yearbook staff member said, "I don't think it interferes, but sometimes it gets hard."

Being on the staff of a literary magazine or a school newspaper had its frustrations and late nights; however, in the long run, all the hard work and extra time paid off as students mastered the many skills and techniques of producing a publication.

By Jamie Chenault

D ECISIONS, DECISIONS — Yearbook staff member Amy Songhurst decides on the pictures for her spread, while Will Larmore adds a few finishing touches to his story. Members of the staff took and chose pictures carefully to match the articles they wrote. Amanda Anderson Photo





Front row: Melissa Johnson, Jessica White, Liz Rezba, Tara Clair, Katle Schwieder, Christine LaPrell, Sara Rudd, Emily Hostetler. 2nd row: John Mathers-P, Sara Chabalewski-VP, Tina Holt-VP, Stacey Farone-S, Ryan Dunlap, Matt Schwieder-P, Gray Guy-T, Ned Richards-T, Jessie Sanchez, Chila Nicholson, Amanda Martín. Back row: Andrea Nachman-A, Suzanne Paster, Kelly Smith, Rebecca Williams, Renee Edwards, Jesse Burkitt, Brad Clayton, Michael Genovese, Caron Jones, Kelly Kimmick, Jenny Kwitchen, Ginger Hudson, Amy Lerby-A.



Interact

Front Row: Mikie Dudley, Rachel Chabalewski, Heather Sherron, Amanda Roop, Beth Kelly, Kristie Stiebeling, Laura Kittinger, Sara Davis. 2nd row: Jody Dunlap-A, Kelly Watkins-P, Suzanne Paster-VP, Caroline Martin-S, Simon Latcovich-T, Erik Rowekamp, Sara Chabalewski, Sarah Diersen. Back row: Lauren Czyzewski, Nadine Balbeisi, Kristen Davis, Erin Kelly, Dave Schardt, Stuart Tatum, Chris Corrada, Ryan Duniap, Mandy Martin, Shannon Shaw

A Few Good Students

Distinguished Students Lend a Hand to Others

SEARCHING FOR MISTAKES Quill and Scroll member Amanda Anderson of the Legend edits the article of a fellow staff member. Members of Quill and Scroll worked with other staff members to complete the school's literary productions. Suzanne Kelly



he few, the proud, the honor societies. Among the seven honor societies were German Honor Society, French Honor Society, Spanish Honor Society and Latin Honor Society, as well as National Honor Society, National Art Honor Society and Quill and Scroll.

All of these organizations provided services. NHS member Rachael Dietz said, "If the school needs a particular job done, they often ask NHS for assistance." The members helped by doing bus duty, tutoring students and setting up for events such as the debate tournament.

The language societies enriched the culture of the school by supporting and participating in foreign language week and regular club meetings. Holly Berry, German Honor Society sponsor, said, "The students help with tutoring, setting up the honor society inductions and sponsoring a family with the regular German Club at Christmas."

The National Art Honor Society, or NAHS, decorated the school with their unique artwork. They also entered their artwork in several community events. The students sold posters by artists like M.C. Escher and Van Gogh, as well as, Christmas cards from the Virginia Museum.

The members of Quill and Scroll received recognition for their efforts in journalism. Members assisted with the publication of Introspect, the Tribe Scribe and the Legend.

In order to be inducted into these societies, students were required to meet several requirements. The language teachers based their decisions on the students' attitudes and their ability to maintain a B or above average for all of their years in the language.

Prospective NHS members received applications to complete for consideration by a faculty committee. Guidelines for juniors or seniors being considered included maintaining a 3.6 grade point average, participating in school and community service activities and exhibiting an honorable character.

Once inducted in the society, the members were expected to maintain their grades and activities. NHS used a point system to keep up with the participants' activities. Larunatta Lewis, NHS adviser, said, "We use points to verify whether or not students maintain the service element, which is one of the qualifications for their selection."

Dietz said, "The best part is getting together with people and helping others." However, Armand Grez said the best part is, "People automatically think you're smart."

The honor societies enabled the students to enrich their college and job appli cations as well as serve the school and community.

By Heather McIve



Latin Honor Society

Front row: Michael Hanzel, Amanda Anderson, Amy Singletary, Matt Wheeler, Heather Sherron, Michael Cenovese. 2nd row: Linda Wagstaff-A, Tessa Doyle, Maura Williams, Christine Shin, Jennifer Newman, April Frondorf, Katherine Eliasek, Rachael Dietz, Amanda Waltman. Back row: Susan Qivens, Christine LePrell, Cheri Robbins, Amy Brailey, Carey Thompson, Robby Rudin, Joel Lee, Chris Dudley, Tommy Hodges, Billy Irvin, Elena Kwon.



Latin Club

Latin Club

Front row: Carrie Estes, Stephanle Buono, Wendy Guyton, Alice Poole, Stephanle Haley, Terri Rodda, Susan Berryman, Sandy Choe, Summer Stephens. 2nd row: Kerry Hutcherson, Kevin Shore, Catherine Pavell, Harley McGrady, Jaime Johnson, Joel Olive, Sara Bowling, Katherine Runnally, Blaine Ashworth, Molil Dohogne, Matt Beaman. 3rd row: Paul Prydrychowski, Doug Bachman, Beth Badaracco, Christy Zacharias, Matthew Wolfgang, Amy Lowman, Tara Kantner, Patricia Hanifer, Jackie Srock, Erin Sumner, Sara Milligan, Jill Swim. 4th row: Katherine Thompson, Tracie Walker, Susan Mottesheard, Caroline Lucas, Jeff Bradley, Ned Richards, Meghann Rouse, Laura Wolcik, Tiffani Hargrove, Valerie Masten, Drew Zima, Will Hanzel. Back row: Brandon Stewart, Ashton Toler, Justin Harris, Elliott Owen, Brian Jones, Matt Martell, Mark Oibson, Jason Clanton, Tiffany Bower. Farrah Bowers. ian Jones, Matt Martell, Mark Gibson, Jason Clanton, Tiffany Bower, Farrah Bowers, Summer Cole, Christina Kennedy,



A TEACHER'S DAY NEVER ENDS — Concentrating on her work, Larunatta Lewis looks over National Honor Society point sheets. As sponsors, Lewis and Gladys Miller performed various clerical duties such as recording students' points for the activities in which they participated. Rachel Sawan Photo

W HAT WAS THAT NUMBER?

— National Honor Society member Courtney Wheawill checks in the latest bus arrival during her week of bus duty to obtain her required NHS points. The students who performed this job arrived at school around at 6:50 a.m. Heather Sahli Photo

OLLIPOP, LOLLIPOP -NHS member Amy Brailey fills boxes of lollipops to sell as a fundraiser for Latin Club. Brailey's participation in at least three extracurricular activities allowed for her induction into the society. Amanda Anderson Photo







Latin Club

Front row: Jennifer Tropea, Rachel Lumsden, Amanda Waltman, Shelly Porter, Karne Mensing, Lindsay Chapman, Christine LePrell. 2nd row: Jessica Wikstrom, Megan Lacina, Amani Redd, Julie Birch, Stephanie Upshaw, Runna Sun. 3rd row: Jennifer Domagalski, Billy Irvin, Somer Pittman, Nick Britton, Andy Kress, Louis Nguyen. 4th row: Tessa Doyle, Michael Foan, Cheri Robbins, Jenny Kwitchen, Michael Hanzel, Ryan Dunlap, Tommy Hodges, Vishal Patel, Sara Rudd. Back row: Lauren Jordan, Jennifer Lakin, Tim Showalter, Eric Conners, Ben Keefer, Kevin Daughtrey, Aaron Margeson, Jace Padden.



Latin Club

Front row: Amy Brailey-P, April Frondorf-VP, Robby Rudin, Christine Shin-S, Michael Genovese-T, Joel Lee-H, John Shin-PA. 2nd row: Shannon Belcher, Amanda Anderson, Elena Kwon, Maura Williams, Meg Stevens, Matt Wheeler, Rachael Dietz, Katherine Eliasek. Back row: Linda Wagstaff-A, Susan Givens, Heather Sherron, Chris Dudley, Carey Thompson, Chris Kalafatis, Amy Singletary, Heather Martin.

F OLLOW THAT STEPPER During the first pep rally, Allison Williams leads her line off the floor after completing the performance. Rather than simply marching off, the members designed different techniques in order to make a more interesting exit. Lifetouch

DON'T FORGET TO CHECK THE CALENDAR — Andre Thornton tells David Seabrook and Farrah Bowers a few important dates to remember. As vice president, Thorton assumed the responsibility of informing members of future meetings and other planned events. Reneta Haynes Photo





W HAT DO YOU THINK ABOUT

presents various topics of discus-

sion for an upcoming forum to Co-

President Reneta Haynes. Occa-

sionally, TMP held forums which gave members the opportunity to

THIS? - Myesha Carter





Legend
Front row: Heather McIver, Will Lamore, Heather Sahli. Second row: Susan Civens-EIC, Amanda Anderson-E, Shannon Belcher-E, Reneta Haynes, Kathy Neer, Amy Guss. Back row: Ginger Hudson, Melissa Mottesheard, Caroline Gates, Mallory Smith, Lindsey Smith, Kelly Schmidt, Amy Songhurst



Key Club

Front row: Lizzle Perrin, Elena Kwon-P, Meg Stevens-VP, Michael Genovese-S, Tim Showalter-T, Jeff Showalter-T, Alden Woo, Justin Gunther, Rachael Dietz, Heather Sahll. 2nd row: An Luong, Alice Poole, Christine LePrell, Heather McIver, Marie Kaminer, Molli Dohogne, Stephanie Gilder, Angeline Robertson, Amanda Martin, Dawn Jordan, Jennifer Glace, Corle Tillman, Jaime Dowdy, Sarah Thamm, Sarah Alonso. 3rd row: Robin Fleming, April Frondorf, Molly Pohlig, Julie Kadlubowski, Kristine Harsen, Jennifer Haab, Linnea Self, Tricla Twedt, Patricia Hanifer, Sandy Choe, Anita Cheng, Carrie Zirkie, Laurie Frondorf, Courtney Miller, Katelin Fitzgibbon, Sarah Gathright. 4th row: Anna Kelly, Caroline Gates, Julie Birch, Amanda Waltman, Valeria Butler, Carrie Fore, Jeff Neal, Stanley Woo, Christopher Gunther, Amie Bauer, Kara Evarts, Jennifer Lakin, Christy Walsh, Christine Shin. Back row: Stephanie Upshaw, Tessa Doyle, Cheri Robbins, Annie Bauer, Lindsey Smith, Brian Robinson, Matt Schwieder, Haroon All, Catherine Wayland, Anne Davies, Vishal Patel, John Shin, Jenny Sullivan, Jamie Smith.

Step in the Right Direction

Minority Perspective Embarks on New Path

W ell it's time, for us, to throw down, for onacan High." The cheeraders did not incorporate is line into their cheers. he new Monacan Stepers, the daughter group of he Minority Perspective, tilized this line during pep allies and basketball

The Minority Perspective, ponsored by K.B. Lewis, ied to attract the minories of the school, not only help themselves, but to ducate the school. Lewis ommented, "I try to admit nyone who considers himelf a minority, but since ne sponsor and the majory of the club are Africanmerican, it's difficult to atract others."

Lewis attempted to inlude the entire school in he activities of TMP during Black History Month. In Febuary TMP recognized Black listory Month by either displaying posters or presentng a play. "I think presentng a play during school is peneficial, because without t many people would not be exposed to our culture," said Toi Williams.

For the first time in its four year existence, TMP branched out into another group, the Monacan Steppers. Lewis also sponsored this group but this time with the help of Bryn Davis, Judith Land, and Andrea Nachman.

Stepping, originating at black colleges, showed another way of displaying school spirit. Through body generated beats, the Steppers performed different dances and cheers. "I like stepping because it gives those of us who didn't want to be a cheerleader or a Monacette a chance to show our school spirit,' said Kiesha Rose.

Captains Shermaine Bracey, Angie Carter and Tiffany Evans choreographed the steps with the help of Kurt Kirby, a member of the Omega Psi Phi fraternity at VCU. "Sometimes," Evans said, "Angie and I will have these rhythms in our heads, and we'll make something up during fourth period."

Establishing the group proved to be difficult for the Steppers. The members assumed the responsibility of finding a sponsor. "I was very impressed with the initiative the girls took in becoming established,' Nachman said. "By the time we became sponsors, the girls had already been practicing and found uniforms."

With the help of The Minority Perspective and the initiative of 20 girls, the Steppers came into existence. Allison Williams said, "I'm glad that TMP helped us because without them, we would have had to go through the sports program and that would have taken a long time.'

Students joined The Minority Perspective or the Steppers to express themselves. Either by displaying black culture or performing an original routine, these two groups managed to remain in the public's eye.

By Reneta Haynes

SHOW THEM HOW TO KICK IT BACK — Senior Nikki Thomas concentrates on perfecting her steps during a rigorous routine. The Steppers practiced every day for two hours during the week of pep rallies or competions. Lifetouch Photo





Minority Perspective

Minority Perspective

Front row: Toi Williams-SA, Lisa Smith-S, Nicole Edwards-T, Reneta Haynes-P, Critesha Green-P, Andre Thomton-VP, Danielle Bonner, Janice Spellman, Sasha Stephen, Tamara Edwards. 2nd row: Shonari Grimes, Angela Carter, Shonna Scott, Melissa Johnson, Taya Bumette, Caron Jones, Celena Jones, Shermaine Bracey, Shauna Chavis, Tiffani Hargrove, Myesha Carter, Hasnaa Al-Tauhidi, Shanna Burgess, Tanaka Allen, Ashanti Baskerville, Crystal Dilworth, Katrina Hill, Danah Dargon. 3rd row: T.J. Dargon, Shaunte Cary, Torian Neville, C.C. Allen, Shayla Maddox, Crystal Hall, Tina Reynolds, Rochelle VanKallen, Farrah Bowers, Nikki Thomas, Adrienne Mandley, Percy Jones, Tanya Biedsoe, Angela Poindexter, Shawnte Branch, Keisha Christian, Sherese Trimiew. 4th row: O.J. Cox, Randy Kenney, Cloyd Johnson, David Seabrook, Qavin Williams, Klesha Rose, Topaz Wise, Renee Edwards, Allison Williams, Chila Nicholson, Hanivash Nir Man, Shanna Sivels, Sussan Jones, Shavon Cloyd Johnson, David Seabrook, Gavin Williams, Riestia Mose, Topac Mise, Holse Shavon Allison Williams, Chila Nicholson, Haniyyah Nu'Man, Shanna Sivels, Susan Jones, Shavon Sivels, Whitney Overby. Back row: Tamara Ricketts, Jermar Stith, Vern Abraham, Zuliekia Ricketts, Beth Brown, Asa Heath, Michael Carpenter, Antawan Holmes, Troy Jones, Raashann Sydnor, Taneisha Bostick, Tiffany Evans, Michelle Bowling, Raven Sickal.



Literary Magazine

Front Row: Angie O'Connor-E, David Schardt-E, Stephanie Conley-AE, Danielle Beatty-S, Eddie Bing-AE, Patty Segovia-E. 2nd row: Kelly Gerow, Nicole Weddie, Allison Titus, Shannon Mulgrew, Julian Cook, Caroline Gates, Vickie Willis Jody Dunlap-A.

Taking Time To Play

Students Relax Through Fun, Games and Hobbies

PEN FOR IDEAS — Brent Ritter, President and founder of the Disciples, discusses options for designing shirts to represent the group. Clubs often designed shirts and other items to advertise organizations to students and to raise money for club activities. Susan Givens Photo



Dues to pay, responsibilities to uphold, mandatory meetings to attend, requirements to meet...Such phrases were synonymous with structured clubs and organizations. Still, other clubs provided an escape from the hustle and bustle of the everyday life of the average student.

One such organization was the Bridge and Chess Club. Members congregated on Thursdays to socialize, drink a Coke and play various card games or Chess. Andy Higgins said that he enjoyed "getting together with a group of friends to have fun playing cards and chess and to laugh a little and joke around."

Bridge and Chess sponsors Bill Carloni and Randy Kaker agreed that the club was designed for people who enjoyed playing the games. Carloni said, "The things we do are related to math and logic. It develops a lot of critical thinking skills."

The organization Disci-

ples, designed to provide a Christian atmosphere on campus, also met on a weekly basis. Meetings usually consisted of prayer time, singing and a short teaching or lesson from the Bible by one of the members. The group also helped teachers with any odd jobs they needed done.

President Brent Ritter, who started the group, said, "I enjoy seeing it grow. At first there were only two people, but now ten to fourteen people come every week." Bethany Rickel said that she enjoyed "the other people that come....We have many similarities in our beliefs."

Like the Bridge and Chess Club, the Monacan Ultimate Club provided an atmosphere to relax, socialize and have fun playing Ultimate Frisbee. MUC members met to play frisbee, usually on Fridays or Sundays whenever the weather was nice. Former students who had gone to college often joined the players when they came home for breaks.

Robby Rudin liked the opportunities "to meet people and have fun...It's good competition."

Like MUC, Medieval Guild also allowed students to spend time on a favorite hobby. Members imitated and reenacted the customs of medieval Europe. They sported medieval costume, performed medieval sports activities such as jousting and attended masquerade balls. Member Heather O'Donohue thoroughly enjoyed the masquerade balls and noted that "the purpose of the club is to have fun," O'Donohue also commented, "It's like reliving the past and going back to medieval times."

In the midst of the hectic schedules of several students, Medieval Guild, MUC, Disciples and Bridge and Chess Club served as outlets to get away from the chaos of academic life. Whether to socialize, enjoy a favorite hobby or simply relax, students looked forward to these activities.

By Susan Givens



Medieval Guild

Front row: Larissa Carpenter-P, Julian Cook-VP, Rachel Cook-S, Gisela Ramsdell-A. Back row: Julie Norman, Dawn Mayo, Heather O'Donohue, Lauren McLamb, Amanda Batton, Hunter Mitchell, Jennifer McQrath.



Math Team

Front row: Amy Brailey, Sandy Choe, Kelly Watkins, Cheri Robbins, Caroline Martin, Angle O'Connor, Laurie Frondorf, Danielle Beatty. 2nd row: Chris Dudley, Glenn Narad, Nick Ligatti, April Frondorf, Mary Rose Emig, Amy Singletary, Alex Dinh, Pete Moore, Elena Kwon, Christine Shin. Back row: Clay Cutts, Michael Hanzel, Julie Norman, Michael Qenovese, Sterling Harrell, Robby Rudin, Michael Wolfgang, Jon Brown, Carter Oliver, Jace Padden, Alden Woo, Jay Austin, Lynne Czekala, Laura Love.



O N GUARD — Medieval Guild members Larissa Carpenter and Julian Cook participate in a jousting match in the courtyard. Members constructed their own medieval equipment, such as the swords, and dressed in medieval garb for meetings and other club activities. Susan Givens Photo

A CE OF CLUBS, FOUR OF HEARTS... — Brian Singleton and Bill Thomas, anticipating their next moves, examine their cards while playing the game Mau. The Bridge and Chess Club played other card games aside from bridge and chess. Susan Givens Photo

G ET OUT OF MY WAY — Chris Dudley struggles to pass the frisbee to a teammate around opponent Alden Woo. Although they preferred warm weather, members of the Monacan Ultimate Club occasionally bundled up and braved the brisk winter weather. Susan Givens Photo







Monacan Ultimate
Front row: Christopher Gunther, Alden Woo, Brent Wolfe, Chris Dudley, Pete Gonzalez, Jeff
Showalter, Robby Rudin, Vishal Patel, Matt Wheeler, John Titus-A. Back row: Valeria Butler,
Gary Lederman, Caroline Gates, Rachel Sawan, Meg Stevens, April Frondorf, Michael Genovese, Kristen Tuttle, Drew Zima, Amanda Whitley, John Zachary, Bill Thomas.



Orchestra

Front row: Doug Kellner-D, Issa Jackson, Lauren deEcheandia, Kean Inniss. 2nd row: Christy Walsh, Becky Worrell, Danielle Beatty, John Shin, Jay English, Amanda Beasley, Molli Dohogne. Back row: Martin Parece, Thomas Sobieski, Tom Calder, Alex Dimitriou, Antawan

HOPE I DON'T RIP THIS — SAC member Mandi Kain fills out a receipt for someone who has just paid his senior class dues. The senior class had dues to help pay for graduation, cap and gown and other senior functions; SAC accepted payments at scheduled times throughout the year. Amanda Anderson Photo

B BBRRRIII IT'S COLD OUT HEREI — Gary Lederman, Erin Eells, Jamie Reynolds, Dyer Vest, and Kristen Tuttle ride on the SCA float, while tossing candy to parade spectators. Clubs and organizations marched in the Homecoming parade on November 5 sponsored by the junior class. Lifetouch Photo





B OTTOMS UP — Matt Moyer sips on a Sprite after he has

donated blood while Brian Hanks

recuperates from the experience. The senior class sponsored two

blood drives, one in October and

the other in December, as a re-

sponse to the needs of the Virginia





NHS

Front row: Matt Wheeler, Courtney Wheawill, Stephen Suggs, Alden Woo, Jace Padden. 2nd row: Chris Pharr, Tim Pohlig, David Huguet, Cory Mansfield, Carter Oliver, Joel Lee. Back row: Caroline Martin, Karrie Mensing, Meredith Martin, Amy Singletary, Shana Smith, Heather Sherron, Christine Shin, Jennifer Newman.



NHS

Front row: Amanda Anderson, Katherine Eliasek, Melanie Armstrong, Elena Kwon, Susan Clivens, Katherine Chen, Erin Gilbert, Aimee Kaempf. 2nd row: Jeff Showalter-P, Mary Rose Emig-VP, Robby Rudin-T, Maura Williams-H, Price Beazley-S, Lindsay Chapman, Lesley Howson, Amy Guss, Carrie Fore, Reneta Haynes. Back row: April Frondorf, Amy Brailey, Casey Carriett, Chris Dudley, Todd Edwards, David Brown, Matthew Chidley, Dave Bell, Armand Grez, Rachel Dietz.

Leaders of the Pack

Students Take on Leadership Positions

Who's in control? Have May and the Homecoming you ever wondered parade in November. JAC who established the activities for the student body and also upheld the students' voices throughout the classes? Such groups as the Senior Advisory Council, Junior Advisory Council, Freshman Council, Honor Court and Student Council Association governed the student body and represented the students as a whole.

SAC consisted of 30 seniors who sponsored several events. They sponsored a family for the holidays, held two blood drives in October and December and also sponsored the bonfire, banquet and cookout, ordering night and graduation. SAC member Keri Preston commented, "We consider what people will like or won't like, put all our opinions together and decide for the class as a whole." Preston also said that there was pressure to please because of the different types of people found in the class.

JAC prepared for prom in

member Kristen Saferight explained, "We do the whole prom including decorations, the location and the date. It's fun but it's also time consuming because we meet once every week, and we also have many fundraisers because junior class dues can't pay for it all." On Valentine's Day the junior class also sponsored the first Guy Auction, where three guys chosen from each grade level were sold to the highest female bidder.

Making its debut, the Freshmen Council, started by John Titus and sponsored by Julie Coleman, consisted of 25 girls from the freshmen class. "The council gives freshmen the opportunity for leadership positions," commented Coleman. They sponsored the Monacan-Midlothian dance held after the football game in October and also a Christmas family. In addition, they sponsored a spring dance for freshmen

and sophomores with the help of SCA.

The Honor Court, consisting of two elected representatives from each class, decided the fate for students accused of breaking the honor code. These representatives heard the cases of both parties and concluded their ruling from the evidence presented.

SCA members, chosen from each fifth period class, were the students' voices. They sponsored the November Homecoming dance, deciding on both the theme and the decorations. The members also encouraged a school-wide Christmas food drive through the holidays, and the fifth period class that collected the most food had a pizza par-

These organizations governed certain events throughout the year that involved the students, and their members represented the student body and hoped to please it with their decisions.

By Amanda Anderson

VERYTHING'S GOING UP IN SMOKE - Demonstrating their school spirit, students cheer for the Chiefs before the upcoming Homecoming game. Sponsored by the senior class, the bonfire was held after the junior-sponsored Powderpuff game on November 3. Missi Mottersheard Photo





National Honor Society

Front row: Matt Schwieder, Brian Singleton, Tommy Hodges, Ryan Dunlap, Jon Brown, Simon Latcovich, Randy Wirt, David Schardt, Thomas Sobieski. 2nd row: Cindy Kerr, Natalie Wigginton, Amanda Martin, Laith Komthirath, Kristen Davis, Namita Kukreja, Danielle Beatty, Angie O'Connor, Tinsley Jones, Sandy Choe, Jennifer Tropea, Cheri Robbins. 3rd row: Meredith Oompf, Christine LeFrell, Jennifer Glace, Allison Titus, Kim Rainbow, Courtney Miller, Laura Love, Laurie Frondorf, Kirsten Dexter, Isabel Gomez, Stephanie DeMary, Megan Malarkey, Mandy Martin, Michael Hanzel, Back row: Michael Genovese, Shelly Porter, Katle Schwieder, Sara Rudd, Mallory Smith, Caroline Gates, Emily Hostetler, Laurie Knowles, Briondy Meyers, Antawan Holmes, Charlie Jung, Brian Greene.



Quill and Scroll

BFront row: Suzanne Paster, Karen DeCicco-A, Shelly Porter. Back row: Shannon Belcher, Reneta Haynes, Susan Givens, Amanda Anderson.

Kidnappings and Ferris Wheels

A Flair for the Dramatic

WEDER THEM ALLI — The town preacher Frank Coleman prays that the kidnapped girls will remain pure and good, while the angry townspeople desire to kill the Pontipees. When the rescuers arrived at the Pontipee farm, they found that the girls did not wish to leave their new loves. Tha Robertson Photo



Meow!" cried Caleb Pontipee as he crouched outside the doorway. When Ruth appeared, he threw a blanket over her head and carried her off. The youngest brother, Gideon, simply dangled a dead mouse before Alice's frightened eyes, and she fainted right into his arms.

The Act I Company presented Seven Brides for Seven Brothers on November 19 and 20 at 7:30 p.m. The audience exceeded 800 people on Friday night, making the show the most successful one of Director Tina Robertson's career. "The cast and crew of Seven Brides for Seven Brothers took on a huge challenge, but they rose to the occasion!" Robertson praised.

Choreographer Tony Gibson came for five days to teach the cast the dance numbers for the show. The workshop enabled the students to learn the dance steps early so that they could spend time perfecting them. "I think the workshop brought the cast closer be-

cause it made them work together," said Act I Company Historian Gary Lederman.

The cast also strived to stay in character. The brides traded recipes and wrote of upcoming social events. An occasional "love note" found its way to the right brother. "At first I sensed a tension amongst the cast, but eventually we pulled together and formed strong friendships," said Dell Howlett, who played Ephraim Pontipee.

For the actors, the climax of the show came at the cast party on Saturday night. Sara Rudd, Milly Pontipee on stage, hosted the "wedding reception" at Shenandoah Club House. The brides and brothers made a ceremonial toast and fed one another a piece of cake before saying goodbye.

The theatre classes continued to perform plays throughout the year. They invited students from Gordon Elementary to see their productions. The classes

also performed at night for parents or interested alumni. In December rehearsal began on a one-act play er titled *Cotton Girls*.

"The one-act is a grea opportunity because I hav the chance to work mor closely with fellow actresses," commented Heathe King. King played one of the three girls stuck on top of ferris wheel on graduation ight in 1959. The trio competed at the one-act festiva in February.

Of course, no productio could run smoothly without an efficient backstage crew a capable lighting team an a sturdy and appealing se The Theatre Productio class handled these appects of the theatre.

The Act I Company a lowed students to expres themselves in a multitude of ways. Whether a persoloved the limelight or enjoyed painting scenery, place on the stage could be found for him.

By Amy Gu



Peer Facilitators

Front row: Shawna Thompson, Jenny Sullivan, Jeff Showalter, Shawnte Branch, Megan Thomas. 2nd row: Lourdes Hidalgo, Jaime Dowdy, Nicole Carruth, Mandi Kain, Lauren Czyzewski, Ashanti Baskerville. Back row: Stacey Ricks, Elliott Calisch, Cameron Campbell, Oreg Bowman, Jody Dyer, Anne Davies, Julie Nicol-A.



Peer Facilitators

Front Row: Melinda Grabowski, Robbie St. John, April Viar. 2nd row: Nicole Weddle, Maggie Syler, Melissa Powell, Jackie Davoud, Amy Brown, Colleen Brown, Erin Gilbert, Brandy Tipton. Back row: Missie Kielty, Emily Pleasants, Gray Guy, Charlie Bickel, Angela Abell, Chila Nicholson, Angela Halderman, Jack Vasko-A.



W ONDERFUL DAY — Milly, Sara Rudd, tells the brides of the happiness she has found with Adam Pontipee, played by Vince Ettare. When she discovered afterwards that her new husband had six hungry brothers, she quickly changed her tune. Tina Robertson Photo

SOBBIN' WOMEN — The Pontipee brothers all listen attentively as Adam (Vince Ettare) sings the tale of the Sabine Women, kidnapped by the Romans in ancient times. His song inspired the lovesick boys to do likewise and carry each of their women off to the mountains in the beginning of Act II. *Tina Robertson Photo*

WATCH THISI — The townsfolk look on as Matt, Damian Thomas, attempts to keep the affections of his girl by performing daring stunts. When the girls met the Pontipee brothers at the social, all thoughts of their suitors fled and were replaced with an intense love for their particular Pontipee. Tina Robertson Photo







Friends of Ronald McDonald House

Front row: Reagan Craggs, Trevor Scott, Raymond Clarke, Chris Roarty, Jason Yoon, Adam Qarland, Randy Wirt. 2nd row: Alison Wenleder-P, Jennie Frydrychowski-P, Rosa Rho-VP, Beth Kelly-T, Jennifer Yoon-S, Katie Schwieder, Amy Mountcastle, Heather Mountcastle. Back row: Angela Pasternak, Mandi Kain, Shana Smith, Jenny Wesner, Nikki Hall, Angie Pickels-A, Jessie Sanchez, Christy Walsh, Melinda Grabowski.



SAC

Front row: Cameron Campbell, Brandy Tipton, Mandi Kain, Chris Corallino, Haroon Ali, Erin Cilibert, Nathan Foster. 2nd row: Todd Edwards-P, Vincent Ettare-VP, Karrie Mensing-S, Jaime Adams-T, Erin Mee-H, Lindsay Chapman-PA, Rachel Chabalewski, Cathy Lynch, Kimberly Sims Back row: Colleen Brown, Melanie O'Neill, Emily Pleasants, Brent Ritter, Jonathan Seeman, Courtney Wheawill, Keri Preston, Melissa Powell, Angle O'Conner, Shawmika Talley.

EEBLER ELVES? — Seniors K EEBLER ELVES? — Seniors Maureen Lauper and Erin Mee do the bidding of Otis Spunkmeyer in an attempt to raise money for Debate and Forensics. In addition to selling cookies during lunches, members of the club sold flowers at holidays and kept students entertained with their promotional announcements. Amy Guss Photo

A RE YOU THERE, GOD? IT'S ME, JESSICA — Junior Jessica Sanchez performs her piece, Are You There, God? It's Me, Margaret, for her event, Oral Interpretation, before the round begins. Students used pre-round time to perfect their pieces before being subjected to the scrutiny of judges and opponents. Amy Guss Photo

T WO HEADS ARE BETTER THAN ONE - Practicing for an upcoming tournament, freshmen Lisa Fretwell and Katherine Thompson go over their piece. Their event, Duo, made it necessary for them to learn to cooperate and depend on each other in order to give a good performance. Amy Guss Photo









Sanctuary

Front row: Elizabeth Lemieux, Greyson Ware, Patty Segovia-P, Nicole Weddle-P, Mandy Jones-P, Shannon Mulgrew-S, Jennifer Butler. Back row: Nadia Clarke, Emily Clinger, Lauren McLamb, Uyen Truong, Amanda Batton, Karina Lewelt, Rachelle Padgett, Ashton Toier.



Front row: Charlie Jung-P, Stephanie Conley-VP, Mallory Smith-T, Elena Kwon-H, Allison Ellis-PC, Tom Gurecki-A. 2nd row: Briordy Meyers, Amy Singletary, Megan Malarkey, Angela Naggles, Lourdes Hidaigo, Whitney Overby, An Luong, 3rd row: Jenny Sullivan, Gray Guy, Debble Sweet, Beth Kelly, Allison Titus, Julie Birch. 4th row: Matt Bams, Ned Richards, Carter Oliver, Scott Ramsey, John Mathers, Jennifer Lakin, Kara Evarts. Back row: Glenn Narad, Simon Latcovich, Haroon Ali, Ryland Dennis, Matt Schwieder, Robbie Stone.

Speak From the Heart

Talk About the Passion

A graduate once said when referring to Debate and Forensics, "If you're not good, you're nobody." Well, little changed since his days in the hallowed halls, and the extremely competitive nature of Debate and Forensics remained alive and well in the lives and minds of those involved. While the debaters tried their best to outspeak and outsmart their opponents, those in Forensics attempted to interpret a given piece with the most expression and creativity.

The extreme pressures and multitudes of work required to maintain a competitive standing in tournaments forced some to sacrifice much of their spare time to the god of Debate and Forensics. Despite all the hours devoted to work and practice, those involved found many benefits to participating. "Forensics has taught me to be a good competitor as well as a good leader," commented Billy Irvin. Jessica Sanchez.

who also sang the club's praises, said, "Forensics has helped me because I'm now able to get up in front of groups without any nervousness or anxiety at all, and it's also helped my acting skills."

Those in Forenics chose from Humorous Interpretation, Dramatic Interpretation, Storytelling, Poetry, Duo and Oratory for their tournament events. Heather King named Humorous Interpretation as her favorite event because "it's funny, and it gives me the opportunity to make people laugh and the opportunity to be obnoxious without getting in trouble."

Those new to Debate and Forensics got quite a surprise upon attending their first tournament. Commenting on his first tournament, Tim Mullins said, "It was very long; it was 4,000 times longer than I had originally expected. It was a nightmare, but it was a fun nightmare, though." Others had mixed feelings about

their experiences with the club. "It started off great, and it turned into a living heck." replied Nick Ligatti.

Students cited several reasons for their involvement in Debate and Forensics. Second-year debater Vanessa Cordero said, "I decided to join the Debate team because I wanted to learn how to effectively organize my thoughts in an interesting manner." Anna Kelly gave a very different reason, "It's the only club in the school that gets to hit the beaches in Florida two times in one year!" "We are not only a team but also a family," said Billy Irvin, summing up the experience with a noticeable bit of sentimentality.

Those in Debate and Forensics found that despite the tensions of constant competition, strong friendships emerged from a stressful environment, making the experience a little less nerve-wracking and more enjoyable.

By Caroline Gates

PRACTICE MAKES PERFECT
— Sophomore Roya Ali rehearses her piece, To Kill a Mockingbird, for her Dramatic Interpretation at the December Monacan Invitational Debate and Forensics Tournament. Students often chose excerpts from movies, plays and books to perform at tournaments. Amy Guss Photo





SCA
Front row: Christopher Gunther-P, Sandy Choe-VP, Cheri Robbins-T, Justin Gunther-S, Kitty L. Catina-A. 2nd row: Jaime Dowdy, Melissa Johnson, Erin Eelis, Jennifer Oley, Lindsay English, Isabel Gomez, Shelley Gilbert, Jennifer McDaniel, Angela Goodpasture, Carrie Estes. 3rd row: Jason Yoon, Katherine Chen, Meredith Gompf, Brandon Stewart, Jamie Reynolds, Lauren Czyzewski, Cary Shipstedt, Shonna Eaddy, Tim Mullins, Angela Naggles. 4th row: Steve Nielsen, Gavin Williams, Anna Kelly, Shelly Williams, Renee Edwards, Todd Rudzinski, Elizabeth Monk, Alicia McAllister, Marc Harris. Back row: Joey Ferrel, Tim Showalter, Antawan Holmes, Matt Barns, Thomas Bell, Jonathan Seeman, Laurie Knowles, Amy Smith, Ryland Dennis.



Science Club
Front row: Martin Goehle-A, Amy Brailey-P, Beth Neider-VP, Elena Kwon-S, Tim Showalter-T,
Amy Peko. 2nd row: Maura Williams, Billy Irvin, Armand Grez, Jeff Showalter, Vishal Patel,
Drew Zima, Laura Love.

Preparing for the Future

Students Learn Leadership Through Business Clubs

EVERY MEETING IS LIKE CHRISTMAS — Secretary Justin Barbour prepares gift bags for fellow FBLA members. A minimum of ten members received a gift at each meeting to show the officers' appreciation for their dedication to the club. Suzanne Kelly Photo



meeting with the boss at 3:00, work from five to nine tonight, go to the Children's Hospital on Wednesday, finish the community building for competition on Friday and it's only Monday! These students are so busy because they are involved in business clubs.

DECA (Distributive Educational Clubs of America), a part of the marketing curriculum, aimed to prepare students for a future career in business. Michelle Hodges said, "I encourage other students to join DECA because it can help you with a career in business in the future." In addition to managing the school store, the Trading Post, DECA also sponsored a family during the Christmas sea-

FBLA (Future Business Leaders of America) focused on preparing students for leadership positions both in business and society. A chapter run organization, FBLA met every week and raffled prizes at every meeting. Sponsor Adelaide Brown said, "We try to promote business leadership, as well as the importance of community and school, which all intertwines to form a whole person. All the kids really want to participate and make a difference. They are always looking for something to do to help the school or the community.

Vice President of FBLA John Mathers said, "The most important thing we do is the ASK (Association for the Childhood Study of Cancer) program because it helps children with cancer and raises more money for research." President Runna Sun said, "We don't just learn about business; we learn how to help other people. I became president because I feel like I can make a difference."

TSA (Technology Students Association) was 'geared to try to get its students to work up to their potential by solving problems, reading blueprints and improving their spontaneous speech," said Mike Carpenter. Sarah Fleeman said, "I had to design a building to facilate twenty people. There were no rules, just to use your imagination and submit a scale model. And I also encourage all the girls to sign up because there are only two of us.'

VICA (Vocational Industrial Clubs of America) was a club which helped find employment for students. Rochelle Vankallen said, "Ruby Slayton tries to find out what you want to be and does her best to get you a job in that area. She teaches you how to dress for an interview and how to maximize the classifieds in the newspaper. It's a lot of math.'

Whether they worked at the Trading Post, did community service or created buildings, students in business clubs worked to prepare themselves for a future in business and to help their community.

> By Shannon Belcher and Reneta Haynes



Science Bowl

Front row: Carey Thompson, Jeff Showalter, Martin Goehle-A. Back row: Matt Wheeler, Vishal Patel, Amy Brailey



Spanish Club

Spanish Club
Front row: Aliza Rahman, Keliy Harrell, Cary Shipstedt, Sarah Modrak, Tricia Twedt, Kristin Martin, Ann Lambert, Amanda Roop. 2nd row: Annie Levi, Angela Naggles, Anna Rucinski, Natalie Wigginton, Kevin Roarty, Brett Wesley, Jessica Sanchez, Becky Salyer, Melanie Parker, Cargi Mukherjee, Percy Jones. 3rd row: Lisa Sobieski, Kelly Smith, Kelly Street, Tina Reynolds, Jason Yoon, Nicole Wigginton, John Mathers, Mike Murphey, Drew Vaughan, Stanley Woo, Tivona Wonson, Carrie Zirkle. 4th row: Louanne Moore, Megan Tracy, Liz Rezba, Mallory Smith, Tamara Ricketts, Nikki Thomas, Shonna Scott, Gabe Venturi, Rick Muth, Jason Seiden, Elliott Calisch, Back row: Chris Roarty, Matt Noyes, Scott Ramsey, Michael Wolfgang, Will Larmore, Matt Schwieder, Mark Laramore, Eric Pennington, Brian Singleton, Rvan Russell, Robbie Stone. Singleton, Ryan Russell, Robbie Stone.



PREPARATION MAKES PER-FECT — Vice Presidents John Mathers and Brian Haab make plans for their next FBLA meeting. An active volunteer group, FBLA adopted a family during the Christmas season in addition to working with the ASK program. Shannon Belcher Photo

SMILE, I LOVE YOU — Stephanie Conley sells Terrell Nicholson a balloon for his girlfriend Toi Williams while David Kim waits in line to make his own purchases. The Trading Post, operated by DECA, sold students ballons, candy, school supplies and Monacan attire. Susan Givens Photo

F INANCIAL ADVENTURES — President of FBLA Runna Sun and Adviser Adelaide Brown try to decide which candy bars to buy for their upcoming fundraiser. FBLA held two fundraisers a year to make enough money for their treasury to fund service projects.

Shannon Belcher Photo







Front row: Jenni Ford, Crystal Pace, Sandy Choe-P, Jen Douthat-VP, Jeff Neal-T, Alden Woo-S, Anna Heller, Hasna Huq. 2nd row: Shawnte Branch, Jennifer Chidley, Courtney Hand, Anita Cheng, Marie Kaminer, Katie Hamil, Angela Goodpasture, Danette Jimenez, Lourdes Hidalgo, Tinsley Jones, 3rd row: Sarah Anderson, Sarah Diersen, Sara Davis, Jennifer Haab, Laurie Frondorf, Mikie Dudley, Isabel Gomez, John Mathers, Tiffani Hunter, Dave Gresock, Kristine Harsen, 4th row: Adam Garland, Casey Garnett, Steve Chesley, Stephanle DeMary, Michael Coppola, Justin Barbour, Ryland Dennis, Jerry Jiminez, Marc Harris, Christopher Gunther. Back row: Antawan Holmes, Gray Jackson, David Johnson, Haroon Ali, Matt Chidley, Shawn Howell, Shaun Burroughs, Jay Batavia, Chris Hicks.



Spanish Honor Society Front row: Nancy Thompson-A, Laura Kittinger-P, Erin Gilbert-P, Casey Gamett-S, Alden Woo-T, Cindy Kerr. **Back row:** Jennifer Douthat, Karrie Mensing, Christopher Gunther, Matt Chidley, Kirsten Dexter, Isabel Gomez, Sandy Choe.

D ID YOU HEAR THAT NOTE? - After performing, Lindsay Johnson and Jessi Davis chat about how their group did. Chamber Ensemble students not only sang for the school, but also took their talent into the community. Lifetouch Photo

E YES FORWARD, BACK STRAIGHT AND SMILE —

During their performance in the Christmas assembly, Whitney Padden, Erin Eells and Phoung Vo concentrate on singing. Being in a choral group required full attention on vocals and director Dwight Graham. Lifetouch photo

D O YOU HEAR WHAT I HEAR?

Belting out the next tune, Lesley Howson, Meredith Martin, Sarah Rudd, Lindsey Chapman and Meg Stevens each harmonize their voices for the audience. Choral members trained daily to perfect their songs for performances. Lifetouch photo









Steppers

Front row: Farrah Bowers, Nikki Thomas, Tiffani Hargrove-M, Danielle Bonner-M, Tamara Ricketts-M. 2nd row: Allison Williams, Topaz Wise, Shermaine Bracey-C, Tiffany Evans-C, Angela Carter-C, Shawnte Branch, Katrina Hill, Kiesha Rose. Back row: Andrea Nachman-A, Raven Sickal, Shauna Chavis, Reneta Haynes, Caron Jones, Haniyyah Nu'man, Zuliekia Ricketts, Taneisha Bostick, Susan Jones, Celena Jones, Taya Burnette, Bryn Davis-A.



Steppin' Out

Steppin Out
Front row: Melanie Pridgen, Nadine Balbeisi, Alicia Tressler, Ann Armstrong, Isabel Gomez,
Carrie Morris, Topaz Wise. 2nd row: Whitney Padden, Arin Fleeman, Nicole Adams, Phuong
Vo, Bonnie Estes, Jessica Howard, Shannon Vaden, Christy Takagi, Erin Eelis, Adrienne
Mandiey. 3rd row: Shawn Walker, Claire Buckland, Melanie Moyer, Stephanie Gilder, Anita
Cheng, Jennifer Domagalski. 4th row: Theresa Burns, Nichol Tipton, Brooke Wilkins, Tanya
Bledsoe, Crystal Hall. 5th row: Tricia Twedt, Jennifer Chidley, Angie O'Connor, Kerl Preston,
Mindy Valsechi. Back row: Beth Brown, Elizabeth Gorey, Marta Cerull, Jessica White.

United By Song Choruses Bond Together

o Re Mi Fa So La Ti Do...these syllables sung daily in the warm-ups of chorus classes resulted in one of just a few similarities between the four groups. A normal day entailed warm-ups, singing and in some cases, dancing. The four groups, Concert Choir, Chamber Ensemble, Steppin' Out, and Center Stage each reflected an individual personality and style ranging from types of music to types of choreography. The different styles of each ensemble helped students to decide which group suited them.

Steppin' Out, an all-girls' show choir, and Center Stage, a mixed show choir, each sang and danced their way through competitions and performances. However, the style differences between the two groups went far beyond the gender of the singers. Co-dance captain Bonnie Estes commented that she enjoyed an all-girls' group because, "we're able to relate to each other, which helps us

when singing and competing." Others agreed and felt that being in an all girls group enabled students to build better relationships.

Center Stage students, on the other hand, felt that being in a mixed show choir had its own advantages. Junior Namita Kukreja said that, "you can get to know people in different ways than you can in an academic class or in another chorus group." Students in this group also had the advantage of taking trips to other cities to compete.

Chamber Ensemble, a mixed group, differed from the show choirs. This group, while not taking as many trips to compete, still perfected their music for the entertainment of others. They often traveled to nursing homes, where they sang Christmas music for the residents. With the recent addition of males to the class, the ballads and contemporary songs gave the audience a different view of the group. Vice President of the group Pam

Lowry commented that the group has made positive changes since males joined the once all-girls' group. "It's added a lot to our group and has opened new doors to the type and style of music we can sing," said Lowry.

Concert Choir enabled students in grades 9-12 to sing and dance without an audition. Usually, students chose this group to start their career in the music department or to experience a different type of elective. Although these students didn't travel to competitions, they did choreograph most of their songs for performances, such as the Spring Concert, which they performed for fellow students.

Whether a member of Concert Choir, Steppin' Out, Chamber Ensemble or Center Stage, each singer and performer put forth effort and their voice to represent their group as a whole.

By Kathy Neer

Moving through their song, Allison Williams and Erin Smith concentrate on the next note to sing. As first year students, Concert Choir members worked to establish themselves from the other choral groups. Lifetouch photo





Technology Students

Front row: Price Beazley-P, Sarah Fleeman-VP, Christopher Williams-S, Eddie Hidalgo-T, Michael Carpenter-SA, Cam Arthur-R, Dan Smith-PA, Corenzo Callis-H. 2nd row: James Ketchum, Christopher Gunther, Chip Harris Soun Chhayrath, Tyrone Lee, Steve Chesley, Brandon Stewart, Tom Wojciaczyk, Natalie Wigginton. Back row: Anthony Berger, Bryon Poindexter, Michael Foan, Bill Thomas, Lewis Wilkerson, Matt Noyes, John Gonzalez, Terrell Nicholson.



STOP

Front row: Tanaka Allen, Fred Hardin, Rob Volk. Back row: Reneta Haynes, Don Keifer, Kelly O'Connell.

Play Me a Sweet Melody

Students Tackle Music Notes

A IMING FOR PERFECTION — Molly Dohogne, Issa Jackson, and Kean Inniss study their sheet music as they concentrate on the notes they play. Experienced violinists had to develop skills that would enable them to tackle difficult pieces of music. Ginger Hudson Photo



Entranced by the harmonious music, the members of the audience swooned with the crescendos that evoked emotion. The drums pounded, and the conductor waved his arms while the music reached its height. The music abruptly stopped, and the audience, taken by surprise, did not make a single sound.

Orchestra and Band classes performed pieces of music and practiced until they reached perfection. Symphonic Band member Matt Hendershot said, "I practice the trombone 45 minutes a day when it's possible."

Students took band or orchestra as a class and had usually played instruments for a number of years. These classes, usually considered electives, were taken by students in order to change the usual pattern of the day.

Playing a stringed instrument took time and dedication. Orchestra teacher Doug Kellner said, "Learning an easy piece

can take only a few minutes, but it takes several weeks for harder pieces because they require more technical interpretation." When asked the kinds of music he selected, Kellner commented that he tried to expose his students to a variety of different types of music.

Senior Jay English, who played the viola, said, "Some people have natural skills and some don't. You can tell who has it or who hasn't. I like to think I have some natural talent." Musicians in both the Orchestra and Band classes practiced often to memorize compositions.

All the practicing paid off in the end. Emily Smith said, "It gives you opportunities to do other things with music like district band, All-County and a trip to VCU that you wouldn't normally be able to do."

In May the Symphonic and Jazz Band members attended spring tour in Myrtle Beach, South Carolina, where they competed and joined in the festival. Jenny

Kwitchen noted that she "thoroughly enjoyed the festival," and Matt Wooldridge added, "The best is the satisfaction of winning competitions."

Wooldridge got involved with band "because my dad's a band director. I didn't exactly have a choice but then I liked it." Continuing with the saxophone over the years and practicing three hours a day helped Wooldridge earn a scholarship to college.

All four bands performed in the Christmas and Spring concerts. They also participated in mandatory tag day. Band members went door to door asking for donations to pay for the spring tour, new chairs and instruments.

Members of Band and Orchestra devoted time and energy to perfecting their musical skills and with their instruments, combined together to produce a work of

By Amanda Anderson and Ginger Hudson



Tribe Scribe

Front row: Amy Singletary, Mary Rose Emilg, Manda Bell. 2nd row: Nick Britton, Michael Hanzel, Suzanne Paster-ElC, Karen DeCicco-A, Shawn Howell, Jay Batavia. Back row: Mellssa Knight, Michael Jones, Kelly O'Connell, Chris Nelson, Kelly Watkins, Del Harris, Camia Gibson, Nikki Carter.



Theater Production

Front row: Todd Salyer, David Brown, Matt Moyer, Erick Roberts, Qary Lederman-P, Stuart Hollins-P, Eric Norris. 2nd row: Ann Charlotte Corrin, Elizabeth Knight, Ann Armstrong, Ali Vaughan, Emily Qathright, Bonnie Estes, Elizabeth Lemieux, Erin Eells, Jaime Congable. Back row: Erin Lessin, Margaret Carr, Chandl Morgan, Reglnald Bridges, Christie Klouse, Blaine Ashworth, Ashley Clark, Catherine Twigg.



T HE THREE MUSKETEERS — Paul Kelly, Matt Wooldridge, and Kevin Kincaid liven the Winter Assembly with the sounds of their saxophones. The Winter Assembly was one of two concerts at which they played in December. Lifetouch Photo

P LAY ME A SWEET MELODY - Sharing their sheet music, junior Tommy Sobieski and sophomore John Shin focus their attention on the quality of the notes they produce. Orchestra classes practiced daily to perfect pieces. Ginger Hudson Photo

PUCKER UPI — Performing the morning before winter break, Melanie Armstrong and Omni Carter entertain the student body with the yearly rendition of "Sleigh Ride." The music, consist-ing of other carols, captured the spirit of Christmas. Lifetouch Photo







VICA

Front row: Alana Wilson, Angie Webster, Sheri Powell, Kristy Cordle, Marty Luce, Rey Perez, Chris Lhuillier, Gina Fenger, Ruby Slayton-A. 2nd row: Jim Hail, Jeremy Page, Jesse Pilla, Rochelle Vankallen, Joy Absher, Lonnie Blevins, Ty Avent, Eric Brown, T.J. Mobley, 3rd row: David Kim, Brian Conklin, Kenneth Fletcher, Alan Homan, Kevin Richardson, Carrie Spease, James Lambert, Jon Heindl, Katie Boots. Back row: Phillip Dean. Chris Mizell, Sabrina Kennedy, Patty McFarland, Chris Edwards, Chris Fuller, Scott Leigh, Charlie Gerow, Melissa Pherson.



Center Stage

Front row: Namita Kukreja, Jason Glover, Danah Dargon, Freddie Jurgens, Lindsay Chapman, Blaine Ashworth, Lesley Howson, Damian Thomas, Carrie Weldon. 2nd row: Joel Lee, Mary Richerson, Scott Haynes, Meg Stevens, Peter Kain, Christine LePrell, Elliott Brown. 3rd row: Sara Eells, Derek Durkovic, Sara Rudd, Jason Seiden, Meredith Martin, Nathan Foster.
4th row: Sterling Harrell, Whitney Schechter, Dan Mee, Beth Kelly, Phillip Lawson. 5th row: Vince Ettare, Amanda Waltman, Andy Higgins, Shannon Flynn. 6th row: Stacey Farone, Aaron Margeson, Casey Garnett. 7th row: Courtney Wheawill, Dave Brown. Back row: Beth Roberts.

ALL FOR ONE — Along with her fellow Marching Band members, Melanie Armstrong bows her head and closes her eyes to focus before practicing the field show. The members of the Marching Band performed this ritual at every practice and game to help them concentrate on their upcoming performances. Ernie Woodcock Photo



Advanced Jazz Band Front row: Laura Ludeke, Paul Kelly, Matt Wooldridge, Kevin Kincaid, Marcus Wilder. 2nd row: Kris Tomlin, Stuart Tatum, Cory Mansfield, Jonathan Colvin, Jay Crosby, Julie Ogle, Drew Zima, Melanie Armstrong. Back row: Davey Freeman, Chris McClish, Todd Salyer.





Marching Band

Marching Band

Front row: Brian Roop, Matt Hendershot, Adam Schumm, Anne Hendershot, Jaime Congable, Rebecca Zapach, Crystal Tucker, Jennifer Chidley, Audry Jacobs, Steven Davis, Derek Demmler, Eller Woodcock, Meredith Scott, Jennifer Matthews, Jennifer Greenawalt, Christina Kennedy, Karen Kettels, Jenny Kwitchen, Ann Charlotte Corrin, Ashton Toler, Beth Roberts, Chandi Morgan. 2nd row Todd Salyer, Lori Petin, Sara Strout, Brad Nelson, John Congable, Chris McClish, Dave Freeman, Curtis Wendell, Chris Fessler, Ja Morris, Kristen Davis, Kim Rainbow, Rachel Lumsden, Stact Strosnider, Suzanne Paster, Emi Hayashi, Janet Gripshover, Melanie Armstrong, Gina Wooldridge, Laura Sarber, Amy Peko, Myme McGonigle, Butch Simmons, 3rd row: Laura Love, Mike Armstrong Walker, Bill VanLear, Aaron Cripe, Beth Neider, Martin Hughes, Karen Dyke. Back row: Chris Balessone, Laura Ludeke, Brad Thompson, Kevin Kincaid, Greg Bowman, Joe Darmstedter, Alan Bryanl Jeremy Bragg, Mac Harris, Jamie Durkovic, Emily Smith, Pat Covert, Matt Chafin, David Cockerham, Matt Beaman, Mark Ludeke, Lee Fairbanks, Stuart Tatum, Cory Mansfield, Catherine Twigg, Megai Demmler, Stephanie Cunningham.

Marching to a Different Beat

Step It up With the Marching Chiefs

The crowd of spectators looked on as the playrs cleared away. Suddenly field became a stage, and an orange and white hass surged out to perform a mass more commonly nown as the Marching land.

Marching Band season lid not start in September vith school but began in ate July with band camp, vhich lasted for one week. 3and camp prepared narchers for the field show performed Aladdin, hroughout the season, by supplying them with the nusic and the choreograbhy needed. Practice began early at 8:00 a.m. and asted for eight hours each day. Band camp also allowed members to meet new people and get in touch with old friends before school started in the fall.

Students like Beth Neider joined the Marching Band

because they thought that "it would be fun to get involved with." A number of students got involved with the band because they believed it would benefit them in the future. Melanie Armstrong said, "I'm in band because I want to major in music in college." A member of both the Fall and Winter Guard, Neider said, "I liked twirling, so I joined Guard." However, Amy Peko, also a Winter Guard member, commented, "I joined marching band because I had to. In order to do Winter Guard, you have to also be in Fall Guard."

During marching season, which continued through early November, the band as a whole had opportunities to perform. Not only did they present their field show at weekly football games, but they also performed at competitions and in parades. During the

Spring Tour in April, the members of the band marched at Disneyworld and the MGM Studios. Among other performance opportunities were the Homecoming parade in November and the Richmond Jaycees' Christmas Parade in December.

The most recognized competitions in which the band participated took place at JMU in Harrisonburg and also at North Stafford, where they received first place in all areas but one. Band members enjoyed these competitions greatly because of the self-satisfaction involved in success.

The band helped boost the morale of the members as individuals and as a group. Laura Ludeke said, "When you go to a competition and you do well, it lifts the spirit of the whole band. Then you do well at the next

one because you know that if you did well once, you can do well again."

Bonding between members of the band and guard also proved enjoyable. Certain individuals became friends quickly with one another. Derek Demmler, who shared the position of drum major with Steven Davis, commented, "The band is kind of like a family. We all stick together, especially if something happens." Emily Barbie said, "Most of my really good friends are in Marching Band, and we see each other a lot.'

Not only did the Marching Band supply a needed and enjoyed extra-curricular activity for students, but the band gave them the opportunity to make close friends and to learn valuable lessons about success.

By Lindsey Smith



Intermediate Jazz Band

Front row: Kenneth Crowther, Alex Cox, Eugene Stephens, Chip Harris. 2nd row: Alex Mason, Nathan Dolan, David Hawkins, Andrew Pino, Lori Petin. Back row: Adam Schumm, Ja Morris, Derek Durkovic.



P UMP UP THE VOLUME — Pep Band members Scott Aycock, Chris Balassone and Jeremy Bragg puff out their cheeks in harmony for a pep rally during football season. Members of the Marching Band joined the Pep Band to play in pep rallies. Emie Woodcock Photo



P CLOSE AND PERSONAL — Inspecting cells under the microscope in Ken Butta's Biology 1 class, sophomores Shawna Burgess and Caretta Jones participated in a hands-on learning activity during a lab. Teachers tried to keep students motivated and attentive by including hands-on lessons in the curriculum, such as oral presentations, field trips, labs and guest speakers. Ginger Hudson Photo

Techniques

Spending day after day and hour after hour listening to lectures, taking notes and reading helped students enrich their minds and increase their academic excellence. The high school years prepared students for the world that exists once their public education had become a memory.

The students' work did not end when the bell rang to dismiss class. Study halls provided time for tutoring by teachers, National Honor Society students or friends. A small number of students used their study halls wisely by taking a seventh class. Students taking seven classes made time for after-school help. Time after school also gave students the opportunity to make up work and tests. Hours of homework and studying kept many students burning the midnight oil.

What was the purpose of all this hassle? To the majority of students, the years of work would help them earn their acceptance to college. Others journeyed straight into a career. Whichever path a student decided to take, high school offered successful techniques to a strong academic foundation.

By Ginger Hudson

Reading and Writing 101 Learning to Fly

ontinually finding tic prowess outside their yourself speaking in iambic pentameter? Longing for a world where constant parallel sentence structure reigns supreme? Going to sleep with visions of Transcendentalists dancing in your head? Maybe you should join a support group for English fanatics, or better yet, why don't you sign up for a couple of English-related classes to satisfy your appetite for the subject? Specialized Englishrelated courses like Journalism, Creative Writing and Yearbook gave students the opportunities to show off their linguis-

regular English classes.

Creative Writing, a longtime favorite among aspiring writers, provided students with a vent for their literary musings, as well as a way to refine and improve their writing. Students gained instruction on use and manipulation of the English language and faced subjection to the criticism of their peers. In an attempt to help those taking the class develop their writing skills, assignments were given in areas such as poetry, short stories, and songwriting. Second year student Julian Cook said of the class, "If you

want to be a writer, it's a good class to take." Students taking Creative Writing often planned to use the skills they gained in a future career.

Those students taking the regular, required English classes also found something to cheer about. Junior Glenn Narad exclaimed, "I love English, and having Mrs. McGrath for a teacher is a special treat!" Freshman Anne Cheatham named novels as her favorite unit covered in class "because they're more interesting than short stories and plays." Senior Matt Chidley agreed saying, "I like the novel unit because it's very in depth."

However, a number of students had ideas as to how the classes could improve. Junior Kirsten Dexter said that classes could improve "if we had

more creativity and it wasn't just bookwork." Senior David Huguet expressed his plan for improving the classes. 'Study the classics, but then present them in a modern way so that they relate to people's lives and they can see the similarities.

In addition to the development of writing skills provided by the specialized courses, these classes helped students to further their creativity and thinking skills. Still proving themselves as essential fixtures in education, English classes helped students by forcing them to enrich their minds with literature and to explore the language they rely on everyday.

By Caroline Gates



'M STILL ALIVE - Lynne Czekala gives her rendition of an old Pearl Jam classic during her study time in Judith Land's Creative Writing class. Czekala brought in her guitar for a presentation in songwriting, one of her assignments for the class. Caroline Gates Photo

SLAPHAPPY — Overtired from enduring grueling hours of editing, Yearbook Editor Susan Givens finds a quick moment of levity. Yearbook staffers often stayed after school to work on meeting deadlines, sometimes finding it necessary to stay as late as 8:00 at night. Shannon Belcher

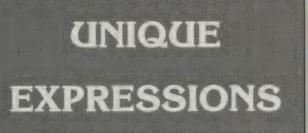




SHH...I'M WORKING — Rebecca Williams quietly concentrates on some work at the beginning of her English class, while Michael Genovese clamors with his chair behind her. Often students used the extratime at the beginning of class to finish up some work for the next class. Caroline Gates Photo

STUDY BUDDIES — Creative Writing students Allison Titus and Kristen Harrell look over a newspaper during study hall. Using time during study, students taking Creative Writing were able to work on assignments for class and get advice from Judith Land on their writing. Caroline Gates Photo







"I really liked the novel we read last year, Lord of the Flies. I liked it because it was deep; you could get into it on many different levels."

-Renee Edwards



"English. I've never really thought about it before. My only real thoughts about it are, 'English...Hey! I speak it and so can you.' That's it'"

-Curt Waskey

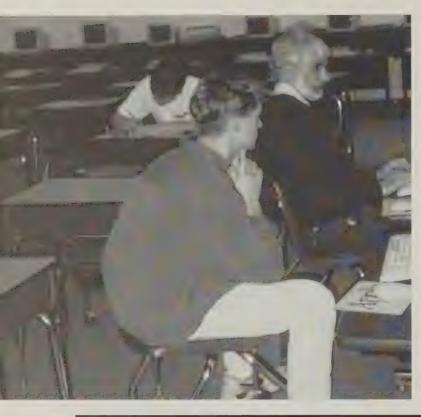


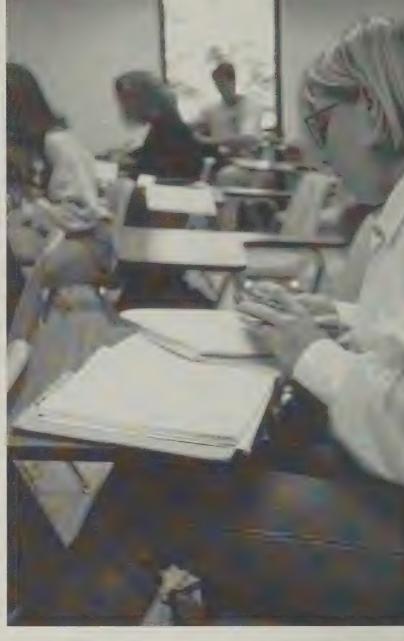
"English should not require so many essays that are graded hard, and there's too much stress on grammar because I talk the way I want to."

-Dawn Jordan

ET ME SHOW YOU HOW
— William Carloni takes
time after school to work with
Cory Mansfield on the computer. Teachers often stayed after
school to instruct their students
if they needed extra help.
Reneta Haynes Photo

W HAT'S THE ANSWER?
— Working hurriedly to finish her homework, Suzanne Paster tries to get the answer to a problem. Students often tried to finish their work in class so they would not have to haul their books home. Ginger Hudson Photo





UNIQUE EXPRESSIONS



"After learning a new term in math I think that I can summarize it correctly. Math is like a fractal. It is the same no matter what level you're in."

-Stephanie Upshaw



"I think math is the basic criteria for everyday situations. More importantly, however, it is used all the time in a person's education and career."

-Cori Singletary



"I enjoy math most of the time, although it is a little complicated sometimes. It just seems like there are too many letters involved for a math class."

-Louis Nguyen

Students Work To Solve Problems Figuring It All Out

Math can be fun! Every year of their lives students had this idea drilled into them, hoping that one day they would come to believe it. Matrices, vertexes and variables all played a part in setting the math scene.

Students disagreed on the importance of math and the level of difficulty. On one side, Rebecca Snyder said, "I like my math teacher, but that is about the only thing that I do like. Math is hard to understand sometimes and often seems useless." On the other hand, students like Chris Jones felt just the opposite. He said that he enjoyed math because he "found it easy and stimulating." Alicia Tressler also found math enjoyable. She commented, "I like math. It's actually my favorite subject, but I think it depends mainly on the teacher."

Most teachers and students believed that math would aid students in the future. Freshman Whitney Russell said, "I think that if you are going into the architecture field, then taking geometry would come in handy.' Jennifer Chidley thought that she could use math for her taxes. She commented, "I need math in order to fill out my tax forms, and I want to know where I stand with my budget." Math department head Louise Ragsdale said, "Math is very important. It makes you competitive in business and gives you the logic and thinking skills needed for a career."

Other opportunities for math activities came up for any students wanting to participate. Held about six times a year, the Virginia Math League or VML contest invited students to come and test their math knowledge. Teachers offered extra credit for taking this test and for getting some of the problems right. Ragsdale said, "A lot of students take math seriously and get involved with the contests offered." At the first VML, so many students showed up that the cafeteria had to be used in order to have enough room to seat everyone.

Students also participated in the annual American High School Math Exam (AHSME) for a fee of one dollar. This

exam paid off in the end for students who scored high, because Virginia colleges awarded scholarships.

One more activity for those who enjoyed math presented itself in the form of the Chesterfield Math League Competition. For the third year, students showed up at Byrd High School to compete once a month against various schools.

As students participated in math classes and contests, they learned important skills that would aid them in the future.

By Heather Sahli





WHAT DO WE DO NOW — Wondering how to occupy themselves in math, seniors Heather Sherron and Rosa Rho patiently await the end of class. Occasionally, students finished their homework and classwork early, providing them with extra time in class. Susan Givens Photo

S TAYING ON TASK — Math teacher Susan Raynes tries to finish grading test papers in order to get them back to her students on time. While students completed classwork, teachers often took this opportunity to catch up on paper work. Reneta Haynes Photo

Enlightening Students on Their World Blast From the Past

Wars, dates, people, timelines, definitions, thick textbooks, outlines, reports, current events and notes ... notes and more notes. If these words seemed familiar, then you must have experienced the wonderful world of Social Studies. These words popped into peoples' minds as soon as someone mentioned Social Studies.

For students, Social Studies seemed more in the present than in the past. Students ventured to class every day to enrich their minds about events that had already occurred. However, History teachers tried to incorporate current events into the regular curriculum to help students see the importance of past events.

Although students needed three Social Studies credits in order to graduate, they sometimes debated the necessity of this requirement. Kathryn Payne said, "Everyone needs to understand the events happening in the U.S. and in the world. People have to know about the history of our country." Social Studies department head Jodie Felice felt that So-

cial Studies could be related to life in general. "Every time you solve one problem, another is created."

Social Studies classes included Global Studies or World Geography, United States and Virginia History, and United States and Virginia Government. Students also had the option of taking more than the required number of Social Studies classes. These classes ranged from extra Govemment and Law classes to European History, Elizabeth Hobbs said, "History is a good class to take. European History is more than a regular class because it's AP, so it is taught like a college course. The class is a lot of work, but it is also a lot of fun."

Teachers tried to keep lectures to a minimum

and get the students involved in discussions. Social Studies teachers thought that their subject was important. Robert Sears said, "History is a picture of how we have become what we are. An individual or a group of people who cannot look back to the past cannot look forward to its future. We are human beings whose progress depends on the contributions of humans who came before us. We all belong to this human community and share in its future. We create history each day, and in time will become a part of past history."

Whether taking notes or memorizing facts, students realized from their studies that the past ties in with the present as well as the future.

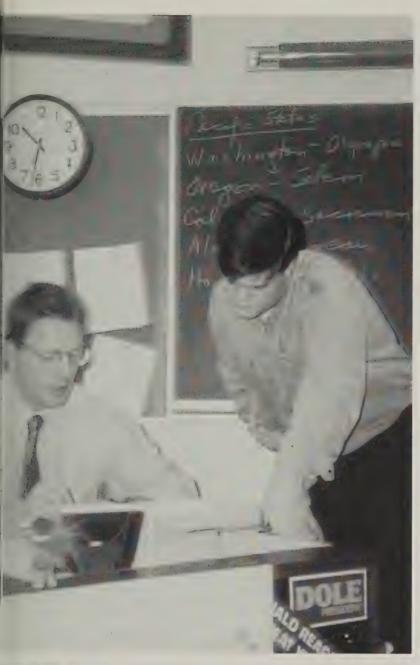
By Kelly Schmidt



After a hard day taking a test in Judy Baker's Global Studies class, Melanie Moyer finishes up her work after school. Teachers sometimes found it hard to condense material into a 45-minute test. Kelly Schmidt Photo

Needing assistance with a minor dilemma, Tamara Ricketts receives guidance from her U.S. History teacher, Clare Tilton. Students often sought out their teachers to answer questions. Kelly Schmidt Photo





HAT'S THE ANSWER?
— Approaching his teacher, Andy Higgins gets the answers he wants from Billy Abbott. During class students felt free to venture to the desks of their teachers so they could relieve their concerns. Summer Stephens Photo

DO YOU UNDERSTAND THIS ASSIGNMENT? —
Before class Derek Demmler and Amanda Waltman discuss an assignment for their U.S. and Va. History class. Students used the extra time they had to discuss the events of class and upcoming projects. Summer Stephens Photo



UNIQUE EXPRESSIONS



"I think Social Studies is important so that students can understand our past and learn from it so that we don't make the same political mistakes in the future."

-Michelle Carver



"I find history interesting, and it is one of my favorite subjects so it stinks not being able to fit a Social Studies class into my schedule as a sophomore."

-Ashton Toler



"I think Social Studies should be a required part of the school curriculum because it opens students' minds to what's going on and what went on in other parts of the world."

-Ellen Woodcock

G ETTIN' IT ALL TOGETH-ER — Cory Mansfield cleans up after a lab in AP Chemistry. As Mansfield showed, safety was always practiced in the lab by students wearing goggles and following directions. Ginger Hudson Photo G ETTING A NEW PER-SPECTIVE — Senior Matt Wheeler measures his angle with his handmade horizontal accelerometer on The Wirbel Wind. Science students learned through hands-on experiences, such as labs and field trips. Martin Goehle Photo





UNIQUE EXPRESSIONS



"Science is important because it plays a key role in the preservation of the earth, and we really need to improve our planet. It's the only one we have."

-Diallo Camara



"I enjoy labs because I like the hands-on experience, and I feel like I'm learning more. I also like learning how things work, especially the human body."

-Annie Bauer



"I took AP Biology so I could have Mrs. Jefferson like my mom did, and science helps me have a better understanding of the environment and what makes people people."

-Lindsey Reynolds

Science Engulfs Students Surrounded by Nature

Science. It surrounds you. Whether you love it or hate it, it encompasses your daily life and leaves you without an escape. And for those who love science, a wide range of classes allowed the left-brained student to run wild within the fields of science.

Courses offered through the Science Department included Earth Science, Biology, Chemistry, and Physics. Robbie St. John said, "We are fortunate to study Science at Monacan because the department is well equipped and diverse." Chris Williams agreed and added, "I like Science, especially Physics, because the labs are better than Chemistry."

Some students even took two classes of Science because they felt it would help them in the future. Alden Woo said, "I take Biology because it will help me in the future since I plan to be a doctor." Elizabeth Knight agreed saying, "I would like to become a veterinarian for the great cats, meaning lions, panthers, etc. And I think it will help me get ahead in college."

Not all students pursued Science with the same intentions. Stan Boyd said, "I take Physics because it is required; it has nothing to do with what I intend to do with my future." Other students like Michelle Bowling disagreed. "I love Science! It is important because it helps you grow and is incorporated into everyday life." Jamie Smith had his own reasons. "Since ninth grade Biology with Mrs. Quinley, I have liked Biology, so I decided to take AP. And since I intend to major in Environmental Science, it's helping me prepare for my future."

So what did students gain? "I learned more about the human body and basically biological organisms in general," said Woo. Kim Rainbow said, "I've learned that everything that happens, whether it's in planets or animals, is more complicated than I could have ever imagined. There's so much to learn! It's amazing."

And what motivated teachers to teach Science? David Riley said, "People have to learn to be good problem

solvers, and it is important to understand the world around them." Jill Quinley didn't even intend to be a teacher; her major was in Medical Technology. Quinley said, "I really love science. I love the equipment, the lab set-ups, and the intrigue of what makes the experiments work."

Regardless of students' individual qualms about Science, they found themselves inspired and unable to deny its importance in their world.

By Shannon Belcher





W HHOOOAAI — Carey Thompson, Charlie Jung, Amy Brailey, Drew Zima, and Maura Williams enjoy an AP Physics field trip to Busch Cardens. They used vertical accelerometers to measure force on The Battering Ram. Martin Goehle Photo

S TRIKIN' IT UP — Katie Schwieder starts a Bunsen burner in preparation for a lab in Barbara Goehle's AP Chemistry class. Science students were involved in an abundance of hands-on learning through labs, Ginger Hudson Photo

Students Learn a Foreign Language Ways to Communicate

Hello. Hola. Bonjour. Guten Tag. Although these words came from different languages, they all meant the same thing. These simple greetings were some of the first words learned when taking a language, and students practiced speaking them to their friends in the halls. By learning a second language, the students could express themselves differently.

While some students chose to take a foreign language for the Advanced Diploma requirement of three credits, others took it for different reasons. Senior Heather O'Donohue, when she

first decided to take a language, chose Latin because "you don't have to speak it, but just write it. It helps you improve your English skills." Sophomore Angela Moore chose Spanish because she heard it was the easiest, and Junior Julian Cook picked French because he liked the way it sounded whenever someone spoke it.

Other students, took a language so they could travel to a foreign country and speak to the natives. Cook planned to travel to France to write stories and play music. Others hoped to continue their language study

in college and to use it as part of their careers.

When asked what she liked best about taking a foreign language, O'Donohue said, "The best thing about Latin is all the history and gods and mythology; that's really interesting." Cook added, "When you learn a different language or a different way to speak, you double your vocabulary." Cook talked to his dad in French when he got mad at him, and he spoke French to other people so he could confuse them. Moore commented, "By taking Spanish, I am able to broaden my horizons and learn about other cultures." She used Spanish to talk to her Spanish- speaking rela-

On the other hand, when asked what they hated most about learn-

ing their language, Cook said, "Having to learn and study the history was tough." Moore added, "It was confusing to think in Spanish instead of English." O'Donohue disagreed and said, "I didn't think Latin was hard. We didn't speak it." Julie Kadlubowski thought German challenged her because of the difficulty in speaking it.

In advanced level language classes, teachers required students to attend at least one cultural seminar as part of their year grade. They also designed and presented projects for certain chapters. Varying from oral presentations to conversations to crafts and essays, students discovered different ways to communicate.

By Mallory Smith



EARNING TO BE WORLD WISE — During Frau Berry's German class, aside from learning grammar and vocabulary, students learn about Germany. Several students hoped to travel to countries during the summer to observe their varying cultures. Debble Sweet Photo

• RGANIZATION IS EVERY-THING — After knocking over a case of colored pencils during Latin class, senior Matt Wheeler collects and organizes the pencils. Students felt the need to practice organization skills and develop them in the classroom. Amanda Anderson Photo





J UST LIKE A QUEEN — Junior Amy Brown gives a presentation on ancient Indian civilizations, such as Mayas, Incas and Aztecs, before her fourth-year Spanish class. Wearing a greenfeathered headress, she talked about the rulers, customs and cultures of these civilizations. Mallory Smith Photo

P UT ON THE SPOT — Juniors Gray Guy and Laurie Knowles present a conversation before their French class. Teachers evaluated the students' abilities to learn a foreign language through impromptu dialogues in front of the class, much to the students' chagrin. Mallory Smlth Photo





UNIQUE EXPRESSIONS



"I decided to teach French because I love the French language and seeing students learn to appreciate the language and the variety of French culture."

-Anne Driscoll





"I like the way Spanish sounds and I enjoy the culture. Also, I like the encouraging attitudes and enthusiasm of the teachers."

-Angela Naggles

"I decided to take Latin for the cultural experience. It has helped me develop a better understanding of the English language and improve my language skills."

-Somer Pittman

1 -2-3 BREATHE — Freshman Kristina Kessler practices cardio-pulmonary resuscitation on one of the CPR dummies during class. CPR was another part of the Physical Education curriculum that allowed students to learn through hands-on experience. Jamie Chenault Photo

ORKING UP A SWEAT!
— Freshman P.E. student
Colin Atkinson spots fellow student Sherise Lee while she
works on one of the weight lifting machines. Weight lifting was
one of the many activities in the
Physical Education curriculum.
Amanda Anderson Photo





UNIQUE EXPRESSIONS



"I enjoy P.E more than health because in P.E you are more active and always doing something, but in health you sit there more than you really do anything. Also, I make better grades in P.E. than I do in Health."

"Jaime Harper



"Students get many benefits out of Physical Education today because it is the only type of exercise they get, and health teaches you about your body and the benefits of exercise."

-Shannon Gregory

"I enjoy health and P.E because it gives me a break from the stress of the rest of my classes, and I have more time to socialize with my friends than I do in other classes."

-Trevor Walden

Let The Games Begin Fitness For All

h no I can't find my gym suit!"
"Do we have health or gym today?" "No, not the mile today!" These commonly heard complaints rolled off the tongues of students of all ages when the pressures of Physical Education and Health seemed too much to handle.

When it came to Health and Physical Education in general, students enjoyed gym much more than they did Health. Freshman Jennifer Oley said, "I hate Health; it is so boring, but I enjoy P.E because I enjoy dealing with sports and and related topics." Sasha Stephens had the same idea, "I don't see the point of Health unless you're going to be a doctor or specialize in the medical field."

Freshmen and sophomore P.E. classes often

dreaded the task of running the mile twice a year. While certain students could not stand to run the mile, others enioved the exercise and the chance to build up their cardiovascular fitness. Sophomore Adam Schumm agreed, "I like physical fitness testing because it helps you to know what your stronger and weaker points are.' Freshman Mitch Hayes agreed saying, "I enjoy testing, but for some it is a little embarrassing.' Students ran the mile, once in the spring and once in the fall, as part of the physical fitness testing.

On the other hand, some students took Physical Education in summer school to get it out of the way. These students could look at taking summer school from several different perspec-

tives: as a way of keeping busy during the summer, as a way of getting a class out of the way for the upcoming year and as an opportunity for rising sophomores to take the Drivers' Education part of the course in preparation for obtaining licenses. Sophomore Nathan Lester said, "I took summer school because my birthday was coming up, and I didn't want to have to wait until I finished Drivers' Ed. in tenth grade so I got it out of the way ahead of time."

Students also had different ways of looking at other aspects of physical fitness. Some looked at it as a way to socialize and have a good time with friends, while others viewed it as a way of getting away from the stresses of other classes. Sophomore Colin Wheeler said, "I like Health and P.E because it is fun, and it gives me a break from the rest of my classes."

Whether students hated or loved the challenges they provided, Physical Education and Health helped freshman and sophomore students both mentally and physically.

By Jamie Chenault





Q UIET PLEASEI — Physical Education teacher Rosalie Wallace instructs her class of freshmen to use the last five minutes of class wisely. P.E. gave students an outlet through which they could release their excess energy. Jamle Chenault Photo

A O.KI — Sophomore Britt Lee gives thumbs up to a classmate as she pumps iron during class. Students enjoyed this aspect of P.E because it gave them the opportunity to work on high tech equipment. Amanda Anderson Photo

Work and Effort Finally Pay Off Anxiety Vanishes

rustration, anger, confusion and discouragement. No matter how much effort and time went into homework, tests and quizzes, the results never reflected the effort. Students sharing these and similar feelings could enroll in the Special Education program. Those uniquely designed classes helped students with learning disabilities as well as emotional problems.

Special Education teachers provided the students with a clearer understanding of questions without giving away the answers. Senior Sabrina Kennedy commented, "Mrs. Lowry reads the questions on my tests and breaks them down to make it easier for me to comprehend." Teacher Denise Lowry said, "I aim to teach my students that they should not be shy or ashamed of their disabilities."

The program also allowed students more time to work on tests and homework. Because they often had the questions and multiple choice answers read aloud to them, taking an average length test would require a student with a learning disability an entire period or more. This gave

them the time they needed so they did not feel rushed through tests and quizzes. Department head Judy Hemmis stated, "We work with smaller groups of students so that we can concentrate on their individual needs."

Special education students often got to know each other and became friends. Freshman Brittany McAllister commented, "No one is shy. Everybody is open, and we all talk and work together." Special education students were not segregated because of their need for extra help. Those who required the most time remained in special education classes for all six periods. Students who needed less time worked a schedule around their mainstream classes, usually with one or two periods set aside for their

special education class. This class time focused on working on long-term projects and homework they did not understand.

Freshman classes focused on study skills and organization. This aided in the transition from middle school to high school. As they progressed, the classes focused on computer skills and reading comprehension.

Learning disabilities showed up at different points in each student's life. While some students began their classes as early as elementary school, others began as late as their senior year. The recognition of the problem did not matter. It only mattered that the classes became available to the student when

By Amy Songhurst

they needed them.



G ETTING THROUGH THE HARD STUFF — Freshman Jamie Martin works on a test away from his cooperative classe. Cooperative classes blended mainstream classes with extra time and help from a Special Education teacher. Amy Songhurst Photo

W ORK WITH ME — Denise Lowry and Donna Worley work with a class of students in order to make the transition between special education classes and mainstream classes. These classes offered a break in pressure but kept things going at a steady pace. Amy Songhurst Photo





S LOW AND EASY WINS THE RACE — Seated in Pattie Winship's classroom, Chris Hale concentrates on completing his exam successfully. Extra time and patience from teachers often helped to improve their scores on exams and tests. Amy Songhurst Photo C ONCENTRATION PRO-VIDES THE KEY — Special Education students often needed peace and quiet in order to think. Sabir Nu'man chose to study by going to a quiet room where he could concentrate and receive help from a Special Education teacher. Amy Songhurst Photo







"The extra time and extra attention make the program work. The patience I receive from my teachers makes all my effort worth the while for me."

-Missie Kielty



"Special Education helps make school easier for me because it gives me someone else to turn to for help figuring out problems."

-Elizabeth Monk



"Special Education is very helpful for me during the times when I'm troubled or confused with my work. My teacher helps me understand what I am being asked on tests."

-Robert O'Conner

SING IT SISTER — As part of their communications class, Stephanie Davis and Mandy Franklin perform a song in Cindy Bomboske's fifth period class. The students lipsynched and choreographed their own musical routines. Amy Guss Photo

LISTEN UP — By listening to their teacher Tina Robertson, Stacey Chelborg and Jason Ferguson learn about drama. The drama class gave students an opportunity to perform skits and learn about the different aspects of acting. Amy Guss Photo





UNIQUE EXPRESSIONS



"I became interested and involved in drama in middle school; ever since, it's been even more fun. Drama class has just furthered my liking for acting. I hope to continue my study of drama and possibly make acting into a career."

-Adam Pritham



"Drama has always been a part of me that I could not suppress. It was and is the part of me that lets me express my feelings freely. I took drama to develop, learn and share my abilities with others."

-Blaine Ashworth

"I think communication classes are important in life because I believe building confidence in yourself is the key to being successful in anything you do in the future."

-Cindy Bomboske

Students Act Up in Class

Behind the Scene Work

A group of anxious actors locate their costumes and props while their upcoming lines ramble through their minds. Anticipation fills the stage as the curtain goes up and the performance begins.

Whether the students performed in a play or skit, hard work and practice were necessary. Months of rehearsals came down to a few minutes of glory for these young performers.

The Drama classes participated in different kinds of performances. The Drama classes read plays, acted out scenes and performed monologues. The class sometimes spent time preparing shows for their parents to attend at night. The students enjoyed performing their pieces in front of an audience. Drama 2 student

Molly Pohlig said she liked performing because, "acting lets you forget all about your problems and think about somebody else's."

Viewing different movies such as *Aladdin* was also part of the Drama's class curriculum. While watching the films, the students observed the lines, costumes and props used in the scenes.

The Communication classes gave students another opportunity to perform during their school day. Students in these classes presented speeches, participated in lip-synch contests and performed skits. The students also prepared pieces for competetion.

These students gained beneficial experience in speaking in front of people, which helped the students prepare for speeches and oral reports in other classes as well as in college or the work place.

Greg Dorazio said, "Communications teaches us to effectively interact with other members of our society and helps us be confident with ourselves and our abilities. Communication allows us to be individuals.' The classes also gave the students valuable job skills in the fields of acting and broadcasting. Pohlig said, "I took the class because I want to be an actress when I'm older."

The Theatre Production class brought the stage to life with their

props and backdrops. They also learned how to effectively apply stage make-up and create costumes which enhanced the performances of the Act 1 Company. Tina Robertson, Drama instructor, saw the crew as "the selfless artists of the Theater Department, creating magic for the stage but never taking the bow."

The lights came up as the curtain closed in front of the applauding audience. The actors took their final bow and the performance ended.

By Heather McIver



G RAY GRANNIES — As part of their Drama class, Taryn Rice and Jennifer Hunter get into character. The Drama 2 class performed Carol Burnett skits in the evening for their parents during January. Amy Guss Photo





Creative Art Students Sparkle

Visual Expression

Jan Gogh, Monet, da Vinci, Renoir, Kwon? This last name may not sound as familiar as the others. Elena Kwon, a senior art student, has not yet sold her artwork for millions. Her name does not recall a "Starry Night" or a woman walking amidst a garden of brightly-colored flowers. Her artwork may not hang in the Metropolitan Museum of Art. Still. artistic talent comes naturally to her.

"As a child, I was always off in a corner coloring, scribbling or copying cartoons off old newspapers. Through inspiration from other art-

ists, I found in art a means of expression and an escape from reality," Kwon commented. Senior Eddie Bing expressed a similar attitude when he said, "I've always been interested in art because it's a form of expression unlike any other, and it's something I believe I do well."

In the spring, art classes journeyed to Maymont Park. Inspired by the beauty of nature, they captured the scenery around them on paper or canvas. Instructor Betty Brinser said, "Bringing out the artist in each student is my goal in teaching. I want their artistic expressions to be as individual as possible."

Brinser also expressed her desire to take classes to Washington, D.C., or even New York. She felt that serious art students would appreciate the trips. Teresa Crispin said of her future, "I would like to pursue a career in cartoon animation because I want to create new and unique ways to teach children and adults how to solve their differences through laughter, to see the lighter side of a problem."

Photography students created their art through the lens of a camera. They learned the correct manner for taking a photograph, so that each picture would develop into a striking memory. They also practiced their skills in the dark room, attempting to bring their work to life. Sophomore

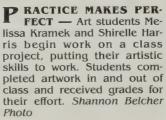
Bethany Rickel said, "I like photography because there's always something new to learn, and I enjoy taking pictures and seeing how they turn out." "Mr. Lewis is a great teacher and gives many wonderful examples of photography," said photography student Sean Zenzen.

Creative art students expressed their views of the world through drawings, paintings and photographs. With a stroke of the paintbrush or a flash of the camera, they created an ideal world and escaped from the pressures of reality. Students found the artist within themselves and also a unique way to express their true feelings to all mankind.

By Amy Guss



E ASY DOES IT — Junior Michael Lee concentrates as he creates yet another masterpiece. In class, students experimented with different types of art, ranging from pencil and charcoal drawings to watercolor and oil paintings. Heather McIver Photo



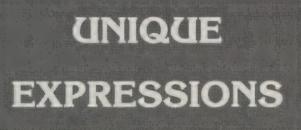




A DAB OF COLOR — Senior Amy Harbison adds the finishing touches to her latest work of art. Students shared the joy of creating something new and unique, an artistic creation that expressed their emotions and became special to each of them as individuals. Shannon Belcher Photo

PICTURE PERFECT — Lee Stryker carefully examines the product of his photographic genius after development. Photography students snapped their photographs and then waited in suspense to finally have the opportunity to view the finished product. Susan Givens Photo







"I doubt I'll pursue a career in photography; I just decided to take it because it's a fun class and something I thought that I'd be interested in. Now, I can take better pictures of the times I don't ever want to forget."

-Rachel Clark



"The world could never survive without art because there is no other means so pure in which to release or express your emotions, no other way to win the battles within your soul."

-Larissa Carpenter

"I wouldn't consider myself a true artist; I just like to draw so I can express myself. I enjoy creating something that makes a statement about who I am as a person. Art class has helped me to do this."

-Kelly Kimmick

RITING IT UP — Practical Arts student Courtney Wheawill applies computer skills in order to complete a report. Practical Arts skills could be applied in many ways which benefitted students' performance in other classes. Amanda Anderson Photo

C HECKING THE TIRES — Auto Shop student Juan Gonzalez examines a tire for a local resident while Jeff Roach, Mike Jones and instructor Dale Blankenship observe. Auto Shop students honed their skills by repairing cars for people in the area. Ginger Hudson Photo





UNIQUE EXPRESSIONS



"Typing helps me write reports because I know where the keys are now and can type faster, so it doesn't take as long to finish projects."

-Catherine Latcovich



"I took computer concepts because computer proficiency is going to become a necessary asset in the near future, and I didn't want to be left behind."

-Bill Thomas



"Basically, I was interested in technical drawing, so I took the class. I've enjoyed the class and have thought about architecture as a possible career in the future."

-Dyer Vest

Practical Arts Prepare Students Planning For Tomorrow

By name alone, Practical Arts classes defied the usual question of, "How will I use this in real life?" Classes in the Practical Arts prepared students to function outside school by teaching skills directly applicable to the working world.

Available Practical Arts courses included classes such as Technical Drawing, Keyboarding, Accounting, Computer Concepts, Fashion Marketing, Technology Education and Automotive Technology. All of these classes centered around the development of personal skills beneficial to future careers.

Practical Arts classes seemed popular with students for a variety of reasons. "I took Practical Arts classes to get a background in engineering before I enter college and pursue my career," commented Matt Noyes, a junior. He also added, "I like that you can work at your own pace, and the teachers are very knowledgeable."

An interest in a course's subject matter proved another good reason for students to take Practical Arts classes. Technology Education student Kevin Hairfield said, "I just like wood, and I want to build stuff for myself." Practical Arts courses differed from most other classes because they were all electives. Nearly all who participated in the courses had a genuine desire to learn more about the subject. For some, these classes served as preparation for higher education or future careers. "I plan to get a job as an architect when I finish college, and this is good preparation," said Architectual Drawing student John Witherspoon.

"I decided to take a typing course so that I'll be able to type my own papers in college and won't have to pay someone to do it for me," explained Jennifer Glace. Several of the available Practical Arts courses, such as Computer Concepts and Keyboarding, while not leading to any one particular field, taught students general skills which could be important in college as well as throughout life. Computer Concepts dealt with basic computer operation and helped to

make students more computer literate. Those who took Keyboarding classes learned the correct methods of typing on computers and typewriters and practiced to improve their speed-typing.

Whether repairing a car, designing a house, using power tools or writing a resume, Practical Arts students all shared one thing in common. All had goals for the future. Practical Arts classes served as stepping stones towards those goals.

By Will Larmore





T HERE'S THE PROBLEM
— Auto shop student Percy Jones examines the underside of a car in an attempt to find any problems. Practical Arts students learned mostly through hands-on experience. Shannon Belcher Photo

W AITING FOR THE BELL
Technical Drawing students Dan Smith and John
Witherspoon prepare for dismissal to their next class.
These students learned to draw
blueprints and other engineering and architectual schematics. Will Larmore Photo

Students Seek Broader Educations Doors of Opportunity

From Advanced Auto to Cosmetology, Tech students learned trades that depended upon the individual's preference of careers. The technical institute offered a wide variety of courses to students who already knew what they wanted out of life or what they wanted as a career.

When freshman became sophomores, doors of opportunity opened to them. About half way through their sophomore year, students learned of the Tech Center through a presentation in their health and physical education class-

es. During the presentation, a film showed all the classes offered at Tech, and someone from the Tech center talked about how the center might advance a student's education. A tour of the Tech Center allowed students a closer look at the facility.

Certain students chose to go to Tech to insure a future for themselves in the working world. Celena Jones commented, "This way I would be able to enter a career field after high school whereas if I stayed at Monacan, I would not be promised that."

T AKING A STROLL — Taya Burnette strolls out to the moming Tech bus, followed by Celena Jones and Shonna Scott. Students rode the bus to and from the Tech Center in the moming or the afternoon, depending on their daily school schedule. Caron Jones Photo

M ISSED YA — Lisa Rowsey squeezes Justin Gillman's cheeks at the beginning of fourth lunch. Being at Tech the first three periods of the day, Rowsey found time to socialize with her friends at school during lunch. Melissa Mottesheard Photo

Other students went to Tech to further their education. "I went to Tech because I thought I could learn more from the class I am taking there than I could at a normal one class period," Caron Jones said. Angela Arrington commented, "I went to get a more experienced education by exploring new and different opportunities in the medical field within a school-paid program."

While some students went to Tech to further their education, others participated for different and fun reasons. The classes differed from those in a ''normal'' school setting. ''I went to Tech because Cosmetology can't be taken at Monacan, and it shortens my day," Taya Burnette remarked.

The benefits of the

Tech program ranged from more than just the academic. Scott Denecker commented, "I get the work experience I need for my career choice. I further my education in the field of my choice, and I get out of third period early." On the lighter side, he added, "Things I will always remember about Tech are all the crazy people that go there, but there are so many things that go on at Tech that you have to be there to understand, like the jokes and stuff."

Involvement in the Tech program influenced students in positive, educational and social ways. While not all students needed or wanted to participate, the benefits of the program proved ideal for those students who did.

Bu Melissa Mottesheard





T AP TAP TAP — Shonna Scott types on the computer during her class periods at Tech while some of her friends sit in English class back at school. Computer class, just one of the classes held at the Tech Center, taught typing and seemed to be a class Scott enjoyed. Caron Jones Photo

B REAK TIME — Lisa Philips takes a break from typing to eat, drink and gossip with a friend at Tech. Taking a break from the stresses of school helped to relax students so they could better concentrate later in the day during their other courses. Caron Jones Photo







"Because there were no nursing classes I could take at Monacan, I chose to go to the Tech Center. The class I take there better prepares me for my career and getting into Richmond Memorial School of Nursing."

-Lisa Rowsey



"I could not get the computer training at school that I could at the Chesterfield Tech Center. It was a good move for me in a career. It proved to be a fun experience also."

-Lisa Philips

"I chose to go because it took up three class periods, and the class I chose to take was of interest to me. I have been going to the Tech Center for two years, and the program benefitted me in more than one way."

-Scott Denecker



A LITTLE WORK AND A LITTLE PLAY — Carefully balancing her racket on her palm, Katherine Chen takes a break from a rigorous tennis practice during the fall. Tennis required an abundance of racket techniques, such as powerful backhands, forehands and serves, as well as total concentration on shots issued from the opponent. Lifetouch Photo

Techniques

With a powerful kick, the dirt-smudged sphere flew sky high and then arched a path over the entire field. Uniformed players in orange and white rushed down the length of the field, and as the ball plummeted to the ground, they pounced and drove it into the end of the journey, the netted goal.

The cheering of the crowd, the cracking of sticks colliding together and the pounding of feet beating against the ground dominated the sounds of extensive physical activity. An athlete needed both physical and mental abilities to compete and also the dedication and inspiration to win. Sports did not require a winning team but a winning attitude and the self-esteem to accept defeat.

Competition between schools and also between individuals increased the desire to win. This factor encouraged athletes to do their best and to push a little harder in hopes of conquering the "enemy." Those students active in sports commented that the hours of training and extensive practices benefitted them because the sweat and exhaustion taught them something about themselves. They learned that they had the power of WINNING TECHNIQUES.

By Amanda Anderson

Cool Runnings

Highs in the low 30's, but the wind chill factor will make it feel like 10 degrees below zero. What a great day to run!

The title "indoor track" fooled many athletes by the intriguing word "indoor." However, everybody noticed that the only track the school possessed was outside. In frigid temperatures, athletes practiced and participated in two meets. Shanna Sivels said, "The only times we practice inside are when we go to the weight room, it is raining outside, or it is so cold your toes are numb."

Under the guidance of Coaches Kathy Hoof and Susan Ferrel, the girls' and boys' team practiced everyday after school. The team prepared for two Polar Bear meets, three indoor meets held at the Arthur Ashe Center and another indoor meet at Fork Union. At these meets, athletes vied for first through sixth place and also tried to achieve qualifying times for the dis-

trict, regional and state track meets.

Veteran athletes like Lisa Smith, Missy Johnson, Sara Carpenter and Amanda Sims led the team to success, but talented freshmen like Valerie Biringer also

"I like to run both indoor and outdoor track in order to stay in shape during the off season from football."

-Bryan Deal

made a difference. At the East Coast Invitational, Biringer placed first in the 500 meters.

The record board had to be altered because of Lynette Johnson. Johnson broke the shot put record during the regular season and then again at the district track meet.

A strong 4x800 relay team led the boys' team in scoring. The relay team, which qualified for the Fork Union meet, consisted of Andy Brown, Dyer Vest, Jon Brown and Alex Glenn. "The boys' team had talent, but they suffered from the losses of experienced athletes," commented Hoof.

In an effort to stay in shape or compete for the school, students rose to their potential. Lisa Smith said, "I know running in this weather seems crazy, but I have been doing it for four years and for some reason I enjoy it."

With this type of mentality, athletes showed what they could achieve by committing themselves to the spirit of competition.

By Reneta Haynes



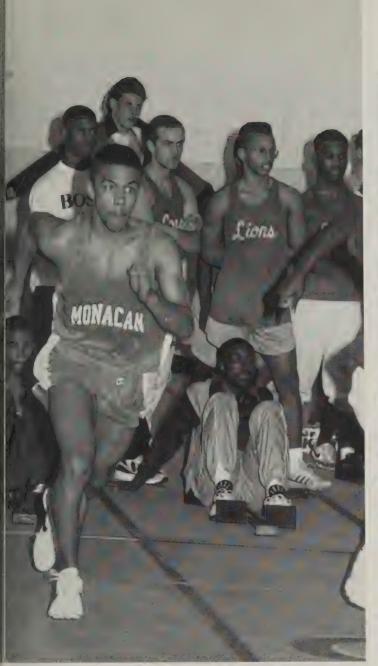


SKY HIGH — Tina Reynolds glides across the air during her second long jump attempt at the Arthur Ashe Center. Sophomore Reynolds was one of the returning athletes who led the girls to the District Championship. Lifetouch Photo



Girls' Indoor Track

Front row: Coach Kathy Hoof, Summer Stephens, Heather Rains, Lindsey Wright, Katherine Stone, Jaime Dowdy, Carrie Estes, Valerie Biringer, Rebecca Phillips, Sarah Alonso, Anna Rucinski, Stephanie Oilder, Anita Cheng, Assistant Coach Susan Ferrel. 2nd row: Heather Sahli, Lauren Czyzewski, Abby Huppmann, Stephanie Camett, Cathy Morris, Brooke Marshall, Katie Hamil, Nicki Wigginton, Paige Colgin, Michelle Northey, Kelly Schmidt, Lynchet Johnson. Back row: Lisa Smith, Lindsey Johnson, Erin Kelly, Rachel Chabalewski, Sarah Diersen, Ivey Lian, Tina Reynolds, Stephanie Brooks, Holly Lester, Brooke McDonald, Amy Bauer, Dana Peirce, Annie Bauer.



GETTING OFF TO A GOOD START — Omar Majeed explodes out of the starting blocks at the beginning of the 100 meter event. Getting a fast start was essential in order for the athletes to achieve a ranking of either first, second or third place. Lifetouch Photo

This thing is pretty heavy

Dan Felts gathers his strength to heave the shot put as far as he can across the field. After spending their afternoons in the weight room, shot putters and discus throwers were prepared to face their formidable competition during the meets. Lifetouch Photo





Boys' Indoor Track

Front row: Matthew Beaman, Joey Logan, Jayson Smith, Mike Murphey, John Witherspoon, Chad Harvel, Alex Glenn, Derek Crouch, Bryan Steverson, Kevin Davis. **2nd row:** Dan Felts, Ryland Dennis, Jerry Jimenez, Andrew Chervenak, David Shaw, Matt Baldwin, Jay Austin, Drew Vaughan, Dyer Vest. **Back row:** Coach Kathy Hoof, Bryan Deal, Chris Martin, Andy Brown, Jon Brown, Jay Crosby, David Todd, Stan Boyd, Shawn Smith, Jason Mann, Sterling Harrell.



EYES ON THE PRIZE — Marcus Wilder sets his goal on crossing the finish line before his Highland Springs opponent. After weeks of outdoor training, athletes showed how their training paid off on the indoor track at the Arthur Ashe Center. Lifetouch Photo

Setting Things Straight

Volley, serve, spike, set. Sound familiar? Of course, we've all had some sort of volleyball unit in Gym class, but how many of us actually know all of the techniques and rules that go into the game? While usually viewed as a game to be played in Gym class or at the beach, volleyball made its way into the realm of extracurricular school sports, with a girls' team which started four years ago and the addition of a new boys'

Players often said that they joined the team to learn more about the sport, but others gave different reasons. Kirsten Dexter explained, "I played a lot of backyard jungle ball with neighbors, and I wanted to continue playing because it was a lot of fun."

In addition to the exercise players gained from participating, they also found extra benefits. David Huguet said, "I understand what I'm doing now. Before it was just, 'I'll hit the ball.' I

didn't know any of the hand positions." Lynne Czekala defined what she gained from playing on the team. "I think it's mostly a sense of teamwork. You've really got to keep yourself in control, mind and body."

"We worked very hard and will build each year. I am committed to the team! The girls are committed to win!"

-Dave Boardway

The boys' team had some extra work to do to get the new team going. Jack Vasko, the coach of the boys' team, commented, "It was very good for a first year team. A lot of the players didn't have indoor volley-

ball experience, so it took a lot of time to learn how to play the game indoors. We were very competitive once we did."

Players expressed optimism about next year's team. Drew Vaughan commented, "Everybody was new; we'll be better next year because the freshmen who played will have experience for next year." Vasko said, "I think we've lost some good senior leadership, but we have a few guys who can step up and take charge. We've got a good base for next year."

Hours of work and practice helped to teach the players to work as a team. Although each of the teams lost valuable members, both the players and the coaches looked to the future for a season of success.

By Caroline Gates



Opponent	BOYS' VOLLI	EYBALL	Scor
Thomas Dale	15-9	1-15	10-1:
Clover Hill	15-10	7-15	5-1:
Huguenot	15-3		15.0
Midlothian	2-15	6-15	
J.R. Tucker	5-15		13-15
L.C. Bird	10-15		13-15
Thomas Dale	6-15	15-5	11-15
Manchester	9-15	15-11	15-10
Clover Hill	3-15	15-10	11-15
Huguenot	13-15	15-4	15-8
Midlothian	7-15	15-11	14-16
Highland Springs	13-15		13-15
L.C. Bird	15-11		16-14
Lee-Davis	6-15		15-17
Manchester	15-11	13-15	15-8
Midlothian	10-15		8-15



Boys' Volleyball

Front row: Jason Henthorn, Mike Murphey, Drew Vaughan, Dave Shaw, Steve Nielsen, Doug Murphey, B.J. Jenkins. **Back row:** Coach Jack Vasko, Matt Martell, Jeff Harper, Michael Holt, Jeff Showalter, Brad Clayton, Charlie Bickel, Mike Clayton.



W ONDER WOMEN — Girls' Volleyball players Marie Wassum, Melanie Pridgen and Amanda Sims practice setting a ball after school. Players devoted much of their free time to practice in order to organize the team better and improve their collective playing skills. Dave Boardway Photo

S LIP ME SOME SKIN — Doug Murphey, Dave Shaw and Brad Clayton end a match by shaking hands with members of the other team. Players did this before and after playing every match to show good will towards their opponents. Sandra Beverage Photo





Girls' Volleyball

ont row: Lynne Czekala, Kirsten Dexter, Catherine Barksdale, Cathere Latcovich, Jen Douthat-C, Maureen Lauper-C, Jaime Dowdy. Back W: Melissa O'Neil-M, Suzannah Fry, Amanda Sims, Heather Landrum-Melanie Pridgen, Coach Dave Boardway, Breanne Landrum-Manager.

GIRLS' VOLLEYBALL				
Opponent			Score	
Thomas Dale	15-10	10-15	13-15	
Hermitage	5-15	15-12	15-7	
Douglas Freeman	7-15	15-9	5-15	
Clover Hill	5-15		5-15	
Huguenot	15-0		15-6	
Midlothian	6-15		9-15	
J.R. Tucker	14-16		6-15	
L.C. Bird	6-15		11-15	
Thomas Dale	9-15		10-15	
Manchester	15-10	8-15	3 15	
Clover Hill	10-15		4-15	
Huguenot	15-2	11-15	15-6	
Midlothian	9-15		3-15	
Highland Springs	15-2		15-5	
L.C. Bird	5-15		3-15	
Manchester	7-15		7-15	

CATCHING UP — Cross country competitors Sara Carpenter and Matt Ellis keep pace with several other runners in an attempt to pull ahead. Unlike track competitors, cross country team members ran off the beaten path during their weekly meets. Lifetouch Photo

N THE RUN — Cross country team member Jay Austin sets the pace during one of the team's after school meets. Because of the long distances involved in cross country races, runners often found themselves separated from the competition. Lifetouch Photo





CROSS COUNTRY Opponent Score Clover Hill 37-18 Huguenot 19-36 Midlothian 39-16 L.C. Bird 20-35 George Wythe 15-40 Manchester 33-22



Cross Country

Front row: Trevor Adams, Jay Austin, Chris Martin, Dyer Vest, Rober O'Connor, Dave Gresock, Doug Bachman, Tony Socha. Back row Coach David Fleenor, Sterling Harrell, David Todd, Stan Boyd, Josephson, Andy Brown, Derek Crouch.



Going The Extra Mile

From the opening gun until the last runner crossed the finish line, the cross country team never slowed down. For the school's team of distance runners, endurance was the name of the game.

Under the leadership of Coach Dave Fleenor, the team ran their way through a season in which they achieved both personal and team goals. When the cross country season began in early fall, the team consisted of a multitude of new runners, as well as a new coach. "We had some hard times during the season, but I think it was pretty good overall," said team member Sara Carpenter.

Cross country competitions usually took place after school at Rockwood Park. Usually two or three schools took part in each cross country meet. Both boys and girls competed in the same races, which were run on one of several park

or school trails. Cross country runners often deviated from the beaten path and ran along wooded trails or neighborhood streets.

Team members practiced three or four times a week

"There were a lot of new faces on the team. We had some challenges, but it was a good season."

-Stan Boyd

by running around the school property and the Smoketree area. The runners often ran close to three miles during a typical practice. Practice helped the runners to stay in good physical condition and to improve their running skills.

Unfortunately, the team lost a close competition at the conclusion of their season. "Overall, the season was good except for a very disappointing finish," commented cross country runner Trevor Adams. Despite this loss, the team completed the season with three victories and three losses.

What made players decide to run with the cross country team? "I joined the team because I just like to run," said Adams. Runner John Witherspoon added, "I think we had good team spirit, which made the whole thing worthwhile."

The cross country team strenghtened both physically and mentally throughout the season. Through practice and effort, the individual runners worked as a team to complete another cross country season.

By Will Larmore





OUT OF MY WAY! — Runner Trevor Adams races to pass a runner from L.C. Bird. During cross country competitions, victory didn't always go to the fastest runner; sometimes the competitor with the greatest stamina triumphed. Lifetouch Photo

BREAKING AWAY FROM THE PACK — Cross country runners struggle to take the lead amidst a mob of opponents at the beginning of a meet. The team competed against several other high schools in each cross country meet. Lifetouch Photo

Shooting for Success

What all-girls' team consisted of 16 players, used skills such as shooting, dribbling and driving, went to regionals and required dedication and teamwork? The field hockey team!

These girls worked for hours after school to practice their dribbling, passing and shooting skills. Practice also consisted of running laps, stretching and practicing their shots. Usually lasting for about an hour and a half, practice was held during every holiday. Shannon Ware, goalie for the junior varsity team, said, "Before practice we run for about 15 or 20 minutes and do different stretches to warm up our muscles.'

Both field hockey teams had winning records for the season. With the varsity team finishing first in regionals against Midlothian and the JV team finishing fourth in the Tab Tournament, the girls attributed

this success to teamwork and new-found friendships. Varsity player Barbara Vlasidis said, "In the beginning of the season we did a lot of individual playing, but once we clicked and got

"There is a lot of pressure when only a couple of minutes are left in a game, and we are either tied or down by one."

-Cathy Morris

comfortable with each other, both on and off the field, we did outstanding."

Motivation to try out for the team came from different sources such as siblings and friends. Ashley Brown, a JV member said, "My older sister Amy was the goalie and she liked it, so I thought I would try out and see if I liked it too."

Players from both teams suffered injuries during the season. "I got hit in the head with a stick during a game. I didn't suffer any serious damage, but I had to be taken out of the game and go home," said freshman Valerie Biringer.

During tryouts coaches judged the the girls on skills and abilities, as well as characteristics that would add to the team as a whole. "I look for motivation, a good attitude, enthusiasm and skills," said varsity coach Rachel Mead.

Through the wins and the losses, the field hockey team never lost their spirit. By learning to work as a group, they maintained the emotional and physical stamina necessary to reach their full potential.

By Jamie Chenault



VARSITY FIELD HOCKEY

Opponent	Score
Lafayette	1-2
Meadowbrook	1-0
Collegiate	0-3
Thomas Dale	3-0
Falls Church	1-2
Washington and Lee	3-1
Meadowbrook	1-0
Midlothian	0-1
Manchester	1-0
L.C. Bird	0-0
Midlothian	0-1
Manchester	3-0
L.C. Bird	3-0



Varsity Field Hockey

Front row: Isabel Gomez, Liz Rezba, Heather Mountcastle, Katie Veach-C, Alison Wenleder-C, Amy Mountcastle, Rosa Rho, Sandy Choe. **Back row:** Rachel Mead-C, Tara Clair, Shelly Porter, Katie Schwieder, Anne Davies, Sarah Franklin, Amy Brown, Jennifer Yoon, Meredith Gompf, Stacey Farone.



RUNAWAY BALL — Varsity player Heather Mountcastle attempts to help her team steal the ball from their Manchester opponents. The Lady Chiefs defeated the Lady Lancers by a narrow margin of 1-0 at a game held at home. Lifetouch Photo

CONCENTRATE ON THE GOAL
— Colleen Lucas eyes the ball with determination as she attempts to score for her team. Players quickly learned that teamwork and dedication were two important factors for winning a game. Lifetouch Photo





Junior Varsity Field Hockey

ront row: Ashley Wilson, Catherine Morris. 2nd row: Melissa Ecknrode, Stephanie Garnett, Ashley Brown, Rebecca Phillips, Caroline ucas, Colleen Lucas, Lindsey Wright, Valerie Biringer. Back row: Coach amantha Wilhelm, Kathryn Payne, Lauren Czyzewski, Mikie Dudley, hannon Ware, Amy Smith, Paige Colgin, Holly Lester, Katie Hamil, Mary llen Payne, Mary Mather-M.

JUNIOR VARSITY FIELD HOCKEY

1-3
3-0
0-0
2-0
1-0
0-0
0-2
0-1
1-0
1-0
1-0
0-1
2-0
2-0

Overcoming the Odds

While other students obtained employment, traveled or slept throughout the humid month of August, the members of the varsity football team dedicated their four hours each day to practice. From 8 to 10 a.m. and then again from 11 a.m. to 1 p.m., the athletes prepared themselves for the upcoming season and what coach Joe Ferrel called "one of the toughest schedules in the state.'

This tough schedule began with a loss to Thomas Dale. Quarterback J.T. Roberts commented, "I think that if we had played Dale later in the season, we would have had a better chance of beating them." Despite their loss, the Chiefs rallied back with a big win over Meadowbrook.

From the beginning of the season, the coaches realized the obstacles they had to overcome in order to achieve victory. Ferrel said, "We had no problem moving and passing the ball,

but our offensive and defensive lines needed work. We also had to overcome the early injuries of Jeff Gillette, Forrest Hulette, David Seabrook, and Andre Thornton."

In addition to surpassing

"Not to be biased or anything, but my favorite game was against Midlothian when I scored."

-David Brown

inexperience and injuries, the Chiefs had to conquer another aspect — the media. After the confrontation with the George Wythe football team, the media offered their opinion about the racial relations and differences in wealth and lifestyle between the two schools. Raashann Sydnor commented, "If it was just a fight between two majority black or white schools, it would have been left on the field for only the players and fans who were there to remember."

Despite the incident, the players still managed to find the positive aspects of football. Troy Jones said, "Football teaches one true commitment, discipline, the value of hard work, team play and how to overcome adversity."

Led by Head Coach Buddy Gregory, the team achieved a record of five wins and five losses. Although the season began and ended with losses, the victories in between proved to be worth the effort that the players exerted during the season.

By Reneta Haynes





ON BENDED KNEE — Troy Jones and Matt Moyer lift up a prayer at the beginning of the Henrico game. They believed that this spiritual act enabled them to have the best possible game they could have each evening. Lifetouch Photo

N THE LINE OF SCRIMMAGE
— Offensive lineman C.C. Allen gets ready to block the Henrico team from the running backs. Blocking was an important aspect of the game in order to move the ball up the field and closer to the end zone. Lifetouch Photo





HERE IS SOMETHING FOR Quarterback J.T. Roberts prepares to give a handoff early in the game. Passing and moving the ball up the field were two of the areas where the Chiefs had experience. Lifetouch photo

RIGHT HERE, PASS IT RIGHT HERE — Andre Thornton breaks away from the defense and escapes to the end zone to wait for a touchdown pass. Receiving passes in the end zone proved to be very difficult against Henrico. Lifetouch Photo





Varsity Football

*Tront row: Troy, Jones, J.T. Roberts, David Seabrook, Jeff Gillette, Andre Thomton, C.C. Allen, fatt Moyer, Forrest Hulette, Raashann Sydnor. 2nd row: Brandi Turner-T, Erin Kirkland-M, James Surgess, Chad Johnson, David Brown, Fred Hardin, Todd Edwards, Lee Stryker, Robert Volk, Donnie Robinson, Craig Norton, Cameron Campbell, Allison Williams-M, Cathy Lynch-T, Rebecca Stryan-M. 3rd row: Jaime Adams, O.J. Cox, Clinton Harris, Andy Higgins, Chris Hale, Joey Ferrel, David Helbert Street Rocks Bridge Learning Walsh, Todd Budzing-M. David Felts. Kevin Chris White, Steve Roach, Brian Zyglocke, Jeremy Walsh, Todd Rudzinski, Daniel Felts, Kevin Danner. Back row: Briordy Meyers, Cloyd Johnson, Antawan Holmes, Nate Hull, Robbie Jamison, Michael Carpenter, Bryan Deal, Adam Garland.

VARSITY FOOTBALL

Opponent	Score
Thomas Dale	20-34
Meadowbrook	40-0
Lee-Davis	(3 OT) 23-26
Huguenot	14-7
Manchester	24-7
L.C. Bird	7-34
Midlothian	35-7
George Wythe	14-13
Henrico	0-18
Clover Hill	13-30

Playing with Pigskin

nly three seconds remain on the clock. A hush falls over the crowd. All eyes look down at the field and focus on the solitary figure in the brown and orange jersey. The boy's eves narrow as he concentrates on the football a few feet away. He feels the dampness of sweat on his forehead as he surges forward, kicking the ball with all his strength, into the brilliant light and through the goal posts.

Students who attended the games enjoyed the excitement, but only a select number discovered the wonder of taking part in one. On Friday nights, everyone showed up for the varsity game, but a number of people missed out on the junior varsity and freshmen teams' competitions on weeknights. Noelle Ogilvie explained why she attended the games. "It's a great way to have fun and meet your friends."

Michelle Carver told of her experience as the only

female on the freshmen team. "At first, the guys wanted me off the team. I was treated very differently; everyone thought I was out there for attention. No one believed that I could finish the season but I did, and I'll

"After you win or lose a game, you worry about the next. You can't concentrate on the past."

-Mike Arrington

probably be back next year." When asked about his reasons for joining the freshmen team, Jarod Davis said, "I started playing at Reams. I enjoyed it a lot and I liked the competition. It helps you to stay in

shape."

The freshmen team had a tough, but exciting year. Coach J.B. Tuttle said, "They say that losing a game is a growing experience and that we learn from our mistakes. If true, the freshmen team is all seven feet tall and ready to graduate from M.I.T.!"

The JV team finished off the season with a record of seven wins and three losses. Sophomore player Elliott Brown commented, "Midlothian's our rival, but I really hated losing to Bird. We could have had a better season. We should have been 10-0.

Even though the younger players often missed out on the glory, they kept up the fight. Through hours of practice and planning winning strategies, the players

learned to work as a team. By Amy Guss



JUNIOR VARSITY FOOTBALL

Opponent	Score
Thomas Dale	38-0
Meadowbrook	26-14
Lee-Davis	6-14
Manchester	14-7
Huguenot	16-8
L.C. Bird	24-25
Midlothian	6-12
George Wythe	36-0
Henrico	8-0
Clover Hill	6-3



Junior Varsity Football

Front row: Tyler Stanley, David Johnson, Anthony Holmes, Scott Bernstein, Trevor Walde Jason Clanton, Rashad Callis, Kevin Sealy, Randy Hand, Chris Putnam, Bryon Poindexter. 2n row: Charles Thompson, Kris Tomlin, Tyler Clements, Chris Bradley, Randy Bursch, Marci Wilder, Jared Peirce, Elliott Brown, Josh Lewis, Scottle Turner, Ray Dean, Alvin Smalls, Broc Lester. 3rd row: Shaunte Cary, Andy Kress, Philip Capano, Phillip Zblewski, Adam Smith, Mil Scott, Brian Worthington, Billy Baldwin, Danlel Crawford, Mike Arrington, Ken Paul, P.J. Hill, T. Baggette, Chris Ingle, Andy Duffee. Back row: Rebecca Bryan-M, Brandi Turner-M, Allist Williams-M, Coach Steve Moats, Coach Steve Bolt, Coach Mike Cole, Cathy Lynch-T, Erin Kirklan M.



ON'T DROP THE BALL — Number 84 Andre Ricketts dashes down the field, concentrating on his destination and praying for a touchdown. Ricketts made one of the most exciting plays of the season, rushing 85 yards to a touchdown. Lifetouch Photo

HOLD IT RIGHT THERE — Bryon Poindexter, arms raised in a defiant gesture, evidently disagrees with a referee's call. Players found that, fair or not, the referee's word remained law and attempts to change a referee's mind were futile. Lifetouch Photo





Freshmen Footbal

ront row: Derek Dawkins, Jonathan Rupert, David Price, Lonnie Blevins, Alex Cox, Michael ames, Harold Lane, Devin Saylor, Nick Clinkinbeard. **2nd row:** Grant Hayes, Dexter Dortch, Victor Moon, David Hope, Coy Atkins, Elliott Owen, Darryl Miles, William Smith, Jermar Stith. **3rd** ow: Michelle Carver, Andre Ricketts, Brett Toler, John Bochman, Travis Gilliam, John Kitt, Jarod Javis, Randy Toler, Brian McConnell. **Back row:** Rebecca Bryan-M, Erin Kirkland-M, Cathy Lynch-, Coach Mike Cole, Coach Steve Bolt, Coach Steve Moats, Allison Williams-M, Brandi Tumer-T.

FRESHMEN FOOTBALL

Opponent	Score
Thomas Dale	6-6
Huguenot	0-38
Huguenot	6-21
L.C. Bird	12-14
Manchester	0-0
Meadowbrook	6-14
Meadowbrook	6-6
Clover Hill	6-14
Midlothian	0-6
Midlothian	0-0

Soaring Spirits

The shouts of jubilant fans filled the air as the Chiefs led the way to victory. With booming voices and powerful kicks, the cheerleaders rallied the fans.

The three squads consisted of freshmen, junior varsity and varsity coached by Holly Berry, Rhonda Morgan and Julie Nicol respectively. Motivating the crowd proved only one of the cheerleaders' duties. Sophomore Nadine Balbeisi commented that to motivate fans, "I get really enthusiastic so that everyone else will want to cheer the team on." Other cheerleaders felt the same. Senior Karrie Mensing said, "When we're cheering, it motivates me to keep going when the crowd becomes excited.'

Cheerleaders also had the role of promoting school spirit. Sophomore Tricia Twedt explained that promoting school spirit involved a number of things. "We paint our faces, wear our uniforms and do anything to make the school proud," said Twedt. She added, "It keeps the players motivated to know that the school is behind them." Senior Erin Gilbert agreed, saying that "support from the students and faculty and showing it through school activities really improves the spirit of the

"Cheering has given me the advantage of building better friendships with other cheerleaders."

> -Susan Mottesheard

school."

Accomplishing all of the aspects of cheerleading demanded certain qualities such as flexibility, a positive attitude and athletic skills. Gilbert said, "Cheerleaders should have athletic skills and be a good role model." Cheerleaders also had to

maintain C averages to remain on the squads. "We're usually perceived as ditzy girls who don't do much," said Balbesi. "We all have to work hard to keep our grades up to stay on the squad".

Cheerleaders, while not always considered athletes. did their share of training and conditioning by practicing two to three hours a week. Their practicing consisted of stunts, flexibility exercises and weight lifting. "People don't always realize that we weight lift and put time and effort into what we do in order to make our school stronger," said Mensing. Weight lifting provided cheerleaders with the strength to perform stunts.

Being a cheerleader carried with it both hassles and rewards. Whether teams met defeat or victory, cheerleaders still held their heads high and generated school spirit throughout the season.

By Kathy Neer



Freshmen Cheering

Front row: Blair Damerel, Leslie Shelton, Heather Crawford. Back row:Wendy Gill, Becky Miller, Hang Ho, Summer Cole, Arin Fleeman.



Freshmen Cheering

Front row: Valerie Masten. 2nd row: Shelley Gilbert, Megan Dunlap, Brooke Simmons. Back row: Nicole Adams, Katherine Harrell, Susan Mottesheard, Jaime Harper.



Show your spirit — Standing above the crowd on her teammates' shoulders, Missy Johnson leads the crowd in a chant. Pep rallies gave both students and cheerleaders a chance to participate in the cheers and express their school spirit. Lifetouch Photo

JUMPIN' JELLYBEANS — During a pep rally, teammates send Jarrett Sheppard flying into the air. Cheerleaders attained the strength for such stunts through weight lifting, concentration, practice and teamwork. Lifetouch Photo





Junior Varsity Cheering

Front row: Ginny Altizer. **2nd row:** Sarah Modrak, Tina Reynolds, Alicia Tressler, Tivona Wonson, Nadine Balbeisi. **Back row:** Megan Thomas, Melanie Moyer, Cary Shipstedt, Tricia Twedt.



Varsity Cheering

Front row: Kristin Young, Karrie Mensing, Laura Kittinger-C. **2nd row:** Paula Shires, Jennifer Butler, Renee Edwards, Erin Gilbert. **Back row:** Jarrett Sheppard, Melissa Johnson, Robin Porter, Tina Holt, Myesha Carter.

Shoot to Win

With one second remaining and two points away from a win, a ball of orange soared through the air, hit the backboard and sank through the hoop followed by the loud applause of the crowd.

To students interested in joining this varsity basket-ball excitement, Coach Bruce Henthom said, "One must decide: do I want to play and am I willing to prepare? Many want to play, but very few are willing to prepare."

Preparation meant practicing two hours a day, six days a week at the start of the season, slowing down to five days a week toward the end. Henthorn said, "A good player practices nearly every day of the off season."

Good grades were as important as preparation. The Virginia High School League required players to maintain at least a C average and pass five classes. Senior and team captain

Kevin Robinson said, "Playing basketball takes a lot of time from studies." He managed basketball and grades well enough to earn a full scholarship to Radford University.

Younger players might

"The best part of the season was when we almost beat Meadowbrook in January, the number one team in the state."

-Shawn Howell

not have had the playing time of older teammates, but they still considered being on the team a learning experience.

Brad Harrington said, "I've learned patience: if you work hard and don't

give up, you'll get your chance." Harrington, along with Del Harris, served as the only sophomore players on varsity after being recruited from junior varsity in December.

Older players still sat on the sidelines. Dave Brown "sat the bench for two years, but without him we wouldn't be the team we are today," said junior Brad Clayton on Senior Night as the team and parents presented him a chair to symbolize his time spent warming the bench. At that game Brown started and played the last quarter, scoring a three point shot at the buzzer.

Second year varsity player Asa Heath said, "I've learned how to get along with others, teamwork."

Because of the team's commitment, team spirit and competitiveness, they completed the season with a winning record.

By Ginger Hudson



SITTING OUT — While waiting for their game to begin, the varsity boys' basketball team sits together as they support the junior varsity team. During the JV games, the varsity boys wore the team's white sweaters over their shirts and ties. Lifetouch Photo

COME ON DOWN — Before a game, teammates cheer on senior Randy Wirt and the rest of the starting line-up. At the first game of the season, the starting line-up was announced college style with a blackout and rolling spotlights. Lifetouch Photo





ON'T FAKE THE FUNK ON A NASTY DUNK — Hanging on the rim, 6'7" Kevin Robinson slam dunks the ball at a home game against Matoaca. Robinson began his basketball career his freshmen year, giving his fans four years to watch his slam-dunking action occur. Lifetouch Photo

TEAMING IT UP — Senior Jamal Graham and junior Andrew Shin work together to rebound for the basketball before an opponent does. Varsity basketball players practiced rebounding and foul shots every day after school. Lifetouch Photo





Varsity Basketball

Front row: Randy Wirt, Josh Voss, David Brown, Jamal Graham, Brian Zyglocke. **2nd row:** Tivona Wonson-M, Brian Hanks, Asa Heath, Shawn Howell, Jonathan Pridgen, Brad Clayton, Marie Wassum-M. **Back row:** Coach Bruce Henthom, Brian Hamrick, Jason Ferguson, Kevin Robinson, Andrew Shin, Assistant Coach Danny Parsons.

VARSITY BASKETBALL

Opponent	Score
Clover Hill Manchester Hermitage George Wythe Midlothian Meadowbrook Clover Hill Matoaca Thomas Dale Huguenot L.C. Bird Manchester Meadowbrook Huguenot Clover Hill Midlothian George Wythe L.C. Bird	67-54 60-55 63-57 50-56 60-46 51-67 91-70 78-57 82-52 86-83 76-54 62-66 64-67 76-71 72-59 57-45 86-87
Matoaca Clover Hill	95-70 55-64

Over the Rim

It's four o'clock on a school day, and a group fills the locker room to change into their athletic attire. Two hours of shooting, dribbling, running and passing drills loom before these young men. They scramble out of the locker room and begin their workout. The freshman and junior varsity basketball teams have arrived for practice.

Kevin Berry, a member of the freshman basketball team, said, "We practice almost every weekday for about two hours." Practices usually took place between four and six o'clock during basketball season. Players also spent extra time preparing for tournaments and important games.

The team concentrated on preparing for the upcoming games during their practice time. JV basketball team member Brendan O'Donnell said, "We run three man leaves, shoot, pass, play shooting games, scrimage and run a lot of plays together." Berry said,

"We organize plays and learn to work together." The teams' efforts helped them to achieve their record of 17-3 for the JV team and 8-8 for the freshman team.

O'Donnell said that be-

"Freshman basketball gives us a chance to play sports. Freshman can get involved in school sports."

-Ben Gates

fore games he gets "psyched up and ready to play. I just try to get focused; that's the one thing you have to be." Mike Clayton said, "Sometimes I get nervous if it's a big game, but mostly I get into

the game. If I'm into it, I get less nervous and play better."

Reasons for trying out for the teams differed among the players. O'Donnell said, "I think playing basketball is good, because it gives me something to do and a chance to meet people not only from Monacan but also from other schools."
Clayton said, "Both of my brothers have been on the basketball team and have done well. They created a name for me, and I just wanted to fill their shoes." Freshman head coach Steve Moats said, "It is good for kids to work together as a team. You rely on team skills, not individual skills, to succeed as a

The team members combined their efforts in practice and in games to produce a winning season.

By Heather McIver



FRESHMEN BASKETBALL

Opponent	Score				
Hermitage	39-36				
Varina	48-51				
Petersburg	54-55				
Lee-Davis	53-34				
Mills Godwin	63-51				
L.C. Bird	55-63				
Petersburg	48-51				
Huguenot	50-47				
Lee-Davis	53-34				
Manchester	49-51				
Meadowbrook	56-52				
Clover Hill	48-37				
Varina	49-54				
L.C. Bird	50-79				
Huguenot	45-43				
Manchester	36-56				



Freshmen Basketball

Front row: Shaunte Cary, Steven Allen, Dexter Dortch, Devin Saylor, Kevin Berry. 2nd row: Justin Harris, Anthony Miller, Jermar Stith, Harrambee Jackson, Mike Clayton, Darren Couch. Back row: Coach Steve Moats, Ben Gates, Robert O'Connor, Scott Lucas, Travis Gilliam, Jarod Davis, Coach Brent Bell.



Jump, Jump — Junior varsity team member Brendan O'Donnell leaps to get the jump ball from his Huguenot opponent. The team lost the January 7 away game at Huguenot by a score of 62-68. Lifetouch Photo

Out of My way — Freshman basketball team member Jarod Davis protects the ball with the help of teammate Travis Gilliam from their Petersburg opponents on January 13. The Chiefs lost to Petersburg by a score of 48 to 51. Lifetouch Photo





Junior Varsity Basketball

Front row: Justin Noble, Shawn Whitlock, Delmar Harris, Corey Benham, Mike Jones. **2nd row:** Mike Ryder, Jared Davis, Ben Keefer, Lance Johnson, Kevin Swann. **Back row:** Coach Jim Brown, Kevin Sealy, Brad Cooke, Mike Shin, Brendan O'Donnell, Brad Harrington, Taryn Rice-M.

JUNIOR VARSITY BASKETBALL

Opponent	Score
Clover Hill	79-62
Manchester	86-62
Hermitage	53-44
George Wythe	62-60
Midlothian	72.52
Meadowbrook	79-41
Clover Hill	71-60
Matoaca	69-62
Thomas Dale	68-52
Huguenot	62-68
L.C. Bird	69 56
Manchester	73-69
Meadowbrook	73-45
Clover Hill	61-59
Huguenot	57-62
Midlothian	63-57
George Wythe	76-55
L.C. Bird	53.56
Matoaca	89-42
Manchester	72-71
Manchester	7271

Hooping It Up

The spectators stomped with anticipation, awaiting the end of the game. Suddenly, the Lady Chiefs had the ball, and the crowd went wild as one of the girls made the shot, leading the team to another victory.

For girls interested in becoming varsity players, open gym started in October. For those who made the team, practice began in late November. Two seniors on the team, captains Reneta Haynes and Tiffany Bower, knew the ropes and helped their teammates. Haynes said, "I am the only person on the team who has played for Mrs. Wallace for four years, so I try to help the team understand her way of doing things. I also try to provide leadership for the team."

Practices for the Lady Chiefs enforced valuable qualities of the team. Sophomore Nicole Bendersky said, "We're pretty laid back during our practices, but we still work hard. It gets serious when it needs to.'' The girls usually worked for an hour and a half and concentrated on such areas as conditioning, drilling and foul shots. Often, the girls scrimmaged the boys' freshmen team in order to learn how to use

"I think our success comes from putting our personal feelings aside on the court."

-Stephanie DeMary

more aggression in their plays and to have more patience.

All the conditioning paid off, helping the Lady Chiefs achieve second place in the district. The practicing also benefitted individual players. Bower received a full scholarship to the University of Virginia for her efforts. Coach Rosalie Wallace said, "It's very impressive for someone to achieve the goals Tiffany has achieved after playing for two years. I'm very happy for her and wish her the best for her future."

Before the regular playing season started, the Lady Chiefs played in the preseason invitational tournament held at Meadowbrook, where they received a trophy for their victory. According to Lauren Jordan, "We didn't think we were ready since it was a preseason tournament, but it was really exciting when we won."

The Meadowbrook invitational tournament began a victorious season for the Chiefs, whose record showed fifteen wins and two losses.

By Lindsey Smith





HUDDLE UP — Coach Rosalie Wallace gives the girls' varsity basketball team a pep talk during a home game against Huguenot. These talks occurred often over the course of a game to boost the morale of the team. Lifetouch Photo

WIDE OPEN — Junior Stephanie DeMary changes direction in hopes of receiving the ball from a teammate. For the second time, the Lady Chiefs defeated Huguenot 62-28 in a home game. Lifetouch Photo





A BOVE THE RIM — Anticipating the outcome of the shot, juniors Erin Hilton and Stephanie DeMary wait under the basket to receive the ball. In this home game, the Lady Chiefs defeated Manchester for the second time. Lifetouch Photo

CIVING IT YOUR BEST SHOT

— Jumping into the air, junior
Tinsley Jones attempts to sink a
foul shot during a home game.
Playing in games and at practices
required the Lady Chiefs to be airbome often in order to successfully make a basket. Lifetouch Photo





Varsity Basketball

ont row: Tinsley Jones, Reneta Haynes, Nicole Bendersky, Marie miner. 2nd row: Danielle Bonner, Tiffany Bower, Katie Moss. Back W: Coach Rosalie Wallace, Stephanie DeMary, Erin Hilton, Lauren rdan, Sara Phenix.

VARSITY BASKETBALL

Opponent	Score
Hermitage	54-50
Meadowbrook	61-47
L.C. Bird	60-52
Hermitage	39-33
Midlothian	35-61
George Wythe	65-36
Clover Hill	53 40
Douglas Freeman	58 50
J.R. Tucker	55-39
Thomas Dale	58-52
Huguenot	50 33
L.C. Bird	49-45
Manchester	64-58
Huguenot	62-28
Midlothian	43 65
George Wythe	49-29
J.R. Tucker	50-21

W HO'S OPEN? — Wondering whom to pass the ball to, Megan Brown quickly scans the court to see if any of her teammates can receive her pass. Players needed to act quickly and position themselves to remain open for any passes from their teammates. Lifetouch Photo

GIVE ME THAT BALL — Trying to snatch the ball away from her opponents, Zuleikia Ricketts battles several Huguenot players. As in any team sport, the members of the girls' JV basketball team needed to work together as a unit to succeed. Lifetouch Photo





J.V. GIRLS' BASKETBALL

Opponent	Score
Hermitage	31-18
Midlothian	23-39
Mills Godwin	22-20
Clover Hill	21-59
Douglas Freeman	28-26
J.R Tucker	33-21
Thomas Dale	13-24
Huguenot	21-41
L.C. Bird	32-38
Manchester	23-48
Huguenot	25-48
Midlothian	12-36
Tucker	36-29
Clover Hill	27-33
Manchester	33-46
L.C Bird	31-42



Junior Varsity Girls' Basketball

Front row: Sherawn Johnson, Tiffany Witherspoon, Lisa Fretwell, Nikl Turner, Sassy Ross. **2nd row:** Katherine Thompson, Bonnie Ester Megan Brown, Somer Pittman, Ann Armstrong, Mary Ellen Payne. **Bac row:** Melanie Pridgen, Zuliekia Ricketts, Breanne Landrum, Dionn Lantau, Tara Tuller.



Give It Your Best Shot

Aball comes flying down the court. One teammate snatches it up, but the opponent quickly moves in on the attack. Yep, you guessed it. This scene represents one of the many basketball games played by the girls' JV basketball team.

The junior varsity girls, consisting of freshmen and sophomores, brought different experience levels onto the court. Students such as Mary Ellen Payne began playing on an organized team in sixth grade. Others like Lisa Fretwell joined the Chiefs as a first time player. She commented, "Playing on the team with teammates who have played more than me was hard but it was fun."

Someone had to do the job of setting the team's goals, and Coach Rachel Mead was the one to set them. She said, "My goals for the team were to improve skill level, to get familiar with the game and to have fun. Happily, we ac-

complished all of these goals this year."

Everyone on the team worked together and cheered each other on. Katherine Thompson commented, "Teamwork is a major part of the game be-

"Basketball gives me exercise, something to do after school, and more time to practice up on my skills."

-Tara Tuller

cause you just need to be considerate to your teammates and notice that they're there. The varsity team also helped out by teaching us new plays and helping us work on skills."

In order to stick with it,

the girls needed to possess commitment and a love of the game. Players had to attend practices daily and two to three games a week, so fitting everything in often presented a problem. Payne said, "I always finish my homework in class because I never have time to do it at home."

Somer Pittman said she found it extremely hard to get everything done. She added, "Practices are at different times each day, and sometimes we don't get home from games until 10:30 at night. It's hard to relax when I do get home and get all of my homework done."

Working together both on and off the court, the girls' JV basketball team pulled together to do their best, sharing one thing in common: their love of basketball

By Heather Sahli





LL GET IT — Running around the court, Bonnie Estes swerves around her opponents to get open for a pass from one of her teammates. At practices players learned fundamental skills of shooting, layups and defense. Lifetouch Photo

WATCH, LISTEN AND LEARN — Watching the game, the players on the sidelines observe any mistakes or good plays made by their teammates. Players on the bench became cheerleaders in close game situations. *Lifetouch Photo*

Puttin' on the Green

he spectators watch as the golfer prepares for his next tee-off. With total concentration, he swings his club with one easy stroke. The player yells "fore!" as the ball flies through the air and lands only three feet away from the hole. Members of the golf team worked towards this goal.

To prepare for the golf season, the students practiced almost every day throughout the summer and in the afternoons after school. The team worked on perfecting their strokes, putts and drives. Junior Chris Jordan said, "The hardest thing in golf is putting because you have to line up the putt, and it requires speed and reading the green.'

A majority of the team played in other golf tournaments outside school. The team members also benefitted by living close to Stonehenge Country Club, where they practiced and sometimes participated in tournaments.

The season record reflected a good effort by the team. After winning every match in the regular season, the team advanced to districts, regionals and the state tournaments, where they continued to display their talents.

Coach Matt Williams said, "We had an outstanding regular season; the kids worked hard." Junior Mandy Martin, the only fe-

TAKING A TIME OUT — Surrounded by golf equipment, junior Chris Corrada takes a quick break between holes. While spending all day on the course in practice might cause fatigue, it helped team members increase their stamina. Lifetouch Photo

male on the team, added, "We have good players like Larry Loving on our team — he is really devoted to golf."

Members of the team felt that they had great players and a strong sense of unity,

``Golf is a rewarding game, and I attribute our team's success to each player's hard work and dedication."

vital components to the

-Stephen Suggs

team's success. Junior Chris Corrada said, "Playing golf on this team has taught me how to work as a team member even though golf is an individual

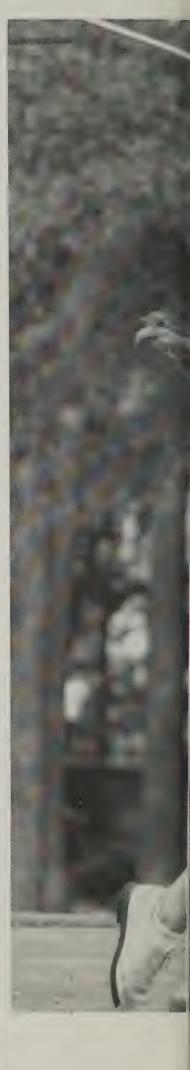
Martin said, "I have learned how to work with others and get along with them even under stressful terms." Sophomore Ben Keefer added, "We have a good team because there is a lot of interest in golf in this

The players also enjoyed traveling and competing with other players. Jordan said, "I like playing on different courses and in the tournaments." Keefer added, "I like competing with my friends on the team and with other players I know.'

Whether traveling to tournaments or practicing at home, these students worked together and finished off the season with a winning record. They placed first in the district tournament, second in regionals and sixth in the

By Mallory Smith







Strength into her swing, junior Mandy Martin sends the ball traveling through the air. She held her position and looked on as the ball landed only inches away from the hole. Lifetouch Photo

OING THE DISTANCE — Senior Larry Loving attempts a birdie and putts the ball the final distance into the hole. Although this short distance might have appeared simple, that was not always the case. Lifetouch Photo



GOLF						
Opponent	Score					
Mills Godwin Thomas Dale Petersburg Midlothian Henrico Lee-Davis Manchester Midlothian Clover Hill L.C. Bird Manchester Midlothian L.C. Bird Clover Hill Clover Hill	148-154 143-161 143-168 155-167 155-219 155-163 154-189 156-166 164-168 161-168 155-167 164-174 159-170 163-165					

Dance Fever

As the music played over the loud speakers, the student body hushed, except for a few students rustling around in their seats, anticipating the upcoming preformance by the dance team, the Monacettes. The lights darkened and the

dancers emerged.

Monacettes was a different experience for each squad member, and the benefits of being a part of the team varied from person to person. Elizabeth Knight said, "I love the opportunity to do the new routines every year with the other girls who are great dancers as well. I get to meet girls who share my interests and get close to them. Monacettes is one of the greatests experiences I've had during my four years in high school. It helped me to grow and become more outgoing.'

Practice consisted of learning and perfecting new dance routines, which they performed during half-time shows and pep rallies. Prac-

tices lasted from two in the afternoon until around three thirty almost every day. Christine LePrell said, "No other sport, besides cheerleading, works from August to March and after basketball season, with

"I get nervous because there are so many people watching me dance and I want to do a good job."

-Karen Venable

competition and then tryouts. It depends on the captin whether we have summer practices or practice at the end of the school year."

Differences between the squad members and the captains showed through the extra work and responsibility that the captains added to the team. "The difference between the captain and the other squad members is there is more responsibility, like making up and teaching the routines and getting ready for competition by fundraising like Burger King night," commented Debbie Sweet.

Throughout the year, the dance squad practiced and practiced to put on the best show possible for the student body and exhibit their school spirit. Each individual's work and time helped to unify the team and also added to their success.

By Melissa Mottesheard

Dancing Machine — During a pep rally, Kim Taylor strikes a pose for the student body. Dancing at pep rallies as well as performing during sports activities, such as basketball and football games, proved to be a big part of the squad's job. Lifetouch Photo



Monacettes

Front row: Erin Fitzpatrick. **2nd row:** Cindy Kerr, Kelly Shaw. **3rd row:** Ali Vaughan, Meredith Martin, Kimberly Taylor. **4th row:** Whitney Padden, Elizabeth Knight, Alison Tilley, Christine LePrell. **Back row:** Ginger Hudson, Alicia McAllister, Debbie Sweet.





O TEAM GO — Cheering on the home team and dancing for the spectators' enjoyment, the Monacettes smile for their audience. Parents and students showed their appreciation with lengthy applause and whistles. Lifetouch Photo

SIX, SEVEN, EIGHT...KICKI
— During halftime at a varsity
boys' basketball game, the
Monacettes perform one of their
routines. The Monacettes choreographed their routines to popular
music familiar to the students.
Lifetouch Photo





STRETCHING OUT — Cori Singletary stretches out before participating in practice. Like in most sports, Monacettes warmed up before working out to avoid pulled and strained muscles. Kathy Neer Photo

One On One

Matt walked onto the mat knowing it was all up to him. The referee signaled the match to begin as Matt faced his opponent. Within a minute of the match, Matt was pinning his opponent to the mat when his foe, desperate to win, reached up and bit him a few inches beneath the underarm. Who would have guessed some wrestlers were so aggressive?

The team captains Todd Edwards, who placed fourth in the district, and Matt Ellis, the regional champion, led the team along with coaches Bill Abbott and Steve Bolt. Their responsibilities included psyching up the wrestlers and preparing them physically.

Those who wrestled participated in an especially competitive sport. Ellis said, "It's a one on one sport. If you win, it's because of you. If you lose, there is no one to blame but yourself." Tony Socha who

placed second in the district, added, "It's the only full contact sport in high school."

The coaches provided motivation for each of the wrestlers. However, they left

"When you go out there and beat somebody, it's a rush because your hardwork has paid off."

-Armand Grez

personal decisions up to the individual team members. For example, Eli Balenger, who placed third in the districts, said, "We don't have cuts. If you don't feel you are good enough, you cut yourself." Also, the weight class for which each wrestler contended depended solely on what the wrestler chose.

Both physical and emotional strength were crucial to a wrestler's performance. Matt Hathaway said, "Whoever wants it the most and practices the hardest will win it." The challenge of the sport also encouraged the wrestlers to do their best. Each wrestler had his own personal reasons for competing. Usually individual motivations included encouragement from the player's father or grandfather.

Each wrestler symbolized strength and confidence. In order to surpass their opponent, they had to outsmart and overpower them. By setting both individual and team goals, the Chiefs managed to finish a successful season with awards and titles to show for it.

By Amy Songhurst



HI, NICE TO MEET YOU — Preparing for the upcoming struggle, Roy Fridley greets his opponent from Midlothian before a match held at home. The competition almost rendered a win for the Chiefs with a score of 27-31. Lifetouch Photo



Junior Varsity Wrestling

Front row: Jimmy Sprawis, Michael Scott, Colin Wheeler, Brian Rudell, Phillip Zblewski, Aar Cripe, Nick Clinkinbeard, John Qlace, Doug Bachman, Brett Wesley, Allen Armstrong. **2nd rc** Steven Davis, Joe Darmstedter, Ryan Mandarino, Josh Dillon, Shawn Miller, Mike Arrington, Cf Meilott, Dan Norwood, Jon Jennings, April Woody. **Back row:** Coach Billy Abbott, Brock Lest Joe Budzk, Randy Hand, Tim Showalter, John Pleasants, Dan Crawford, James Robertson, CSchiavone, Coach Steve Bolt.



STRUGGLING TO OVERCOME

Junior Robbie Stone and his opponent from Clover Hill wrestle until one man finally surrenders. The match, held at home, ended in a close defeat for the Chiefs with a final score of 29-33. Lifetouch Photos

Come on Guys, Fight1 — Coach Billy Abbott shouts encouraging words to his players before a match. The coaches often helped their players from the sideline by giving advice and support. Lifetouch Photo





Varsity Wrestling

Front row: Tony Socha, Damian Pantoni, Robbie Stone, Dave Gresock, Matt Hathaway, Roy Pridley, Matt Ellis, Eli Balenger. 2nd row: Rob Volk, Armand Grez, Matt Bams, Jason Holtz, Cameron Campbell, Trevor Scott, Todd Edwards, April Woody-M. Back row: Coach Billy Abbott, Brent Wolfe, Matt Schwieder, Nate Hull, Lee Stryker, Charlie Jung, Jared Peirce, Phil Crawley, Brian Jones, Coach Steve Bolt.

WRESTLING					
Opponent	Score				
Petersburg Freeman Godwin Clover Hill Huguenot Meadowbrook Highland Springs Midlothian George Wythe Garfield Freeman Bird Mathews Manchester North Stafford Woodberry Forest	53-18 18-43 26-37 29-33 57-6 36-33 24-41 27-31 44-21 18-41 27-38 27-38 38-33 28-29 22-37 21-49				

DID IT LAND IN BOUNDS? — After following through with her swing, Beth Kelly squints to see where her ball lands on the other side of the net. Precision and accuracy played major roles in the technical part of tennis competitions. Lifetouch Photo

KEP YOUR EYE ON THE BALL
Watching and waiting for her opponent to return her serve, Katherine Chen anticipates using her backhand shot. An essential quality for playing well in competition was being able to change positions quickly. Lifetouch Photo





TENNIS						
Opponent	Score					
Clover Hill Douglas Freeman Manchester Collegiate L.C. Bird George Wythe Midlothian Clover Hill Manchester L.C. Bird Mills Godwin Midlothian	2-7 2-7 8-1 5-4 9-0 9-0 2-7 1-8 7-2 9-0 1-7 3-6					



Girls' Tennis

Front row: Carrie Estes, Katherine Stone, Kristie Stiebeling, Heathe Rains, Katherine Eliasek. **Back row:** Coach Brad Faltermeier, Louanne Moore, Ann Armstrong, Erin Kelly, Beth Kelly, Caroline Martin.



Heating Up the Court

the hot summer sun scorched the tennis court as the parched players struggled to finish their last game against the opposing team. Afterwards, the players went home for a well deserved and restful

night of sleep.

Each year the tennis players started practice before school started. First time tennis coach Anne Driscoll said, "It was a great experience getting outside with the girls and giving them an opportunity to improve their tennis skills." Lauren Jordan said, "Being on the tennis team is a great way to start off the school year." Starting in the summer helped team members, especially newcomers, brush up necessary skills.

Teamwork played a part in the success of the team. Sarah Diersen said, "Teamwork helps our team and individual players be the best they can be. Also working as a team makes

being on the team more fun." Working together for the common goal of winning, players encouraged each other and helped their teammates with problems on the court and off. Ann

"I love the thrill of competing and striving to win. Most of all, I enjoy having all my hard work pay off when I win!"

-Heather Rains

Armstrong commented, "Teamwork really helped our team. You wouldn't think it would since tennis isn't really a team sport, but it did. It helped a lot with doubles, too."

Competition caused stress in the players' lives as pre-game jitters reached a peak. Armstrong also said, "I get really nervous, but sometimes that can help you with a game because then you concentrate harder." During competition, players forgot their nervousness and concentrated on the game. Carrie Estes said, "Competitions make you play to the best of your ability, and they are something to work towards." Also, being well prepared for a competition helped in relieving stress. Estes added, "To prepare for a competition, you need to think about the strategy you're going to use for the game and think about how the competitor plays their game.

With their forehands, backhands, returns and even with their faults, the tennis team led their school to another winning season.

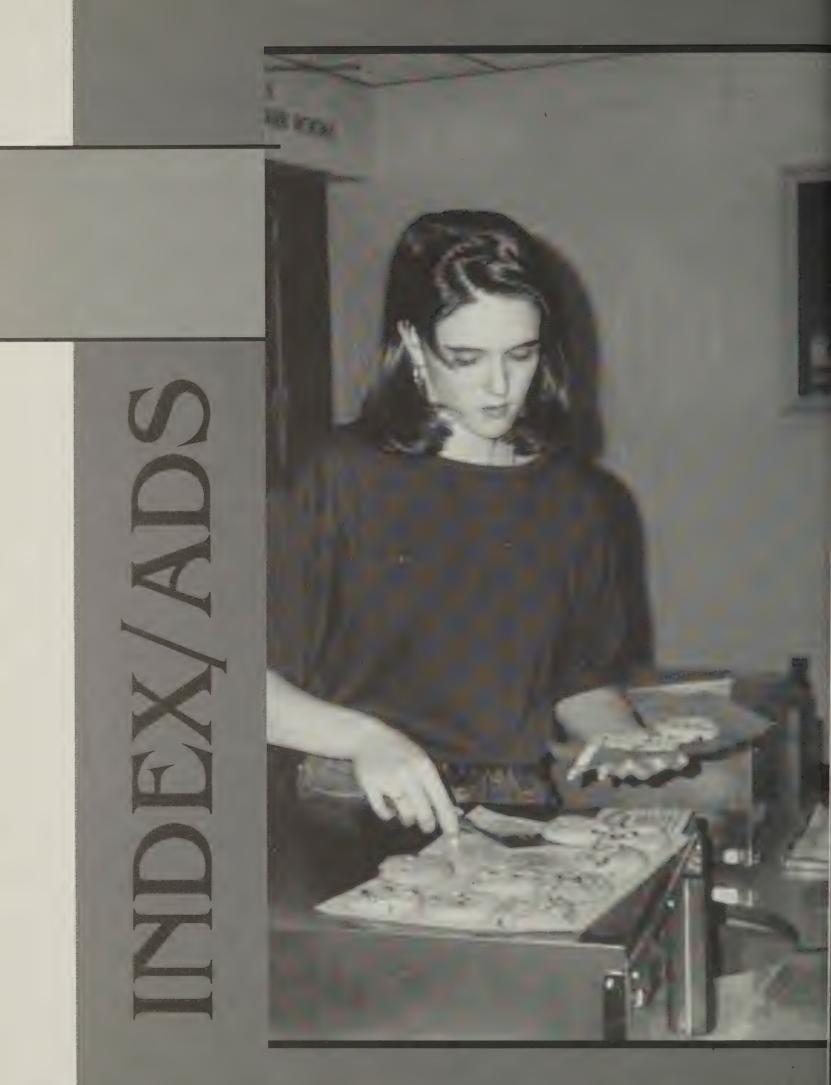
By Kelly Schmidt





ONCENTRATION IS THE KEY Swinging at the ball, Caroline Martin concentrates on hitting the perfect shot to her opponent. Staying alert and on one's feet throughout the entire game was a necessary skill for competitions. Lifetouch Photo

VE GOT IT — Louanne Moore looks on as her doubles partner Katherine Eliasek volleys a shot across the net at their opponents. Unlike singles, doubles required teamwork and good communication on the court in order to win matches. Lifetouch Photo



FUND RAISING COOKIES — Debate and Forensics members Maureen Lauper and Erin Mee prepare Otis Spunkmeyer chocolate chip cookies, which they sold during lunch throughout the year in addition to selling student telephone directories. Selling cookies was one manner by which clubs and organizations were able to raise money to pay for club activities. Amy Guss Photo

Technique

While the names in the index appeared to be nothing more than a random listing of numbers, each represented a unique student and his or her individual accomplishments throughout the year. Every page number stood as a reminder of the activities which had taken place.

Students' names in the index reflected much more than the traditional "mug shot" photos. The names and numbers printed in the index also represented participation in clubs, academics, sports and other activities. Each page number served as a reminder to students of different people and events.

Just as every index marking served to identify an individual member of the student body, the advertisements in the ads section of the book represented the contributions of area businesses to the school. Local merchants used yearbook advertisements as a way of making students more aware of their particular businesses. The yearbook staff visited many prospective advertisers at the beginning of the year to sell the ads.

Businesses searched for the right technique to present their ads just as students found the right techniques for involving themselves in the activities and events throughout the year.

By Will Larmore

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"Remember me for my supreme knowledge of the Beatles and Phantom of the Opera."

-Melanie Armstrong

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SAY CHEESE! — Sophomore Rand Cournow poses for his school picture at the beginning of the school year. Lifetouch, the new school photography studio, allowed retakes for students who disliked their portraits. Ginger Hudson Photo

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SWEATING IT OUT — Senior Matt Moyer takes a few minutes to watch the game from a spectator point of view. Participating on the football team often inspired players to perform their best for their supportive fans. Lifetouch Photo

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Taking A Break — After practicing their roles for the spring musical, *Oodspell*, cast members Danah Dargon, Dell Howlett and Crystal Hall pause to relax. Cast members spent hours preparing for the upcoming play. *Amy Guss Photo*

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THE NAME IS BOND, JAMES BOND — Bachelor John Mathers anxiously awaits his turn to be auctioned off. The promise of a chance to "buy a guy" lured girls into attending the Valentine's Day Bachelor Auction held in support of the junior class. Lifetouch Photo

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"I'm a sophomore and have been playing field hockey for two years. It's a great way to meet new people and make great friends."

great way to meet new people an make great friends."	d
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"The thing I like most about high school is all the friends I have there," -John Justice

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GOING ONCE, GOING TWICE
— Scrounging for another dol-lar, Junior Isabel Gomez collects money from friends to bid for a bachelor at the first guy auction. Each bachelor and his winning bidder received a gift certificate to a local restaurant. Lifetouch Photo

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"I have grown up a lot and learned about relationships with friends. I have also learned how to get along with people."

-Melany Kellerhalls



CHILLIN' WITH THE CHIEFS
— Sophomore Rachel Clark
and junior Natalie Wigginton show
their school spirit by dressing as
Monacan chiefs for their homecoming float. Homecoming provided students a chance to take pride
in their school. Lifetouch Photo

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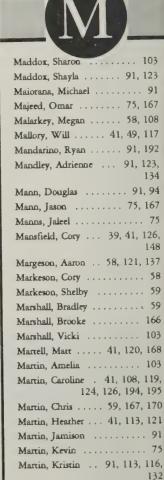
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"Everyone should read the biography of Chopin because he was the master of all art that influenced everything up till now."

-Jay Ligatti

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TIME FOR A BREATHER — Juniors Chris Corrada and Chris Jordan take a little break after a long day of practice. Playing any team sport required hours of afterschool practices and the ability to juggle extracurricular activities with a social life. Lifetouch Photo

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"The teachers care a los about your. When you have a question or problem, they try to help you out."

-Ben Nesh

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		"I am prestry established here at Mo- nacan, but it will be nice to have a
		nacan, but it will be nice to have a new facility and meet new friends at
		nacan, but it will be nice to have a new facility and meet new friends at James River."
		nacan, but it will be nice to have a new facility and meet new friends at
		nacan, but it will be nice to have a new facility and meet new friends at James River."
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix Peterson, Craig
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix Peterson, Craig
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix Peterson, Craig 42 Peterson, Ray 77 Peterson, Tiffany 60
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		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix
		nacan, but it will be nice to have a new facility and meet new friends at James River." -Sara Phenix
		Peterson, Craig

Go SUCK AN ORANGE — Var- sity field hockey player Amy
sity field hockey player Amy
Brown enjoys a little snack while
watching a game. Players sitting on
the bench were often found
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YEE-HAWI — In a flourish of enthusiasm at a pep raily, teacher Barbara Lewis sounds her barbaric yawp amongst a horde of football players. Pep rallies succeeded in stirring up the crowd and instilling a sense of school spirit in everyone. Ufetouch Photo

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DO I KNOW YOU? — During Sports Career Day held on February 18 in the library, Jay Batavia discusses sports reporting with WWBT 12 sports personality Ben Hamlin. Sports Career Day enabled students to talk with professionals about jobs in the sports field. Susan Olivens Photo



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Football players turned cheerleaders Eugene Stephens and Dan Feits boost school spirit during the Homecoming pep rally. The football team psyched themselves for the blg game by entertaining the students with their funny antics. Sandra Beverage Photo

COLOPHON

A staff of 17 and one adviser produced the fifteenth volume of the *Legend*, **The Technique of Being YOU-nique**. Suzanne Kelly served as Adviser, Susan Givens as Editor-in-Chief and Amanda Anderson and Shannon Belcher as Editors.

Book planning began in August, and in September, the staff started working towards the first deadline in November and developed the theme **The Technique of Being YOU-nique**, which they felt represented the trends of individuality within the student body. In addition to working on the book, the staff also sold ads to area businesses, totaling \$2200, and parents and families of students also purchased patron ads, totaling \$300.

Lifetouch photographers took candids at school events, sports' team pictures, and group pictures for organizations, as well as individual student "mug shots."

The staff thanks Jan Day, their Taylor Publishing Company representative, for her support from the start to the completion of the book; Nancy Hodder for help with the ads, layouts and other aspects of the book; bookkeeper Carol Richardson for managing the money; and Carol Baughan and the rest of the business department for the use of the IBM computer lab throughout the year.

The Legend was produced on newly networked IBM computers in room 312 using PageVision for layouts, TypeVision for copy, and IndexVision for the index.

The cover was printed in the basecolor Maroon 360 on Mission leather grain with design and lettering in silver foil.

Different typestyles were used throughout the *Legend*. Athena, Athena Italic, Univers Medium Extra Condensed, Malibu, Opus, Bodoni 2 Campanille, Korinna Bold, and Weidemann were used for headlines. Artwork for the headlines on the divider pages was designed by Nancy Hodder. Nouveau and Nouveau Italic were used for body copy and captions and Qaramond for the index.

The *Legend* was printed by Taylor Publishing Company in Dallas, Texas. 1205 copies of the 224-page 9"x12" book were purchased by the students.

The 1994 Legend staff practiced their own techniques as they spread the news of the **YOU-nique** events of the year through yearbook journalism.

-Susan Givens, Editor-in-Chief -1994 Legend Staff



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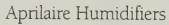
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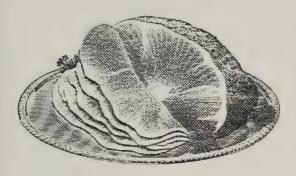
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- 3. James Madison University
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- 5. University of Virginia
- 6. Longwood College
- 7. College of William & Mary
- 8. Mary Washington College
- 9. Old Dominion University
- 10. George Mason University

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Congratulations and best wishes to Susan and the Class of '94! Fran and Jim Givens

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YOU-nique

When June 16 arrived, students closed the doors behind them with mixed emotions. Graduates left on the road to college, others left with thoughts of the changed environment to which they would return, and still others pondered the challenges they would face at a new high school. However, students paused to reflect on the unique experiences of the year.

With the opening of the newest high school in 15 years, James River brought about different views and opinions from students. While some students considered the new high school an opportunity, others saw it as a cause of disruption and confusion. Another change felt by the student body included the resignation of assistant principal Pat Cannedy. Cannedy had occupied the position of assistant principal until her retirement in midyear. This and other staff changes resulted in the need for replacements.

Uncommonly cold temperatures and ice storms forced schools to close for an extended period of time, causing hassles like exam rescheduling. The closings resulted in the school board's decision to adopt a new plan for the time the students attended school. The time would be measured in hours not days, and the plan allowed the students to miss up to 13 days without having to make any up.

An unusually stormy winter coupled with an unusually low blood supply increased the demand for blood donors. Students who weighed more than 100 pounds and were over 17 years of age were allowed to donate during the blood drive sponsored by the senior class. The Virginia Blood Service presented the school with an award for the largest amount of blood given by a school in Virginia.

The unique experiences of the year would live forever in the students' minds as they moved on to new environments and as they carried with them YOU-NIQUE TECHNIQUES.

By Heather McIver and Kathy Neer





Changes For Students





N BROADWAY — Actress Amanda Waltman practices a ballet number to the song "By My Side" during an afternoon rehearsal of the musical *Godspell*. Students practiced everyday after school during the months before the performances of the play. Amy Guss Photo

OING ONCE, GOING TWICE — Jessica White and Jessica Sanchez participate in the the school's first ever Bachelor Auction held on February 14. The Bachelor Auction, held by the junior class, raised \$500 to help pay for prom. Lifetouch Photo

Chad Johnson uses his study hall to catch up on missed sleep. During the year, students often felt the effects of sleep deprivation as they struggled to stay awake throughout the day. Shannon Belcher Photo

Closing Out A YOU-nique Year

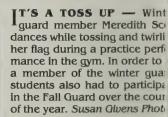
As the end of school approached, students began to think about summer, vacations and other events that lay ahead. They looked forward to the day when they would walk out and not have to return for three months, some forever; however, they did not forget to pause to treasure the memories that had made the year unique.

Students contributed to make the year one to remember. With events ranging from the investigation of the mysterious vandal who incinerated the trailer to the proposals of block scheduling, students found themselves caught in a wave of unique events. The formation of the new branch of Minority Perspective added a unique touch to school spirit. The media spotlighted students in the controversy with George Wythe involving the two varsity football teams. Also, the junior class auctioned off "bachelors" from every grade in the first ever Bachelor Auction.

As students departed on the last day, many never to return, they embarked on new and unfamiliar paths. The students went their different ways, but each did not forget to carry with him his individual **TECHNIQUE OF BEING YOU-NIQUE** wherever his journey in life would take him.

By Susan Givens







IN THE SPOTLIGHT — Jo Lee waits to introduce Christi LePrell as a candidate for offi at Latin Convention at the Ric mond Center. Schools of the \ ginia Junior Classical Leag elected LePrell to the office secretary of the VJCL. Sus Givens Photo















Additional Techniques

The Perfect Pitch

Zone your pitch," "A to C," "It's all mental ladies, it's all up here." Sounds like senseless jargon to most people, but to the ladies of the varsity softball team, these phrases of empowerment led the squad to a 14-1 record and the district championship.

Earning the best record in the district required dedication from the players. Team members learned to arrive on the field at 2:15 and day. This meant giving up extracurricular activities as well as free time. Sophomore Marie Kaminer said, ceives enough respect because most people don't realize how hard we work."

led by coaches Kristen Shappell and Amy Hart, proved themselves worthy of recognition. Their 13-2

the footsteps of the varsity.

JV pitcher Kelly Moss, credited the team's success to hard work. Moss said, "Earning a record like that required a great deal of practice."

"Family, religion, school and softball; this should be the list of priorities, of the team."

one respected one another. I will miss softball next year, but at least I've made memories for life.'

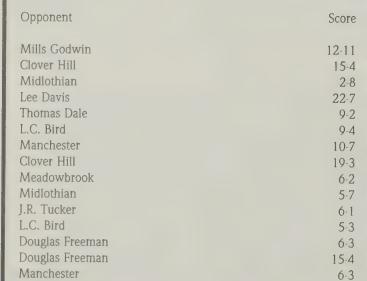
Among those memories were Coaches Keith Daniels and Billy Lewis. Daniels not only played the role of a coach, he acted as a mentor as well. Co-captain Manda Bell explained, "He taught us about softball, but he also gave us advice on life in general."

Known for his work ethic.

practice for three hours a Coach Daniels achieved a successful season due to the right combination. Danin that order, for iels said, "I knew the team every member had the ability. They just "I don't think the team reneeded to build on to that by having the right attitude Keith Daniels and keeping their priorities straight.' The junior varsity squad, The records of the junior Spending time on the varsity and varsity softball field, however, produced teams showed they kept more than just a winning their priorities straight. The record. Senior Paula Shires teams obviously hit a winrecord and second place said, "This is definitely the ning streak that just did not best team that I've ever ranking in the district quit. showed they could follow in played for because every-By Reneta Haynes JUNIOR VARSITY SOFTBALL Opponent Score Mills Godwin 12-11 Clover Hill 15-4 Midlothian 2-8 Lee Davis 22-7 Thomas Dale 9-2 L.C. Bird 9-4 Manchester 10-7

Junior Varsity Softball

Front row: Kathryn Payne, Kelly Rust, Kristen Tuttle, Lindsey Wright, Jennifer Oley, Adrienne Parson, Tivona Wonson, Kristie Tropea. Back row: Coach Amy Hart, Jaime Dowdy, Melanie Masten, Michelle Northey, Lauren Jordan, Melanie Pridgen, Kelly Moss, Evie Carchman, Gretchen Smith, Megan Brown, Coach Kristen Shappell.





T HE AIR UP THERE —Varsity pitcher Paula Shires practices her wind up before the Clover Hill game. Beginning as early as fall, the pitchers practiced after school to assure themselves that they would throw strikes during the season. Lifetouch Photo

T HE ART OF CONTEMPLA-TION -JV pitcher Melanie Pridgen decides whether or not to take the sign given by the catcher. For the sake of strategy, catchers ordered fast balls, curve balls and change-ups by giving different signals to the pitchers. Lifetouch Pho-





Varsity Softball

Front row: Julie Watkins, Angela Harper, Katle Moss, Meredith Compf, Reneta Haynes, Heather Morris, Marie Kaminer. Back row: Coach Billy Lewis, Farrah Bowers, Laura Watts, Erln Kelly, Heather Landrum, Paula Shires, Ashile Ragland, Kristen Saferight, Manda Bell, Michelle Meadows, Coach Keith Daniels.

VARSITY SOFTBALL				
Opponent	Score			
Midlothian George Wythe Thomas Dale Clover Hill L.C. Bird Clover Hill Meadowbrook Manchester Clover Hill Midlothian J.R. Tucker George Wythe L.C. Bird Prince George Manchester	2·1 15·0 9·3 10·1 15·3 9·3 6·0 1·0 13·2 2·3 12·1 15·0 11·3 2·0 3·1			

THE SWING OF IT—Anticipating the coming pitch, varsity player Tim Pohlig throws his momentum into his swing. Through frequent practices, JV and varsity baseball players refined their individual hitting styles. Lifetouch Photo

HE'S OUT OF THERE
—Crouching behind the plate,
JV catcher Matt Brandon stops a
pitch during a game against Midlothian. Although younger than
their varsity counterparts, the Junlor varsity players played just as
competetively. Ufetouch Photo





VARSITY BAS	EBALL
Opponent	Score
Meadowbrook	6-1
Essex	10-1
Dinwiddie	13-14
Midlothian	2-9
George Wythe	10-5
Thomas Dale	10-6
Clover Hill	1.5
L.C. Bird	0-10
Benedictine	5-4
Manchester	5.6
Clover Hill	6-15
Huguenot	8-5
Midlothian	3-4
J.R. Tucker	4-3
George Wythe	21.3
L.C. Bird	2-1
Huguenot	15.2
Benedictine	9-3
Manchester	9-5



Varsity Baseball

Front row: Jason Condrey, Steve Nielsen, Jennifer Clace, Jill Delvillar Clay Cutts, Briordy Meyers. **2nd row:** Jeff Bradley, Brian Zyglocke, J.T Roberts, Tim Pohlig, Anthony Miller, Joey Caperton. **Back row:** Coach George, Fred Hardin, Robbie St. John, Brent Nelson, Steve Roach, **An** drew Sain, Charlie Bickel, Jimmy Brandon, Coach Steve Moats.



Step Up To The Plate

Bottom of the ninth inning, two outs with the bases loaded. The pitcher winds up and hurls the pitch. With one crack of the bat, the hitter makes baseball history. While it may paint an amusing picture, for the players on the varsity and junior varsity baseball teams, the sport became more than just a pastime.

The varsity team won 12 games compared to only seven losses during their season. Eight wins and ten losses concluded the junior varsity season but did not reflect the effort of the players. According to varsity player Jimmy Brandon, 'We played good for most of the season, but I think we should have gone a little further." The team improved throughout the course of the year and finished by winning seven of their last games.

Under the leadership of varsity coach David George, the varsity players honed their skills through frequent practices. Team practices took place nearly every day after school at the beginning of the season. Once competition against other schools began, practices took place two or three times a week.

"I enjoyed playing baseball with some of the people I've competed against for the past several years."

-John Zachary

Coach George achieved a milestone in his career this season with the help of the varsity players. George earned his 200th career win in the course of the season. "After 13 games, the team had a six and seven record,

and the six final games were to be played in a span of nine school days. The team won all six games," commented George.

Although the junior varsity team didn't end their season with quite as impressive a record as the varsity players, participants succeeded in furthering their skills. Players from both teams felt that the baseball season turned out to be a good one. "So far, I've enjoyed playing Monacan sports," agreed left fielder Mike Cook, "but next year we'll beat Midlothian."

Baseball served as a source of competition and teamwork for those who took part. While neither team achieved perfection during the season, both varsity and junior varsity players found satisfaction in their achievements on the baseball diamond.

By Will Larmore



Junior Varsity Baseball

Front row: Heather Trainham, John Zachary, Kenny Arnold, Brian Coker, Matt Brandon, Jere Hoffman, Tarrin O'Connell. 2nd row: Jonathan Graham, Jason Mannix, Kirk Moorman, Craig Mozingo, Chris Hicks, Reggle Greene, Patrick Mellott, Kevin Davis. Back row: Coach Tom Robertson, Shields Dalrymple, Mike Cooke, Chris Pega, Casey Hagen, Jason Sherldan, Coach Tulller.

JUNIOR VARSITY BASEBALL

Opponent	Score
Midlothian	2.0
Lee Davis	6.4
Thomas Dale	7-12
Clover Hill	3.4
L. C. Bird	10-11
Atlee	9-12
Manchester	5.4
Clover Hill	86
Midlothian	19
Midlothian	4.10
Clover Hill	1 13
J. R. Tucker	10-3
L. C. Bird	17-15
Benedictine	13 2
Douglas Freeman	6.9
Manchester	1-11

Aiming for the Goal

The temperature was ninety and rising along with the humidity. The field smelled of freshly cut grass and aggravated a few allergies. The insects scrambled to get out of the way of the girls' soccer team as they went through their practice.

When asked to describe the season, Debbie Logue, who played midfield, said, "The season was very fun and interesting even though we didn't win many games. Losing was one of the cons of playing soccer, as well as the practices on really hot afternoons, but they were outweighed by the pros of winning and making lots of new friends."

Goalkeeper Julie Kadlubowski agreed that the aspect of being a team proved an important part of playing soccer. "I enjoy team sports, especially soccer, because you have to work together as a team in order to succeed."

Soccer served as an outlet for stress and a break from the monotony of

school life. Jennifer Haab commented, "Not only is it a fun sport, but it is a good form of exercising that isn't boring." Colleen Brown added, "It was a good growth experience, and it was worth the effort, espe-

"I learned that winning wasn't everything, and as long as we played as a team, that's what counted."

-Debbie Logue

cially when I think about all the friends I've made as a result of being on the team."

By uniting to form a team, the girls increased their strength and ability on the field. Kadlubowski said the team had strong points which ensured its success. "We did a good job of communicating both on and off the field. We may not have had a great season, but we had a lot of fun and learned

a lot about each other."

Jennie Frydrychowski said, "Our record really didn't reflect how the season really was. It was a rebuilding season with a lot of young players, and it was vastly different from any team we have ever had." Coach Rachael Mead agreed with Frydrychowski and said, "The team should be very strong next year since we only lost three seniors and the girls worked really well together."

Both teams ended their seasons with high spirits and dreams of a strong team next year.

By Shannon Belcher



JUNIOR VARSITY SOCCER

Opponent	Score
Midlothian Douglas Freeman Clover Hill Manchester Collegiate Midlothian Collegiate Clover Hill	0-4 4-0 0-5 0-4 1-1 1-6 3-1 1-0
Manchester	1-0

Junior Varsity Soccer

Front row: Somer Pittman, Julie Kadlubowski, Lourdes Hidalgo, Debble Logue. 2nd row: Cary Shipstedt, Katle Hamil, Cathy Morris, Sara Smelcer, Susan Jones, Jessica D'Angelo. Back row: Coach Holly Berry, Lisa Fretwell, Amy Usher, Mikie Dudley, Kate Lerch, Kristi Fraser, Mary Scott, Jennifer Haab, Katherine Thompson, Shawnte Branch-M.



I VE GOT IT —Dashing for the ball, Christie Klouse helps to score another point for her team. Team members participated in practices which not only helped the team but allowed for the girls to get to know one another better. Lifetouch Photo

S TRIKE A POSE —Aiming to kick the ball, Jessica D'Angelo dribbles across the field. Endless practice days in all kinds of weather helped the team when faced with tough opponents. Lifetouch Photo





Varsity Soccer

Front row: Angela Pastemak, Christie Klouse, Jennie Frydrychowski, Colleen Brown. 2nd row: Carrie Estes, Tinsley Jones, Alice Poole, Ann Lambert, Amanda Bradley, Katherine Stone, Sarah Modrak, Nadia Clarke. Back row: Coach Rachel Mead, Lindsay English, Amy Smith, Amanda Sims, Stephanie DeMary, Shelly Williams, Kelly Street, Isabel Gomez, Alexa Glover.

VARSITY SOCCER

Opponent	Score
Clover Hill	1-1
Godwin	1-1
Midlothian	0-3
L.C. Bird	7.0
Douglas Freeman	3.2
Clover Hill	1-2
Manchester	4-2
Collegiate	2-1
Midlothian	0-4
L.C. Bird	7-1
Manchester	3-1
Clover Hill	1-2

THAT BALLI —Junior varsity player Andrew Chervenak attempts to help his team steal the ball from their Clover Hill opponents. Players devoted much of their free time after school to practice skills and perfect their game. Lifetouch Photo

J UMP TO ITI —Clover Hill player jumps to keep his opponent Jimmy Biringer from stealing the ball, while Tim Fraser provides an extra defense. Playing a team sport such as soccer required the players to master difficult and advanced maneuvers. Ufetouch Photo.





VARSITY SOC	CER
Opponent	Score
Woodbridge	0-1
Garfield	0-1
Huguenot	8-0
L.C. Bird	1-0
Midlothian	3-1
Douglas Freeman	4-0
Clover Hill	2-1
Manchester	0-1
Huguenot	9-0
Clover Hill	2-1
L.C. Bird	3-0
Midlothian	1-3
Manchester	3-1
Mills Godwin	3-3
Clover Hill	1-3



Front row: Chris Rightmyer, Randy Wirt, Ned Richards. 2nd row: Gray Guy, Eddle Hidalgo, Eddle Wirt, Jimmy Biringer, Mike Weldon, Mike Foan, Tim Fraser. Back row: Ryan Dunlap, Dan Smith, Matt Schwieder, Price Beazley, Jay Crosby, Phil Crawley, Travis Whitlow, Ryland Dennis, Patric Klein, Greyson Ware-M.



The Winning Strategy

Cheers echoed throughout the stadium as the boys' soccer team dribbled, kicked and scored their way to another victorious season.

These young men worked after school to perfect skills such as passing, dribbling and shooting to improve their game. Practice also consisted of doing exercises to warm up before matches. Normally lasting for a half an hour, practice also required using school vacation time. Gray Guy said, "During practice we usually run laps around the soccer field and do different stretches."

Encouragement to try out for the team came from various different sources, including older siblings and friends. Senior Matt Martell said, "My older brother was on the team a couple years ago so I thought I would try out and see if I liked it." On the other hand, Eddie Hidalgo said, "I have been playing all my life and I really enjoy the sport."

Soccer turned out to be not only an exciting and challenging sport, but also one that consisted of risks and dangers. Junior varsity player Jimmy Sprawls said, "There were no serious injuries, but I did sprain my

"We had a young team with talented players. Hopefully, the team can improve for next year."

-Ben Gates

ankle pretty badly and had to sit out for a couple of games."

Teamwork and an understanding coach contributed to how well the players did on the field. If the boys had lost their desire to play, it could have affected their whole game. Varsity player Travis Whitlow said, "I really love the coach. He is a great guy, and he keeps us on the right track."

During tryouts coaches looked at each individual player and based their choices on the skills and abilities of the players. Choosing the right players had an effect on how well the team performed.

Each player had his own idea of what he enjoyed most about playing on the team. Senior Chris Rightmyer said, 'I love the physical contact and the competition."

Whether they won or lost, the boys' soccer team stuck together through the good and the bad and never lost the spirit of the game. Their friendships and commitment to the team proved to be the winning strategy.

By Jamle Chenault



Junior Varsity Soccer

Front row: Heather Crawford-M, Jimmy Sprawis, Dan Palese, Justin Harris, J.D. Jurentkuff, Peter Allen. 2nd row: Brian Kagey, Chris Foan, Paul Holthausen, Tim Wald, Mike Murphey, Patrick Heretick, Brandon Stewart, Rebecca Phillips-M. Back row: Bonnie Estes-M, Coach Jim McLean, Joey Cothran, Chris Castillo, Ben Qates, Brad Crosby, Brandon Deal, Andrew Chervenak, Drew Vaughan, Sabir NuMan, Hang Ho-M.

JUNIOR VARSITY SOCCER

Opponent	Score
L.C. Bird	0.0
Midlothian	0.2
Douglas Freeman	0.2
Clover Hill	0.2
Manchester	2 2
Atlee	3 0
Clover Hill	12
L.C. Bird	6.0
Midlothian	0 3
Manchester	1 3

Creating a Racket

Silence settled on the court as the crowd sat in anticipation. The player swung his racket back and over his head, smashing an ace into the court of his opponent.

For the guys' tennis team, tryouts began in early March under first-year coach Matthew Williams. Tryouts consisted of a series of matches among prospective members. Those who won the most matches made the team.

As a coach, Williams saw his role as "a facilitator to develop individual skills. I placed myself at the disposal of the most talented players in the school and tried to provide them with any help they needed." Each day after school, he held practices at which the team played mock matches to polish their skills.

The top six singles players and the top three doubles teams played in each match. Members such as Michael Wolfgang played both singles and doubles.

Wolfgang commented that he enjoyed singles more than doubles because "no one else is depending on you. It's just you on the court."

Vital parts of the game included not only the basic

"To be a successful player, it's important to have a good mental game and be strong in the head."

-Dennis Ereso

skills of tennis but also speed on the court. Still, team members said that other characteristics contributed to making a person a successful tennis player.

Mark Laramore, commenting on the characteristics of a tennis player, remarked, "You've got to have a positive attitude and determination. You also have to practice."

Joey Hopke and David Schardt advanced to districts in both singles play and as a doubles team, along with Dennis Ereso and Wolfgang. Hopke won the district singles title and the district doubles title with Schardt. Schardt commented, "Winning the district title was the most exciting moment in my entire career."

Hopke advanced to regionals both as a singles player and as a doubles player with Schardt. Hopke also went on to participate in state competition.

Under a new coach, the team pulled together to "create a little racket," finishing off the season with a record of 9-4.

By Susan Givens

BOYS' TENNIS

Opponent	Score
Clover Hill	5-4
Huguenot	9-0
Mills Godwin	1-8
Saint Christopher's	6-3
Midlothian	4.5
L.C. Bird	8-1
Manchester	6.3
Clover Hill	4-5
Midlothian	4-5
George Wythe	9-0
L.C. Bird	5-4
Manchester	7-2
Huguenot	9-0



Boys' Tennis

Front row: Mark Laramore, Stuart Tatum, David Schardt, Mike Wolfgang **Back row:** Jonathan Crawley, Mike Jones, Joey Hopke, Qabe Venturl Dennis Ereso, Coach Matthew Williams.



R EACH FOR THE SKY — Mike Jones follows through on his shot after hitting the ball across the net to a fellow team member during an afternoon practice. Team members played mock games and matches in the afternoons to help prepare them for matches against other schools. Lifetouch Photo



N AIL THAT BALL —Freshman Jonathan Crawley slams the ball to his opponent with his forehand shot. At afternoon practices the team members brushed up on their forehands, backhands, serves, volleys and other skills in order to improve their games. Lifetouch Photo

W HERE WILL IT LAND
—Having completed a forehand shot, Joey Hopke studies the
course that the tennis ball will
take. Hopke, a first- year member
of the team, finished off his season
with district titles in both singles
and doubles and a trip to competition at the state level. Lifetouch
Photo

S TRETCH IT OUT —During his long jump in the second track meet of the season, Asa Heath stretches to obtain the best possible distance. Heath placed fourth in hurdles in the Most Valuable Player Competition. Lifetouch Photo

T HE THRILL OF THE CHASE

One leg of a four-person relay team, Nadine Balbeisi runs to complete her lap before her competitors. One of the activities that required teamwork in track, relay races took the dedication of all members on the team. Lifetouch Photo





GIRLS' TRACK

Opponent	Score
Clover Hill Huguenot George Wythe Midlothian L.C. Bird Manchester	64-68 62-22 59-21 83-48 93-38 78.5-53.5



Girls' Track

Front row: Shanna Comstock, Jessica Howard, Sara Carpenter, Valerie Biringer, Melinda Clanton, Stephanie Gilder, Heather Rains. 2nd row: Elizabeth Monk-M, Amanda Whitley, Christy Takagi, Ashanti Baskerville, Lisa Smith, Valerie Masten, Shanna Sivels, Jamie Harper. Back row: Coach Susan Ferrel, Margaret Carr, Tara Tuller, Tina Reynolds, Rachel Chabalewski, Brooke McDonald, Coach Danny Parsons, Brittany McAllister.



On Your Marks

Ready...set...gol "One thousand one, one thousand two, one thousand three, jumpl" If just reading these thoughts makes your heart race, then you probably run or compete in track events.

Sprinters, jumpers, vaulters, throwers and runners all share one thing, the love of running or field events and strenuous training. Jason Mann said, "Dedication is the most important thing to being a valuable person on the team. Without dedication a person cannot improve in this sport."

Students wanted to participate in track for different reasons. These reasons, as varied as the activities associated with this multifaceted sport, depended on the individual. David Todd commented, "I joined track so that I could get in shape and enjoy life." Percy Jones said, "I joined track to get in shape, because I enjoy the track atmosphere, because I want to get a track

scholarship, because I've had success with track in the past and because my mom and my peers expect me to join."

The track team practiced everyday for one and a half hours with no heed to the

"I joined track to get in shape and to have fun. The team has a family atmosphere and that's what makes it fun." -Shanna Comstock

weather. Todd said, "Practices are important so that I can get myself in shape and win the races." Danielle Bonner added, "Practices were fun but we still did our workout. Mr. Parsons stressed attend-

ance and was disappointed when someone didn't show up."

Mental and physical preparation played parts in how well runners performed in a track meet. Alex Glenn said, "The day of a meet I stuff my mouth full of crackers all day for my carbohydrates."

Another preparation for a season involved setting goals at the beginning of the year. Asa Heath said, "My goals were to break the school record in the 300 and the 110. Also I tried to get a personal best every time I ran. I accomplished all of these goals, except for breaking the long jump record, but I have next year."

Whatever the event and whatever the time, determination and committment aided the track team in their efforts to run for the gold.

By Kelly Schmidt

Score

64-68

59-30

57-32

73-79

86-46

59-73



Boys' Track

Front row: Elizabeth Monk-M, Vern Abraham, Jermar Stith, Dyer Vest, Joe Darmstedter, Bryan Steverson, T.C. Baggette, T.J. Dargon, Mike Jones, B.J. Jenkins. **2nd row:** Brock Lester, Robert O'Connor, Bryan Deal, Adam Smith, Shawn Smith, Daniel Felts, Jerry Jimenez, Kenneth Crowther, Mike Holderfield. **Back row:** Coach Susan Ferrel, David Randolph, Kevin O'Connell, Jon Brown, Jason Ferguson, Jared Peirce, Andy Brown, Jason Mann, Coach Danny Parsons, Brittany McAllister-M.

BOYS' TRACK Opponent Clover Hill Huguenot George Wythe Midlothian L.C. Bird Manchester

Put It Together Again

Humpty Dumpty sat on a wall. Humpty Dumpty had a great fall. All the king's horses and all the king's men couldn't put Humpty together again, but the student athletic trainers could.

Three girls, seniors Cathy Lynch and Greyson Ware and junior Brandl Turner, served as the student atletic trainers. A professional trainer, Laurie Armstrong, from Chippenham Sports Medicine, came every day to help the girls.

"Laurie explained all about life and about anything we wanted to talk about," Tumer commented. Ware said, "Throughout the year we became a family. We look out for each other."

As trainers, the girls had to attend football, wrestling and soccer practices and games. When the athletes became injured, the trainers explained the therapy needed to help them recover. The trainers also made sure that the athletes followed up with their treatment, which sometimes became very difficult with stubborn athletes.

Every summer the trainers participated in the Cramer Athletic Training

TAPE HIM UP —Cathy Lynch, with Greyson Ware and Brandl Turner, tapes Jeff Gillette's ankle before varsity football practice. "During football season, the guys go to Cathy because she has more experience than Brandl and I do," Ware sald. Olnger Hudson Photo

Camp with trainers from all over the country. The camp lasted four days at the College of William and Mary in Williamsburg. The Athletic Boosters paid the trainers' way; this money obligated the trainers to work three seasons.

At the camp, trainers learned different techniques of taping and exam-

"I love sports; that's the reason I started training. It's the best field to be in when you're interested in sports."

-Cathy Lynch

ples of rehabilitation. Lynch commented, "At camp there's more time to be taught in the classroom than on the field." Tumer commented, "It's a lot of fun. You meet a lot of different people and get a feel for college life. It's an opportunity to become more independent."

The trainers said that they learned how to manage their time after school. The three girls trained five days a week beginning the third week in August and finished the week before school ended.

Lynch commented, "You've got to be willing to devote all your time because it takes it." Ware added, "It's a job where you have to be committed to their (the players') schedules." Turner said that there's a lack of interest for individuals who want to because of the time-consuming activities involved.

Training did have its downfalls. "It's not a very glamorous job, and we don't get recognized as an integral part of the team. Eventually, as the season progresses, we become more and more appreciated by the teams," Tumer commented.

All in all, the girls said that the time and effort put into training proved worth it even though they did not always receive appreciation and recognition.

By Ginger Hudson



THE VETERAN OF THE GROUP —Cathy Lynch is in her fourth year of training and plans to train at the University of Alabama. Lynch said, "I am basing my career in sports medicine around what I have learned in high school." Olnger Hudson Photo



THE NEWCOMER — Greyson Ware finishes her second year as a student athletic trainer. Ware, who managed athletic teams her first two years in high school, said, "I would be a trainer all over again, but I would like to have started earlier." Ginger Hudson Photo





T HEIR LITTLE SISTER —The youngest trainer, Brandi Turner, manages her temper better since she started training three years ago. Turner commented, "You have to keep your cool during situations with a lot of pressure." Clinger Hudson Photo

When searching for activities to fill their schedules, students found they did not have to look far. Jesus Christ walked the earth again during the run of Godspell, March 16-19; forensics members showcased their talent at their studentorganized production, All The World's A Stage: Steppin' Out and Center Stage held the annual Cabaret dinner; and the Band, Orchestra and Choral groups each presented a spring concert. The programs allowed each individual's talents to shine, although the applause sounded sweet to all.

The cast of Godspell rehearsed daily, learning music and practicing the different characters they had to portray. Lindsey Reynolds, who competed in duo interpretation and in oratory on a national level, wrote the majority of the Shakespearean script for Reader's Theatre. Center Stage members searched for accompaniment tapes, perfected songs and then auditioned in hope of performing at the Cabaret. Familiar melodies from the Band and Orchestra room added music to our lives. But as the song says, "Let's go on with the show!....



R EACHING FOR THE STARS
—The choral group Steppin'
Out raised their voices and hands
towards the sky as they delivered a
star-worthy performance at their
spring concert. The audience applauded as the performers gave
their souls to the music. Lifetouch
Photo





FOR I TELL YOU THIS —The cast of Godspell huddles together in confusion and fear as Jesus, Joel Lee, teaches them yet another valuable lesson. The musical presented the Gospel of Matthew in a lively and modern manner and also depicted Christ's life on earth. Will York Photo

C ONCENTRATION IS THE KEY
—Flutists Lauren Buchanan
and Debbie Chilcoat intently watch
Cuy Summers as he leads them in
their music. Although the concert
did not have a specific theme, it
showed the talent of each individual and the diversity of the band as
a whole. Lifetouch Photo

T

hat's Entertainment!

Students Perform and Talents Shine

prepare ye the way of the Lord!" The notes resounded as Phillip Lawson walked down the aisle, portraying John the Baptist. One by one, the cast poured in to be baptized. Throughout Act I of Godspell, the audience laughed and smiled as the Gospel of Matthew came to life using songs, charades and skits. The mood changed drastically in the second act when Judas betrayed Christ with a kiss and when the audience witnessed the crucifixion.

While the Drama Department searched for Divine inspiration, the forensics team used lines from Will Shakespeare to add a classical touch to Reader's Theatre. Students presented their award-winning humorous or dramatic pieces to the student body. Some teachers disagreed with the topic of homosexuality in "Pillow Talk," a duo that competed at nationals, but students found the piece funny and argued that the issue related to the times.

Performers created skits, called multiples, in which they discussed love, travel, friendship and the movies. They attempted to deal with situations prevalent to the audience, while still retaining a magical atmosphere. To quote Shakespeare, "We are such stuff as dreams are made on." Forensics students had the

LITTLE DRUMMER BOY —As Center Stage prepared for their final concert of the year, percussionist Matt Moyer gathered his wits and practiced his plece. The live accompaniment of a band added to the authenticity of the Center Stage performance. Amy Guss Photo

chance to live out their dreams through their performances.

The Cabaret dinner gave choral students the opportunity to shine as performers but also showed off their talent as waiters and waitresses. The audience dined while listening to the sounds of Broadway. Steppin' Out and Center Stage performed as groups also, filling the commons with music.

The Band, Orchestra and Chorus students received their opportunity to shine when they performed their annual spring concerts. Because this concert served as an ending point for the seniors, participants had mixed emotions. Junior Emily Smith commented, "It was a relief to finally perform the music that we had been rehearsing for the past few weeks." While senior Emily Barbie said, "I will miss the band and the friends I am leaving behind. Hopefully I will be back to

see them soon!"

"Seize the Day" encompassed the theme of the Chorus concert, which took place on May 26. The glittering shirts accompanied by sequined bow-ties and cumberbunds added to the magic sparkle of the night. The choreography accentuated the rhythm of the performed music songs and provided the audience with a glimpse of the singers' other talents.

The Orchestra, led by Doug Kellner, added a twist to their usual classical strings at their concert when they received woodwind accompaniment from selected band flutists and clarinet players. Percussionist Chris McClish even joined in to add a thump of bass and a crash of symbols. The unique idea created an original sound and a successful performance.

By Amy Guss and Amy Songhurst







THE TRAVEL ZONE—Billy Irvin, Derek Demmler and Wayne Crouch perform their multiple on travel nightmares for Reader's Theatre. The skit, around ten minutes in length, included horror stories concerning airplane, bus and automobile travel. Lifetouch Photo





BETRAYAL OF A FRIEND
—Junior Phillip Lawson, who
plays the characters of both John
the Baptist and Judas Iscarlot in
Godspell, stands and prepares
himself for the act of betrayal. Judas entered during the Last Supper and gave Christ away with a
kiss. Will York Photo

T HY WILL BE DONE —During the emotionally-straining Last Supper, Jesus (Joel Lee) takes a moment of silence to pray for his friends whom he knows he must soon leave behind. His eyes conveyed the love he felt for them. Will York Photo

A DOPT A PLOT —Spanish Club members present their spring contribution to the school: an M made of orange marigolds. Clubs throughout the school "adopted" plots of land and club members helped tend to them. Nancy Thompson Photo





Y A DONE GOOD, KID —Pat Henthorn and Rosalie Wallace present Tiffany Bower with her Jersey at the senior-faculty basketball game. Henthorn and Wallace retired Bower's number after Bower served as co-captain of the girls' varsity basketball team. Lifetouch Photo

W HOA, HELP MEI —Charlie Jung struggles to keep his balance at the May senior-faculty basketball game. Students who attended shelled out two dollars in admission for the game, held during an extended sixth period. Mallory Smith Photo







et the Sunshine In

Spring Fever Keeps Students Busy

S unny days, sweeping the clouds away. I'm on my way to where the air is sweet..."
The familiar words of the Sesame Street theme song recall the magical, carefree days of childhood. A similar feeling creeps into the student body every year with the coming of spring. With the tired drudgery of winter over, the world becomes wide open to all the activity that takes place every spring.

Warmer weather prompted students to go outside to play sports. Jake Kelly said, "I like to rollerblade, swim when the pool opens and play basketball. I like to go to Belle Isle to canoe on the James. I like canoeing the most."

Students also took day trips to Maymont Park, Pony Pasture and Paramount's Kings Dominion. Briordy Meyers said, "Kings Dominion was pretty fun because they have a lot of new stuff. It's always fun to go because of all the different rides. You never get

bored."

Springtime gave students a chance to enjoy the outdoors in ways they could not in the colder months. Kathleen Warnick said, "I like to eat lunch outside because the school is about 30 degrees and it's a lot warmer outside. It's also more fun to do homework outside than inside."

Students often participated in events around Richmond such as Friday Cheers in Festival Park, the Earth Day Festival on Brown's Island and other concerts. Wells Oliver went to Midstock, Midlothian High School's local band festival, as well as concerts at the Factory (formerly the Metro) and Twisters. He said, "Spring was fun because it gave me a chance to hang out with my friends and go to shows."

With the longer, sunnier days of summer in sight, school often became a secondary concern. Warnick said, "School's almost out, so I go outside more. It's hard to concentrate on

school because I can't wait for summer." Laura Bevan said, "I think a lot of people slack a little bit towards the summer. People think that they've already earned their grades and they can't change them."

The closeness of summer also meant a change in students' clothing. Karen Bell said that spring "means school's almost over and summer's on the way. You can get a tan and wear nice, fun skirts and shorts."

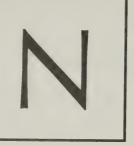
Looking for summer jobs also became a concern for students in the springtime. Bevan said, "I've got to start going out and looking for a summer job so I can get some money."

Students kept busy playing sports, going to concerts, taking trips and just enjoying the weather. With all the activities going on, students had opportunities to come out of winter's hibernation and experience the sights and sounds of spring.

By Caroline Gates

MPOSTERS —Lindsay Chapman, Jason Ferguson and Kristen Harrell impersonate teachers Linda Harris, Rachel Mead and Mike Cowan in a skit. The Drama Department put on the skit in honor of teacher appreciation week. Shannon Belcher Photo





o Underclassmen

Only Seniors Allowed

You have only three months of high school left before you don your cap and gown. What will you do with all your time? Enjoy the final days of high school with senior activities!

As the oldest students, the senior class participated in special activities designed to commemorate their last year in high school. Senior class sponsor Linda Harris said, "We like to give students other opportunities to socialize and contribute to the community."

For the fourth year, seniors and their guests attended the Annabelle Lee dance on the James River. The seniors boarded the boat on May 11. Although the boat never left the dock, the seniors enjoyed the music, food and each other's company. Harris said, "The senior class started the Annabelle Lee cruise so seniors could have their own dance."

After attending four years of high school, seniors could step into their teachers' shoes. Senior Teach Day took place on May 25 when the senior class took over different staff positions. The seniors became everything from principal to janitor to clinic aide. Seniors either followed the teachers' planned lessons or created their own activity.

For a fee of \$25, the seni-

Ancing the Night Away
—Senior Class Sponsor,
Linda Harris, sings along with the
music at the Annabelle Lee Dance.
As class sponsor, Harris spent
much of her time planning events
such as the Annabelle Lee Dance
and the annual picnic. Amy Guss
Photo

ors attended the Senior Class Banquet at the Holiday Inn Koger Center. Their fee went towards a souvenir glass and a dinner prepared by the hotel. While enjoying dinner, seniors viewed entertainment provided by their classmates.

Laith Komthirath said, "The people from forensics did skits from movies. My favorite one was Rain Man." Chris Rightmyer and Cory Mansfield provided the music. Komthirath said, "Everyone was clapping and stood up because it was so good. They really listened to the words." Senior class officers made the class predictions and presented the senior superlatives.

The senior picnic took place on June 1 on the football field. Sarah Wikstrom said, "It was my favorite senior activity, because it was free and not so formal." Those attending received free frisbees while

they munched on hot dogs, hamburgers and chips.

To bring the entire scene together, seniors attended Senior Class Day on June 9 in the theater. With the girls dressed in white and the guys clad in suits, they marched into the theater carrying carnations they had received from students in school.

During the three-hour awards assembly, the school honored the seniors for their accomplishments. After school, the seniors posed for their class picture in the stadium.

As their years of high school came to an end, seniors seemed to enjoy their activities provided by the senior class and planned by Harris. Komthirath summed up the senior activities by saying they made her feel as if they were the beginning of the end.

By Heather McIver and Heather Sahli





S INGING HER WAY TO SUCCESS —Providing the entertainment for the Senior Banquet, Erin Mee performs a multiple by singing My Little Buttercup. The Senior Banquet highlighted the talents of the graduating class in the areas of both forensics and music. Rachael Dietz Photo





J ANITOR FOR A DAY —Instead of teaching a class on Senior Teach Day, Jody Dyer and Craig Norton take over the custodian's duties such as sweeping the hallways and taking out trash. To get the full experience of being janitor, they came dressed in their overalls. *Ginger Hudson Photo*

T EACH ME —Receiving instructions from their new teacher, Catherine Barksdale and Cara Ceruli listen to Haroon All on Senior Teach Day. All spent the day teaching Nancy Thompson's Spanish classes instead of attending his classes. *Qinger Hudson Photo*

CHARMING —While prom king Randy Wirt watches, John B. Titus congratulates queen Myesha Carter with a dozen red and white roses. Seniors nominated candidates in their English classes and voted for each out of five choices. Lifetouch Photo

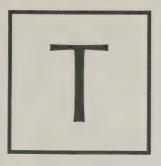




S ATURDAY NIGHT FEVER RE-VIVED —Looking at her date with amusement, Cathy Lynch watches him break down to the music. While students practiced their latest moves at home, others decided to surprise their dates with their talent. Lifetouch Photo W ILD THING, YOU MAKE MY HEART SING — Getting into the disco groove, Stuart Hollins invents his own dance style. Dance steps varied depending on the type of music requested by the students. Lifetouch Photo







wist and Shout

Students Hold On to the Night

Aswarm of prom goers trampled onto the dance floor as the DJ played "YMCA" by the Village People. Dodging the flying arms of the other dancers, a couple manuevered their way to the center of the crowd. As they reached their destination, they performed their best John Travolta moves and impressed the people around them.

The Junior-Senior prom, held upstairs in the Richmond Center on May 14, hosted 368 couples and lasted from 8:00 to 11:30. Midlothian students held their prom at the Richmond Center on the same evening. Prom server Julie Kadlubowski said, "People got confused and thought their prom was upstairs before realizing their prom was downstairs."

JAC members decorated the area with teal foil drapes and black balloons with gold splashes. Gold confetti in the shape of 94 covered the dance floor and the tables. Junior class sponsor Amy Lerby said, "Prom went very smoothly. We didn't have any problems with the reservations, money or decorations."

Before attending prom, couples usually went out to dinner at such places as Ruth Chris' Steak House and the Tobacco Company. Unfortunately for Teresa Crispin, dinner did not tum out as planned. "We didn't get to eat because they took so long with our orders, so we left. Even though that happened, prom ended up in good spirits," commented Crispin.

As for prom styles, dresses ranged from short to long to chiffon to sequins. Chris Rightmyer showed up in a top hat and ruffled tuxedo shirt, and his date April Viar wore a black flapper dress. Paying tribute to the 1920s, Rightmeyer said, "We were trying to be untraditional. It made my friends laugh, but they thought it was an original idea."

Instead of a band, a DJ

conducted the music for the evening. Dennis Ereso said, "I liked the DJ better than the band last year because he played different styles for different people." The music ranged from country to rap to disco.

Prom figure honored the senior class officers and the honor graduates. The participants formed an "M" as their accomplishments were read and then rearranged into the year "94." Speaker Tessa Doyle then announced Myesha Carter and Randy Wirt as prom king and queen.

At the end of the evening, the sophomore servers handed out glasses and mugs with the prom theme "Hold on to the Night" inscribed on the side as souvenirs. Angela Harper said, "Prom was worth all the money that I spent because you'll remember your senior prom forever."

With the decorations taken down and the punch cups thrown away, promended with a bang. For the students that attended, prom memories remained in their minds.

By Amanda Anderson

S TAND AT ATTENTION
—Honor graduates Courtney
Wheawill and Chris Pharr and Jennifer Newman and her date watch
the other couples come down the
stairs during the prom figure. The
figure honored the top 10% of the
senior class. Lifetouch Photo



T

reasure Island

Shipwrecked Students Hit Jackpot

As the city slept on the early morning of May 15, students rushed to try their luck at gambling, test their strength at sumo wrestling, measure their speed at the bungee run and stretch their vocal chords at karaoke. Revenge of the entertainment deprived? No—only the beginning of the Post-Prom festivities.

Held at Robious Sports and Fitness Center for the second year, Post Prom provided a safe and enjoyable spot for students to go after the prom. "Post Prom enabled me to see all my friends and have a good time all in one," remarked Debbie Logue.

In order for Post Prom to work, however, certain preparations had to be made. In early February, a committee of parents began raising money through a phone-a-thon when they contacted every junior and senior household for donations. Other duties included renting the facility, buying food and gathering activities for students to participate in. "About fifty parents participated in the effort to create Post Prom,' said Tom Guerecki. "Without them, it would not have been possible.'

As students arrived at Post Prom before the 1:00 a.m. deadline, games and food greeted everyone. Post Prom offered such activities as casino tables, ra-

OHIOGOZYMAS —Awaiting the chance to wrestle each other, Maura Williams and Valeria Butler receive prompting and confidence from the crowd. This activity proved to rate high on students' approval lists. Mallory Smith Photo

quetball, karaoke, basketball, swimming, bungee running, dunking booths, ping pong, dancing and sumo wrestling.

Peter Kain said, "I liked the dunking booths because it was a chance to get even with teachers and the administrators." The victims of the dunking booth included John Titus, Joe Tylus, Joe Ferrel, Jack Vasko and Julie Nicol. "I felt that my being in the dunking booth would draw more students to a safe environment after the prom, and I knew my students would enjoy the chance to get me all wet," said Ferrel.

Apart from activities, Post Prom also catered to the appetites of hungry students. "I enjoyed the casino tables and the other activities, but I ate a lot," remarked Angela Walters. Food provided included Little Caesar's Pizza, four-foot sub sandwiches and soft drinks. The food enabled students too nervous to eat before the prom to regain their strength.

Post Prom also offered students the chance to groove to the latest tunes. The recent switch from a live band to a D.J. evoked different reactions from students. Maura Williams commented, "I liked the D.J., but I wasn't crazy about all the music he played."

Jennifer Chidley and Jason Seiden, who attended Prom and Post Prom together, both agreed that hiring a D.J. was the way to go because "we knew most of the songs that way." Throughout the night, the D.J. provided songs by artists such as Cracker, Janet Jackson and Counting Crows.

Through food, friends, games and fun, students who participated in Post Prom made the event a success.

By Kathy Neer







L AY ALL THE CARDS ON THE TABLE —Watching the dealer in a game of blackjack, Ernest Allen and Armel Hill wait to see if they'll win. Casino tables allowed students to test their card-playing skills. Mallory Smith Photo





HIT ME WITH YOUR BEST SHOT — Mocking the students, Coach Joe Ferrel prepares to get drenched. Students used this opportunity to seek revenge on teachers or to simply have a good time. Mallory Smith Photo

I 'M BETTING IT ALL —As Eric Mann and Susan Givens place their bets, Sterling Harrell looks on to see who will gain the most chips. Post Prom casino tables allowed students to wager everything with the fake money issued at the door. Mallory Smith Photo

THE FINAL ASSIGNMENT
—Junior Marshal Billy Irvin
stands with valedictorian Maura
Williams and salutatorian Amy
Brailey as they return their caps
and gowns. Graduates received
their official diplomas after returning items rented for the ceremony.
Lifetouch Photo





J UST A LITTLE PATIENCE
—Sitting in silence, Robert
Cervarich, Clay Cutts and Derek
Durkovic await the end of the ceremony, while Mr. O'Neil gives his graduation
address. O'Neil commented that a student had requested a short speech as a
gift and planned his address accordingly. Lifetouch Photo

MAY THE FORCE BE WITH YOU—Facing her fellow classmates, valedictorian Maura Williams delivers a dramatic interpretation as her graduation speech. Williams had previously prepared this interpretation for her Communications IV class. Lifetouch Photo







e're Outta Here

Seniors Take the Beaten Path

he graduates waited for the commencement ceremony to begin in the Richmond Coliseum at 7:30 p.m. Thursday night, June 16, 1994, would signify the end of their thirteen-year journey through elementary, middle and high schools. After that night, graduates would take their first steps into the "real world.'

For the occasion, the faculty wore their own caps, gowns and hoods from graduation. As in years past, they led the Processional by marching in prior to the guest speakers, junior marshals and gradu-The Symphonic ates. Band, directed by Guy Summers, played the traditional "Pomp and Circumstance" as the processional began. Katie Schwieder, the rising senior class president, along with the junior marshals, led the graduating class and its officers to their seats.

class president, opened the program with a welcome speech. He quoted from Tennyson's "Ulysses" and Robert Waller's Just Beyond the Firelight, which focused on romance.

After remarks on "the virtues which ensure success in life," Dianne E. Pettitt, a member of the Chesterfield County School Board, Principal John Titus recognized valedictorian Maura Williams and salutatorian Amy Brailey for their outstanding academic achievements. Williams commented, "I have to say it was the best feeling of my life walking out of those doors at the Coliseum."

Guest speaker Robert M. O'Neil, Director of the Thomas Jefferson Center for the Protection of Free Expression and Professor at the University of Virginia, pleased the crowd with a "short speech" as prom-

Graduate Mandi Kain Todd Edwards, senior said, "I thought the ceremony was good. I liked how everyone showed their individualism through the beach balls, signs on their caps and their reactions when they received their diplomas." While the majority of the students maintained their dignity during the ceremony, others felt compelled to jump up and down after finally receiving their diplomas.

Assistant Principal Mary T. Robinson called out the name of each graduate and Mr. Titus presented the diplomas. Certain parents waved to their sons and daughters as they crossed the stage after they shook hands with Titus, O'Neil, Pettitt and Art Warren, the Supervisor of the Clover Hill

In short, the graduation ceremony proved memorable but brief. Emily Barbie said, "The ceremony went by really fast. After all those years, it was over all of a sudden." Now the graduates were ready to take a new path in life.

By Mallory Smith and Lindsey Smith



A LWAYS HERE TO SERVE -Reaching across each other for drinks, graduates Nathan Burwell and Corenzo Callis stop at the host table after the graduation ceremony. Junior Marshals Alex Dinh and Erin Caldwell served refreshments for students and guests. Lifetouch Photo

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Class of 1994





James Noval Smith

Lori Tenelle Petin



